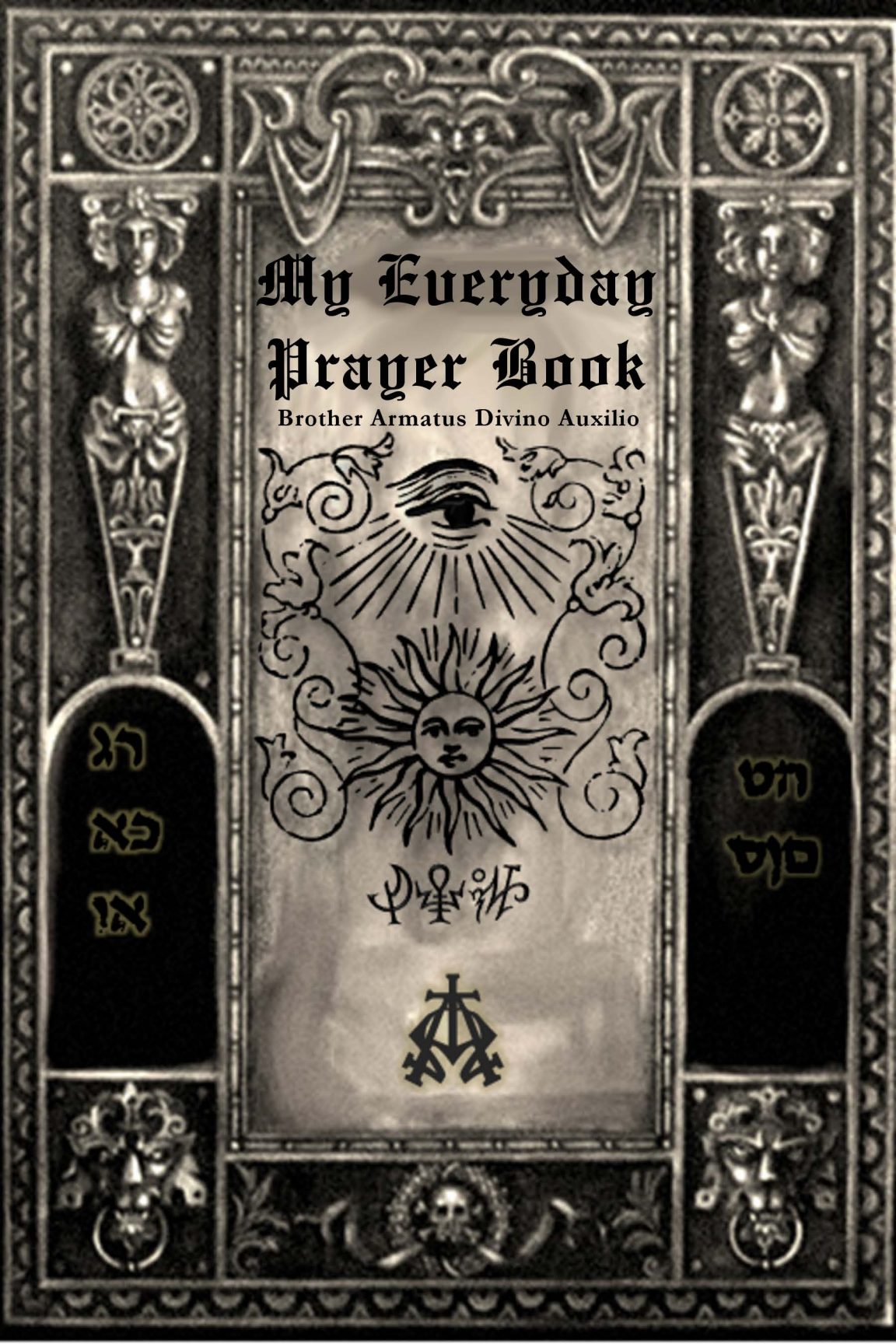
My Everyday Prayer Book

Brother Armatus Divino Auxilio



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Compiled by Brother *Armatus Divino Auxilio* (A.D.A.)

THAVMA PUBLICATIONS
Dayton, Ohio

Quick Reference

Lay Baptism

When a new-born child or a catechumen is in danger of death, any man or woman may baptize with water and the following formula:

Nomen, ego te baptízo in nómine Patris, et Fílii, et Spíritus Sancti. Amen.	*Name*, I baptize thee in the name of the Father, and of the Son, and of the Holy Ghost. Amen.

Grace before Meals

Bénedic, Dómine, nos et hæc tua dona quae nos de tua largitáte sumus sumptúri. Per Christum Dóminum nostrum. Amen.	Bless us, O Lord, and these Thy gifts which we are about to receive from Thy bounty, through Christ our Lord. Amen.

Grace after Meals

Agimus tibi grátias, omnípotens Deus, pro univérsis benefíciis tuis, qui vivis et regnas in sæcula sæculórum. Amen.	We give Thee thanks, almighty God, for all Thy benefits, who livest and reignest for ever and ever. Amen.

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Introduction

This prayer book is the result of years of study, compilation, and actual use of the materials contained herein, and it is compiled with the goal of providing practitioners of esoteric Christianity with a set of prayers that are (or at least look) exoteric in nature, and that a skilled practitioner can easily convert to their own use.

I have also included the complete service orders for the Church of Esoteric Christianity in this volume, for the convenience of those who would like printed materials to accompany their worship. The Collects, Epistles, and Gospels readings for all Sundays have been included for this same purpose.

While most material has been compiled from Traditional Roman Catholic and Canonical Orthodox sources, obedience to Pope or Patriarch has in no way been a factor in the method of compilation. Thus if a person is overmuch concerned with "obedience to the magisterium," such a person would do well to close this book and not look at it again.

Those interested, however, in the exercise of freedom required to traverse a well-worn path and figure out how to reroute that road in new and exciting directions . . . this book can be a *vade mecum* of highways and byways you can organize onto your own little roadmap.

It's hoped that this payer book will fill the use for which it was created, and show the way – that the esoteric is best approached by first engaging and going through the exoteric – by being a concrete example for how such a work may be done.

Blessings,
Brother *Armatus Divino Auxilio* (A.D.A.)
Feast of the Conversion of St. Paul, 2017

How to Pray

(From the prayer book "Blessed be God," by Very Rev. Charles J. Callan, O.P., S.T.M., and Very Rev. John A. McHugh, O.P., S.T.M.)

The Nature of Prayer

Prayer is a communing with God. It is sweet converse between the soul and its Maker, whether by means of words or thoughts only. It is a lifting of our minds and hearts to the loving and almighty Father Who made us, in order to praise and adore Him for all His greatness and goodness, to thank Him for the unbounded and numberless benefits we have received from Him, to petition His bounty for the many favors we need and to ask His pardon for our offenses. As a child goes to its father to express its filial love and devotion and to obtain the satisfaction of its wants, as a friend talks to a friend, so in prayer the pious soul speaks to God and communes with its Creator.

The Kinds of Prayer

There are two general kinds of prayer, mental and vocal. The first consists in thought only, as when we think reverently of God, His eternity, immensity, power, goodness, mercy, and the like; or whenever our mind dwells with pious reflection on divine things, such as the Holy Sacrifice of the Mass, the Sacraments, the Blessed Virgin or the saints, the future state of souls, heaven, purgatory, and the life to come. The contemplation of God, of His attributes, or of any divine truths, which arouses pious affections or occasions good resolution, comes under the head of mental prayer. As we can reflect in our own way and with sentiments of love on the persons of our friends and relatives who are far away, as we can think of their qualities of mind and soul, of all they have done or been to us, so in our minds alone, without the use of words, we can think affectionately and interestedly of God and of divine truths; and this is what is meant by mental prayer. No special method or system is required for this act of religion. Neither is it necessary to single out for our meditation any particular divine subject. Rather we should dwell on those mysteries which appeal to us most, and from contemplation of which we derive most spiritual fruit. Doubtless the life of our divine Saviour is the most attractive and fruitful subject of our pious thoughts, since it is the easiest to dwell on and the most universal in its appeal.

Vocal prayer adds to mental prayer the use of words, or external expression of our thoughts. Its usefulness lies in the fact that it helps the mind to fix and hold attention, that it reinforces our thoughts thus increasing fervor and devotion, and that it joins the homage of the body to that of the soul. Here again, for private prayer, no special form is required, no particular words or expressions are necessary, although the most beautiful vocal prayers are those which have been handed down to us from our Lord, the Holy Scriptures and the Church.

The Benefits of Prayer

From its very nature we can understand how rich in benefits is prayer. It honors God and helps us both in soul and body. We are God's children, and as a child honors its father by speaking reverently to him, by manifesting its love for him, by showing that it depends upon him for its needs and by begging forgiveness of offenses committed, so do we in these various ways give honor to God through prayer. Moreover, by this holy exercise we obtain for ourselves all we need both spiritually and temporally; we are strengthened against temptation and our natural weaknesses; our life is ennobled and filled with virtues and we are better fitted for heaven. In the words of St. Lawrence Justinian, prayer "pleases God, gets what it asks, overcomes enemies, changes man." Rightly, then, has it been called incense ascending before the throne of God, or a golden key which unlocks for us the treasures of heaven.

The Necessity of Prayer

God has not merely counseled, but has commanded us to have recourse to prayer: "We ought always to pray, and not to faint" (Luke xviii. 1); "Ask, and it shall be given you" (Matt. vii. 7). Again, we are dependent creatures, and as such are bound to render honor and gratitude to the Author of our being. We are frail creatures, subject to all kinds of infirmities and unable to do anything meritorious of eternal life without God's grace. Since, therefore, God has decreed to give His special help only to those who seek it, prayer becomes a necessity, if we are to save our souls. "He who prays," says St. Alphonsus, "will certainly be saved; he who does not, will certainly be damned."

The Simplicity of Prayer

People often find it difficult to pray because they have an exaggerated notion of prayer, not really understanding what it means and erroneously believing that it consists in very lofty thoughts, which must be expressed in correspondingly elevated words and sentences; whereas the very opposite is the truth. How simple are the Our Father and the Hail Mary! How unaffected the thoughts and the words of the centurion, the leper, the blind man, and others mentioned in the Gospel, who sought help from our Lord and were heard!

Neither is it necessary for a prayer to be long to be perfect; it need not be said in any particular place or at any special time; nor need it be said kneeling, or standing. We may turn our hearts to God at all times, in all places, and in any posture of body, whether we be in the street or in the church, at home or abroad; and this is not only prayer, but devout prayer.

How to Pray Well

Prayer means simple, loving converse between the soul and God, as between a child and its father, yet it is quite obvious that certain dispositions of the soul are indispensible to this holy exercise. The Sacred Scriptures admonish us, in the first place, to prepare ourselves: "Before prayer prepare thy soul, and be not as a man that tempteth God" (Ecclus. xviii. 23). Thus preparation is not difficult, consisting simply of humility, sorrow for sin, a wish to improve our lives, confidence in God and His mercy and freedom from hatred of our neighbor. During prayer the chief things required are: a realization of the presence of God, attention to what we are saying, sincerity and fervor. If, while praying, we are purposely or consciously distracted we become like those irreligious worshippers, of whom our Lord said: "This people honoreth Me with their lips, but their heart is far from Me" (Matt. xv. 8). Finally, for good prayer it is necessary that we pray with entire submission to the will of our heavenly Father who knows what is best for us, and with perseverance, which means that we should continue to implore God's help and grace as long as we live. Christ the Lord has said "We ought always to pray" (Luke xviii. 1). Our prayers will be greatly enhanced in value and efficacy, if we add to them works of charity and mortification.

To Whom We Should Pray

Prayer should be primarily directed to God in the Three Persons of the Blessed Trinity; but since the fruitfulness of our supplications depends solely on the merits of Christ, our Redeemer and Advocate with the Father, we should offer them in His Name. Thereby they acquire the weight and influence which make them pleasing to the Father. It is also useful to invoke the intercession of the Blessed Virgin and the saints, who are God's special friends, and as such enjoy not only great power with the Almighty, but are deeply interested in our welfare and we address our prayers to them requesting their intercession with God on our behalf for favors both temporal and spiritual.

For What We Should Pray

That most perfect of prayers, the Our Father, contains all the things for which we should pray, and also indicates the order of importance according to which our requests should be made. Therefore, in the first of the seven petitions which constitute this the best of prayers we say, "Hallowed be Thy Name," thus asking that God be acknowledged and glorified and praised throughout the earth. In the second petition we say, "Thy kingdom come," that is, we may one day possess the kingdom of heaven, which God has prepared for us. And since this great kingdom can only be entered and enjoyed by those who do God's will here on earth, we say in the third petition, "Thy will be done," begging that we may be enabled at all times to keep His commandments. In the fourth petition we ask for our daily bread, that is, we beg of God those temporal and spiritual necessities without which we can sustain neither the life of our bodies nor that of our souls.

Thus far in the Lord's prayer we have been seeking good things. Next we ask to be preserved from evils of soul and body, imploring deliverance from our trespasses and sins which would exclude us from the kingdom of God. We then pray for victory over temptation which could hinder us from doing God's will. In concluding this beautiful prayer, we ask to be delivered from all those evils which might imperil our spiritual or temporal life, such as sudden death, famine, war, pestilence and the like.

For Whom We Should Pray

By the use of the word "our" in the Lord's Prayer it is clear that God wishes us to pray not only for ourselves, but for others, and therefore it is also our duty to offer supplications for all mankind, imploring for them first spiritual, then temporal benefits. In a special manner, however, we are bound to pray for our relatives, pastors, friends and benefactors, for our country and its rulers, for the just and the faithful departed, for enemies and sinners.

We should not omit offering frequent prayers of thanksgiving for the numerous and weighty blessings which God continually bestows upon us and on the whole human race, and thanking Him particularly for the crowns of victory and glory with which He has adorned the Blessed Virgin and the saints. Thanksgiving and petition are, indeed, the two principal parts of prayer, the former being quite as necessary as the latter. In fact, if we are not grateful for God's benefits, how may we expect that he will heed our petitions? The one, therefore, is indispensible to the other.

Conclusion

Let us with all confidence have recourse to prayer, being assured, as St. Bernard says, that "God will grant what we ask or something better." In seeking the aid of men we often are disappointed, either because they are unable to give what we request, or because they are unwilling to help us. Not so with God, who is both almighty and all good. Moreover, we have the solemn promise of Christ confirmed by his oath, that God is always ready to hear and answer us: "Amen, amen, I say unto you, if you ask the Father for anything in My Name, He will give it to you" (John xvi. 23). Our Lord is our advocate with the Father; hence when, with piety and perseverance, we ask for anything that is necessary for our salvation, it is impossible not to be heard. "Let us go, therefore, with confidence to the throne of grace, that we may obtain mercy, and find grace in seasonable aid" (Heb. iv. 16).

Seven Keys to Effective Prayer

1. Love God

The first key to effective prayer is rooted in the love of God. Some may say prayer starts with belief, but I ask: you can hate a God you believe in, but how can you love a God you *don't* believe in?

Love of God is rooted in the Bible's teaching that we're created in God's image. This means that we were created because God loves us, and hence our love for God is Love returned to the source. When love is given and love returned, it forms a bond that's unstoppable.

2. Love Yourself

Loving yourself does not mean to be prideful, arrogant, boastful, entitled, narcissistic, or greedy. Loving yourself *does* mean recognizing in yourself the image of God, being grateful for the way God made you, forgiving yourself of your weaknesses, and resolving to turn them into strengths.

Our souls were created in God's image, each of us containing a divine spark from him who created the universe. Acknowledging that spark is part of realizing that God created you out of Love, and gratitude for that spark is part of bringing back that Love in return.

You cannot give what you don't have. When you don't love yourself, you cannot love God. When you don't love yourself, you cannot love your neighbor. Because what you don't have, you cannot give to another.

3. Love Your Neighbor

When you love God, you love yourself because you were made in the image of God. When you love yourself, you love your neighbor whom God also made in that same image.

The Love of God is sent into all the universe and then returns to the Godhead, only to be sent out into the universe again. While loving God taps you into the power of that Love and loving yourself centers you in it, it's through loving your neighbor that you *actively become a part* of that Love and manifest it in the world around you.

To love your neighbor is to see that your neighbor, like you, is made in the image of God. To love your neighbor is to see that your neighbor, like you, is a human being just like yourself. To love your

neighbor is to respect them for who they are, to try seeing their full potential, and to help them achieve it.

4. An Attitude of Gratitude

Have you ever noticed the happiest people in the world are grateful for what they have, and more good things keep coming to them? Have you ever noticed the most miserable people are not grateful, and things are constantly taken away from them?

It's important to give thanks, to acknowledge the source of help you've received. When Jesus healed the ten lepers, only one came back to give thanks.

The lesson here is that God's love applies to EVERYBODY, and just like the leper who was healed, each and every last one of us can benefit from being grateful for that love.

5. Visualize to Actualize

Effective Prayer is not just the saying of words, but also the engagement of the mind and the turning of the heart to your desire.

As you pray, picture your desire in your mind, and imagine yourself as already having it. Then feel the happiness you would have once that desire is attained.

6. Your Sphere of Availability

Many books talk about the wonders of prayer but not about the prayer's limitations. In so doing, they set the reader up for failure.

We worship a God who is great and can do anything. Yet we ourselves are finite creatures, setting limitations on what we can receive through what's called our *Sphere of Availability*.

The Sphere of Availability involves the truth that we can only attract as much as we've built a channel to attract. As we work on our lives and the areas where we want more goodness to manifest, more will be attracted as we move forward.

7. Ain't Nothin' to it But to Do It!

Prayer that gets results isn't just about mouthing of some words to God and the universe. Prayer that gets results is about putting those words into *action*.

Consider part of the Law of Inertia: an object at rest will remain at rest, unless acted upon by an outside force. BE. THE. ACTION.

I. Basic Prayers in Latin and English

Sign of the Cross

In nómine Patris, et ✠ Fílii, et Spíritus Sancti. Amen.

In the name of the Father, and of the ✠ Son, and of the Holy Spirit. Amen.

Doxological Cross

Quia tuum est ✠ regnum, et potéstas, et glória, in sæcula. Amen.

For thine is the ✠ kingdom, and the power, and the glory, for ever and ever. Amen.

Our Father (Matt. 9:9b-13)

Pater noster, qui es in caelis: sanctificétur nomen tuum; advéniat regnum tuum; fiat volúntas tua, sicut in caelo, et in terra. Panem nostrum quotidiánum da nobis hódie; et dimítte nobis débita nostra, sicut et nos dimíttimus debitóribus nostris: et ne nos indúcas in tentatiónem; sed líbera nos a malo.

Our Father who art in heaven, hallowed be thy name.
Thy kingdom come. Thy will be done on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation, but deliver us from evil.

"Protestant" Ending (Added in Didache and Byzantine manuscripts):

Quia tuum est regnum, et potéstas, et glória, in sæcula. Amen.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Hail Mary (Luke 1:28 and 42)

Ave María, grátia plena, Dóminus tecum. Benedícta tu in muliéribus, et benedíctus fructus ventris tui, Jésus.

Hail Mary, full of grace, the Lord is with thee; blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus.

"Catholic" Ending (Added at the time of the Council of Trent):

Sancta María, Mater Dei, ora pro nobis peccatóribus, nunc et in hora mortis nostræ.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Apostles' Creed

Credo in Deum Patrem omnipoténtem, Creatórem cæli et terræ. Et in Jesum Christum, Fílium ejus únicum, Dóminum nostrum, qui concéptus est de Spíritu Sancto, natus ex María Vírgine, passus sub Póntio Piláto, crucifíxus, mórtuus, et sepúltus, descéndit ad ínferos, tértia die resurréxit a mórtuis, ascéndit ad cælos, sedet ad déxteram Dei Patris omnipoténtis, inde ventúrus est judicáre vivos et mórtuos. Credo in Spíritum Sanctum, sanctam Ecclésiam cathólicam, sanctórum communiónem, remissiónem peccatórum, carnis resurrectiónem, vitam ætérnam. Amen.

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended into hell. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.
Amen.

Gloria Patri (Minor Doxology)

Glória Patri, et Fílio, et Spirítui Sancto. Sicut erat in princípio, et nunc, et semper, et in sæcula sæculórum. Amen.

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Act of Contrition

Deus meus, ex toto corde pænitet me ómnium meórum peccatórum, eáque detéstor, quia peccándo, non solum poenas a te juste statútas proméritus sum, sed præsértim quia offéndi te, summum bonum, ac dignum qui super ómnia diligáris. Ideo fírmiter propóno, adjuvánte

O my God, I am heartily sorry for having offended Thee, and I detest all my sins, because of thy just punishments, but most of all because they offend Thee, my God, Who are all-good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and to

grátia tua, de cétero me non peccatórum peccandíque occasiónes próximas fugitúrum. Amen.

avoid the near occasion of sin. Amen.

The Confiteor

Confíteor Deo omnipoténti, beátæ Maríæ semper Vírgini, beáto Michaëli Archángelo, beáto Joánni Baptístæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis: quia peccávi nimis cogitatióne, verbo, et ópere: mea culpa, mea culpa, mea maxima culpa. Ideo precor beátam Maríam semper Vírginem, beátum Michaëlem Archángelum, beátum Joánnem Baptístam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos: oráre pro me ad Dóminum Deum nostrum.

I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy apostles Peter and Paul, to all the saints, that I have sinned exceedingly in thought, word, and deed; through my fault, through my fault, through my most grievous fault. Therefore I beseech blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy apostles Peter and Paul, all the saints, to pray to the Lord our God for me.

Misereátur mihi omnípotens Deus, et dimíssis peccátis meis, perdúcat me in vitam ætérnam. Amen.

May almighty God have mercy on me, forgive me my sins, and bring me to life everlasting. Amen.

Make the sign of the Cross while saying:

Indulgéntiam, ✠ absolutiónem, et remissiónem peccatórum meórum, tríbuat mihi omnípotens et miséricors Dóminus. Amen.

May the ✠ almighty and merciful Lord grant me pardon, absolution, and remission of all my sins. Amen.

Salve Regina

Salve, Regína, mater misericórdiæ, vita, dulcédo, et spes nostra, salve. Ad te clamámus éxsules fílii Hevæ. Ad te suspirámus, geméntes et flentes in hac lacrimárum valle. Eja, ergo, advocáta nostra, illos tuos misericórdes óculos ad nos convérte. Et Jesum, benedíctum fructum ventris tui, nobis post hoc exsílium osténde. O clemens, O pia, O dulcis Virgo María.

Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To thee to we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this exile, show unto us the blessed Fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Memorare

Memoráre, O piíssima Virgo María, non esse áuditum a sæculo, quemquam ad tua curréntem praesídia, tua implorántem auxília, tua peténtem suffrágia, esse derelíctum. Ego tali animátus confidéntia, ad te, Virgo Vírginum, Mater, curro, ad te vénio, coram te gemens peccátor assísto. Noli, Mater Verbi, verba mea despícere; sed audi propítia et exáudi. Amen.

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly to thee, O Virgin of virgins, my Mother; to thee do I come; before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

"Angel of God," or, The Guardian Angel Prayer

Angele Dei, qui custos es mei, me tibi commíssum pietáte supérna; hódie, *(vel* hac nocte*)* illúmina, custódi, rege, et gubérna. Amen.

Angel of God, my guardian dear, to whom his love commits me here; ever this day *(or* night*)* be at my side, to light and guard, to rule and guide. Amen.

II. Prayers for the Days of the Week

A. Prayers when Rising in the Morning

1. Prayer upon Rising*

Loving God, as I awake this morning I give myself to you. I thank and praise you for the many gifts you have given me, and in a spirit of firm faith and childlike trust I know you will protect me this day from all danger. Look also upon me, Heavenly Father, and fill my life with love, prosperity, wisdom, and fortitude. Forgive my shortcomings and help me turn my weaknesses into strength. Guide my words that they may be always true and glorify you, O God. Through your Son, Jesus Christ our Lord, who lives and reigns with you in the unity of the Holy Spirit, one God, forever and ever. Amen.

2. Another Prayer upon Rising

On rising from your bed, say:

In the name of our Lord Jesus Christ crucified, I arise. May he bless, govern, and preserve me, and bring me to everlasting life. Amen.

Mentally try to put yourself in the presence of God, realizing that he is before you, that he sees all your thoughts, and is anxious to help you. Then say:

Free my mind, O Lord, from all distracting thoughts, and enable me to pray at all times with attention and devotion, so that I may deserve to be heard by thee. I offer thee my prayers in union with that divine intention with which thou thyself, while on earth, didst render praises to God.

3. Morning Doxology

Blessed be the Holy Trinity and undivided unity, now and forevermore. Amen.

Unto the King of Ages, the immortal, invisible, and only God, be honor and glory forever and ever.

I thank thee, O my Father, for the innumerable favors and benefits which I have received from thy loving kindness and mercy, especially for having preserved me this night.

Glory be to the Father who had created me, glory be to the Son who has redeemed me, glory be to the Holy Ghost who sanctifies me.

4. From the Roman Breviary

O Lord, our heavenly Father, almighty and everlasting God, you have safely brought us to the beginning of this day. Defend us in the same with your mighty power and grant that this day we fall into no sin, neither run into any kind of danger, but that all our doings, being ordered by your governance, may be righteous in your sight. Through Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever.

5. The Angelus

To be recited at sunrise, noon, and sunset.
(alternately this can be done at 6am, 12pm, and 6pm)
V. The Angel of the Lord declared unto Mary.
R. And she conceived of the Holy Spirit.
All: Hail Mary, etc.

V. Behold the handmaid of the Lord.
R. Be it done to me according to thy word.
All: Hail Mary, etc.

V. And the Word was made Flesh.
R. And dwelt amongst us.
All: Hail Mary, etc.

V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.

Let us pray. Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ your Son was made known by the message of an Angel, may by his Passion and Cross be brought to the glory of his Resurrection. Through the same Christ our Lord. R. Amen.

B. Prayers when Retiring in the Evening

6. Prayer when Retiring*

Almighty Living God, in a spirit of thanks I come to you for guiding me through another day.

As I lie down to sleep this night, I ask that you place your holy angels to guard and protect me:

Raphael before me, Gabriel behind me,

Michael at my right hand, and Uriel at my left.

May your love and protection surround me as a circle of flaming stars, and above me and below me, within me and without me, may the power of your Son envelop and increase me as I seek to live each day in your name. Through the same Christ our Lord. Amen.

7. Collect for Peace

O God, from whom come all holy desires, all good counsels, and all just works: Give to us, your servants, that peace which the world cannot give, that our hearts may be set to obey your commandments; and also that we, being defended from the fear of our enemies, may live in peace and quietness. Through Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. Amen.

8. Nighttime Prayer from the Roman Breviary

Visit this place, O Lord, and drive far from it all snares of the enemy; let your holy angels dwell with us to preserve us in peace; and let your blessing be upon us always; through Jesus Christ our Lord. Amen.

9. Thanksgiving at Day's End

Jesus Christ my God, I adore thee and thank thee for all the graces thou hast given me this day. I offer thee my sleep and all the moments of this night, and I beseech thee to keep me without sin. Wherefore I put myself within thy sacred side and under the mantle of our Lady, my Mother. Let thy holy angels stand about me and keep peace; and let thy blessing be upon me. Amen.

Prayers with an asterisk (*) are taken from The Magic of Effective Prayer, *© 2016, THAVMA Publications.*

C. Prayers for Sundays

10. Prayer for Sundays*

Almighty God in the World of Knowledge, in the name of your Son who rose from the dead on the first day of the week, we come to you in thanks and praise for your glory. We ask you to look after us in mind in body, in health and in all matters of success and fortune. We ask also for illumination in matters of knowledge we may seek, and that you send the Archangel Michael to be our guide and our protector. We ask this through the same Christ our Lord. Amen.

11. Sunday Devotion to the Most Blessed Trinity.

Antiphon. Blessed be the holy Creator and Ruler of all things, the sacred and undivided Trinity, now and always, through infinite ages of ages.

V. Let us bless the Father, Son, and Holy Ghost.
R. Let us praise and exalt him forever.

Collect for Trinity Sunday

Let us pray. Almighty and everlasting God, you have given your servants, in the confession of the true faith, to acknowledge the glory of the Eternal Trinity, and to adore the unity in the power of your majesty; grant that by steadfastness in this faith we may ever be defended from all adversities. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. Amen.

12. Invocation of the Trinity

O power of the Father, support my weakness and deliver me from the abyss of my misery; O wisdom of the Son, do thou direct all my thoughts, words, and works; O love of the Holy Ghost, penetrate all the operations of my soul so that they may be ever in harmony with Thee.

D. Prayers for Mondays

13. Prayer for Mondays*

Almighty Living God, we glorify you this day in all our works, and we ask that you help us to be in the right place at the right time for opportunity, to help us understand whatever messages you send us in our dreams, and send your Archangel Gabriel to help us understand both the messages and the opportunities you provide. Through Christ our Lord. Amen.

14. Monday Devotion for the Souls in Purgatory

Antiphon. I am the Resurrection and the Life. He that believeth in me, even though he die, shall live; and every one that liveth and believeth in me shall not die forever.

V. I heard a voice from heaven saying to me.
R. Blessed are the dead who die in the Lord.

Collect for All Souls' Day

Let us pray. O God, creator and redeemer of all the faithful, grant the souls of your departed servants forgiveness of all their sins. May our devout prayers obtain for them the pardon that they have always desired: You who live and reign with the Father in the unity of the Holy Spirit, God, forever and ever. Amen.

15. Memento Etiam, From the Roman Missal

Remember also, O Lord, your servants and handmaids, *[if praying for someone in particular, say:* especially *Name]*, who have gone before us in the sign of faith, and rest in the sleep of peace. We pray you to grant them, and all others who sleep in Christ, a place of refreshment, light, and peace. Through Christ our Lord. Amen.

16. Requiem Aeternam

Lord, give unto them eternal rest, and may perpetual light shine upon them. May they rest in peace. Amen.

E. Prayers for Tuesdays

17. Prayer for Tuesdays*

God of Strength and Power, this day we thank you for all the graces you have bestowed upon us, and we ask that you help us to edge out competition in our endeavors, grant us the energies to see our project through to completion, the strength of will to persevere to the end, and lend us the sword of your Archangel Camael against all who would see us undone. Through Jesus Christ, our Lord, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, forever and ever. Amen.

18. Tuesday Devotion to the Holy Angels

Antiphon. Angels, Archangels, Thrones, and Dominations, Principalities and Powers, Virtues of Heaven, Cherubim and Seraphim, bless the Lord forever.

V. All ye angels of the Lord, bless the Lord.
R. Sing a hymn and exalt him above all forever.

Collect from the Votive Mass for the Angels

O God, you wondrously direct the ministry of angels and men. Grant that our lives on earth may be guarded by the angels who always serve you in heaven. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. Amen.

19. Invocation of the Nine Choirs of Angels

O Holy Angels, watch over us at all times during this perilous life; O holy Archangels, be our guides on the way to heaven; O heavenly choir of the Principalities, govern us in soul and body; O mighty Powers, preserve us against the wiles of the demons; O celestial Virtues, give us strength and courage in the battle of life; O powerful Dominations, obtain for us dominion over the rebellion of our flesh; O sacred Thrones, grant us peace with God and man; O brilliant Cherubim, illumine our minds with heavenly knowledge; O burning Seraphim, enkindle in our hearts the fire of charity. Amen.

F. Prayers for Wednesdays

20. Prayer for Wednesdays*

God of Hosts, we give you praise for your bounty throughout creation, and ask that our communications with our fellow human beings be accurate and effective, that our technology continues to work without fail, that we reach our destinations while traveling, and that we learn the lessons of today's experiences toward building a better tomorrow. With the staff of your Archangel Raphael to guide us and inform us, may we seek to praise and glorify you forever. Through Christ our Lord. Amen.

21. Wednesday Devotion to St. Joseph

Antiphon. In whatever tribulation they shall cry to me, I will hear them and be their protector always.

V. Obtain for us, O Joseph, to lead an innocent life.
R. And may it ever be safe through thy patronage.

Collect for the Votive Mass of St. Joseph

In your loving care, which goes beyond our understanding, O God, you chose blessed Joseph to be the husband of your mst holy Mother. As we honor him on earth as our protector, let him intercede for us in heaven: You who live and reign with God the Father in the unity of the Holy Spirit, God, forever and ever. Amen.

22. The Memorare to St. Joseph

Remember, most pure spouse of Mary, ever Virgin, my loving protector Saint Joseph, that no one ever had recourse to your protection or asked your aid without obtaining relief. Confiding, therefore, in your goodness, I come before you and humbly implore you. Despise not my petitions, Foster-father of the Redeemer, but graciously receive them. Amen.

G. Prayers for Thursdays

23. Prayer for Thursdays*

God, we come before you this day in a spirit of love and jubilation. We give thanks for the abundance of your creation and praise for your giving us life to be part of that abundance. And we ask that you help us increase that abundance in our lives and our possessions, and that your righteous Archangel Sachiel will assist us in growth and prosperity. We ask this through Jesus' name. Amen.

24. Thursday Devotion to Jesus in the Eucharist

Antiphon. O sacred banquet in which Christ is received, the memory of his Passion is recalled, the soul is filled with grace, and the pledge of future glory is given us.

V. Thou hast given them Bread from heaven.
R. Containing all manner of sweetness.

Collect for Corpus Christi

O God, we possess a lasting memorial of your passion in this wondrous sacrament. Grant that we may so venerate the mysteries of your body and blood that we may always feel within ourselves the effects of your redemption. You who live and reign with the Father in the unity of the Holy Spirit, one God, forever and ever. Amen.

25. Ave Verum Corpus Natum

Hail to Thee! True body sprung
From the Virgin Mary's womb!
The same that on the cross was hung
And bore for man the bitter doom.

Thou Whose side was pierced and flowed
Both with water and with blood;
Suffer us to taste of Thee
In our life's last agony.

Son of Mary, Jesu blest!
Sweetest, gentlest, holiest!

H. Prayers for Fridays

26. Prayer for Fridays*

You are holy, Lord of Hosts, and we praise the majesty of your victory and glory. We ask also that you will watch over and strengthen our relationships: personal, romantic, and professional. May your Archangel Anael make our relationships strong and help us to reach out and form new ones not only for our happiness and prosperity, but also for the glorification of your name. Through Jesus Christ, our Lord, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, forever and ever. Amen.

27. Friday Devotion to Jesus' Cross and Passion

Antiphon. O all ye who pass by the way, attend and see if there is any sorrow like unto my sorrow.

V. We adore thee, O Christ, and we bless thee.

R. For by thy holy cross thou has redeemed the world.

Collect for the Votive Mass of Jesus' Passion

O Lord Jesus Christ, Son of the living God, at the sixth hour you ascended the gibbet of the cross to redeem the world, and shed your precious blood for the remission of our sins. Grant that at our death we may enter with joy through the gates of heaven. You who live and reign with the Father in the unity of the Holy Spirit, God, forever and ever. Amen.

28. Collect from the Stations of the Cross

O God, who to redeem the world didst vouchsafe to be born amongst men, to be circumcised, rejected by the Jews, betrayed by the traitor Judas with a kiss, to be bound with cords, and as an innocent lamb to be led to the slaughter; who didst suffer thyself to be shamelessly exposed to the gaze of Annas, Caiphas, Pilate and Herod; to be accused by false witnesses, tormented by scourges and insults, crowned with thorns, smitten with blows, defiled with spittings, to have thy divine countenance covered, to be struck with a reed, to be stripped of thy clothes, nailed to and raised high upon a Cross between two thieves, to be given gall and vinegar to drink, and then pierced with a lance; do thou, O Lord, by these most sacred sufferings, which I, unworthy as I am, yet dare to contemplate, by thy

holy Cross and by thy bitter Death, free me from the pains of hell, and vouchsafe to bring me to Paradise, whither thou didst lead the thief who was crucified with thee, my Jesus, who with the Father and the Holy Ghost livest and reignest God for ever and ever. Amen.

29. Beneath the Cross of Jesus

Beneath the cross of Jesus
I fain would take my stand,
The shadow of a mighty Rock
Within a weary land;
A home within the wilderness,
A rest upon the way,
From the burning of the noontide heat,
And the burden of the day.

Oh, safe and happy shelter!
Oh, refuge tried and sweet!
Oh, trysting place where heaven's love
And heaven's justice meet.
As to the holy patriarch
That wondrous dream was given,
So is my Savior by the cross
A ladder up to heaven.
Amen.

I. Prayers for Saturdays

30. Prayer for Saturdays*

Lord God, on a Saturday your Son waited in the tomb before rising up from the dead, and on that day he descended into Limbo to free the noble souls who were there constrained. We see in this that a flower's beauty is constrained within a seed, and for it to become a flower the seed must be ended and changed forever. Create in us this change, bringing about an end to old conditions that no longer suit us that we may blossom in new life. Send forth your Archangel Cassiel to end our loneliness, our sickness, our poverty, and our ignorance, that we may live lives filled with love, with health, with prosperity, and with knowledge, in so doing we may glorify you day by day, more and more. Through the same Christ our Lord. Amen.

31. Saturday Devotion to the Blessed Virgin Mary

Antiphon. O glorious Mother of God, Mary, ever virgin, who alone wast found worthy to bear the Lord of all, and though a virgin, to nurse the King of angels, be graciously mindful of us, we beseech thee, and pray to Christ for us, that we, being upheld by thy care, may deserve to attain to heavenly kingdom.

V. Holy Mary, Mother of Christ.

R. Hear thy humble servants who implore thee.

Collect for Votive Masses of the Blessed Virgin Mary

Grant your servants continual health of mind and body, O Lord God. Let the intercession of the blessed ever-virgin Mary gain for us freedom from our present sorrow and give us the joy of everlasting happiness. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. Amen.

32. Inviolata

Thou art inviolate, undefiled and chaste, O Mary.
Thou hast been made the resplendent gate of heaven,
O loving and dearest Mother of Christ,
accept our acclamations in praise of thee.
That our minds and bodies may be pure,
devoted hearts and lips now implore thee.
Through thy sweet sounding prayers,
gain us pardon forever.
O kind one, who alone didst remain inviolate.

III. Church Services

These Service Orders are used by the Church of Esoteric Christianity, and are included to help the reader follow the rites when attending.

The Order for Mass is given in both Latin and English, and is the Traditional Latin Mass. As such this book can be used to follow any Traditional Latin Mass found in any Catholic church in any part of the world.

These liturgies come from The Chapel of Faith Missal *and the* Chapel of Faith Hymnal*, published by* *http://thavmapub.com*.

A. The Complete Order of Mass

33. Prayer of Intention Before Mass

I intend to assist at the Holy Sacrifice of the Mass, and to receive the Body and Blood of our Lord Jesus Christ, according to the rite of the holy Catholic Church, to the praise of our all-powerful God and all his assembly in the glory of heaven, for my good and the good of the whole Church on earth, for all who have asked me to pray for them in general and in particular, and for the good of the entire Church.

Joy with peace, amendment of life, space for true repentance, the grace and comfort of the Holy Ghost, perseverance in good works, a contrite and humble heart, and a happy consummation of my life, grant unto me, O almighty and merciful Lord. Amen.

34. Prayers at the Foot of the Altar

In a Low Mass, an **OPENING HYMN** *may be sung.*
(In a High Mass, you should start at the **INTROIT***.)*

The priest makes the sign of the cross while saying:

In nómine Patris, et ✠ Fílii, et Spíritus Sancti.	In the name of the ✠ Father, and of the Son, and of the Holy Spirit.

Response. Amen.

Then with hands joined before the breast, the priest says the **INTROIBO***:*

Introíbo ad altáre Dei.	I shall go unto the altar of God.
Responsum: Ad Deum qui lætíficat juventútem meam.	*Response:* To God who gives joy to my youth.

The priest and server (or people) alternate verses from Psalm 42 (43):

V. Júdica me, Deus, et discérne causam meam de gente non sancta: ab hómine iníquo, et dolóso érue me.
R. Quia tu es, Deus, fortitúdo mea: quare me repulísti, et quare tristis incédo, dum afflígit me inimícus?

V. Judge me, O God, and discern my cause from a nation unholy; from the unjust man, and the criminal deliver me.
R. For you, O God, are my strength; why have you rejected me, and why do I go forth sadly while the enemy afflicts me?

V. Emítte lucem tuam, et veritátem tuam: ipsa me deduxérunt, et adduxérunt in montem sanctum tuum et in tabernácula tua.
R. Et introíbo ad altáre Dei: ad Deum qui lætíficat juventútem meam.

V. Send out your light and your truth, that they may lead me, and bring me to your holy mountain and to your tabernacles.
R. And I shall go unto the altar of God, to God who gives joy to my youth.

V. Confitébor tibi in cithara, Deus, Deus meus: quare tristis es, anima mea, et quare contúrbas me?
R. Spera in Deo, quóniam adhuc confitébor illi: salutáre vultus mei, et Deus meus.

V. I will confess you on the harp, O God my God. Why are you sad, my soul, and why do you trouble me?
R. Trust in God; for still shall I praise him: the help of my countenance, and my God.

V. Glória Patri, et Fílio et Spíritui Sancto.
R. Sicut erat in princípio, et nunc, et semper, et in sæcula sæculórum. Amen.

V. Glory be to the Father, and to the Son, and to the Holy Spirit.
R. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Introíbo ad altáre Dei.
R. Ad Deum qui lætíficat juventútem meam.

I shall go unto the altar of God.
R. To God who gives joy to my youth.

After which the priest again makes the sign of the cross, saying:

Adjutórium ✠ nostrum in nómine Dómini.

Our ✠ help is in the name of the Lord.

Responsum. Qui fecit cælum et terram.

Response. Who made heaven and earth.

Then the priest says the **CONFITEOR**:

Confíteor Deo omnipoténti, beátæ Maríæ semper Vírgini, beáto Michaëli Archángelo, beáto Joánni Baptístæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et vobis, fratres: quia peccávi nimis cogitatióne, verbo, et ópere: mea culpa, mea culpa, mea maxima culpa. Ídeo precor beátam Maríam semper Vírginem, beátum Michaëlem Archángelum, beátum Joánnem Baptístam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et vos, fratres, oráre pro me ad Dóminum Deum nostrum.

I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy apostles Peter and Paul, to all the saints, and to you, my brothers and sisters, that I have sinned exceedingly in thought, word, and deed; through my fault, through my fault, through my most grievous fault. Therefore I beseech blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy apostles Peter and Paul, all the saints, and you, brethren, to pray to the Lord our God for me.

The server or people respond:

Misereátur tibi omnípotens Deus, et dimíssis peccátis tuis, perdúcat te in vitam ætérnam.
Priest. Amen.

May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

Then the server or people shall say the **CONFITEOR**:

Confíteor Deo omnipoténti, beátæ Maríæ semper Vírgini, beáto Michaëli Archángelo, beáto Joánni Baptístæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et tibi, pater: quia peccávi nimis cogitatióne, verbo, et ópere:
(Ter percutit pectus, dicens:)
mea culpa, mea culpa, mea maxima culpa. Ídeo precor beátam Maríam semper

I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy apostles Peter and Paul, to all the saints, and to you, father, that I have sinned exceedingly in thought, word, and deed;
(striking the breast thrice, saying:)
through my fault, through my fault, through my most grievous

Vírginem, beátum Michaëlem Archángelum, beátum Joánnem Baptístam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et tibi, pater, oráre pro me ad Dóminum Deum nostrum.

fault. Therefore I beseech blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy apostles Peter and Paul, all the saints, and you, father, to pray to the Lord our God for me.

The priest responds:

Misereátur tibi omnípotens Deus, et dimíssis peccátis tuis, perdúcat te in vitam ætérnam.
Server or People. Amen.

May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

Then the priest makes the sign of the cross while saying the absolution:

Indulgéntiam, ✠ absolutiónem, et remissiónem peccatórum nostrórum, tríbuat nobis omnípotens et miséricors Dóminus.
Server or People. Amen.

May the ✠ almighty and merciful Lord grant us pardon, absolution, and remission of our sins.

And bowing, the priest proceeds:

V. Deus, tu convérsus vivificábis nos.
R. Et plebs tua lætábitur in te.

V. Osténde nobis, Dómine, misericórdiam tuam.
R. Et salutáre tuum da nobis.
V. Dómine, exaúdi oratiónem meam.
R. Et clamor meus ad te véniat.

V. Dóminus vobíscum.
R. Et cum spíritu tuo.

V. God, you will give us life again.
R. And your people will rejoice in you.
V. Show us, O Lord, your mercy.

R. And grant us your salvation.
V. O Lord, hear my prayer.

R. And let my cry come unto you.
V. The Lord be with you.
R. And with your spirit.
(or, And also with you.*)*

The priest then says: Orémus *or* Let us pray*, and prayerfully goes to the Altar.*

Aufer a nobis, quæsumus, Dómine, iniquitátes nostras: ut ad Sancta sanctórum puris mereámur méntibus introíre. Per Christum Dóminum nostrum. Amen.	Take away from us our sins, O Lord, we beseech you, that we may enter with pure minds into the Holy of Holies. Through Christ our Lord. Amen.

Then, with hands joined upon the Altar, the priest says:

Orámus te, Dómine, per mérita Sanctórum tuórum *(Hic osculatur altare in medio.)* quorum relíquiæ hic sunt, et ómnium Sanctórum: ut indulgére dignéris ómnia peccáta mea. Amen.	We beseech you, O Lord, by the merits of your Saints whose relics lie here, *(Celebrant kisses the altar in the midst.)* and of all the Saints: deign in your mercy to pardon me all my sins. Amen.

35. The Mass of the Catachumens

Afterwards the priest, making the sign of the cross, shall say the **INTROIT**.

The priest then says or sings the **KYRIE ELEISON** *with the people:*

V. Kýrie eléison.	V. Lord, have mercy.
R. Kýrie eléison.	R. Lord have mercy.
V. Kýrie eléison.	V. Lord have mercy.
R. Christe eléison.	R. Christ have mercy.
V. Christe eléison.	V. Christ have mercy.
R. Christe eléison.	R. Christ have mercy.
V. Kýrie eléison.	V. Lord, have mercy.
R. Kýrie eléison.	R. Lord have mercy.
V. Kýrie eléison.	V. Lord have mercy.

The priest intones or says the **GLORIA**, *except in Advent or Lent.*

Glória in excélsis Deo, et in terra pax hóminibus bonæ voluntátis. Laudámus te. Benedícimus te. Adorámus te. Glorificámus te. Grátias ágimus tibi propter magnam glóriam tuam.	Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory,
Dómine Deus, Rex coeléstis,	Lord God, heavenly King, O

Deus Pater omnípotens.	God, almighty Father.
Dómine Fili unigénite, Jesu Christe. Dómine Deus, Agnus Dei, Fílius Patris. Qui tollis peccáta mundi, miserére nobis.	Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us;
Qui tollis peccáta mundi, súscipe deprecatiónem nostram.	you take away the sins of the world, receive our prayer;
Qui sedes ad déxteram Patris, miserére nobis.	you are seated at the right hand of the Father, have mercy on us.
Quóniam tu solus Sanctus. Tu solus Dóminus.	For you alone are the Holy One, you alone are the Lord,
Tu solus Altíssimus, Jesu Christe.	you alone are the Most High, Jesus Christ,
Cum Sancto Spíritu in glória Dei Patris. Amen.	with the Holy Spirit, in the glory of God the Father. Amen.

Then the priest turns to the people and says the **SALUTATION**:

V. Dóminus vobíscum. *(Dicit Episcopus:* Pax vobis.*)*	V. The Lord be with you. *(Bishop:* Peace be with you.*)*
R. Et cum spíritu tuo.	R. And with your spirit. *(or,* And also with you.*)*
Orémus.	Let us pray.

Then the priest says the **COLLECT**. *The Collect being ended, the server or people shall respond:* Amen.

Then the priest (or deacon or subdeacon) reads the **LESSON** *or* **EPISTLE**.
– *After the Lesson or Epistle, the server (or the people) respond:*

R. Deo grátias.	R. Thanks be to God.

Then shall follow the **GRADUAL AND ALLELUIA** *or* **TRACT**.
– *A* **SEQUENCE** *shall also be read on those days that call for it.*

The priest goes to the Gospel Side and prays privately:

Munda cor meum ac lábia mea, omnípotens Deus, qui lábia Isáiæ prophétæ cálculo mundásti igníto: ita me tua grata miseratióne dignáre mundáre ut sanctum Evangélium tuum digne váleam nuntiáre. Per Christum	Cleanse my heart and my lips, O Almighty God, Who cleansed the lips of the Prophet Isaiah with a burning coal. In your gracious mercy deign so to purify me that I may worthily proclaim Your holy Gospel. Through Christ our

Dóminum notsrum. Amen. Jube Dómine benedícere. Dóminus sit in corde meo, et in lábiis meis: ut digne et competénter annúntiem Evangélium suum. Amen.

Lord. Amen. Lord, grant your blessing. The Lord be in my heart and on my lips, that I may worthily and fittingly proclaim His holy Gospel. Amen.

Then the priest (or deacon) announces the **GOSPEL** *reading for the day thusly:*

V. Dóminus vobíscum.
R. Et cum spíritu tuo.

✠ Sequéntii sancti Evangélii secúndum N.
R. Glória tibi, Dómine.

V. The Lord be with you.
R. And with your spirit.
(or, And also with you.*)*

✠ A reading from the holy Gospel according to N.
R. Glory to you, O Lord.

After the Gospel reading is finished, the server (or the people) shall respond:

Laus tibi, Christe.

Praise to you, O Christ.

The priest shall kiss the book, saying:

Per evangélica dicta deleántur nostra delícta.

Through the words of the Gospel may our sins be blotted out.

Afterwards, the priest may give a **HOMILY**.

Then all say the **NICENE CREED**, *if it is to be said that day:*

Credo in unum Deum, Patrem omnipoténtem, factórem cœli et terræ, visibílium ómnium, et invisibílium.

Et in unum Dóminum Jesum Christum, Fílium Dei unigénitum. Et ex Patre natum ante ómnia sæcula. Deum de Deo, lumen de lúmine, Deum verum de Deo vero. Génitum, non factum, consubstantiálem Patri: per quem ómnia facta sunt.

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

Qui propter nos hómines, et propter nostram salútem descéndit de cœlis. *(hic genuflectuntur)* Et incarnátus est de Spíritu Sancto ex María Vírgine: et homo factus est. *(hic levant)*

Crucifíxus étiam pro nobis: sub Póntio Piláto passus et sepúltus est. Et resurréxit tértia die, secúndum Scriptúras. Et ascéndit in cœlum: sedet ad déxteram Patris. Et íterum ventúrus est cum glória judicáre vivos et mórtuos: cujus regni non erit finis.

Et in Spíritum Sanctum, Dóminum et vivificántem: qui ex Patre Filióque procédit. Qui cum Patre et Fílio simul adorátur, et conglorificátur: qui locútus est per prophétas.

Et unam sanctam cathólicam et apostólicam Ecclésiam.

Confíteor unum baptísma in remissiónem peccatórum. Et expécto resurrectiónem mortuórum. Et vitam ventúri sæculi. Amen.

For us and for our salvation he came down from heaven, *(here all kneel)* and by the Holy Spirit was incarnate of the Virgin Mary, and became man. *(Here all rise.)*

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

36. Mass of the Faithful

Then the priest kisses the Altar, and turning to the people says:

V. Dóminus vobíscum.
R. Et cum spíritu tuo.

V. The Lord be with you.
R. And with your spirit.
(or, And also with you.*)*

Orémus.

Let us pray.

And then the priest shall say the **OFFERTORY ANTIPHON**.

– *Then may be sung an* **OFFERTORY HYMN**.

After the Offertory Antiphon (or while the Offertory Hymn is sung), the priest shall reverently uncover the gifts, and offer both them and ourselves to God.

Offering the Host:

Súscipe, sancte Pater, omnípotens ætérne Deus, hanc immaculátam hóstiam, quam ego indígnus fámulus tuus óffero tibi Deo meo vivo et vero, pro innumerabílibus peccátis, et offensiónibus, et negligéntiis meis, et pro ómnibus circumstántibus, sed et pro ómnibus fidélibus christiánis vivis atque defúnctis: ut mihi, et illis proficiat ad salútem in vitam ætérnam. Amen.

Accept, O holy Father, almighty and eternal God, this spotless host, which I, your unworthy servant, offer to you, my living and true God, to atone for my numberless sins, offenses, and negligences; on behalf of all here present and likewise for all faithful Christians living and dead, that it may profit me and them as a means of salvation to life everlasting. Amen.

Filling the Chalice with wine and water:

Deus, qui humánæ substántiæ dignitátem mirabíliter condidísti, et mirabílius reformásti: da nobis per huius aquæ et vini mystérium, eius divinitátis esse consórtes, qui humanitátis nostræ fíeri dignátus est párticeps, Jesus Christus Fílius tuus Dóminus noster: Qui tecum vivit et regnat in unitáte Spíritus Sancti Deus: per ómnia sæcula sæculórum. Amen.

O God, Who established the nature of man in wondrous dignity, and still more admirably restored it, grant that through the mystery of this water and wine, we may be partakers of His Divinity, Who has condescended to become partaker of our humanity, Jesus Christ, your Son, our Lord. Who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. Amen.

Offering the Chalice:

Offérimus tibi, Dómine, cálicem salutáris, tuam deprecántes cleméntiam: ut in conspéctu divínæ maiestátis tuæ, pro nostra et totíus mundi salúte cum odóre suavitátis ascéndat. Amen.

We offer you, O Lord, the chalice of salvation, humbly seeking your mercy that it may arise before your Divine Majesty, with a pleasing fragrance, for our salvation and for that of the whole world. Amen.

Offering of priest and people:

In spíritu humilitátis, et in ánimo contríto suscipiámur a te, Dómine: et sic fiat sacrifícium nostrum in conspéctu tuo hódie, ut pláceat tibi, Dómine Deus.	In a humble spirit and with a contrite heart, may we be accepted by you, O Lord, and may our sacrifice so be offered in your sight this day as to please you, O Lord God.

Invocation of the Holy Spirit:

Veni, Sanctificátor, omnípotens, ætérne Deus: et bénedic ✠ hoc sacrifícium tuo sancto nómini præparátum.	Come, O Sanctifier, almighty and eternal God, and bless ✠ this sacrifice prepared for your holy Name.

The washing of hands (Psalm 25 [26]:6-12):

Lavábo inter innocéntes manus meas: et circumdábo altáre tuum, Dómine.	I wash my hands in innocence, and go around your altar, O Lord,
Ut aúdiam vocem laudis: et enárrem univérsa mirabília tua.	Giving voice to my thanks, and recounting all your wondrous deeds.
Dómine, diléxi decórem domus tuæ: et locum habitatiónis glóriæ tuæ.	O Lord, I love the house in which you dwell, the tenting-place of your glory.
Ne perdas cum ímpiis, Deus, ánimam meam: et cum viris sánguinum vitam meam.	Gather not my soul with those of sinners, nor with men of blood my life.
In quorum mánibus iniquitátes sunt: déxtera eórum repléta est munéribus.	On their hands are crimes, and their right hands are full of bribes.
Ego autem in innocéntia mea ingréssus sum: rédime me, et miserére mei.	But I walk in integrity; redeem me, and have pity on me.
Pes meus stetit in dirécto: in ecclésiis benedícam te, Dómine.	My foot stands on level ground; in the assemblies I will bless the Lord.
Glória Patri, et Fílio et Spíritui Sancto.	Glory be to the Father, and to the Son, and to the Holy Spirit.
Sicut erat in princípio, et nunc, et semper, et in sæcula sæculórum. Amen.	As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Conclusion of the Offertory:

Súscipe sancta Trínitas, hanc oblatiónem, quam tibi offérimus ob memóriam passiónis, resurrectiónis, et ascensiónis Jesu Christi Dómini nostri: et in honórem beátæ Maríæ semper Vírginis et beáti Joánnis Baptístæ, et sanctórum Aposto-lórum Petri et Pauli, et istórum, et ómnium Sanctórum: ut illis proficiat ad honórem, nobis autem ad salútem: et illi pro nobis intercédere dignéntur in cælis, quorum memóriam ágimus in terris. Per eúmdem Christum Dóminum nostrum. Amen.

Accept, Most Holy Trinity, this offering which we make to you in remembrance of the Passion, Resurrection, and Ascension of Jesus Christ, our Lord; and in honor of Blessed Mary, ever Virgin, Blessed John the Baptist, the Holy Apostles Peter and Paul, and of these, and of all the Saints; that it may add to their honor and aid our salvation; and may they deign to intercede for us in heaven, whose memory we celebrate here on earth. Through the same Christ our Lord. Amen.

– *Then the priest kisses the Altar, turns to the people, and says:*

Oráte, fratres, ut meum ac vestrum sacrifícium acceptábile fiat apud Deum Patrem omnipoténtem.

Brothers and sisters, pray that my sacrifice and yours may be acceptable to God the Father almighty.

The server (or people, or those standing around) shall respond:

Suscípiat Dóminus sacrifícium de mánibus tuis ad laudem, et glóriam nóminis sui, ad utilitátem quoque nostram, totiúsque Ecclésiæ suæ sanctæ.

May the Lord receive the sacrifice from your hands to the praise and glory of his name, for our welfare and that of all his holy Church.

Then the priest says the **SECRET PRAYER**, *to which the server or people respond* Amen.

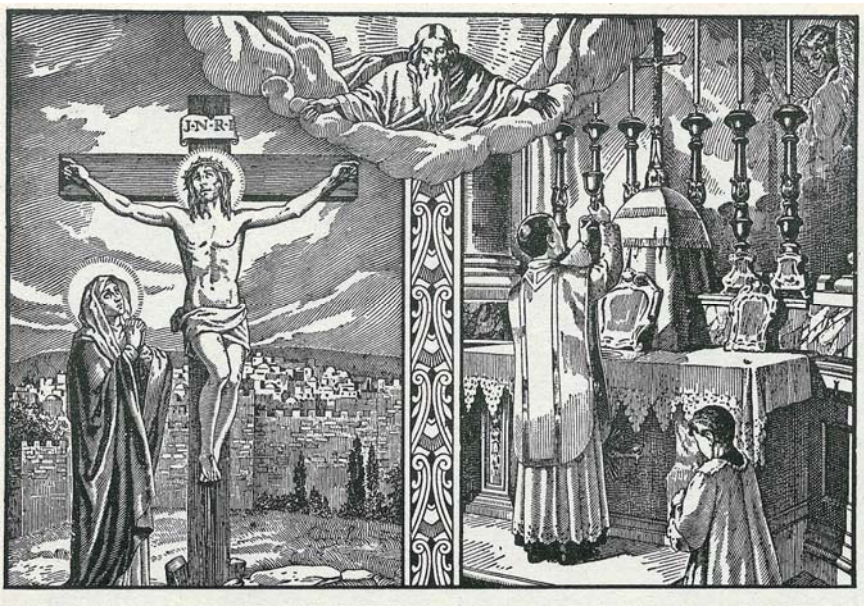
Which ended, the priest introduces and says in a clear voice the **PREFACE**:

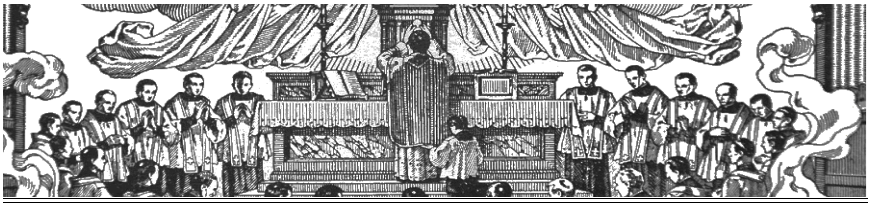
V. Dóminus vobíscum.	V. The Lord be with you.
R. Et cum spíritu tuo.	R. And with your spirit. *(or,* And also with you.*)*
V. Sursum Corda.	V. Lift up your hearts.
R. Habémus ad Dóminum.	R. We lift them up unto the Lord.
V. Grátias agámus Dómino Deo nostro.	V. Let us give thanks to the Lord our God.
R. Dignum et justum est.	R. It is meet and just.

(Here the priest says the Preface for the day or season.)

After the Preface, the priest shall say the **SANCTUS**:

Sanctus, Sanctus, Sanctus,	Holy, Holy, Holy,
Dóminus Deus Sábaoth.	Lord God of Hosts
Pleni sunt cæli et terra glória tua.	Heaven and earth are full of your glory. Hosanna in the highest.
Hosánna in excélsis.	
Benedíctus qui venit in nómine Dómini.	Blessed is he who comes in the name of the Lord.
Hosánna in excélsis.	Hosanna in the highest.





37. THE CANON OF THE MASS

The Preface having been finished, the priest begins the Canon, saying:

Te ígitur, clementíssime Pater, per Jesum Christum Fílium tuum Dóminum nostrum, súpplices rogámus ac pétimus, uti accépta hábeas, et benedícas hæc dona, hæc múnera, hæc sancta sacrifícia illibáta, in primis quæ tibi offérimus pro Ecclésia tua sancta cathólica: quam pacificáre, custodíre, adunáre, et régere dignéris toto orbe terrárum, una cum Papa nostro N. et Antístite nostro N., et ómnibus orthodóxis, atque cathólicæ et apostólicæ fídei cultóribus.

Most merciful Father, we pray and humbly beseech you through your Son, our Lord Jesus Christ, that you may accept and bless these gifts, these presents, and these holy sacrifices that we offer, which in the first place, we offer for your holy catholic Church: grant her peace, watch over her, rule her and assist her throughout the whole world: one with your servant, N., our Pope, and N., our bishop, and all those who uphold the catholic faith passed down from the Apostles.

The Commemoration of the Living

Meménto, Dómine, famulórum famularúmque tuárum N. et N. et ómnium circumstántium, quorum tibi fides cógnita est, et nota devótio: pro quibus tibi offérimus, vel qui tibi ófferunt hoc sacrifícium laudis, pro se, suísque ómnibus, pro redemptióne animárum suárum, pro spe salútis et incolumitátis suæ; tibíque reddunt vota sua ætérno Deo, vivo et vero.

Remember, O Lord, your servants and handmaids, N. and N. and all who stand here around, whose faith and devotion are known to you, for whom we offer: or who offer this sacrifice of praise for themselves and all they hold dear: for the redemption of their souls, the hope of salvation and well-being: they make their vows to you the eternal God, living and true.

Prayer in honor of the Saints

Communicántes, et memóriam venerántes, in primis gloriósæ semper Vírginis Maríæ, Genitrícis Dei et Dómini nostri Jesu Christi: sed et beatórum Apostolórum ac Mártyrum tuórum, Petri et Pauli, Andréæ, Jacóbi, Joánnis, Thomæ, Jacóbi, Philíppi, Bartholomæi, Matthæi, Simónis et Thaddæi, Cleti, Cleméntis, Xysti, Cornélii, Cypriáni, Lauréntii, Chrysógoni, Joánnis et Pauli, Cosmæ et Damiáni, et ómnium sanctórum tuórum: quorum méritis precibúsque concédas, ut in ómnibus protectiónis tuæ muniámur auxílio. Jungit manus. Per eúmdem Christum Dóminum nostrum. Amen.

In fellowship with, and in venerating the memory, in the first place, of the glorious ever-Virgin Mary, Mother of our God and Lord Jesus Christ: and of your blessed Apostles and Martyrs, Peter and Paul, Andrew, James, John, Thomas, James, Philip, Bartholomew, Matthew, Simon and Thaddeus: Linus, Cletus, Clement, Sixtus, Cornelius, Cyprianus, Laurentius, Chrysogonus, John and Paul, Cosmas and Damian, and all your Saints; grant by the merits of their prayers that in all things we may be given the help of your protection. With joined hands. Through Christ our Lord. Amen.

Holding the hands spread out over the Gifts, the priest says:

Hanc ígitur oblatiónem servitútis nostræ, sed et cunctæ famíliæ tuæ, quæsumus Dómine, ut placátus accípias, diésque nostros in tua pace dispónas, atque ab ætérna damnatióne nos éripi, et in electórum tuórum júbeas grege numerári. *Jungit manus.* Per Christum Dóminum nostrum. Amen.

We therefore beseech you, O Lord, to accept this offering of our service, as also of your entire family: place our days within your peace, deliver us from eternal damnation and count us amongst the number of your elect. *With joined hands.* Through Christ our Lord. Amen.

With hands joined, the priest continues:

Quam oblatiónem tu, Deus, in ómnibus, quæsumus, benedíctam, adscríptam, ratam, rationábilem, acceptabilémque fácere dignéris: ut nobis Corpus

Which offering, O God, we ask in all things be blessed, approved, ratified, true and acceptable, that for us it may become the Body and Blood of your most beloved

et Sanguis fiat dilectíssimi Fílii tui Dómini nostri Jesu Christi.

Son, our Lord Jesus Christ.

Here the priest takes the Host, saying:

Qui prídie quam paterétur, accépit panem in sanctas ac venerábiles manus suas , et elevátis óculis in cælum, ad te Deum Patrem suum omnipoténtem, tibi grátias agens, benedíxit, fregit, dedítque discípulis suis, dicens: Accípite, et manducáte ex hoc omnes:

Who, on the day before he suffered, took bread into his holy and venerable hands, and with eyes raised to heaven to you, God his Father almighty, giving you thanks, he blessed it, brake it, and gave it to his disciples, saying: Take this, all of you, and eat of it:

Then the priest says the **WORDS OF CONSECRATION***:*

Hoc est enim corpus meum.

For this is my body.

The priest then takes the Chalice and says:

Símili modo postquam cœnátum est, accípiens et hunc præclárum Cálicem in sanctas ac venerábiles manus suas, item tibi grátias agens, benedíxit, dedítque discípulis suis, dicens: Accípite, et bíbite ex eo omnes:

In like manner, after he had supped, he took this precious chalice into his holy and venerable hands, again giving you thanks, he blessed it, and gave it to his disciples, saying: Take this, all of you, and drink from it:

Then the priest says the **WORDS OF CONSECRATION** *over the chalice:*

Hic est enim calix sánguinis mei, novi et ætérni testaménti: mystérium fídei: qui pro vobis et pro multis effundétur, in remissiónem peccatórum.

For this is the chalice of my blood, of the new and everlasting testament: the mystery of faith: Which shall be shed for you and for many, unto the remission of sins.

The priest then sets down the Chalice, saying secretly:

Hæc quotiescúmque fecéritis, in mei memóriam faciétis.

As oft as you shall do these things, you shall do them in remembrance of me.

Commemoration of the Chief Mysteries of the Life of Our Lord

Unde et mémores, Dómine, nos servi tui, sed et plebs tua sancta, ejúsdem Christi Fílii tui Dómini nostri, tam beatæ passiónis, necnon et ab ínferis resurrectiónis, sed et in cælos gloriósæ ascensiónis: offérimus præcláræ majestáti tuæ de tuis donis ac datis, hóstiam puram, hóstiam sanctam, hóstiam immaculátam, Panem sanctum vitæ ætérnæ, et Cálicem salútis perpétuæ.

Therefore, O Lord, we your servants and your holy people call to mind the blessed Passion, the Resurrection from the dead, and also the glorious Ascension into heaven of your Son, Jesus Christ our Lord: unto your precious majesty do we offer these things to you from amongst your own gifts to us: a pure oblation, a holy oblation, a spotless oblation, the holy Bread of eternal life and the Chalice of everlasting salvation.

Prayers for the Benefits of the Sacrifice and Communion

Supra quæ propítio ac seréno vultu respícere dignéris: et accépta habére, sícuti accépta habére dignátus es múnera púeri tui justi Abel, et sacrifícium patriárchæ nostri Ábrahæ, et quod tibi óbtulit summus sacérdos tuus Melchísedech sanctum sacrifícium, immaculátam hóstiam.

With a serene countenance, vouchsafe to look with favor upon these gifts, as you accepted the offerings of your just child Abel, and the sacrifice of Abraham, our Father in Faith, and that which was offered by your high priest Melchisedech, a holy sacrifice, an unspotted victim.

Bowing deeply, the priest places both hands joined on the Altar, and says:

Súpplices te rogámus, omnípotens Deus: jube hæc perférri per manus sancti Ángeli tui in sublíme altáre tuum, in conspéctu divínæ majestátis tuæ: ut quotquot, ex hac altáris participatióne, sacrosánctum Fílii tui, Corpus et Sánguinem sumpsérimus, omni benedictióne cœlésti, et grátia repleámur. Per eúmdem Christum Dóminum nostrum. Amen.

Humbly we pray, almighty God, that by the hand of your holy Angel you will command these gifts be borne unto your altar on high, in the sight of your divine majesty; that as oft as we partake of the most holy Body and Blood of your Son at this altar, may we be filled with every heavenly benediction and grace. Through Christ our Lord. Amen.

Commemoration for the Departed

Meménto étiam, Dómine, famulórum famularúmque tuárum N. et N. qui nos præcessérunt cum signo fídei, et dórmiunt in somno pacis. Ipsis, Dómine, et ómnibus in Christo quiescéntibus, locum refrigérii, lucis et pacis, ut indúlgeas, deprecámur. Per eúmdem Christum Dóminum nostrum. Amen.

Remember also, O Lord, your servants and handmaids N. and N., who have gone before us in the sign of faith, and rest in the sleep of peace. We pray you to grant them, and all others who sleep in Christ, a place of refreshment, light, and peace. Through Christ our Lord. Amen.

Prayer for those Assisting at the Holy Sacrifice

Nobis quoque peccatóribus, fámulis tuis, de multitúdine miseratiónum tuárum sperántibus, partem áliquam et societátem donáre dignéris, cum tuis sanctis Apóstolis et Martyribus: cum Joánne, Stéphano, Mathía, Bárnaba, Ignátio, Alexándro, Marcellíno, Petro, Felicitáte, Perpétua, Ágatha, Lúcia, Agnéte, Cæcília, Anastásia, et ómnibus sanctis tuis; intra quorum nos consórtium, non æstimátor méríti, sed véniæ, quæsumus, largítor admítte. Per Christum Dóminum nostrum.

For us also, your sinful servants, who hope in the multitude of your mercies, vouchsafe to grant some part and fellowship with your holy Apostles and Martyrs: with John the Baptist, Stephen, Matthias, Barnabas, Ignatius, Alexander, Marcellinus, Peter, Felicity, Perpetua, Agatha, Lucia, Agnete, Caecilia, Anastasia and all your Saints: we ask that you will not weigh our merits against us, but welcome us into the embrace of your mercy. Through Christ our Lord.

With hands joined, the priest continues:

Per quem hæc ómnia, Dómine, semper bona creas, *(Signat ter super Hostiam et Calicem simul)* ✠sanctíficas, ✠vivíficas, ✠benedícis, et præstas nobis.

Through whom, O Lord, do you always create, *(over both Host and Chalice)* ✠ sanctify, ✠ vivify, ✠ bless, and grant us all these good things.

Concluding Doxology, or Prayer of Praise, of the Canon

Per ipsum,
et cum ipso,
et in ipso,
est tibi Deo Patri omnipoténti,
in unitáte Spíritus sancti,
omnis honor et glória.
Per ómnia sæcula sæculórum.
The server or people reply: Amen.

Through him,
With him,
In him,
In the unity of the Holy Spirit,
All glory and honor is yours,
Almighty Father,
For ever and ever.

38. Communion Rite

The priest replaces the Host, covers the Chalice with the Pall, and says or sings:

Orémus. Præcéptis salutáribus móniti, et divína institutióne formáti, audémus dícere:	Let us pray. Admonished by God's saving precepts, and formed by divine institution, we make bold to say:

The priest then says the **OUR FATHER**:

Pater noster, qui es in cælis, sanctificétur nomen tuum; advéniat regnum tuum; fiat volúntas tua: sicut in cælo et in terra. Panem nostrum quotidiánum da nobis hódie; Et dimítte nobis débita nostra, sicut et nos dimíttimus debitóribus nostris; Et ne nos indúcas in tentatiónem,	Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; And lead us not into temptation,

The server or people finish the prayer:

Sed líbera nos a malo.	But deliver us from evil.

The priest then secretly says Amen.

Then the priest says secretly:

Líbera nos, quæsumus, Dómine, ab ómnibus malis, prætéritis, præséntibus, et futúris: et intercedénte beáta et gloriósa semper Vírgine Dei Genetrícis María, cum beátis Apóstolis tui Petro et Paulo, atque Andréa, et ómnibus Sanctis, Da propítius pacem in diébus nostris: Ut, ope misericórdiæ tuæ adjúti, et a peccáto simus semper líberi et ab omne perturbatióne secúri. Per eúmdem Dóminum nostrum Jesum Christum, Fílium tuum. Qui tecum vivit et regnat in unitáte Spíritus Sancti Deus,	Deliver us, we beg you, O Lord, from every evil, past, present, and to come; and by the intercession of the blessed and glorious ever-Virgin Mary, Mother of God, and of the blessed Apostles Peter and Paul, of Andrew, and all the saints, In your mercy grant peace in our days, that by your compassionate aid we may be ever free from sin and sheltered from all turmoil. Through the same Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God,

The priest finishes the prayer out loud:

Per ómnia sæcula sæculórum. R. Amen.	Forever and ever. R. Amen.

The priest then says:

Pax Dómini sit semper vobíscum. R. Et cum spíritu tuo.	The peace of the Lord be with you always. R. And with your spirit. *(or,* And also with you.*)*

The priest puts the particle into the Chalice, saying secretly:

Hæc commíxtio, et consecrátio Córporis et Sánguinis Dómini nostri Jesu Christi, fiat accipiéntibus nobis in vitam ætérnam. Amen.	May this mingling of the body and blood of our Lord Jesus Christ bring eternal life to us who receive it. Amen.

The priest then says:

Agnus Dei, qui tollis peccáta mundi: miserére nobis.	Lamb of God, you take away the sins of the world: have mercy on us.
Agnus Dei, qui tollis peccáta mundi: miserére nobis.	Lamb of God, you take away the sins of the world: have mercy on us.
Agnus Dei, qui tollis peccáta mundi: dona nobis pacem.	Lamb of God, you take away the sins of the world: grant us peace.

The priest then says the following three prayers secretly:

Dómine Jesu Christe, qui dixísti Apóstolis tuis: Pacem relínquo vobis, pacem meam do vobis: ne respícias peccáta mea, sed fidem Ecclésiæ tuæ; eámque secúndum voluntátem tuam pacificáre et coadunáre dignéris: Qui vivis et regnas Deus, per ómnia sæcula sæculórum. Amen.	Lord Jesus Christ, you said to your apostles: I leave you peace, my peace I give you. Look not on our sins, but on the faith of your Church, and grant us the peace and unity of your kingdom: You who live and reign, one God, forever and ever. Amen.
Dómine Jesu Christe, Fili Dei vivi, qui ex voluntáte Patris,	Lord Jesus Christ, Son of the living God, by the will of the

cooperánte Spíritu Sancto, per mortem tuam mundum vivificásti: líbera me per hoc sacrosánctum Corpus et Sánguinem tuum ab ómnibus iniquitátibus meis et univérsis malis: et fac me tuis semper inhærére mandátis: Qui cum eódem Deo Patre et Spíritu Sancto vivis et regnas, Deus, in sæcula sæculórum. Amen.

Father and the work of the Holy Spirit your death brought life to the world. By your holy body and blood free me from all my sins, and from every evil. Keep me faithful to your teaching, and never let me be parted from you: Who live and reign with the same God the Father and the Holy Spirit, one God, forever and ever. Amen.

Percéptio Córporis tui, Dómine Jesu Christe, quod ego indígnus súmere præsúmo, non mihi provéniat in judícium et condemnatiónem: sed pro tua pietáte prosit mihi tutaméntum mentis et córporis, et ad medélam percipiéndam: Qui cum Deo Patre et Spíritu Sancto vivis et regnas, Deus, in sæcula sæculórum. Amen.

O Lord Jesus Christ, let the reception of your Body, which I presume to take, not bring me to judgment and condemnation: but for your love may it become for me a protection and rtemedy of mind and body: You who live and reign with God the Father and the Holy Spirit, one God, forever and ever. Amen.

Then the priest prays secretly, and afterward genuflects and says:

Panem cæléstem accípiam, et nomen Dómini invocábo.

I shall take up the bread of heaven, and call the name of the Lord.

Then, the priest says thrice secretly:

Dómine, non sum dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.

Lord, I am not worthy that you should come under my roof. Speak but the word and my soul will be healed.

The priest now receives Communion, saying:

Corpus Dómini nostri Jesu Christi custódiat ánimam meam ad vitam ætérnam. Amen.

May the Body of our Lord Jesus Christ bring my soul unto everlasting life. Amen.

The priest receives the Host, then says secretly:

Quid retríbuam Dómino pro ómnibus quæ retríbuit mihi? Cálicem salutaris accípiam, et nomen Dómini invocábo. Laudans invocábo Dóminum, et ab inímicis meis salvus ero.	What shall I render to the Lord for all his bounty to me? I will lift up the cup of salvation and call on the name of the Lord, I call upon the Lord, who is worthy to be praised, and I am saved from my enemies.

The priest takes the Chalice makes the sign of the cross with it, saying:

Sanguis Dómini nostri Jesu Christi custódiat ánimam meam ad vitam ætérnam. Amen.	May the blood of our Lord Jesus Christ bring my soul to everlasting life. Amen.

After the priest receives, the server(s) recite(s) the Confiteor. *Afterwards, the priest turns and absolves the people saying:*

Misereátur vestri omnípotens Deus, et dimíssis peccátis vestris, perdúcat vos in vitam ætérnam.	May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

Server or people. Amen.

Then the priest signs the people while saying the absolution:

Indulgéntiam, ✠ absolutiónem, et remissiónem peccatórum nostrórum, tríbuat vobis omnípotens et miséricors Dóminus.	May the ✠ almighty and merciful Lord grant you pardon, absolution, and remission of your sins.

Server or People. Amen.

The priest then shows the Blessed Sacrament to the people, saying:

Ecce Agnus Dei, ecce qui tollit peccáta mundi.	Behold the Lamb of God, behold him who takes away the sins of the world.

Then, beating the breast three times, the priest says thrice:

Dómine, non sum dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanábitur ánima mea.	Lord, I am not worthy that you should come under my roof. Speak but the word and my soul will be healed.

Then shall the priest communicate the people, saying to each one:

Corpus Dómini nostri Jesu Christi custódiat ánimam tuam ad vitam ætérnam. Amen.	May the body of our Lord Jesus Christ bring your soul to everlasting life. Amen.

While Communion is distributed, a **COMMUNION HYMN** *may be sung.*

After Communion, the priest recites the **COMMUNION ANTIPHON**.

Then the celebrant shall say the **PRAYER AFTER COMMUNION**.

V. Dóminus vobíscum.	V. The Lord be with you.
R. Et cum spíritu tuo.	R. And with your spirit. *(or,* And also with you.*)*
Orémus.	Let us pray.

Then the celebrant says the Prayer after Communion.
The Prayer ended, the Server or People shall respond: Amen.

38. Concluding Rites

Having said the last Prayer, the priest faces the people, saying:

V. Dóminus vobíscum.	V. The Lord be with you.
R. Et cum spíritu tuo.	R. And with your spirit. *(or,* And also with you.*)*

Then the priest says the **DISMISSAL**:

Ite, Missa est.	The Mass is ended, go in peace.
To which the server or people respond:	
Deo grátias.	Thanks be to God.

Whenever violet vestments are worn, the Dismissal is said as follows:

Benedicámus Dómino.	Bless we the Lord.
To which the server or people respond:	
Deo grátias.	Thanks be to God.

Having said the Dismissal, the priest bows and says secretly:

Pláceat tibi, sancta Trínitas, obséquium servitútis meæ: et præsta, ut sacrifícium, quod óculis tuæ majestátis indígnus	May the tribute of my worship be pleasing to you, Most Holy Trinity, and grant that the sacrifice which I, all unworthy,

óbtuli, tibi sit acceptábile, mihíque et ómnibus, pro quibus illud óbtuli, sit, te miseránte, propitiábile. Per Christum Dóminum nostrum. Amen.

have offered in the presence of your Majesty, may be acceptable to you, and through your mercy obtain forgiveness for me and all for whom I have offered it. Through Christ our Lord. Amen.

When the celebrant is a bishop, the following is said before the benediction:

V. Adjutórium ✠ nostrum in nómine Dómini.
R. Qui fecit cælum et terram.
V. Benedíctum sit nomen Dómini.
R. Ex hoc nunc et usque in sæculum.

V. Our ✠ help is in the name of the Lord.
R. Who made heaven and earth.
V. Blessed be the name of the Lord.
R. From henceforth, now and forever more.

Afterward the priest says the **BENEDICTION**:

Benedícat vos omnípotens Deus: Pater, et ✠Fílius, et Spíritus Sanctus. R. Amen.

May almighty God bless you, the Father, and the Son, and the Holy Spirit. R. Amen.

39. The Last Gospel (John 1:1-14)

The priest goes to the Gospel side and reads the **LAST GOSPEL**:

V. Dóminus vobíscum.
R. Et cum spíritu tuo.

✠ Inítium sancti Evangélii secúndum Joánnem.
R. Glória tibi, Dómine.

V. The Lord be with you.
R. And with your spirit.
(or, And also with you.*)*

✠ The Beginning of the holy Gospel according to John.
R. Glory to you, O Lord.

[1] In princípio erat Verbum, et Verbum erat apud Deum, et Deus erat Verbum. [2] Hoc erat in princípio apud Deum. [3] Omnia per ipsum facta sunt: et sine ipso factum est nihil, quod factum est. [4] In ipso vita erat, et vita erat lux hóminum: [5] et lux in ténebris

[1] In the beginning was the Word, and the Word was with God, and the Word was God. [2] The same was in the beginning with God. [3] All things were made by him; and without him was not any thing made that was made. [4] In him was life; and the life was the light

lucet, et ténebræ eam non comprehendérunt. [6] Fuit homo missus a Deo, cui nomen erat Joánnes. [7] Hic venit in testimónium ut testimónium perhibéret de lúmine, ut omnes créderent per illum. [8] Non erat ille lux, sed ut testimónium perhibéret de lúmine. [9] Erat lux vera, quæ illúminat omnem hóminem veniéntem in hunc mundum. [10] In mundo erat, et mundus per ipsum factus est, et mundus eum non cognóvit. [11] In própria venit, et sui eum non recepérunt. [12] Quotquot autem recepérunt eum, dedit eis potestátem fílios Dei fíeri, his qui credunt in nómine ejus: [13] qui non ex sanguínibus, neque ex voluntáte carnis, neque ex voluntáte viri, sed ex Deo nati sunt. [14] Et Verbum caro factum est, et habitávit in nobis: et vídimus glóriam ejus, glóriam quasi unigéniti a Patre, plenum grátiæ et veritátis.

of humanity. [5] And the light shines in darkness; and the darkness comprehended it not. [6] (There was a man sent from God, whose name was John. [7] The same came for a witness, to bear witness of the Light, that all people through him might believe. [8] He was not that Light, but was sent to bear witness of that Light.) [9] That was the true Light, which lights every person that comes into the world. [10] He was in the world, and the world was made by him, and the world knew him not. [11] He came to his own, and his own received him not. [12] But as many as received him, to them he gave power to become the children of God, even to them that believe on his name: [13] Which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. [14] And the Word was made flesh, and dwelled among us. And we beheld his glory, the glory as of the only begotten of the Father, full of grace and truth.

The Last Gospel ended, the server or people shall respond: Deo grátias. *(*Thanks be to God.*)*

After the Last Gospel may be said the **LEONINE PRAYERS** *(if a Low Mass), followed by a* **CLOSING HYMN**.

B. Leonine Prayers

*These prayers were ordered by Pope Leo XIII to be said after all Low Masses (Masses where the responses are not sung). While these prayers were suppressed in 1965 (*Inter Oecumenici*, n. 48:j), they are still widely said in many churches, including the Church of Esoteric Christianity.*

40. Hail Mary (said three times)

The priest starts the prayer:

Ave María, grátia plena, Dóminus tecum. Benedícta tu in muliéribus, et benedíctus fructus ventris tui, Jésus.	Hail Mary, full of grace, the Lord is with thee; blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus.

The people conclude the prayer:

Sancta María, Mater Dei, ora pro nobis peccatóribus, nunc et in hora mortis nostræ.	Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

41. Salve Regina

Salve, Regína, mater misericórdiæ, vita, dulcédo, et spes nostra, salve. Ad te clamámus éxsules fílii Hevæ. Ad te suspirámus, geméntes et flentes in hac lacrimárum valle. Eja, ergo, advocáta nostra, illos tuos misericórdes óculos ad nos convérte. Et Jesum, benedíctum fructum ventris tui, nobis post hoc exsílium osténde. O clemens, O pia, O dulcis Virgo María.	Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To thee to we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this exile, show unto us the blessed Fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

42. Versicles

V. Ora pro nobis, sancta Dei Génetrix. R. Ut digni efficiámur promissiónibus Christi.	V. Pray for us, O holy Mother of God. R. That we may be made worthy of the promises of Christ.

43. Collect: Deus Refugium Nostrum

Oremus. Deus, refúgium nostrum et virtus, pópulum ad te clamántem propítius réspice; et intercedénte gloriósa, et immaculáta Vírgine Dei Genitríce María, cum beáto Joseph, ejus Sponso, ac beatis Apóstolis tuis Petro et Paulo, et ómnibus Sanctis, quas pro conversióne peccatórum, pro libertáte et exaltatióne sanctæ Matris Ecclésiæ, preces effúndimus, miséricors et benígnus exáudi. Per eúmdem Christum Dóminum nostrum. R. Amen.

Let us pray. O God, our refuge and our strength, look down with mercy upon the people who cry to Thee; and by the intercession of the glorious and immaculate Virgin Mary, Mother of God, of Saint Joseph her spouse, of the blessed Apostles Peter and Paul, and of all the saints, in Thy mercy and goodness hear our prayers for the conversion of sinners, and for the liberty and exaltation of our Holy Mother the Church. Through the same Christ Our Lord. R. Amen.

44. Prayer to St. Michael (said by everyone)

Sancte Míchaël Archángele, defénde nos in prœlio; contra nequítiam et insídias diáboli esto præsídium. Imperet illi Deus, súpplices deprecámur: tuque, Princeps milítiæ cæléstis, sátanam aliósque spíritus malígnos, qui ad perditiónem animárum pervagántur in mundo, divína virtúte in inférnum detrúde. Amen.

Saint Michael the Archangel, defend us in battle; be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray: and do thou, O Prince of the heavenly host, by the power of God, thrust into hell satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

45. Cor Jesu Sacratissimum

V. Cor Jesu Sacratissímum,
Responsum: miserére nobis.

V. Most Sacred Heart of Jesus,
Response: have mercy on us.

C. Sunday Liturgy When There Is No Communion

46. Prayers at the Foot of the Altar

In a Low Mass, an **OPENING HYMN** *may be sung.*

(In a High Mass, you should start at the **INTROIT***.)*

In nómine Patris, et ✠ Fílii, et Spíritus Sancti.

In the name of the ✠ Father, and of the Son, and of the Holy Spirit.

Response. Amen.

Then with hands joined before the breast, the priest says the **INTROIBO***:*

Introíbo ad altáre Dei.
Responsum: Ad Deum qui lætíficat juventútem meam.

I shall go unto the altar of God.
Response: To God who gives joy to my youth.

The priest and server (or people) alternate verses from Psalm 42 (43):

V. Júdica me, Deus, et discérne causam meam de gente non sancta: ab hómine iníquo, et dolóso érue me.
R. Quia tu es, Deus, fortitúdo mea: quare me repulísti, et quare tristis incédo, dum afflígit me inimícus?

V. Judge me, O God, and discern my cause from a nation unholy; from the unjust man, and the criminal deliver me.
R. For you, O God, are my strength; why have you rejected me, and why do I go forth sadly while the enemy afflicts me?

V. Emítte lucem tuam, et veritátem tuam: ipsa me deduxérunt, et adduxérunt in montem sanctum tuum et in tabernácula tua.
R. Et introíbo ad altáre Dei: ad Deum qui lætíficat juventútem meam.

V. Send out your light and your truth, that they may lead me, and bring me to your holy mountain and to your tabernacles.
R. And I shall go unto the altar of God, to God who gives joy to my youth.

V. Confitébor tibi in cithara, Deus, Deus meus: quare tristis es, anima mea, et quare contúrbas me?

V. I will confess you on the harp, O God my God. Why are you sad, my soul, and why do you trouble me?

R. Spera in Deo, quóniam adhuc confitébor illi: salutáre vultus mei, et Deus meus.

V. Glória Patri, et Fílio et Spíritui Sancto.
R. Sicut erat in princípio, et nunc, et semper, et in sæcula sæculórum. Amen.

Introíbo ad altáre Dei.
R. Ad Deum qui lætíficat juventútem meam.

R. Trust in God; for still shall I praise him: the help of my countenance, and my God.

V. Glory be to the Father, and to the Son, and to the Holy Spirit.
R. As it was in the beginning, is now, and ever shall be, world without end. Amen.

I shall go unto the altar of God.
R. To God who gives joy to my youth.

After which the priest again makes the sign of the cross, saying:

Adjutórium ✠ nostrum in nómine Dómini.
Responsum. Qui fecit cælum et terram.

Our ✠ help is in the name of the Lord.
Response. Who made heaven and earth.

Then the priest says the **CONFITEOR***:*

Confíteor Deo omnipoténti, beátæ Maríæ semper Vírgini, beáto Michaëli Archángelo, beáto Joánni Baptístæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et vobis, fratres: quia peccávi nimis cogitatióne, verbo, et ópere: mea culpa, mea culpa, mea maxima culpa. Ídeo precor beátam Maríam semper Vírginem, beátum Michaëlem Archángelum, beátum Joánnem Baptístam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et vos, fratres, oráre pro me ad Dóminum Deum nostrum.

I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy apostles Peter and Paul, to all the saints, and to you, my brothers and sisters, that I have sinned exceedingly in thought, word, and deed; through my fault, through my fault, through my most grievous fault. Therefore I beseech blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy apostles Peter and Paul, all the saints, and you, brethren, to pray to the Lord our God for me.

The server or people respond:

Misereátur tibi omnípotens Deus, et dimíssis peccátis tuis, perdúcat te in vitam ætérnam.

May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

Priest. Amen.

Then the server or people shall say the **CONFITEOR***:*

Confíteor Deo omnipoténti, beátæ Maríæ semper Vírgini, beáto Michaëli Archángelo, beáto Joánni Baptístæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et tibi, pater: quia peccávi nimis cogitatióne, verbo, et ópere: *(Ter percutit pectus, dicens:)* mea culpa, mea culpa, mea maxima culpa. Ídeo precor beátam Maríam semper Vírginem, beátum Michaëlem Archángelum, beátum Joánnem Baptístam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et tibi, pater, oráre pro me ad Dóminum Deum nostrum.

I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy apostles Peter and Paul, to all the saints, and to you, father, that I have sinned exceedingly in thought, word, and deed; *(striking the breast thrice, saying:)* through my fault, through my fault, through my most grievous fault. Therefore I beseech blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy apostles Peter and Paul, all the saints, and you, father, to pray to the Lord our God for me.

The priest responds:

Misereátur tibi omnípotens Deus, et dimíssis peccátis tuis, perdúcat te in vitam ætérnam.

May almighty God have mercy on you, forgive you your sins, and bring you to life everlasting.

Server or People. Amen.

Then the priest makes the sign of the cross while saying the absolution:

Indulgéntiam, ✠ absolutiónem, et remissiónem peccatórum nostrórum, tríbuat nobis omnípotens et miséricors Dóminus.

May the ✠ almighty and merciful Lord grant us pardon, absolution, and remission of our sins.

Server or People. Amen.

And bowing, the priest proceeds:

V. Deus, tu convérsus vivificábis nos.	V. God, you will give us life again.
R. Et plebs tua lætábitur in te.	R. And your people will rejoice in you.
V. Osténde nobis, Dómine, misericórdiam tuam.	V. Show us, O Lord, your mercy.
R. Et salutáre tuum da nobis.	R. And grant us your salvation.
V. Dómine, exaúdi oratiónem meam.	V. O Lord, hear my prayer.
R. Et clamor meus ad te véniat.	R. And let my cry come unto you.
V. Dóminus vobíscum.	V. The Lord be with you.
R. Et cum spíritu tuo.	R. And with your spirit. *(or,* And also with you.*)*

The priest then says: Orémus *or* Let us pray*, and prayerfully goes to the Altar.*

47. The Mass of the Catachumens

Afterwards the priest, making the sign of the cross, shall say the **INTROIT**.

(NOTE: In a High Mass [also called a Missa Cantata], the Introit is sung by the choir, and is the first thing the people will hear.)

The priest then says or sings the **KYRIE ELEISON** *with the people:*

Kýrie eléison.	Lord, have mercy.
Kýrie eléison.	Lord have mercy.
Kýrie eléison.	Lord have mercy.
Christe eléison.	Christ have mercy.
Christe eléison.	Christ have mercy.
Christe eléison.	Christ have mercy.
Kýrie eléison.	Lord, have mercy.
Kýrie eléison.	Lord have mercy.
Kýrie eléison.	Lord have mercy.

The priest intones or says the **GLORIA**, *except in Advent or Lent.*

Glória in excélsis Deo, et in terra pax hóminibus bonæ voluntátis.	Glory to God in the highest, and on earth peace to people of good will.
Laudámus te. Benedícimus te. Adorámus te. Glorificámus te. Grátias ágimus tibi propter magnam glóriam tuam.	We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory,
Dómine Deus, Rex coeléstis, Deus Pater omnípotens.	Lord God, heavenly King, O God, almighty Father.
Dómine Fili unigénite, Jesu Christe. Dómine Deus, Agnus Dei, Fílius Patris. Qui tollis peccáta mundi, miserére nobis.	Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us;
Qui tollis peccáta mundi, súscipe deprecatiónem nostram.	you take away the sins of the world, receive our prayer;
Qui sedes ad déxteram Patris, miserére nobis.	you are seated at the right hand of the Father, have mercy on us.
Quóniam tu solus Sanctus. Tu solus Dóminus.	For you alone are the Holy One, you alone are the Lord,
Tu solus Altíssimus, Jesu Christe.	you alone are the Most High, Jesus Christ,
Cum Sancto Spíritu in glória Dei Patris. Amen.	with the Holy Spirit, in the glory of God the Father. Amen.

Then the priest turns to the people and says the **SALUTATION**:

V. Dóminus vobíscum. *(Dicit Episcopus:* Pax vobis.*)*	V. The Lord be with you. *(Bishop:* Peace be with you.*)*
R. Et cum spíritu tuo.	R. And with your spirit. *(or,* And also with you.*)*
Orémus.	Let us pray.

Then the priest says the **COLLECT**. *The Collect being ended, the server or people shall respond:*

R. Amen.

Then the priest (or deacon or subdeacon) reads the **LESSON** *or* **EPISTLE**.

– *After the Lesson or Epistle, the server (or the people) respond:*

R. Deo grátias.	R. Thanks be to God.

Then shall follow the **GRADUAL AND ALLELUIA** *or* **TRACT**.

– *A* **SEQUENCE** *shall also be read on those days that call for it.*

Then the priest (or deacon) announces the **GOSPEL** *reading for the day thusly:*

V. Dóminus vobíscum.
R. Et cum spíritu tuo.

✠ Sequéntii sancti Evangélii secúndum N.
R. Glória tibi, Dómine.

V. The Lord be with you.
R. And with your spirit.
(or, And also with you.*)*

✠ A reading from the holy Gospel according to N.
R. Glory to you, O Lord.

After the Gospel reading is finished, the server (or the people) shall respond:

Laus tibi, Christe.

Praise to you, O Christ.

Afterwards, the priest may give a **HOMILY**. *This is not part of the liturgy and is therefore optional.*

Then all say the **NICENE CREED**, *if it is to be said that day:*

Credo in unum Deum, Patrem omnipoténtem, factórem cœli et terræ, visibílium ómnium, et invisibílium.

Et in unum Dóminum Jesum Christum, Fílium Dei unigénitum. Et ex Patre natum ante ómnia sæcula. Deum de Deo, lumen de lúmine, Deum verum de Deo vero. Génitum, non factum, consubstantiálem Patri: per quem ómnia facta sunt.

Qui propter nos hómines, et propter nostram salútem descéndit de cœlis. *(hic genuflectuntur)* Et incarnátus est de Spíritu Sancto ex María Vírgine: et homo factus est. *(hic levant)*

Crucifíxus étiam pro nobis: sub Póntio Piláto passus et sepúltus est. Et resurréxit tértia die, secúndum Scriptúras. Et ascéndit in cœlum: sedet ad déxteram Patris. Et íterum ventúrus est cum glória judicáre vivos et

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us and for our salvation he came down from heaven, *(here all kneel)* and by the Holy Spirit was incarnate of the Virgin Mary, and became man. *(Here all rise.)*

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the

mórtuos: cujus regni non erit finis.

Et in Spíritum Sanctum, Dóminum et vivificántem: qui ex Patre Filióque procédit. Qui cum Patre et Fílio simul adorátur, et conglorificátur: qui locútus est per prophétas.

Et unam sanctam cathólicam et apostólicam Ecclésiam.

Confíteor unum baptísma in remissiónem peccatórum. Et expécto resurrectiónem mortuórum. Et vitam ventúri sæculi. Amen.

Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

48. Meditation or Spiritual Communion

Then the priest kisses the Altar, and turning to the people says:

V. Dóminus vobíscum.
R. Et cum spíritu tuo.

Orémus.

V. The Lord be with you.
R. And with your spirit.
(or, And also with you.*)*

Let us pray.

And then the priest shall say the **OFFERTORY ANTIPHON**. *A hymn may also be sung.*

At this point the priest may introduce a **GUIDED MEDITATION** *or* **ACT OF SPIRITUAL COMMUNION**, *and leads those present through the prayer or meditation.*

This exercise need not be the same from week to week, and can vary as per seasons of the Church Year and the needs of the people assembled.

Appropriate music may be played during the Spiritual Communion or Meditation.

49. Concluding Ceremonies

The Meditation being completed, the priest says or sings:

Orémus. Præcéptis salutáribus móniti, et divína institutióne formáti, audémus dícere:	Let us pray. Admonished by God's saving precepts, and formed by divine institution, we make bold to say:

The priest then says the **LORD'S PRAYER**, *alone or with the people:*

Pater noster, qui es in cælis, sanctificétur nomen tuum; advéniat regnum tuum; fiat volúntas tua: sicut in cælo et in terra. Panem nostrum quotidiánum da nobis hódie; Et dimítte nobis débita nostra, sicut et nos dimíttimus debitóribus nostris; Et ne nos indúcas in tentatiónem, sed líbera nos a malo.	Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; And lead us not into temptation, but deliver us from evil.

The priest and people finish the prayer:

Quia tuum est regnum, et potéstas, et glória, in sæcula sæculórum. Amen.	For thine is the Kingdom, and the power, and the glory, forever and ever. Amen.

At this point **ANNOUNCEMENTS** *may be made, or a* **HYMN** *sung.*
Afterward the priest says the **BENEDICTION**:

Benedícat vos omnípotens Deus: Pater, et ✠Fílius, et Spíritus Sanctus. R. Amen.	May almighty God bless you, the Father, and the Son, and the Holy Spirit. R. Amen.

50. Last Gospel and Leonine Prayers

The priest goes to the Gospel side and reads the **LAST GOSPEL**.
For the text, see section 39 of this prayer book (p. 54).

If the responses were not sung, then all say the **LEONINE PRAYERS**.
For the Prayers, see sections 40-45 (pp. 56-57).

IV. The Divine Offices, or, Daily Prayer

These orders are for daily prayer, and may be used in individual or group settings. They are drawn from multiple sources and aim for directness and simplicity. The four "hours" of prayer given in this book are:

1. Morning Prayer (Matins and Lauds), between sunrise and 10am, with the theme of awakening, praise, and thanksgiving for a new day.

2. Noonday Prayer (None), a short office with the theme of refreshment in the heat of the day's labor and strength in the face of temptation.

3. Evening Prayer (Vespers), around sunset or between 5pm and 7pm, with the theme of reflection on the day.

4. Night Prayer (Compline), before bedtime, with the theme of protection throughout the night.

The Offices are used with the Psalter included in this book, divided by the days of the month as found in the Book of Common Prayer. *The Epistles and Gospels from the Order of Mass may be used with these offices as well. For weekdays, these Offices may be used with the* 1967 Lectionary for Weekdays, *or, where one does not possess a copy, the* Revised Common Lectionary *readings which can be found at: lectionary.library.vanderbilt.edu/daily.php.*

These Offices reference hymn numbers. These numbers come from the Chapel of Faith Hymnal, 2013 Edition, *from which these Offices were taken.*

51. The Preces, also called The Suffrages

These versicles and prayers are traditionally said at the indicated places in Morning and Evening Prayer on the Wednesdays and Fridays of Advent, Lent, and Ember Weeks (also known as "Quarter Tense"). In Church of Esoteric Christianity usage, they are optional.

Lord have mercy. Christ have mercy. Lord have mercy.

Our Father, *secretly until:*
V. And lead us not into temptation.
R. But deliver us from evil.

V. I said: Lord, have mercy on me.
R. Heal my soul, for I have sinned against you.
V. Will you turn to us at last, O Lord?
R. And be ready to hear the prayers of your servants.
V. Let your mercy spread over us, O Lord.
R. Even as we have hoped in you.
V. Let your priests be robed in justice.
R. And may your saints rejoice.
V. Let us pray for the Church of God throughout the whole world.
R. May the Lord preserve her and give her life, and make her blessed on earth, and not hand her over to the will of her enemies.
V. Let us pray for our bishop N.
R. May he stand firm and shepherd his flock by your strength, O Lord, in the majesty of your name.
V. Lord, save the republic.
[*or:* save the king / queen]
R. And hear us in the day when we call to you.
V. Save your people, O Lord, and bless your inheritance.
R. And rule over them, and exalt them for ever.
V. Remember your congregation.
R. Which you have possessed from the beginning.
V. Let there be peace in your strength.
R. And abundance in your towers.
V. Let us pray for our benefactors.
R. Lord, may you see fit to grant eternal life to all those who do good things for us for your sake. Amen.

V. Let us pray for the faithful departed.
R. Lord, grant them eternal rest, and may perpetual light shine upon them.
V. May they rest in peace.
R. Amen.
V. For our absent brothers and sisters.
R. My God, save your servants, who place their hope in you.
V. For the afflicted and the captives.
R. Deliver them, O God of Israel, from all their tribulations.
V. O Lord, send them help from on high.
R. And from Zion defend them.
V. O Lord, God of strength, give us a change of heart.
R. And show us your face, and we shall be saved.
V. Rise up, O Christ, and help us.
R. And deliver us for the sake of your name.
V. O Lord, hear my prayer
R. And let my cry come unto you.

52. The Office for Morning Prayer, or Matins

¶ *A Hymn of Invocation of the Holy Spirit, or another* **HYMN** *may be sung.*

¶*Then shall be sung or said responsively the* **VERSICLE** *with the* **GLORIA PATRI** *as here follows:*

V. O Lord, open my lips.
R. And my mouth shall show forth your praise. *(Ps. 51:15)*
V. Make haste, O God, to deliver me.
R. Make haste to help me, O Lord. *(Ps. 70:1)*
V. Glory be to the Father, and to the Son, and to the Holy Spirit.
R. As it was in the beginning, is now, and ever shall be: world without end. Amen.

¶*Then may follow the* **INVITATORY** *with the* **VENITE** *(Ps. 95:1-7)*

V. O come, let us worship the Lord.
R. For he is our Maker.
Come, let us sing joyfully to the Lord; * let us acclaim the Rock of our salvation.
Let us greet him with thanksgiving; * let us joyfully sing psalms to him.
For the Lord is a great God, * and a great king above all gods;
In his hands are the depths of the earth, * and the tops of the mountains are his.
His is the sea, for he has made it, * and the dry land, which his hands have formed.
Come, let us bow down in worship; * let us kneel before the Lord who made us.
For he is our God, and we are the people he shepherds, * the flock he guides. And we are the people of His pasture
Glory be to the Father and to the Son, * and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, * world without end. Amen.

¶*Alternately, the following metrical version may be sung in place of the Venite:*
Source: Isaac Watts' Metrical Psalter (1719)
SUGGESTED TUNE: Truro (108), Old Hundredth (158)

Come, let our voices join to raise
A sacred song of solemn praise;
God is a sov'reign King, rehearse
His honors in exalted verse.

Come, let our souls address the Lord,
Who framed our natures with his word;
He is our Shepherd; we the sheep
His mercy chose, his pastures keep.

Praise God from Whom All Blessings Flow,
Praise him all creatures here below,
Praise him above, ye heav'nly hosts,
Praise Father, Son, and Holy Ghost! Amen.

¶ *Then shall be sung a* **HYMN** *appropriate to the morning or to the season.*
– One traditional morning hymn, from the Roman Office of Prime, is given below. It may be sung to any appropriate "Long meter" tune:
Source: Roman Breviary. Tr. Alan G. McDougall (1895-1964)

SUGGESTED TUNES: Jesu Dulcis (93), Agincourt (142), or Deus Tuorum Militum (198)

1. Now in the sun's new dawning ray,
lowly of heart, our God we pray
that He from harm may keep us free
in all the deeds this day shall see.

2. May fear of Him our tongues restrain,
lest strife unguarded speech should stain:
His favoring care our guardian be,
lest our eyes feed on vanity.

3. May every heart be pure from sin,
and folly find no place therein:
scant meed of food, excess denied,
wear down in us the body's pride

4. That when the light of day is gone,
and night in course shall follow on,
we, free from cares the world affords,
may chant the praise that is our Lord's.

5. All laud to God the Father be,
all praise, Eternal Son, to Thee;
all glory, as is ever meet,
to God the Holy Paraclete. Amen.

¶ *Then shall be sung or said one or more* **PSALMS**. *At the end of the Psalm the* Gloria Patri *shall be said or sung.*

¶ *The Scripture* **LESSON OR LESSONS** *shall then be read, and after each Lesson may be sung or said:* O Lord, have mercy on us.
R. Thanks be to God.

¶ *Then may follow a* **SERMON**.

¶ *The Congregation shall sing or say the* **TE DEUM LAUDAMUS** *(#206).*
We praise thee, O God we acknowledge thee to be the Lord. *
All the earth doth worship thee, the Father everlasting.
To thee all Angels cry aloud, the Heavens, and all the Powers therein. * To thee Cherubim and Seraphim continually do cry,
Holy, Holy, Holy Lord God of Hosts; *
Heaven and earth are full of the Majesty of thy glory.
The glorious company of the Apostles praise thee. *
The goodly fellowship of the Prophets praise thee.
The noble army of Martyrs praise thee. *
The holy Church throughout all the world : doth acknowledge thee.
The Father of an infinite Majesty; *
Thine adorable, true and only Son;
Also the Holy Ghost the Comforter. *
Thou art the King of Glory, O Christ.
Thou art the everlasting Son of the Father. *
When thou tookest upon thee to deliver man thou didst humble thyself to be born of a Virgin.

When thou hadst overcome the sharpness of death thou didst open
the Kingdom of Heaven to all believers. *
Thou sittest at the right hand of God in the glory of the Father.
We believe that thou shalt come to be our Judge. *
We therefore pray thee, help thy servants, whom thou hast
redeemed with thy precious blood.
Make them to be numbered with thy Saints in glory everlasting. *
O Lord, save thy people and bless thine heritage.
Govern them and lift them up for ever. *
Day by day we magnify thee.
And we worship thy Name ever world without end. *
Vouchsafe, O Lord to keep us this day without sin.
O Lord, have mercy upon us have mercy upon us. *
O Lord, let thy mercy lighten upon us as our trust is in thee.
O Lord, in thee have I trusted let me never be confounded. *
Amen.

– Or its metrical version, Holy God We Praise Thy Name*, (#82), may be sung in its stead. Tune: Großer Gott*

1. Holy God, we praise Thy Name;
Lord of all, we bow before Thee!
All on earth Thy scepter claim,
All in Heaven above adore Thee;
Infinite Thy vast domain,
Everlasting is Thy reign.
Repeat the last two lines after each verse:
Infinite Thy vast domain,
Everlasting is Thy reign.

2. Hark! the loud celestial hymn
Angel choirs above are raising,
Cherubim and seraphim,
In unceasing chorus praising;
Fill the heavens with sweet accord:
Holy, holy, holy, Lord.
Fill the heavens with sweet accord:
Holy, holy, holy, Lord.

3. Lo! the apostolic train
Join the sacred Name to hallow;

Prophets swell the loud refrain,
And the white robed martyrs follow;
And from morn to set of sun,
Through the Church the song goes on.

4. Holy Father, Holy Son,
Holy Spirit, Three we name Thee;
While in essence only One,
Undivided God we claim Thee;
And adoring bend the knee,
While we own the mystery.

5. Thou art King of glory, Christ:
Son of God, yet born of Mary;
For us sinners sacrificed,
And to death a tributary:
First to break the bars of death,
Thou has opened Heaven to faith.

6. From Thy high celestial home,
Judge of all, again returning,
We believe that Thou shalt come
In the dreaded doomsday morning;
When Thy voice shall shake the earth,
And the startled dead come forth.

7. Therefore do we pray Thee, Lord:
Help Thy servants whom, redeeming
By Thy precious blood out-poured,
Thou hast saved from Satan's scheming.
Give to them eternal rest
In the glory of the blest.

8. Spare Thy people, Lord, we pray,
By a thousand snares surrounded:
Keep us without sin today,
Never let us be confounded.
Lo, I put my trust in Thee;
Never, Lord, abandon me.

¶ *Then shall be said the* **PRAYERS** *here following, or the Suffrages (Preces), the Litany, or other prayers.*
Lord, have mercy. R. Christ, have mercy.
Lord, have mercy.

¶ *Then all shall say the* **LORD'S PRAYER***:*
Our Father, who art in heaven, Hallowed be thy name; thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, But deliver us from evil. *[OPTIONAL: For thine is the kingdom, and the power, and the glory, for ever and ever.]* Amen.

¶ *Then the following versicle and response (if the Officiant is a cleric):*
V. The Lord be with you.
R. And with your spirit. *(or,* And also with you.*)*

Or (if the Officiant is a layperson):
V. Lord, hear my prayer.
R. And let my cry come unto you.

In both cases, the Officiant then says: Let us pray.

¶ *Then shall be said the* **COLLECT** *for the day: the Collect for the Sunday is said throughout the week. Then may be said any other Collects and after that this* **COLLECT FOR GRACE**. *A Versicle may be used with this Collect:*

V. Let my mouth be filled with your praise.
R. And with your honor all the day. *(Ps. 71:8)*

Let us pray. O Lord, our heavenly Father, almighty and everlasting God, you have safely brought us to the beginning of this day. Defend us in the same with your mighty power and grant that this day we fall into no sin, neither run into any kind of danger, but that all our doings, being ordered by your governance, may be righteous in your sight. Through Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever.
R. Amen.

¶ *Then may be sung or said the* **BENEDICAMUS** *and the* **BENEDICTION***:*

V. Bless we the Lord.
R. Thanks be to God.

May the Lord bless us, defend us from all evil, and lead us to life everlasting, and though the mercy of God, may the souls of the faithful departed rest in peace.

53. The Office for Noonday Prayer, or Sext

¶ *OPTIONAL: The* **ANGELUS** *may be said before the noonday Office.*

V. The Angel of the Lord declared unto Mary.
R. And she conceived of the Holy Spirit.
All: Hail Mary, etc.

V. Behold the handmaid of the Lord.
R. Be it done to me according to thy word.
All: Hail Mary, etc.

V. And the Word was made Flesh.
R. And dwelt amongst us.
All: Hail Mary, etc.

V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.

Let us pray. Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ your Son was made known by the message of an Angel, may by his Passion and Cross be brought to the glory of his Resurrection. Through the same Christ our Lord. R. Amen.

¶ *The noonday Office shall begin with the versicles*
V. Make haste, O God, to deliver me.
R. Make haste to help me, O Lord. *(Ps. 70:1)*

V. Glory be to the Father, and to the Son, and to the Holy Spirit.
R. As it was in the beginning, is now, and ever shall be: world without end. Amen.

¶ *A* **HYMN** *suitable for the time of day or to the season may be sung.*
– *The traditional noonday hymn, from the Breviarium Romanum, is given on the next page, and may be sung to any appropriate "Long meter" tune:*

Source: St. Ambrose (340-397). Tr. John Mason Neale (1818-1866)
SUGGESTED TUNE: Hamburg (20), Vexilla Regis Prodeunt (202)

1. O God of truth, O Lord of might,
Who orderest time and change aright,
and sendest the early morning ray,
and lightest the glow of perfect day.

2. Extinguish Thou each sinful fire,
and banish every ill desire:
and while Thou keepest the body whole
shed forth Thy peace upon the soul.

3. Almighty Father, hear our cry
through Jesus Christ, Our Lord most High
Who, with the Holy Ghost and Thee,
doth live and reign eternally. Amen.

¶ *Then shall be sung or said one or more* **PSALMS**. *At the end of the Psalm the* **GLORIA PATRI** *shall be sung.*
– Suggested Psalms are 19; 67; 119:105-112; or a selection from 120 to 133.

¶ *Here shall a brief passage of* **SCRIPTURE** *be read. The following may be used, or any other suitable passage of Scripture:*

> If anyone is in Christ he is a new creation; the old has passed away, behold the new has come. All this is from God, who through Christ reconciled us to himself and gave us the ministry of reconciliation. *2 Corinthians 5:17-18*
> *Or,*
> From the rising of the sun to its setting my Name shall be great among the nations, and in every place incense shall be offered to my Name, and a pure offering; for my Name shall be great among the nations, says the Lord of Hosts. *Malachi 1:11*

After the Reading, the people shall say: Thanks be to God.

¶ *Then a* **MEDITATION**, *silent or spoken, (or a brief* **SERMON***) may follow.*

¶ *Then shall be said the* **PRAYERS** *here following.*

Our Father, who art in heaven, Hallowed be thy name; thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, But deliver us from evil.
[OPTIONAL: For thine is the kingdom, and the power, and the glory, for ever and ever.] Amen.

¶ *Then the following versicle and response (if the Officiant is a cleric):*
V. The Lord be with you.
R. And with your spirit. *(or,* And also with you.*)*

Or (if the Officiant is a layperson):
V. Lord, hear my prayer.
R. And let my cry come unto you.

In both cases, the Officiant then says: Let us pray.

¶ *The Officiant then says the COLLECT here following:*
Blessed Savior, at this hour you hung upon the cross, stretching out your loving arms: Grant that all the peoples of the earth may look to you and be saved, for the sake of your tender mercy: You who live and reign forever and ever. R. Amen.

¶ *Free intercessions may here be offered, after which the celebrant shall conclude the service with the the* **BENEDICAMUS** *and the* **BENEDICTION***:*
V. Bless we the Lord.
R. Thanks be to God.
The grace of the Lord Jesus Christ, and the love of God, and the communion of the Holy Ghost, be with you all. R. Amen.

Or,
Though the mercy of God, may the souls of the faithful departed rest in peace. R. Amen.

¶ *At the close of the Service silent prayer should be offered.*

54. The Office for Evening Prayer, or Vespers

¶ *A Hymn of Invocation of the Holy Ghost, or another* **HYMN** *may be sung.*

¶*Then shall be sung or said responsively the* **VERSICLE** *with the* **GLORIA PATRI** *as here follows:*
V. Make haste, O God, to deliver me.
R. Make haste to help me, O Lord. (Ps. 70:1)
V. Glory be to the Father, and to the Son, and to the Holy Spirit.
R. As it was in the beginning, *etc.*

¶ *Then shall be sung or said one or more* **PSALMS**. *At the end of the Psalm the* **GLORIA PATRI** *shall be sung.*

¶ *The Scripture* **LESSON** *or Lessons shall then be read, and after each Lesson may be sung or said:* O Lord, have mercy on us.
R. Thanks be to God.

¶ *Then may follow a* **SERMON**.

¶ *Then shall be sung a* **HYMN** *appropriate to the evening or to the season.*
– The traditional vespers hymn, from the Breviarium Romanum, is given below, and may be sung to any appropriate "Long meter" tune:
Source: Roman Breviary . Tr. John Mason Neale (1818-1866)
SUGGESTED TUNES: Tallis' Canon (13), Compline Hymn (195)

1. O blest Creator of the light,
who mak'st the day with radiance bright,
and o'er the forming world didst call
the light from chaos first of all;

2. Whose wisdom joined in meet array
the morn and eve, and named them Day:
night comes with all its darkling fears;
regard thy people's prayers and tears.

3. Lest, sunk in sin, and whelmed with strife,
they lose the gift of endless life;
while thinking but the thoughts of time,
they weave new chains of woe and crime.

4. But grant them grace that they may strain
the heavenly gate and prize to gain:
each harmful lure aside to cast,
and purge away each error past.

5. O Father, that we ask be done,
through Jesus Christ, thine only Son;
who, with the Holy Ghost and thee,
doth live and reign eternally. Amen.

¶ *Then may be sung or said this* **VERSICLE**.
V. Let my prayer come like incense before you.
R. The lifting up of my hands, like the evening sacrifice. (Ps. 141:2)

¶ *Then shall be sung the* **MAGNIFICAT**
(Luke 1:46b-55, Confraternity Version given here; Psalm Tone VIII).

Antiphon. My soul * magnifies the Lord.
And my spirit rejoices * in God my Savior.
Because he has regarded the lowliness of his handmaid *
For behold, from henceforth all generations shall call me blessed.
Because he who is mighty has done great things for me, *
And holy is his name.
And his mercy is from generation to generation *
On those who fear him.
He has shown might with his arm, *
He has scattered the proud in the conceit of their heart.
He has put down the mighty from their thrones, *
And has exalted the lowly.
He has filled the hungry with good things, *
And the rich he has sent away empty.
He has given help to Israel his servant, * mindful of his mercy.
Even as he spoke to our fathers, *
To Abraham and to his posterity forever.
Glory be to the Father, and to the Son, and to the Holy Spirit. *
As it was in the beginning, is now, and ever shall be: world without end. Amen.
Repeat Antiphon. My soul * magnifies the Lord.

¶ *Then shall be said the* **PRAYERS** *here following, or the Suffrages (Preces), the Litany, or other prayers.*
Lord, have mercy.
R. Christ, have mercy.
Lord, have mercy.

¶ *Then all shall say:*
Our Father, who art in heaven, Hallowed be thy name; thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, But deliver us from evil. *[OPTIONAL: For thine is the kingdom, and the power, And the glory, for ever and ever.]* Amen.

¶ *Then the following versicle and response (if the Officiant is a cleric):*
V. The Lord be with you.
R. And with your spirit. *(or,* And also with you.*)*

Or (if the Officiant is a layperson):
V. Lord, hear my prayer.
R. And let my cry come unto you.

In both cases, the Officiant then says: Let us pray.

¶ *Then shall be said the* **COLLECT** *for the day: the Collect for the Sunday is said throughout the week following. Then may be said any other Collects and after that this* **COLLECT FOR PEACE**. *A Versicle may be used with the Collect.*

V. The Lord will give strength to his people.
R. The Lord will bless his people with peace. *(Ps. 29:11)*

Let us pray. O God, from whom come all holy desires, all good counsels, and all just works: Give to us, your servants, that peace which the world cannot give, that our hearts may be set to obey your commandments; and also that we, being defended from the fear of our enemies, may live in peace and quietness. Through Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

¶ *Then may be sung or said the* **BENEDICAMUS**.
V. Bless we the Lord.
R. Thanks be to God.

¶*The service may end with the Benedicamus; or a* **CLOSING HYMN** *may be sung after the following* **BENEDICTION***:*
The grace of the Lord Jesus Christ, and the love of God, and the communion of the Holy Ghost, be with you all. R. Amen.

Or,
Though the mercy of God, may the souls of the faithful departed rest in peace. R. Amen.

¶ *At the close of the Service silent prayer should be offered.*

55. The Office for Nighttime Prayer, or Compline

¶ *The Officiant begins:*
V. The Lord Almighty grant us a peaceful night and a perfect end.
R. Amen.
V. Our help is in the Name of the Lord.
R. Who made heaven and earth.

¶ *The Officiant may then say:* Let us confess our sins to God.

Officiant and People say the **CONFITEOR***:*
I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy apostles Peter and Paul, to all the saints, that I have sinned exceedingly in thought, word, and deed; through my fault, through my fault, through my most grievous fault. Therefore I beseech blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy apostles Peter and Paul, all the saints, to pray to the Lord our God for me.

May almighty God have mercy on me, forgive me my sins, and bring me to life everlasting. Amen.

Officiant (crossing self only): May the ✠ almighty and merciful Lord grant us pardon, absolution, and remission of all our sins. Amen.

¶ *The Officiant then says:*
V. Make haste, O God, to deliver me.
R. Make haste to help me, O Lord. *(Ps. 70:1)*
V. Glory be to the Father, and to the Son, and to the Holy Spirit.
R. As it was in the beginning, is now, and ever shall be: world without end. Amen.

¶ *Then shall be sung or said one or more* **PSALMS**.
- Suggested Psalms are 4; 31:1-5; 91; or 134.

¶ *A* **HYMN** *suitable for the evening may be sung.*
– The traditional compline hymn, from the Breviarium Romanum, is given below, and may be sung to any appropriate "Long meter" tune:

Source: Roman Breviary . Tr. John Mason Neale (1818-1866)
SUGGESTED TUNES: Tallis' Canon (13), Compline Hymn (195)

1. To Thee, before the close of day
Creator of the world, we pray
that with Thy wonted favor, Thou
wouldst be our Guard and Keeper now.

2. From all ill dreams defend our eyes,
from nightly fears and fantasies:
tread under foot our ghostly foe,
that no pollution we may know.

3. O Father, that we ask be done
through Jesus Christ Thine only Son,
who, with the Holy Ghost and Thee,
shall live and reign eternally. Amen.

¶ *Here shall a brief passage of* **SCRIPTURE** *be read. The following may be used, or any other suitable passage of Scripture:*

> But you, O Lord, are with us, and your name is invoked over us, so do not abandon us! *Jeremiah 14:9b*
> *Or,*
> Brothers and sisters: Be sober and vigilant. For your adversary, the devil, is like a roaring lion, traveling around and seeking those whom he might devour. Resist him by being strong in faith.
> *1 Peter 5:8-9a*

After the Reading, the people shall say: Thanks be to God.

Then shall follow:
V. Into your hands, O Lord, I commend my spirit;
R. For you have redeemed us, O Lord, O God of truth.
V. Keep us, O Lord, as the apple of your eye;
R. Protect us under the shadow of your wings.

¶ *Then shall be said the* **PRAYERS** *here following.*
Our Father, who art in heaven, Hallowed be thy name; thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, as we forgive those

who trespass against us. And lead us not into temptation, But deliver us from evil.
[OPTIONAL: For thine is the kingdom, and the power, And the glory, for ever and ever.] Amen.

¶ *Then the following versicle and response (if the Officiant is a cleric):*
V. The Lord be with you.
R. And with your spirit. (or, And also with you.)

Or (if the Officiant is a layperson):
V. Lord, hear my prayer.
R. And let my cry come unto you.

In both cases, the Officiant then says: Let us pray.

¶ *The Officiant then says the following* **COLLECT***:*
Visit this place, O Lord, and drive far from it all snares of the enemy; let your holy angels dwell with us to preserve us in peace; and let your blessing be upon us always; through Jesus Christ our Lord.

The Collect ended, the people shall respond: Amen.

¶ *Silence may be kept, or free intercessions and thanksgivings may be offered.*

¶ *The service concludes with the* **NUNC DIMITTIS** *(Luke 2:29-32, Hymn #141), sung or said by all, with the following Antiphon before and after:*

Antiphon: Guide us waking, O Lord, and guard us sleeping; * that awake we may watch with Christ, and asleep we may rest in peace.
O, Lord, now let your servant go in peace; *
   your word has been fulfilled.
My own eyes have seen the salvation *
   which you have prepared in the sight of all people.
A light to reveal you to the nations *
   and the glory of your people Israel.
Glory be to the Father, *etc.*

The Antiphon *is repeated.*

¶ *Then may be sung or said the* **BENEDICAMUS** *and the* **BENEDICTION**.
V. Bless we the Lord.
R. Thanks be to God.
May the almighty and merciful Lord bless and keep us: Father, ✠Son, and Holy Spirit. R. Amen.

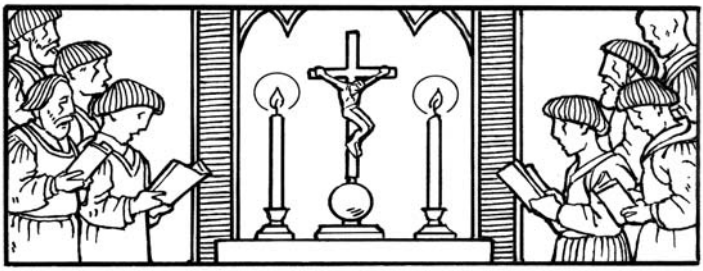
¶ *OPTION: Then may be said the* **SALVE REGINA** *and the prayer following:*

All say: Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To thee to we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this exile, show unto us the blessed Fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Then the Versicle and Prayer below:
V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.

Officiant says: Let us pray. Almighty eternal God, by the cooperation of the Holy Spirit you made ready the body and soul of the glorious Virgin Mother Mary to be a fit dwelling place for your Son. As we celebrate her memory with joy, grant that through her loving intercession we may be preserved from all evil happenings, and delivered from eternal death. Through the same Christ our Lord.
R. Amen.

¶ *Then is said the following versicle, bringing the daily Divine Office to a close:*
V. May the divine assistance remain with us always.
R. Amen.



APPENDIX A: An Order for Prayer and Preaching

¶ *This informal Order may be conducted by a lay leader or an ordained minister, and is ideal for small groups and family worship settings, or as a brief office for Morning or Evening Prayer.*

The Service may begin with an **OPENING HYMN**.

After the hymn, the leader shall make the **INVOCATION**:
In the Name of the Father, and of the Son, and of the Holy Spirit.
Response. Amen.

The leader shall then exhort the people to prayer, saying:
Brothers and sisters, let us pray.

After which, he or she shall say either the **COLLECT** *or* **OPENING PRAYER** *of the Day.*

Then shall one or more **READINGS** *from Scripture be read.*
At the end of the reading, the leader shall say: Here ends the reading.
The people respond: Thanks be to God.

Then the leader of the service may give a short **SERMON**.

Afterward may be sung the **HYMN OF THE DAY**, *or if this Order is used as an Office, the* **CANTICLE** *may be sung in its place.*

Then may be said the **APOSTLES' CREED**. *It may be omitted when this order is used for Morning or Evening Prayer.*
I believe in God, the Father almighty, Creator of heaven and earth.
And in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

After which, free prayer or **GENERAL INTERCESSIONS** *may be said.*

If desired, the **SIGN OF PEACE** *may take place after the Intercessions.*

Then all shall say the **LORD'S PRAYER**.
Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.
[OPTIONAL: For thine is the kingdom, and the power, and the glory, for ever and ever.*]* Amen.

After which is said the **BENEDICTION***:*
May the grace of the Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with us all. R. Amen.

Then the Service may end with a **CLOSING HYMN**.

V. Psalter, or, Book of Psalms

56. How to Use the Psalter

The Psalter may be used in many ways, whether spoken or sung, responsorially or meditatively.

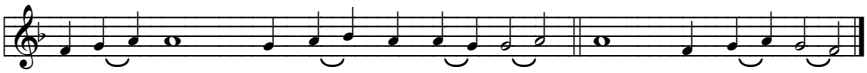
The Psalter, as here given, is that found in the American *Book of Common Prayer* (Episcopal Church USA, 1979), from where this hymnal retains the division of the Psalms into sections divided firstly by the days of the month (1-30), and then into groups for Morning Prayer and Evening Prayer. In the Church of Esoteric Christianity's usage, this is intended as a guide for those who wish to pray the entire Psalter during the course of a month, with the Psalms grouped under "Morning Prayer" intended for Matins, and the Psalms for "Evening Prayer" intended for Vespers.

On a month with 28 days, one need not worry about days 29 and 30. On a month with 31 days, the individual may then choose a particular day whose Psalms he or she particularly likes, or may choose a Psalm at random on the 31st day. In all cases, it must be recognized that this division of the Psalms is presented merely as an optional guideline, and never as a hard-and-fast rule, and so the individual should feel free to make the most of his or her Christian liberty in this matter.

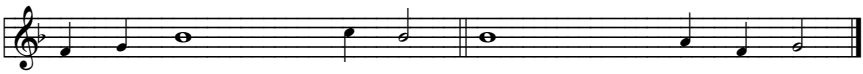
57. Psalm Tones

The following eight tones can be used in used in the singing of Psalms and Canticles in worship services or in private devotion. The melodies given here are the Gregorian Psalm-tones as found in Reed's *Choral Service Book* (United Lutheran Publication House, 1901), and also generally agree with those found in Rossini's *Proper of the Mass* (J. Fischer Press, 1933).

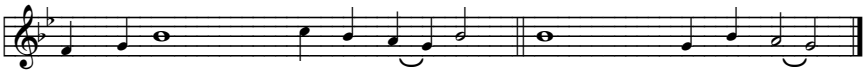
Tone I:



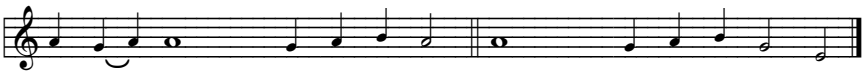
Tone II:



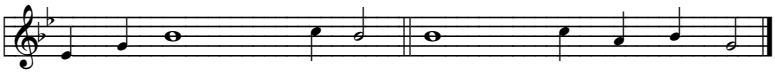
Tone III:



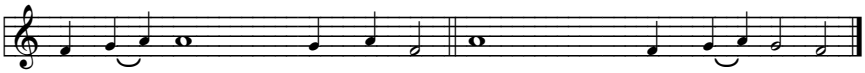
Tone IV:



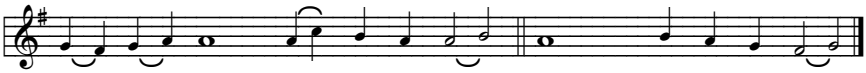
Tone V:



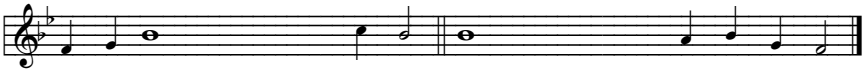
Tone VI:



Tone VII:

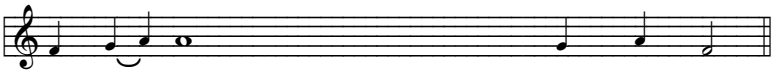


Tone VIII:

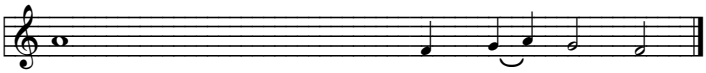


The notes of the Psalm-Tones are set to the syllables of the text being sung. The whole note shown is not sung or played as a whole note, but as a "reciting note," upon which one or more syllables are sung, while the remaining notes are sung at their normal lengths. Theoretically, it is possible to sing any text to these Psalm-tones.

By way of example, the Introit (Entrance Antiphon) for the First Sunday of Advent is set to Tone VI below:



To | you | I lift | up | my | soul, *
| | Let not my enemies exult | o – | ver | me. *
Ps. Your | ways, | O Lord, make | known | to | me; *
Glo– | ry | be to the Father and | to | the | Son, *
As | it | was in the beginning, is now, and ev– | er | shall | be, *



in you, O my God, I trust ; let me not | be | put | to | shame.
No one who waits for you shall | be | put | to | shame.
Ps. . . . . . | teach | me | your | paths.
and to the | Ho – | ly | Spir– | it.
world with – | out | end. | A – | men.

Prior to Vatican II, a popular use for the Psalm-tones was in the singing of the Introit, Gradual, Offertory, and Communion antiphons for the Mass, as described in the Reed and Rossini sources mentioned above; this practice of "singing the Rossini propers" is still alive and well in many Latin Mass locations today. Below is a list of suggested tones for each season:

Advent: Tone I or VI
Christmas to Last Sunday after Epiphany: Tone III
Septuagesima Sunday to Good Friday: Tone II
Easter Vigil to Pentecost: Tone V or VII
Trinity Sunday to the 13th Sunday after Pentecost: Tone VIII
14th to Last Sunday after Pentecost: Tone II

The Psalter

58. First Day: Morning Prayer

Psalm 1 *Beatus vir qui non abiit*
1. Happy are they who have not walked in the counsel of the wicked, * nor lingered in the way of sinners, nor sat in the seats of the scornful!
2. Their delight is in the law of the LORD, * and they meditate on his law day and night.
3. They are like trees planted by streams of water, bearing fruit in due season, with leaves that do not wither; * everything they do shall prosper.
4. It is not so with the wicked; * they are like chaff which the wind blows away.
5. Therefore the wicked shall not stand upright when judgment comes, * nor the sinner in the council of the righteous.
6. For the LORD knows the way of the righteous, * but the way of the wicked is doomed.

Psalm 2 *Quare fremuerunt gentes?*
1. Why are the nations in an uproar? * Why do the peoples mutter empty threats?
2. Why do the kings of the earth rise up in revolt, and the princes plot together, * against the LORD and against his Anointed?
3. "Let us break their yoke," they say; * "let us cast off their bonds from us."
4. He whose throne is in heaven is laughing; * the Lord has them in derision.
5. Then he speaks to them in his wrath, * and his rage fills them with terror.
6. "I myself have set my king * upon my holy hill of Zion."
7. Let me announce the decree of the LORD: * he said to me, "You are my Son; this day have I begotten you.
8. Ask of me, and I will give you the nations for your inheritance * and the ends of the earth for your possession.
9. You shall crush them with an iron rod * and shatter them like a piece of pottery."
10. And now, you kings, be wise; * be warned, you rulers of the earth.
11. Submit to the LORD with fear, * and with trembling bow before him;
12. Lest he be angry and you perish; * for his wrath is quickly kindled.
13. Happy are they all * who take refuge in him!

Psalm 3 *Domine, quid multiplicati*
1. LORD, how many adversaries I have! * how many there are who rise up against me!
2. How many there are who say of me, * "There is no help for him in his God."
3. But you, O LORD, are a shield about me; * you are my glory, the one who lifts up my head.
4. I call aloud upon the LORD, * and he answers me from his holy hill;
5. I lie down and go to sleep; * I wake again, because the LORD sustains me.
6. I do not fear the multitudes of people * who set themselves against me all around.
7. Rise up, O LORD; set me free, O my God; * surely, you will strike all my enemies across the face, you will break the teeth of the wicked.
8. Deliverance belongs to the LORD. * Your blessing be upon your people!

Psalm 4 *Cum invocarem*
1. Answer me when I call, O God, defender of my cause; * you set me free when I am hard-pressed; have mercy on me and hear my prayer.
2. "You mortals, how long will you dishonor my glory; * how long will you worship dumb idols and run after false gods?"
3. Know that the LORD does wonders for the faithful; * when I call upon the LORD, he will hear me.
4. Tremble, then, and do not sin; * speak to your heart in silence upon your bed.
5. Offer the appointed sacrifices * and put your trust in the LORD.
6. Many are saying, "Oh, that we might see better times!" * Lift up the light of your countenance upon us, O LORD.
7. You have put gladness in my heart, * more than when grain and wine and oil increase.
8. I lie down in peace; at once I fall asleep; * for only you, LORD, make me dwell in safety.

Psalm 5 *Verba mea auribus*
1. Give ear to my words, O LORD; * consider my meditation.
2. Hearken to my cry for help, my King and my God, * for I make my prayer to you.
3. In the morning, LORD, you hear my voice; * early in the morning I make my appeal and watch for you.
4. For you are not a God who takes pleasure in wickedness, * and evil cannot dwell with you.
5. Braggarts cannot stand in your sight; * you hate all those who work wickedness.
6. You destroy those who speak lies; * the bloodthirsty and deceitful, O LORD, you abhor.
7. But as for me, through the greatness of your mercy I will go into your house; * I will bow down toward your holy temple in awe of you.
8. Lead me, O LORD, in your righteousness, because of those who lie in wait for me; * make your way straight before me.
9. For there is no truth in their mouth; * there is destruction in their heart;
10. Their throat is an open grave; * they flatter with their tongue.
11. Declare them guilty, O God; * let them fall, because of their schemes.
12. Because of their many transgressions cast them out, * for they have rebelled against you.
13. But all who take refuge in you will be glad; * they will sing out their joy for ever.
14. You will shelter them, * so that those who love your Name may exult in you.
15. For you, O LORD, will bless the righteous; * you will defend them with your favor as with a shield.

59. First Day: Evening Prayer

Psalm 6 *Domine, ne in furore*
1. LORD, do not rebuke me in your anger; * do not punish me in your wrath.
2. Have pity on me, LORD, for I am weak; * heal me, LORD, for my bones are racked.
3. My spirit shakes with terror; * how long, O LORD, how long?

4. Turn, O LORD, and deliver me; * save me for your mercy's sake.
5. For in death no one remembers you; * and who will give you thanks in the grave?
6. I grow weary because of my groaning; * every night I drench my bed and flood my couch with tears.
7. My eyes are wasted with grief * and worn away because of all my enemies.
8. Depart from me, all evildoers, * for the LORD has heard the sound of my weeping.
9. The LORD has heard my supplication; * the LORD accepts my prayer.
10. All my enemies shall be confounded and quake with fear; * they shall turn back and suddenly be put to shame.

Psalm 7 *Domine, Deus meus*
1. O LORD my God, I take refuge in you; * save and deliver me from all who pursue me;
2. Lest like a lion they tear me in pieces * and snatch me away with none to deliver me.
3. O LORD my God, if I have done these things: * if there is any wickedness in my hands,
4. If I have repaid my friend with evil, * or plundered him who without cause is my enemy;
5. Then let my enemy pursue and overtake me, * trample my life into the ground, and lay my honor in the dust.
6. Stand up, O LORD, in your wrath; * rise up against the fury of my enemies.
7. Awake, O my God, decree justice; * let the assembly of the peoples gather round you.
8. Be seated on your lofty throne, O Most High; * O LORD, judge the nations.
9. Give judgment for me according to my righteousness, O LORD, * and according to my innocence, O Most High.
10. Let the malice of the wicked come to an end, but establish the righteous; * for you test the mind and heart, O righteous God.
11. God is my shield and defense; * he is the savior of the true in heart.
12. God is a righteous judge; * God sits in judgment every day.
13. If they will not repent, God will whet his sword; * he will bend his bow and make it ready.
14. He has prepared his weapons of death; * he makes his arrows shafts of fire.
15. Look at those who are in labor with wickedness, * who conceive evil, and give birth to a lie.
16. They dig a pit and make it deep * and fall into the hole that they have made.
17. Their malice turns back upon their own head; * their violence falls on their own scalp.
18. I will bear witness that the LORD is righteous; * I will praise the Name of the LORD Most High.

Psalm 8 *Domine, Dominus noster*
1. O LORD our Governor, * how exalted is your Name in all the world!
2. Out of the mouths of infants and children * your majesty is praised above the heavens.

3. You have set up a stronghold against your adversaries, * to quell the enemy and the avenger.
4. When I consider your heavens, the work of your fingers, * the moon and the stars you have set in their courses,
5. What is man that you should be mindful of him? * the son of man that you should seek him out?
6. You have made him but little lower than the angels; * you adorn him with glory and honor;
7. You give him mastery over the works of your hands; * you put all things under his feet:
8. All sheep and oxen, * even the wild beasts of the field,
9. The birds of the air, the fish of the sea, * and whatsoever walks in the paths of the sea.
10. O LORD our Governor, * how exalted is you Name in all the world!

60. Second Day: Morning Prayer

Psalm 9 *Confitebor tibi*

1. I will give thanks to you, O LORD, with my whole heart; * I will tell of all your marvelous works.
2. I will be glad and rejoice in you; * I will sing to your Name, O Most High.
3. When my enemies are driven back, * they will stumble and perish at your presence.
4. For you have maintained my right and my cause; * you sit upon your throne judging right.
5. You have rebuked the ungodly and destroyed the wicked; * you have blotted out their name for ever and ever.
6. As for the enemy, they are finished, in perpetual ruin, * their cities plowed under, the memory of them perished;
7. But the LORD is enthroned for ever; * he has set up this throne for judgment.
8. It is he who rules the world with righteousness; * he judges the peoples with equity.
9. The LORD will be a refuge for the oppressed, * a refuge in time of trouble.
10. Those who know your Name will put their trust in you, * for you never forsake those who seek you, O LORD.
11. Sing praise to the LORD who dwells in Zion; * proclaim to the peoples the things he has done.
12. The Avenger of blood will remember them; * he will not forget the cry of the afflicted.
13. Have pity on me, O LORD; * see the misery I suffer from those who hate me, O you who lift me up from the gate of death;
14. So that I may tell of all your praises and rejoice in your salvation * in the gates of the city of Zion.
15. The ungodly have fallen into the pit they dug, * and in the snare they set is their own foot caught.
16. The LORD is known by his acts of justice; * the wicked are trapped in the works of their own hands.

17. The wicked shall be given over to the grave, * and also all the people that forget God.
18. For the needy shall not always be forgotten, * and the hope of the poor shall not perish for ever.
19. Rise up, O LORD, let not the ungodly have the upper hand; * let them be judged before you.
20. Put fear upon them, O LORD; * let the ungodly know they are but mortal.

Psalm 10 *Ut quid, Domine?*
1. Why do you stand so far off, O LORD, * and hide yourself in time of trouble?
2. The wicked arrogantly persecute the poor, * but they are trapped in the schemes they have devised.
3. The wicked boast of their heart's desire; * the covetous curse and revile the LORD.
4. The wicked are so proud that they care not for God; * their only thought is, "God does not matter."
5. Their ways are devious at all times; your judgments are far above out of their sight; * they defy all their enemies.
6. They say in their heart, "I shall not be shaken; * no harm shall happen to me ever."
7. Their mouth is full of cursing, deceit, and oppression; * under their tongue are mischief and wrong.
8. They lurk in ambush in public squares and in secret places they murder the innocent; * they spy out the helpless.
9. They lie in wait, like a lion in a covert; they lie in wait to seize upon the lowly; * they seize the lowly and drag them away in their net.
10. The innocent are broken and humbled before them; * the helpless fall before their power.
11. They say in their heart, "God has forgotten; * he hides his face; he will never notice."
12. Rise up, O LORD; lift up your hand, O God; * do not forget the afflicted.
13. Why should the wicked revile God? * why should they say in their heart, "You do not care"?
14. Surely, you behold trouble and misery; * you see it and take it into your own hand.
15. The helpless commit themselves to you, * for you are the helper of orphans.
16. Break the power of the wicked and evil; * search out their wickedness until you find none.
17. The LORD is King for ever and ever; * the ungodly shall perish from his land.
18. The LORD will hear the desire of the humble; * you will strengthen their heart and your ears shall hear;
19. To give justice to the orphan and oppressed, * so that mere mortals may strike terror no more.

Psalm 11 *In Domino confido*
1. In the LORD have I taken refuge; * how then can you say to me, "Fly away like a bird to the hilltop;

2. For see how the wicked bend the bow and fit their arrows to the string, * to shoot from ambush at the true of heart.
3. When the foundations are being destroyed, * what can the righteous do?"
4. The LORD is in his holy temple; * the LORD'S throne is in heaven.
5. His eyes behold the inhabited world; * his piercing eye weighs our worth.
6. The LORD weighs the righteous as well as the wicked, * but those who delight in violence he abhors.
7. Upon the wicked he shall rain coals of fire and burning sulphur; * a scorching wind shall be their lot.
8. For the LORD is righteous; he delights in righteous deeds; * and the just shall see his face.

61. Second Day: Evening Prayer

Psalm 12 *Salvum me fac*
1. Help me, LORD, for there is no godly one left; * the faithful have vanished from among us.
2. Everyone speaks falsely with his neighbor; * with a smooth tongue they speak from a double heart.
3. Oh, that the LORD would cut off all smooth tongues, * and close the lips that utter proud boasts!
4. Those who say, "With our tongue will we prevail; * our lips are our own; who is lord over us?"
5. "Because the needy are oppressed, and the poor cry out in misery, * I will rise up," says the LORD, "and give them the help they long for."
6. The words of the LORD are pure words, * like silver refined from ore and purified seven times in the fire.
7. O LORD, watch over us * and save us from this generation for ever.
8. The wicked prowl on every side, * and that which is worthless is highly prized by everyone.

Psalm 13 *Usquequo, Domine?*
1. How long, O LORD? will you forget me for ever? * how long will you hide your face from me?
2. How long shall I have perplexity in my mind, and grief in my heart, day after day? * how long shall my enemy triumph over me?
3. Look upon me and answer me, O LORD my God; * give light to my eyes, lest I sleep in death;
4. Lest my enemy say, "I have prevailed over him," * and my foes rejoice that I have fallen.
5. But I put my trust in your mercy; * my heart is joyful because of your saving help.
6. I will sing to the LORD, for he has dealt with me richly; * I will praise the Name of the Lord Most High.

Psalm 14 *Dixit insipiens*
1. The fool has said in his heart, "There is no God." * All are corrupt and commit abominable acts; there is none who does any good.

2. The LORD looks down from heaven upon us all, * to see if there is any who is wise, if there is one who seeks after God.
3. Every one has proved faithless; all alike have turned bad; * there is none who does good; no, not one.
4. Have they no knowledge, all those evildoers * who eat up my people like bread and do not call upon the LORD?
5. See how they tremble with fear, * because God is in the company of the righteous.
6. Their aim is to confound the plans of the afflicted, * but the LORD is their refuge.
7. Oh, that Israel's deliverance would come out of Zion! * when the LORD restores the fortunes of his people, Jacob will rejoice and Israel be glad.

62. Third Day: Morning Prayer

Psalm 15 *Domine, quis habitabit?*
1. LORD, who may dwell in your tabernacle? * who may abide upon your holy hill?
2. Whoever leads a blameless life and does what is right, * who speaks the truth from his heart.
3. There is no guile upon his tongue; he does no evil to his friend; * he does not heap contempt upon his neighbor.
4. In his sight the wicked is rejected, * but he honors those who fear the LORD.
5. He has sworn to do no wrong * and does not take back his word.
6. He does not give his money in hope of gain, * nor does he take a bribe against the innocent.
7. Whoever does these things * shall never be overthrown.

Psalm 16 *Conserva me, Domine*
1. Protect me, O God, for I take refuge in you; * I have said to the LORD, "You are my Lord, my good above all other."
2. All my delight is upon the godly that are in the land, * upon those who are noble among the people.
3. But those who run after other gods * shall have their troubles multiplied.
4. Their libations of blood I will not offer, * nor take the names of their gods upon my lips.
5. O LORD, you are my portion and my cup; * it is you who uphold my lot.
6. My boundaries enclose a pleasant land; * indeed, I have a goodly heritage.
7. I will bless the LORD who gives me counsel; * my heart teaches me, night after night.
8. I have set the LORD always before me; * because he is at my right hand I shall not fall.
9. My heart, therefore, is glad, and my spirit rejoices; * my body also shall rest in hope.
10. For you will not abandon me to the grave, * nor let your holy one see the Pit.
11. You will show me the path of life; * in your presence there is fullness of joy, and in your right hand are pleasures for evermore.

Psalm 17 *Exaudi, Domine*
1. Hear my plea of innocence, O LORD; give heed to my cry; * listen to my prayer, which does not come from lying lips.
2. Let my vindication come forth from your presence; * let your eyes be fixed on justice.
3. Weigh my heart, summon me by night, * melt me down; you will find no impurity in me.
4. I give no offense with my mouth as others do; * I have heeded the words of your lips.
5. My footsteps hold fast to the ways of your law; * in your paths my feet shall not stumble.
6. I call upon you, O God, for you will answer me; * incline your ear to me and hear my words.
7. Show me your marvelous loving-kindness, * O Savior of those who take refuge at your right hand from those who rise up against them.
8. Keep me as the apple of your eye; * hide me under the shadow of your wings,
9. From the wicked who assault me, * from my deadly enemies who surround me.
10. They have closed their heart to pity, * and their mouth speaks proud things.
11. They press me hard, now they surround me, * watching how they may cast me to the ground,
12. Like a lion, greedy for its prey, * and like a young lion lurking in secret places.
13. Arise, O LORD; confront them and bring them down; * deliver me from the wicked by your sword.
14. Deliver me, O LORD, by your hand * from those whose portion in life is this world;
15. Whose bellies you fill with your treasure, * who are well supplied with children and leave their wealth to their little ones.
16. But at my vindication I shall see your face; * when I awake, I shall be satisfied, beholding your likeness.

63. Third Day: Evening Prayer

Psalm 18
Part I: Diligam te, Domine.
1. I love you, O LORD my strength, * O LORD my stronghold, my crag, and my haven.
2. My God, my rock in whom I put my trust, * my shield, the horn of my salvation, and my refuge; you are worthy of praise.
3. I will call upon the LORD, * and so shall I be saved from my enemies.
4. The breakers of death rolled over me, * and the torrents of oblivion made me afraid.
5. The cords of hell entangled me, * and the snares of death were set for me.
6. I called upon the LORD in my distress * and cried out to my God for help.
7. He heard my voice from his heavenly dwelling; * my cry of anguish came to his ears.
8. The earth reeled and rocked; * the roots of the mountains shook; they reeled because of his anger.

9. Smoke rose from his nostrils and a consuming fire out of his mouth; * hot burning coals blazed forth from him.
10. He parted the heavens and came down * with a storm cloud under his feet.
11. He mounted on cherubim and flew; * he swooped on the wings of the wind.
12. He wrapped darkness about him; * he made dark waters and thick clouds his pavilion.
13. From the brightness of his presence, through the clouds, * burst hailstones and coals of fire.
14. The LORD thundered out of heaven; * the Most High uttered his voice.
15. He loosed his arrows and scattered them; * he hurled thunderbolts and routed them.
16. The beds of the seas were uncovered,and the foundations of the world laid bare, * at your battle cry, O LORD, at the blast of the breath of your nostrils.
17. He reached down from on high and grasped me; * he drew me out of great waters.
18. He delivered me from my strong enemies and from those who hated me; * for they were too mighty for me.
19. They confronted me in the day of my disaster; * but the LORD was my support.
20. He brought me out into an open place; * he rescued me because he delighted in me.

Psalm 18: Part II: Et retribuet mihi
21. The LORD rewarded me because of my righteous dealing; * because my hands were clean he rewarded me;
22. For I have kept the ways of the LORD * and have not offended against my God;
23. For all his judgments are before my eyes, * and his decrees I have not put away from me;
24. For I have been blameless with him * and have kept myself from iniquity;
25. Therefore the LORD rewarded me according to my righteous dealing, * because of the cleanness of my hands in his sight.
26. With the faithful you show yourself faithful, O God; * with the forthright you show yourself forthright.
27. With the pure you show yourself pure, * but with the crooked you are wily.
28. You will save a lowly people, * but you will humble the haughty eyes.
29. You, O LORD, are my lamp; * my God, you make my darkness bright.
30. With you I will break down an enclosure; * with the help of my God I will scale any wall.
31. As for God, his ways are perfect; the words of the LORD are tried in the fire; * he is a shield to all who trust in him.
32. For who is God, but the LORD? * who is the Rock, except our God?
33. It is God who girds me about with strength * and makes my way secure.
34. He makes me sure-footed like a deer * and lets me stand firm on the heights.
35. He trains my hands for battle * and my arms for bending even a bow of bronze.
36. You have given me your shield of victory; * your right hand also sustains me; your loving care makes me great.
37. You lengthen my stride beneath me, * and my ankles do not give way.

38. I pursue my enemies and overtake them; * I will not turn back till I have destroyed them.
39. I strike them down, and they cannot rise; * they fall defeated at my feet.
40. You have girded me with strength for the battle; * you have cast down my adversaries beneath me; you have put my enemies to flight.
41. I destroy those who hate me; they cry out, but there is none to help them; * they cry to the LORD, but he does not answer.
42. I beat them small like dust before the wind; * I trample them like mud in the streets.
43. You deliver me from the strife of the peoples; * you put me at the head of the nations.
44. A people I have not known shall serve me; no sooner shall they hear than they shall obey me; * strangers will cringe before me.
45. The foreign peoples will lose heart; * they shall come trembling out of their strongholds.
46. The LORD lives! Blessed is my Rock! * Exalted is the God of my salvation!
47. He is the God who gave me victory * and cast down the peoples beneath me.
48. You rescued me from the fury of my enemies; you exalted me above those who rose against me; * you saved me from my deadly foe.
49. Therefore will I extol you among the nations, O LORD, * and sing praises to your Name.
50. He multiplies the victories of his king; * he shows loving-kindness to his anointed, to David and his descendants for ever.

64. Fourth Day: Morning Prayer

Psalm 19 *Caeli enarrant*

1. The heavens declare the glory of God, * and the firmament shows his handiwork.
2. One day tells its tale to another, * and one night imparts knowledge to another.
3. Although they have no words or language, * and their voices are not heard,
4. Their sound has gone out into all lands, * and their message to the ends of the world.
5. In the deep has he set a pavilion for the sun; * it comes forth like a bridegroom out of his chamber; it rejoices like a champion to run its course.
6. It goes forth from the uttermost edge of the heavens and runs about to the end of it again; * nothing is hidden from its burning heat.
7. The law of the LORD is perfect and revives the soul; * the testimony of the LORD is sure and gives wisdom to the innocent.
8. The statutes of the LORD are just and rejoice the heart; * the commandment of the LORD is clear and gives light to the eyes.
9. The fear of the LORD is clean and endures for ever; * the judgments of the LORD are true and righteous altogether.
10. More to be desired are they than gold, more than much fine gold, * sweeter far than honey, than honey in the comb.
11. By them also is your servant enlightened, * and in keeping them there is great reward.
12. Who can tell how often he offends? * cleanse me from my secret faults.

13. Above all, keep your servant from presumptuous sins; let them not get dominion over me; * then shall I be whole and sound, and innocent of a great offense.
14. Let the words of my mouth and the meditation of my heart be acceptable in your sight, * O LORD, my strength and my redeemer.

Psalm 20 *Exaudiat te Dominus*
1. May the LORD answer you in the day of trouble, * the Name of the God of Jacob defend you;
2. Send you help from his holy place * and strengthen you out of Zion;
3. Remember all your offerings * and accept your burnt sacrifice;
4. Grant you your heart's desire * and prosper all your plans.
5. We will shout for joy at your victory and triumph in the Name of our God; * may the LORD grant all your requests.
6. Now I know that the LORD gives victory to his anointed; * he will answer him out of his holy heaven, with the victorious strength of his right hand.
7. Some put their trust in chariots and some in horses, * but we will call upon the Name of the LORD our God.
8. They collapse and fall down, * but we will arise and stand upright.
9. O LORD, give victory to the king * and answer us when we call.

Psalm 21 *Domine, in virtute tua*
1. The king rejoices in your strength, O LORD; * how greatly he exults in your victory!
2. You have given him his heart's desire; * you have not denied him the request of his lips.
3. For you meet him with blessings of prosperity, * and set a crown of fine gold upon his head.
4. He asked you for life, and you gave it to him: * length of days, for ever and ever.
5. His honor is great, because of your victory; * splendor and majesty have you bestowed upon him.
6. For you will give him everlasting felicity * and will make him glad with the joy of your presence.
7. For the king puts his trust in the LORD; * because of the loving-kindness of the Most High, he will not fall.
8. Your hand will lay hold upon all your enemies; * your right hand will seize all those who hate you.
9. You will make them like a fiery furnace * at the time of your appearing, O LORD;
10. You will swallow them up in your wrath, * and fire shall consume them.
11. You will destroy their offspring from the land * and their descendants from among the peoples of the earth.
12. Though they intend evil against you and devise wicked schemes, * yet they shall not prevail.
13. For you will put them to flight * and aim your arrows at them.
14. Be exalted, O LORD, in your might; * we will sing and praise your power.

65. Fourth Day: Evening Prayer

Psalm 22 *Deus, Deus meus*

1. My God, my God, why have you forsaken me? * and are so far from my cry and from the words of my distress?
2. O my God, I cry in the daytime, but you do not answer; * by night as well, but I find no rest.
3. Yet you are the Holy One, * enthroned upon the praises of Israel.
4. Our forefathers put their trust in you; * they trusted, and you delivered them.
5. They cried out to you and were delivered; * they trusted in you and were not put to shame.
6. But as for me, I am a worm and no man, * scorned by all and despised by the people.
7. All who see me laugh me to scorn; * they curl their lips and wag their heads, saying,
8. "He trusted in the LORD; let him deliver him; * let him rescue him, if he delights in him."
9. Yet you are he who took me out of the womb, * and kept me safe upon my mother's breast.
10. I have been entrusted to you ever since I was born; * you were my God when I was still in my mother's womb.
11. Be not far from me, for trouble is near, * and there is none to help.
12. Many young bulls encircle me; * strong bulls of Bashan surround me.
13. They open wide their jaws at me, * like a ravening and a roaring lion.
14. I am poured out like water; all my bones are out of joint; * my heart within my breast is melting wax.
15. My mouth is dried out like a pot-sherd; my tongue sticks to the roof of my mouth; * and you have laid me in the dust of the grave.
16. Packs of dogs close me in, and gangs of evildoers circle around me; * they pierce my hands and my feet; I can count all my bones.
17. They stare and gloat over me; * they divide my garments among them; they cast lots for my clothing.
18. Be not far away, O LORD; * you are my strength; hasten to help me.
19. Save me from the sword, * my life from the power of the dog.
20. Save me from the lion's mouth, * my wretched body from the horns of wild bulls.
21. I will declare your Name to my brethren; * in the midst of the congregation I will praise you.
22. Praise the LORD, you that fear him; * stand in awe of him, O offspring of Israel; all you of Jacob's line, give glory.
23. For he does not despise nor abhor the poor in their poverty; neither does he hide his face from them; * but when they cry to him he hears them.
24. My praise is of him in the great assembly; * I will perform my vows in the presence of those who worship him.
25. The poor shall eat and be satisfied, and those who seek the LORD shall praise him: * "May your heart live for ever!"
26. All the ends of the earth shall remember and turn to the LORD, * and all the families of the nations bow before him.

27. For kingship belongs to the LORD; * he rules over the nations.
28. To him alone all who sleep in the earth bow down in worship; * all who go down to the dust fall before him.
29. My soul shall live for him; my descendants shall serve him; * they shall be known as the LORD'S for ever.
30. They shall come and make known to a people yet unborn * the saving deeds that he has done.

Psalm 23 *Dominus regit me*
1. The LORD is my shepherd; * I shall not be in want.
2. He makes me lie down in green pastures * and leads me beside still waters.
3. He revives my soul * and guides me along right pathways for his Name's sake.
4. Though I walk through the valley of the shadow of death, I shall fear no evil; * for you are with me; your rod and your staff, they comfort me.
5. You spread a table before me in the presence of those who trouble me; * you have anointed my head with oil, and my cup is running over.
6. Surely your goodness and mercy shall follow me all the days of my life, * and I will dwell in the house of the LORD for ever.

66. Fifth Day: Morning Prayer

Psalm 24 *Domini est terra*
1. The earth is the LORD'S and all that is in it, * the world and all who dwell therein.
2. For it is he who founded it upon the seas * and made it firm upon the rivers of the deep.
3. "Who can ascend the hill of the LORD? * and who can stand in his holy place?"
4. "Those who have clean hands and a pure heart, * who have not pledged themselves to falsehood, nor sworn by what is a fraud.
5. They shall receive a blessing from the LORD * and a just reward from the God of their salvation."
6. Such is the generation of those who seek him, * of those who seek your face, O God of Jacob.
7. Lift up your heads, O gates; lift them high, O everlasting doors; * and the King of glory shall come in.
8. "Who is this King of glory?" * "The LORD, strong and mighty, the LORD, mighty in battle."
9. Lift up your heads, O gates; lift them high, O everlasting doors; * and the King of glory shall come in.
10. "Who is he, this King of glory?" * "The LORD of hosts, he is the King of glory."

Psalm 25 *Ad te, Domine, levavi*
1. To you, O LORD, I lift up my soul; my God, I put my trust in you; * let me not be humiliated, nor let my enemies triumph over me.
2. Let none who look to you be put to shame; * let the treacherous be disappointed in their schemes.
3. Show me your ways, O LORD, * and teach me your paths.

4. Lead me in your truth and teach me, * for you are the God of my salvation; in you have I trusted all the day long.
5. Remember, O LORD, your compassion and love, * for they are from everlasting.
6. Remember not the sins of my youth and my transgressions; * remember me according to your love and for the sake of your goodness, O LORD.
7. Gracious and upright is the LORD; * therefore he teaches sinners in his way.
8. He guides the humble in doing right * and teaches his way to the lowly.
9. All the paths of the LORD are love and faithfulness * to those who keep his covenant and his testimonies.
10. For your Name's sake, O LORD, * forgive my sin, for it is great.
11. Who are they who fear the LORD? * he will teach them the way that they should choose.
12. They shall dwell in prosperity, * and their offspring shall inherit the land.
13. The LORD is a friend to those who fear him * and will show them his covenant.
14. My eyes are ever looking to the LORD, * for he shall pluck my feet out of the net.
15. Turn to me and have pity on me, * for I am left alone and in misery.
16. The sorrows of my heart have increased; * bring me out of my troubles.
17. Look upon my adversity and misery * and forgive me all my sin.
18. Look upon my enemies, for they are many, * and they bear a violent hatred against me.
19. Protect my life and deliver me; * let me not be put to shame, for I have trusted in you.
20. Let integrity and uprightness preserve me, * for my hope has been in you.
21. Deliver Israel, O God, * out of all his troubles.

Psalm 26 *Judica me, Domine*
1. Give judgment for me, O LORD, for I have lived with integrity; * I have trusted in the Lord and have not faltered.
2. Test me, O LORD, and try me; * examine my heart and my mind.
3. For your love is before my eyes; * I have walked faithfully with you.
4. I have not sat with the worthless, * nor do I consort with the deceitful.
5. I have hated the company of evildoers; * I will not sit down with the wicked.
6. I will wash my hands in innocence, O LORD, * that I may go in procession round your altar,
7. Singing aloud a song of thanksgiving * and recounting all your wonderful deeds.
8. LORD, I love the house in which you dwell * and the place where your glory abides.
9. Do not sweep me away with sinners, * nor my life with those who thirst for blood,
10. Whose hands are full of evil plots, * and their right hand full of bribes.
11. As for me, I will live with integrity; * redeem me, O LORD, and have pity on me.
12. My foot stands on level ground; * in the full assembly I will bless the LORD.

67. Fifth Day: Evening Prayer

Psalm 27 *Dominus illuminatio*

1. The LORD is my light and my salvation; whom then shall I fear? * the LORD is the strength of my life; of whom then shall I be afraid?
2. When evildoers came upon me to eat up my flesh, * it was they, my foes and my adversaries, who stumbled and fell.
3. Though an army should encamp against me, * yet my heart shall not be afraid;
4. And though war should rise up against me, * yet will I put my trust in him.
5. One thing have I asked of the LORD; one thing I seek; * that I may dwell in the house of the LORD all the days of my life;
6. To behold the fair beauty of the LORD * and to seek him in his temple.
7. For in the day of trouble he shall keep me safe in his shelter; * he shall hide me in the secrecy of his dwelling and set me high upon a rock.
8. Even now he lifts up my head * above my enemies round about me.
9. Therefore I will offer in his dwelling an oblation with sounds of great gladness; * I will sing and make music to the LORD.
10. Hearken to my voice, O LORD, when I call; have mercy on me and answer me.
11. You speak in my heart and say, "Seek my face." * Your face, LORD, will I seek.
12. Hide not your face from me, * nor turn away your servant in displeasure.
13. You have been my helper; cast me not away; * do not forsake me, O God of my salvation.
14. Though my father and my mother forsake me, * the LORD will sustain me.
15. Show me your way, O LORD; * lead me on a level path, because of my enemies.
16. Deliver me not into the hand of my adversaries, * for false witnesses have risen up against me, and also those who speak malice.
17. What if I had not believed that I should see the goodness of the LORD * in the land of the living!
18. O tarry and await the LORD'S pleasure; be strong, and he shall comfort your heart; * wait patiently for the LORD.

Psalm 28 *Ad te, Domine*

1. O LORD, I call to you; my Rock, do not be deaf to my cry; * lest, if you do not hear me, I become like those who go down to the Pit.
2. Hear the voice of my prayer when I cry out to you, * when I lift up my hands to your holy of holies.
3. Do not snatch me away with the wicked or with the evildoers, * who speak peaceably with their neighbors, while strife is in their hearts.
4. Repay them according to their deeds, * and according to the wickedness of their actions.
5. According to the work of their hands repay them, * and give them their just deserts.
6. They have no understanding of the LORD'S doings, nor of the works of his hands; * therefore he will break them down and not build them up.
7. Blessed is the LORD! * for he has heard the voice of my prayer.

8. The LORD is my strength and my shield; * my heart trusts in him, and I have been helped;
9. Therefore my heart dances for joy, * and in my song will I praise him.
10. The LORD is the strength of his people, * a safe refuge for his anointed.
11. Save your people and bless your inheritance; * shepherd them and carry them for ever.

Psalm 29 *Afferte Domino*
1. Ascribe to the LORD, you gods, * ascribe to the LORD glory and strength.
2. Ascribe to the LORD the glory due his Name; * worship the LORD in the beauty of holiness.
3. The voice of the LORD is upon the waters; the God of glory thunders; * the LORD is upon the mighty waters.
4. The voice of the LORD is a powerful voice; * the voice of the LORD is a voice of splendor.
5. The voice of the LORD breaks the cedar trees; * the LORD breaks the cedars of Lebanon;
6. He makes Lebanon skip like a calf, * and Mount Hermon like a young wild ox.
7. The voice of the LORD splits the flames of fire; the voice of the LORD shakes the wilderness; * the LORD shakes the wilderness of Kadesh.
8. The voice of the LORD makes the oak trees writhe * and strips the forests bare.
9. And in the temple of the LORD * all are crying, "Glory!"
10. The LORD sits enthroned above the flood; * the LORD sits enthroned as King for evermore.
11. The LORD shall give strength to his people; * the LORD shall give his people the blessing of peace.

68. Sixth Day: Morning Prayer

Psalm 30 *Exaltabo te, Domine*
1. I will exalt you, O LORD, because you have lifted me up * and have not let my enemies triumph over me.
2. O LORD my God, I cried out to you, * and you restored me to health.
3. You brought me up, O LORD, from the dead; * you restored my life as I was going down to the grave.
4. Sing to the LORD, you servants of his; * give thanks for the remembrance of his holiness.
5. For his wrath endures but the twinkling of an eye, * his favor for a lifetime.
6. Weeping may spend the night, * but joy comes in the morning.
7. While I felt secure, I said, "I shall never be disturbed. * You, LORD, with your favor, made me as strong as the mountains."
8. Then you hid your face, * and I was filled with fear.
9. I cried to you, O LORD; * I pleaded with the Lord, saying,
10. "What profit is there in my blood, if I go down to the Pit? * will the dust praise you or declare your faithfulness?
11. Hear, O LORD, and have mercy upon me; * O LORD, be my helper."
12. You have turned my wailing into dancing; * you have put off my sack-cloth and clothed me with joy.

13. Therefore my heart sings to you without ceasing; * O LORD my God, I will give you thanks for ever.

Psalm 31 *In te, Domine, speravi*
1. In you, O LORD, have I taken refuge; let me never be put to shame; * deliver me in your righteousness.
2. Incline your ear to me; * make haste to deliver me.
3. Be my strong rock, a castle to keep me safe, for you are my crag and my stronghold; * for the sake of your Name, lead me and guide me.
4. Take me out of the net that they have secretly set for me, * for you are my tower of strength.
5. Into your hands I commend my spirit, * for you have redeemed me, O LORD, O God of truth.
6. I hate those who cling to worthless idols, * and I put my trust in the LORD.
7. I will rejoice and be glad because of your mercy; * for you have seen my affliction; you know my distress.
8. You have not shut me up in the power of the enemy; * you have set my feet in an open place.
9. Have mercy on me, O LORD, for I am in trouble; * my eye is consumed with sorrow, and also my throat and my belly.
10. For my life is wasted with grief, and my years with sighing; * my strength fails me because of affliction, and my bones are consumed.
11. I have become a reproach to all my enemies and even to my neighbors, a dismay to those of my acquaintance; * when they see me in the street they avoid me.
12. I am forgotten like a dead man, out of mind; * I am as useless as a broken pot.
13. For I have heard the whispering of the crowd; fear is all around; * they put their heads together against me; they plot to take my life.
14. But as for me, I have trusted in you, O LORD. * I have said, "You are my God.
15. My times are in your hand; * rescue me from the hand of my enemies, and from those who persecute me.
16. Make your face to shine upon your servant, * and in your loving-kindness save me."
17. LORD, let me not be ashamed for having called upon you; * rather, let the wicked be put to shame; let them be silent in the grave.
18. Let the lying lips be silenced which speak against the righteous, * haughtily, disdainfully, and with contempt.
19. How great is your goodness, O LORD! which you have laid up for those who fear you; * which you have done in the sight of all for those who put their trust in you.
20. You hide them in the covert of your presence from those who slander them; * you keep them in your shelter from the strife of tongues.
21. Blessed be the LORD! * for he has shown me the wonders of his love in a besieged city.
22. Yet I said in my alarm, "I have been cut off from the sight of your eyes." * Nevertheless, you heard the sound of my entreaty when I cried out to you.
23. Love the LORD, all you who worship him; * the LORD protects the faithful, but repays to the full those who act haughtily.

24. Be strong and let your heart take courage, * all you who wait for the LORD.

69. Sixth Day: Evening Prayer

Psalm 32 *Beati quorum*

1. Happy are they whose transgressions are forgiven, * and whose sin is put away!
2. Happy are they to whom the LORD imputes no guilt, * and in whose spirit there is no guile!
3. While I held my tongue, my bones withered away, * because of my groaning all day long.
4. For your hand was heavy upon me day and night; * my moisture was dried up as in the heat of summer.
5. Then I acknowledged my sin to you, * and did not conceal my guilt.
6. I said, "I will confess my transgressions to the LORD." * Then you forgave me the guilt of my sin.
7. Therefore all the faithful will make their prayers to you in time of trouble; * when the great waters overflow, they shall not reach them.
8. You are my hiding-place; you preserve me from trouble; * you surround me with shouts of deliverance.
9. "I will instruct you and teach you in the way that you should go; * I will guide you with my eye.
10. Do not be like horse or mule, which have no understanding; * who must be fitted with bit and bridle, or else they will not stay near you."
11. Great are the tribulations of the wicked; * but mercy embraces those who trust in the LORD.
12. Be glad, you righteous, and rejoice in the LORD; * shout for joy, all who are true of heart.

Psalm 33 *Exultate, justi*

1. Rejoice in the LORD, you righteous; * it is good for the just to sing praises.
2. Praise the LORD with the harp; * play to him upon the psaltery and lyre.
3. Sing for him a new song; * sound a fanfare with all your skill upon the trumpet.
4. For the word of the LORD is right, * and all his works are sure.
5. He loves righteousness and justice; * the loving-kindness of the LORD fills the whole earth.
6. By the word of the LORD were the heavens made, * by the breath of his mouth all the heavenly hosts.
7. He gathers up the waters of the ocean as in a water-skin * and stores up the depths of the sea.
8. Let all the earth fear the LORD; * let all who dwell in the world stand in awe of him.
9. For he spoke, and it came to pass; * he commanded, and it stood fast.
10. The LORD brings the will of the nations to naught; * he thwarts the designs of the peoples.
11. But the LORD'S will stands fast for ever, * and the designs of his heart from age to age.
12. Happy is the nation whose God is the LORD! * happy the people he has chosen to be his own!

13. The LORD looks down from heaven, * and beholds all the people in the world.
14. From where he sits enthroned he turns his gaze * on all who dwell on the earth.
15. He fashions all the hearts of them * and understands all their works.
16. There is no king that can be saved by a mighty army; * a strong man is not delivered by his great strength.
17. The horse is a vain hope for deliverance; * for all its strength it cannot save.
18. Behold, the eye of the LORD is upon those who fear him, * on those who wait upon his love,
19. To pluck their lives from death, * and to feed them in time of famine.
20. Our soul waits for the LORD; * he is our help and our shield.
21. Indeed, our heart rejoices in him, * for in his holy Name we put our trust.
22. Let your loving-kindness, O LORD, be upon us, * as we have put our trust in you.

Psalm 34 *Benedicam Domino*
1. I will bless the LORD at all times; * his praise shall ever be in my mouth.
2. I will glory in the LORD; * let the humble hear and rejoice.
3. Proclaim with me the greatness of the LORD; * let us exalt his Name together.
4. I sought the LORD, and he answered me * and delivered me out of all my terror.
5. Look upon him and be radiant, * and let not your faces be ashamed.
6. I called in my affliction and the LORD heard me * and saved me from all my troubles.
7. The angel of the LORD encompasses those who fear him, * and he will deliver them.
8. Taste and see that the LORD is good; * happy are they who trust in him!
9. Fear the LORD, you that are his saints, * for those who fear him lack nothing.
10. The young lions lack and suffer hunger, * but those who seek the LORD lack nothing that is good.
11. Come, children, and listen to me; * I will teach you the fear of the LORD.
12. Who among you loves life * and desires long life to enjoy prosperity?
13. Keep your tongue from evil-speaking * and your lips from lying words.
14. Turn from evil and do good; * seek peace and pursue it.
15. The eyes of the LORD are upon the righteous, * and his ears are open to their cry.
16. The face of the LORD is against those who do evil, * to root out the remembrance of them from the earth.
17. The righteous cry, and the LORD hears them * and delivers them from all their troubles.
18. The LORD is near to the brokenhearted * and will save those whose spirits are crushed.
19. Many are the troubles of the righteous, * but the LORD will deliver him out of them all.
20. He will keep safe all his bones; * not one of them shall be broken.
21. Evil shall slay the wicked, * and those who hate the righteous will be punished.
22. The LORD ransoms the life of his servants, * and none will be punished who trust in him.

70. Seventh Day: Morning Prayer

Psalm 35 *Judica, Domine*

1. Fight those who fight me, O LORD; * attack those who are attacking me.
2. Take up shield and armor * and rise up to help me.
3. Draw the sword and bar the way against those who pursue me; * say to my soul, "I am your salvation."
4. Let those who seek after my life be shamed and humbled; * let those who plot my ruin fall back and be dismayed.
5. Let them be like chaff before the wind, * and let the angel of the LORD drive them away.
6. Let their way be dark and slippery, * and let the angel of the LORD pursue them.
7. For they have secretly spread a net for me without a cause; * without a cause they have dug a pit to take me alive.
8. Let ruin come upon them unawares; * let them be caught in the net they hid; let them fall into the pit they dug.
9. Then I will be joyful in the LORD; * I will glory in his victory.
10. My very bones will say, "LORD, who is like you? * You deliver the poor from those who are too strong for them, the poor and needy from those who rob them."
11. Malicious witnesses rise up against me; * they charge me with matters I know nothing about.
12. They pay me evil in exchange for good; * my soul is full of despair.
13. But when they were sick I dressed in sack-cloth * and humbled myself by fasting.
14. I prayed with my whole heart, as one would for a friend or a brother; * I behaved like one who mourns for his mother, bowed down and grieving.
15. But when I stumbled, they were glad and gathered together; they gathered against me; * strangers whom I did not know tore me to pieces and would not stop.
16. They put me to the test and mocked me; * they gnashed at me with their teeth.
17. O Lord, how long will you look on? * rescue me from the roaring beasts, and my life from the young lions.
18. I will give you thanks in the great congregation; * I will praise you in the mighty throng.
19. Do not let my treacherous foes rejoice over me, * nor let those who hate me without a cause wink at each other.
20. For they do not plan for peace, * but invent deceitful schemes against the quiet in the land.
21. They opened their mouths at me and said, * "Aha! we saw it with our own eyes."
22. You saw it, O LORD; do not be silent; * O Lord, be not far from me.
23. Awake, arise, to my cause! * to my defense, my God and my Lord!
24. Give me justice, O LORD my God, according to your righteousness; * do not let them triumph over me.
25. Do not let them say in their hearts, "Aha! just what we want!" * Do not let them say, "We have swallowed him up."
26. Let all who rejoice at my ruin be ashamed and disgraced; * let those who boast against me be clothed with dismay and shame.

27. Let those who favor my cause sing out with joy and be glad; * let them say always, "Great is the LORD, who desires the prosperity of his servant."
28. And my tongue shall be talking of your righteousness * and of your praise all the day long.

Psalm 36 *Dixit injustus*
1. There is a voice of rebellion deep in the heart of the wicked; * there is no fear of God before his eyes.
2. He flatters himself in his own eyes * that his hateful sin will not be found out.
3. The words of his mouth are wicked and deceitful; * he has left off acting wisely and doing good.
4. He thinks up wickedness upon his bed and has set himself in no good way; * he does not abhor that which is evil.
5. Your love, O LORD, reaches to the heavens, * and your faithfulness to the clouds.
6. Your righteousness is like the strong mountains, your justice like the great deep; * you save both man and beast, O LORD.
7. How priceless is your love, O God! * your people take refuge under the shadow of your wings.
8. They feast upon the abundance of your house; * you give them drink from the river of your delights.
9. For with you is the well of life, * and in your light we see light.
10. Continue your loving-kindness to those who know you, * and your favor to those who are true of heart.
11. Let not the foot of the proud come near me, * nor the hand of the wicked push me aside.
12. See how they are fallen, those who work wickedness! * they are cast down and shall not be able to rise.

71. Seventh Day: Evening Prayer

Psalm 37
Part I: Noli aemulari
1. Do not fret yourself because of evildoers; * do not be jealous of those who do wrong.
2. For they shall soon wither like the grass, * and like the green grass fade away.
3. Put your trust in the LORD and do good; * dwell in the land and feed on its riches.
4. Take delight in the LORD, * and he shall give you your heart's desire.
5. Commit your way to the LORD and put your trust in him, * and he will bring it to pass.
6. He will make your righteousness as clear as the light * and your just dealing as the noonday.
7. Be still before the LORD * and wait patiently for him.
8. Do not fret yourself over the one who prospers, * the one who succeeds in evil schemes.
9. Refrain from anger, leave rage alone; * do not fret yourself; it leads only to evil.

10. For evildoers shall be cut off, * but those who wait upon the LORD shall possess the land.
11. In a little while the wicked shall be no more; * you shall search out their place, but they will not be there.
12. But the lowly shall possess the land; * they will delight in abundance of peace.
13. The wicked plot against the righteous * and gnash at them with their teeth.
14. The Lord laughs at the wicked, * because he sees that their day will come.
15. The wicked draw their sword and bend their bow to strike down the poor and needy, * to slaughter those who are upright in their ways.
16. Their sword shall go through their own heart, * and their bow shall be broken.
17. The little that the righteous has * is better than great riches of the wicked.
18. For the power of the wicked shall be broken, * but the LORD upholds the righteous.

Psalm 37: Part II: Novit Dominus
19. The LORD cares for the lives of the godly, * and their inheritance shall last for ever.
20. They shall not be ashamed in bad times, * and in days of famine they shall have enough.
21. As for the wicked, they shall perish, * and the enemies of the LORD, like the glory of the meadows, shall vanish; they shall vanish like smoke.
22. The wicked borrow and do not repay, * but the righteous are generous in giving.
23. Those who are blessed by God shall possess the land, * but those who are cursed by him shall be destroyed.
24. Our steps are directed by the LORD; * he strengthens those in whose way he delights.
25. If they stumble, they shall not fall headlong, * for the LORD holds them by the hand.
26. I have been young and now I am old, * but never have I seen the righteous forsaken, or their children begging bread.
27. The righteous are always generous in their lending, * and their children shall be a blessing.
28. Turn from evil, and do good, * and dwell in the land for ever.
29. For the LORD loves justice; * he does not forsake his faithful ones.
30. They shall be kept safe for ever, * but the offspring of the wicked shall be destroyed.
31. The righteous shall possess the land * and dwell in it for ever.
32. The mouth of the righteous utters wisdom, * and their tongue speaks what is right.
33. The law of their God is in their heart, * and their footsteps shall not falter.
34. The wicked spy on the righteous * and seek occasion to kill them.
35. The LORD will not abandon them to their hand, * nor let them be found guilty when brought to trial.
36. Wait upon the LORD and keep his way; * he will raise you up to possess the land, and when the wicked are cut off, you will see it.
37. I have seen the wicked in their arrogance, * flourishing like a tree in full leaf.

38. I went by, and behold, they were not there; * I searched for them, but they could not be found.
39. Mark those who are honest; observe the upright; * for there is a future for the peaceable.
40. Transgressors shall be destroyed, one and all; * the future of the wicked is cut off.
41. But the deliverance of the righteous comes from the LORD; * he is their stronghold in time of trouble.
42. The LORD will help them and rescue them; * he will rescue them from the wicked and deliver them, because they seek refuge in him.

72. Eighth Day: Morning Prayer

Psalm 38 *Domine, ne in furore*

1. O LORD, do not rebuke me in your anger; * do not punish me in your wrath.
2. For your arrows have already pierced me, * and your hand presses hard upon me.
3. There is no health in my flesh, because of your indignation; * there is no soundness in my body, because of my sin.
4. For my iniquities overwhelm me; * like a heavy burden they are too much for me to bear.
5. My wounds stink and fester * by reason of my foolishness.
6. I am utterly bowed down and prostrate; * I go about in mourning all the day long.
7. My loins are filled with searing pain; * there is no health in my body.
8. I am utterly numb and crushed; * I wail, because of the groaning of my heart.
9. O Lord, you know all my desires, * and my sighing is not hidden from you.
10. My heart is pounding, my strength has failed me, * and the brightness of my eyes is gone from me.
11. My friends and companions draw back from my affliction; * my neighbors stand afar off.
12. Those who seek after my life lay snares for me; * those who strive to hurt me speak of my ruin and plot treachery all the day long.
13. But I am like the deaf who do not hear, * like those who are mute and who do not open their mouth.
14. I have become like one who does not hear * and from whose mouth comes no defense.
15. For in you, O LORD, have I fixed my hope; * you will answer me, O Lord my God.
16. For I said, "Do not let them rejoice at my expense, * those who gloat over me when my foot slips."
17. Truly, I am on the verge of falling, * and my pain is always with me.
18. I will confess my iniquity * and be sorry for my sin.
19. Those who are my enemies without cause are mighty, * and many in number are those who wrongfully hate me.
20. Those who repay evil for good slander me, * because I follow the course that is right.
21. O LORD, do not forsake me; * be not far from me, O my God.

22. Make haste to help me, * O Lord of my salvation.

Psalm 39 *Dixi, Custodiam*
1. I said, "I will keep watch upon my ways, * so that I do not offend with my tongue.
2. I will put a muzzle on my mouth * while the wicked are in my presence."
3. So I held my tongue and said nothing; * I refrained from rash words; but my pain became unbearable.
4. My heart was hot within me; while I pondered, the fire burst into flame; * I spoke out with my tongue:
5. LORD, let me know my end and the number of my days, * so that I may know how short my life is.
6. You have given me a mere handful of days, and my lifetime is as nothing in your sight; * truly, even those who stand erect are but a puff of wind.
7. We walk about like a shadow, and in vain we are in turmoil; * we heap up riches and cannot tell who will gather them.
8. And now, what is my hope? * O Lord, my hope is in you.
9. Deliver me from all my transgressions * and do not make me the taunt of the fool.
10. I fell silent and did not open my mouth, * for surely it was you that did it.
11. Take your affliction from me; * I am worn down by the blows of your hand.
12. With rebukes for sin you punish us; like a moth you eat away all that is dear to us; * truly, everyone is but a puff of wind.
13. Hear my prayer, O LORD, and give ear to my cry; * hold not your peace at my tears.
14. For I am but a sojourner with you, * a wayfarer, as all my forebears were.
15. Turn your gaze from me, that I may be glad again, * before I go my way and am no more.

Psalm 40 *Expectans, expectavi*
1. I waited patiently upon the LORD; * he stooped to me and heard my cry.
2. He lifted me out of the desolate pit, out of the mire and clay; * he set my feet upon a high cliff and made my footing sure.
3. He put a new song in my mouth, a song of praise to our God; * many shall see, and stand in awe, and put their trust in the LORD.
4. Happy are they who trust in the LORD! * they do not resort to evil spirits or turn to false gods.
5. Great things are they that you have done, O LORD my God! how great your wonders and your plans for us! * there is none who can be compared with you.
6. Oh, that I could make them known and tell them! * but they are more than I can count.
7. In sacrifice and offering you take no pleasure * (you have given me ears to hear you);
8. Burnt-offering and sin-offering you have not required, * and so I said, "Behold, I come.
9. In the roll of the book it is written concerning me: * 'I love to do your will, O my God; your law is deep in my heart.'"

10. I proclaimed righteousness in the great congregation; * behold, I did not restrain my lips; and that, O LORD, you know.
11. Your righteousness have I not hidden in my heart; I have spoken of your faithfulness and your deliverance; * I have not concealed your love and faithfulness from the great congregation.
12. You are the LORD; do not withhold your compassion from me; * let your love and your faithfulness keep me safe for ever,
13. For innumerable troubles have crowded upon me; my sins have overtaken me, and I cannot see; * they are more in number than the hairs of my head, and my heart fails me.
14. Be pleased, O LORD, to deliver me; * O LORD, make haste to help me.
15. Let them be ashamed and altogether dismayed who seek after my life to destroy it; * let them draw back and be disgraced who take pleasure in my misfortune.
16. Let those who say "Aha!" and gloat over me be confounded, * because they are ashamed.
17. Let all who seek you rejoice in you and be glad; * let those who love your salvation continually say, "Great is the LORD!"
18. Though I am poor and afflicted, * the Lord will have regard for me.
19. You are my helper and my deliverer; * do not tarry, O my God.

73. Eighth Day: Evening Prayer

Psalm 41 *Beatus qui intelligit*
1. Happy are they who consider the poor and needy! * the LORD will deliver them in the time of trouble.
2. The LORD preserves them and keeps them alive, so that they may be happy in the land; * he does not hand them over to the will of their enemies.
3. The LORD sustains them on their sickbed * and ministers to them in their illness.
4. I said, "LORD, be merciful to me; * heal me, for I have sinned against you."
5. My enemies are saying wicked things about me: * "When will he die, and his name perish?"
6. Even if they come to see me, they speak empty words; * their heart collects false rumors; they go outside and spread them.
7. All my enemies whisper together about me * and devise evil against me.
8. "A deadly thing," they say, "has fastened on him; * he has taken to his bed and will never get up again."
9. Even my best friend, whom I trusted, who broke bread with me, * has lifted up his heel and turned against me.
10. But you, O LORD, be merciful to me and raise me up, * and I shall repay them.
11. By this I know you are pleased with me, * that my enemy does not triumph over me.
12. In my integrity you hold me fast, * and shall set me before your face for ever.
13. Blessed be the LORD God of Israel, * from age to age. Amen. Amen.

Psalm 42 *Quemadmodum*
1. As the deer longs for the water-brooks, * so longs my soul for you, O God.

2. My soul is athirst for God, athirst for the living God; * when shall I come to appear before the presence of God?
3. My tears have been my food day and night, * while all day long they say to me, "Where now is your God?"
4. I pour out my soul when I think on these things; * how I went with the multitude and led them into the house of God,
5. With the voice of praise and thanksgiving, * among those who keep holy-day.
6. Why are you so full of heaviness, O my soul? * and why are you so disquieted within me?
7. Put your trust in God; * for I will yet give thanks to him, who is the help of my countenance, and my God.
8. My soul is heavy within me; * therefore I will remember you from the land of Jordan, and from the peak of Mizar among the heights of Hermon.
9. One deep calls to another in the noise of your cataracts; * all your rapids and floods have gone over me.
10. The LORD grants his loving-kindness in the daytime; * in the night season his song is with me, a prayer to the God of my life.
11. I will say to the God of my strength, "Why have you forgotten me? * and why do I go so heavily while the enemy oppresses me?"
12. While my bones are being broken, * my enemies mock me to my face;
13. All day long they mock me * and say to me, "Where now is your God?"
14. Why are you so full of heaviness, O my soul? * and why are you so disquieted within me?
15. Put your trust in God; * for I will yet give thanks to him, who is the help of my countenance, and my God.

Psalm 43 *Judica me, Deus*
1. Give judgment for me, O God, and defend my cause against an ungodly people; * deliver me from the deceitful and the wicked.
2. For you are the God of my strength; why have you put me from you? * and why do I go so heavily while the enemy oppresses me?
3. Send out your light and your truth, that they may lead me, * and bring me to your holy hill and to your dwelling;
4. And I will go unto the altar of God, to God who gives joy to my youth; * and on the harp I will give thanks to you, O God my God.
5. Why are you so full of heaviness, O my soul? * and why are you so disquieted within me?
6. Put your trust in God; * for I will yet give thanks to him, who is the help of my countenance, and my God.

74. Ninth Day: Morning Prayer

Psalm 44 *Deus, auribus*
1. We have heard with our ears, O God, our forefathers have told us, * the deeds you did in their days, in the days of old.
2. How with your hand you drove the peoples out and planted our forefathers in the land; * how you destroyed nations and made your people flourish.

3. For they did not take the land by their sword, nor did their arm win the victory for them; * but your right hand, your arm, and the light of your countenance, because you favored them.
4. You are my King and my God; * you command victories for Jacob.
5. Through you we pushed back our adversaries; * through your Name we trampled on those who rose up against us.
6. For I do not rely on my bow, * and my sword does not give me the victory.
7. Surely, you gave us victory over our adversaries * and put those who hate us to shame.
8. Every day we gloried in God, * and we will praise your Name for ever.
9. Nevertheless, you have rejected and humbled us * and do not go forth with our armies.
10. You have made us fall back before our adversary, * and our enemies have plundered us.
11. You have made us like sheep to be eaten * and have scattered us among the nations.
12. You are selling your people for a trifle * and are making no profit on the sale of them.
13. You have made us the scorn of our neighbors, * a mockery and derision to those around us.
14. You have made us a byword among the nations, * a laughing-stock among the peoples.
15. My humiliation is daily before me, * and shame has covered my face;
16. Because of the taunts of the mockers and blasphemers, * because of the enemy and avenger.
17. All this has come upon us; * yet we have not forgotten you, nor have we betrayed your covenant.
18. Our heart never turned back, * nor did our footsteps stray from your path;
19. Though you thrust us down into a place of misery, * and covered us over with deep darkness.
20. If we have forgotten the Name of our God, * or stretched out our hands to some strange god,
21. Will not God find it out? * for he knows the secrets of the heart.
22. Indeed, for your sake we are killed all the day long; * we are accounted as sheep for the slaughter.
23. Awake, O Lord! why are you sleeping? * Arise! do not reject us for ever.
24. Why have you hidden your face * and forgotten our affliction and oppression?
25. We sink down into the dust; * our body cleaves to the ground.
26. Rise up, and help us, * and save us, for the sake of your steadfast love.

Psalm 45 *Eructavit cor meum*
1. My heart is stirring with a noble song; let me recite what I have fashioned for the king; * my tongue shall be the pen of a skilled writer.
2. You are the fairest of men; * grace flows from your lips, because God has blessed you for ever.
3. Strap your sword upon your thigh, O mighty warrior, * in your pride and in your majesty.
4. Ride out and conquer in the cause of truth * and for the sake of justice.

5. Your right hand will show you marvelous things; * your arrows are very sharp, O mighty warrior.
6. The peoples are falling at your feet, * and the king's enemies are losing heart.
7. Your throne, O God, endures for ever and ever, * a scepter of righteousness is the scepter of your kingdom; you love righteousness and hate iniquity.
8. Therefore God, your God, has anointed you * with the oil of gladness above your fellows.
9. All your garments are fragrant with myrrh, aloes, and cassia, * and the music of strings from ivory palaces makes you glad.
10. Kings' daughters stand among the ladies of the court; * on your right hand is the queen, adorned with the gold of Ophir.
11. "Hear, O daughter; consider and listen closely; * forget your people and your father's house.
12. The king will have pleasure in your beauty; * he is your master; therefore do him honor.
13. The people of Tyre are here with a gift; * the rich among the people seek your favor."
14. All glorious is the princess as she enters; * her gown is cloth-of-gold.
15. In embroidered apparel she is brought to the king; * after her the bridesmaids follow in procession.
16. With joy and gladness they are brought, * and enter into the palace of the king.
17. "In place of fathers, O king, you shall have sons; * you shall make them princes over all the earth.
18. I will make your name to be remembered from one generation to another; * therefore nations will praise you for ever and ever."

Psalm 46 *Deus noster refugium*
1. God is our refuge and strength, * a very present help in trouble.
2. Therefore we will not fear, though the earth be moved, * and though the mountains be toppled into the depths of the sea;
3. Though its waters rage and foam, * and though the mountains tremble at its tumult.
4. The LORD of hosts is with us; * the God of Jacob is our stronghold.
5. There is a river whose streams make glad the city of God, * the holy habitation of the Most High.
6. God is in the midst of her; she shall not be overthrown; * God shall help her at the break of day.
7. The nations make much ado, and the kingdoms are shaken; * God has spoken, and the earth shall melt away.
8. The LORD of hosts is with us; * the God of Jacob is our stronghold.
9. Come now and look upon the works of the LORD, * what awesome things he has done on earth.
10. It is he who makes war to cease in all the world; * he breaks the bow, and shatters the spear, and burns the shields with fire.
11. "Be still, then, and know that I am God; * I will be exalted among the nations; I will be exalted in the earth."
12. The LORD of hosts is with us; * the God of Jacob is our stronghold.

75. Ninth Day: Evening Prayer

Psalm 47 *Omnes gentes, plaudite*
1. Clap your hands, all you peoples; * shout to God with a cry of joy.
2. For the LORD Most High is to be feared; * he is the great King over all the earth.
3. He subdues the peoples under us, * and the nations under our feet.
4. He chooses our inheritance for us, * the pride of Jacob whom he loves.
5. God has gone up with a shout, * the LORD with the sound of the ram's-horn.
6. Sing praises to God, sing praises; * sing praises to our King, sing praises.
7. For God is King of all the earth; * sing praises with all your skill.
8. God reigns over the nations; * God sits upon his holy throne.
9. The nobles of the peoples have gathered together * with the people of the God of Abraham.
10. The rulers of the earth belong to God, * and he is highly exalted.

Psalm 48 *Magnus Dominus*
1. Great is the LORD, and highly to be praised; * in the city of our God is his holy hill.
2. Beautiful and lofty, the joy of all the earth, is the hill of Zion, * the very center of the world and the city of the great King.
3. God is in her citadels; * he is known to be her sure refuge.
4. Behold, the kings of the earth assembled * and marched forward together.
5. They looked and were astounded; * they retreated and fled in terror.
6. Trembling seized them there; * they writhed like a woman in childbirth, like ships of the sea when the east wind shatters them.
7. As we have heard, so have we seen, in the city of the LORD of hosts, in the city of our God; * God has established her for ever.
8. We have waited in silence on your loving-kindness, O God, * in the midst of your temple.
9. Your praise, like your Name, O God, reaches to the world's end; * your right hand is full of justice.
10. Let Mount Zion be glad and the cities of Judah rejoice, * because of your judgments.
11. Make the circuit of Zion; walk round about her; * count the number of her towers.
12. Consider well her bulwarks; examine her strongholds; * that you may tell those who come after.
13. This God is our God for ever and ever; * he shall be our guide for evermore.

Psalm 49 *Audite haec, omnes*
1. Hear this, all you peoples; hearken, all you who dwell in the world, * you of high degree and low, rich and poor together.
2. My mouth shall speak of wisdom, * and my heart shall meditate on understanding.
3. I will incline my ear to a proverb * and set forth my riddle upon the harp.
4. Why should I be afraid in evil days, * when the wickedness of those at my heels surrounds me,

5. The wickedness of those who put their trust in their goods, * and boast of their great riches?
6. We can never ransom ourselves, * or deliver to God the price of our life;
7. For the ransom of our life is so great, * that we should never have enough to pay it,
8. In order to live for ever and ever, * and never see the grave.
9. For we see that the wise die also; like the dull and stupid they perish * and leave their wealth to those who come after them.
10. Their graves shall be their homes for ever, their dwelling places from generation to generation, * though they call the lands after their own names.
11. Even though honored, they cannot live for ever; * they are like the beasts that perish.
12. Such is the way of those who foolishly trust in themselves, * and the end of those who delight in their own words.
13. Like a flock of sheep they are destined to die; Death is their shepherd; * they go down straightway to the grave.
14. Their form shall waste away, * and the land of the dead shall be their home.
15. But God will ransom my life; * he will snatch me from the grasp of death.
16. Do not be envious when some become rich, * or when the grandeur of their house increases;
17. For they will carry nothing away at their death, * nor will their grandeur follow them.
18. Though they thought highly of themselves while they lived, * and were praised for their success,
19. They shall join the company of their forebears, * who will never see the light again.
20. Those who are honored, but have no understanding, * are like the beasts that perish.

76. Tenth Day: Morning Prayer

Psalm 50 *Deus deorum*

1. The LORD, the God of gods, has spoken; * he has called the earth from the rising of the sun to its setting.
2. Out of Zion, perfect in its beauty, * God reveals himself in glory.
3. Our God will come and will not keep silence; * before him there is a consuming flame, and round about him a raging storm.
4. He calls the heavens and the earth from above * to witness the judgment of his people.
5. "Gather before me my loyal followers, * those who have made a covenant with me and sealed it with sacrifice."
6. Let the heavens declare the rightness of his cause; * for God himself is judge.
7. Hear, O my people, and I will speak: "O Israel, I will bear witness against you; * for I am God, your God.
8. I do not accuse you because of your sacrifices; * your offerings are always before me.
9. I will take no bull-calf from your stalls, * nor he-goats out of your pens;

10. For all the beasts of the forest are mine, * the herds in their thousands upon the hills.
11. I know every bird in the sky, * and the creatures of the fields are in my sight.
12. If I were hungry, I would not tell you, * for the whole world is mine and all that is in it.
13. Do you think I eat the flesh of bulls, * or drink the blood of goats?
14. Offer to God a sacrifice of thanksgiving * and make good your vows to the Most High.
15. Call upon me in the day of trouble; * I will deliver you, and you shall honor me."
16. But to the wicked God says: * "Why do you recite my statutes, and take my covenant upon your lips;
17. Since you refuse discipline, * and toss my words behind your back?
18. When you see a thief, you make him your friend, * and you cast in your lot with adulterers.
19. You have loosed your lips for evil, * and harnessed your tongue to a lie.
20. You are always speaking evil of your brother * and slandering your own mother's son.
21. These things you have done, and I kept still, * and you thought that I am like you."
22. "I have made my accusation; * I have put my case in order before your eyes.
23. Consider this well, you who forget God, * lest I rend you and there be none to deliver you.
24. Whoever offers me the sacrifice of thanksgiving honors me; * but to those who keep in my way will I show the salvation of God."

Psalm 51 *Miserere mei, Deus*
1. Have mercy on me, O God, according to your loving-kindness; * in your great compassion blot out my offenses.
2. Wash me through and through from my wickedness * and cleanse me from my sin.
3. For I know my transgressions, * and my sin is ever before me.
4. Against you only have I sinned * and done what is evil in your sight.
5. And so you are justified when you speak * and upright in your judgment.
6. Indeed, I have been wicked from my birth, * a sinner from my mother's womb.
7. For behold, you look for truth deep within me, * and will make me understand wisdom secretly.
8. Purge me from my sin, and I shall be pure; * wash me, and I shall be clean indeed.
9. Make me hear of joy and gladness, * that the body you have broken may rejoice.
10. Hide your face from my sins * and blot out all my iniquities.
11. Create in me a clean heart, O God, * and renew a right spirit within me.
12. Cast me not away from your presence * and take not your holy Spirit from me.
13. Give me the joy of your saving help again * and sustain me with your bountiful Spirit.
14. I shall teach your ways to the wicked, * and sinners shall return to you.
15. Deliver me from death, O God, * and my tongue shall sing of your righteousness, O God of my salvation.

16. Open my lips, O Lord, * and my mouth shall proclaim your praise.
17. Had you desired it, I would have offered sacrifice, * but you take no delight in burnt-offerings.
18. The sacrifice of God is a troubled spirit; * a broken and contrite heart, O God, you will not despise.
19. Be favorable and gracious to Zion, * and rebuild the walls of Jerusalem.
20. Then you will be pleased with the appointed sacrifices, with burnt-offerings and oblations; * then shall they offer young bullocks upon your altar.

Psalm 52 *Quid gloriaris?*
1. You tyrant, why do you boast of wickedness * against the godly all day long?
2. You plot ruin; your tongue is like a sharpened razor, * O worker of deception.
3. You love evil more than good * and lying more than speaking the truth.
4. You love all words that hurt, * O you deceitful tongue.
5. Oh, that God would demolish you utterly, * topple you, and snatch you from your dwelling, and root you out of the land of the living!
6. The righteous shall see and tremble, * and they shall laugh at him, saying,
7. "This is the one who did not take God for a refuge, * but trusted in great wealth and relied upon wickedness."
8. But I am like a green olive tree in the house of God; * I trust in the mercy of God for ever and ever.
9. I will give you thanks for what you have done * and declare the goodness of your Name in the presence of the godly.

77. Tenth Day: Evening Prayer

Psalm 53 *Dixit insipiens*
1. The fool has said in his heart, "There is no God." * All are corrupt and commit abominable acts; there is none who does any good.
2. God looks down from heaven upon us all, * to see if there is any who is wise, if there is one who seeks after God.
3. Every one has proved faithless; all alike have turned bad; * there is none who does good; no, not one.
4. Have they no knowledge, those evildoers * who eat up my people like bread and do not call upon God?
5. See how greatly they tremble, such trembling as never was; * for God has scattered the bones of the enemy; they are put to shame, because God has rejected them.
6. Oh, that Israel's deliverance would come out of Zion! * when God restores the fortunes of his people Jacob will rejoice and Israel be glad.

Psalm 54 *Deus, in nomine*
1. Save me, O God, by your Name; * in your might, defend my cause.
2. Hear my prayer, O God; * give ear to the words of my mouth.
3. For the arrogant have risen up against me, and the ruthless have sought my life, * those who have no regard for God.
4. Behold, God is my helper; * it is the Lord who sustains my life.
5. Render evil to those who spy on me; * in your faithfulness, destroy them.

6. I will offer you a freewill sacrifice * and praise your Name, O LORD, for it is good.
7. For you have rescued me from every trouble, * and my eye has seen the ruin of my foes.

Psalm 55 *Exaudi, Deus*
1. Hear my prayer,O God; * do not hide yourself from my petition.
2. Listen to me and answer me; * I have no peace, because of my cares.
3. I am shaken by the noise of the enemy * and by the pressure of the wicked;
4. For they have cast an evil spell upon me * and are set against me in fury.
5. My heart quakes within me, * and the terrors of death have fallen upon me.
6. Fear and trembling have come over me, * and horror overwhelms me.
7. And I said, "Oh, that I had wings like a dove! * I would fly away and be at rest.
8. I would flee to a far-off place * and make my lodging in the wilderness.
9. I would hasten to escape * from the stormy wind and tempest."
10. Swallow them up, O Lord; confound their speech; * for I have seen violence and strife in the city.
11. Day and night the watchmen make their rounds upon her walls, * but trouble and misery are in the midst of her.
12. There is corruption at her heart; * her streets are never free of oppression and deceit.
13. For had it been an adversary who taunted me, then I could have borne it; * or had it been an enemy who vaunted himself against me, then I could have hidden from him.
14. But it was you, a man after my own heart, * my companion, my own familiar friend.
15. We took sweet counsel together, * and walked with the throng in the house of God.
16. Let death come upon them suddenly; let them go down alive to the grave; * for wickedness is in their dwellings, in their very midst.
17. But I will call upon God, * and the LORD will deliver me.
18. In the evening, in the morning, and at noonday, I will complain and lament, * and he will hear my voice.
19. He will bring me safely back from the battle waged against me; * for there are many who fight me.
20. God, who is enthroned of old, will hear me and bring them down; * they never change; they do not fear God.
21. My companion stretched forth his hand against his comrade; * he has broken his covenant.
22. His speech is softer than butter, * but war is in his heart.
23. His words are smoother than oil, * but they are drawn swords.
24. Cast your burden upon the LORD, and he will sustain you; * he will never let the righteous stumble.
25. For you will bring the bloodthirsty and deceitful * down to the pit of destruction, O God.
26. They shall not live out half their days, * but I will put my trust in you.

78. Eleventh Day: Morning Prayer

Psalm 56 *Miserere mei, Deus*
1. Have mercy on me, O God, for my enemies are hounding me; * all day long they assault and oppress me.
2. They hound me all the day long; * truly there are many who fight against me, O Most High.
3. Whenever I am afraid, * I will put my trust in you.
4. In God, whose word I praise, in God I trust and will not be afraid, * for what can flesh do to me?
5. All day long they damage my cause; * their only thought is to do me evil.
6. They band together; they lie in wait; * they spy upon my footsteps; because they seek my life.
7. Shall they escape despite their wickedness? * O God, in your anger, cast down the peoples.
8. You have noted my lamentation; put my tears into your bottle; * are they not recorded in your book?
9. Whenever I call upon you, my enemies will be put to flight; * this I know, for God is on my side.
10. In God the LORD, whose word I praise, in God I trust and will not be afraid, * for what can mortals do to me?
11. I am bound by the vow I made to you, O God; * I will present to you thank-offerings;
12. For you have rescued my soul from death and my feet from stumbling, * that I may walk before God in the light of the living.

Psalm 57 *Miserere mei, Deus*
1. Be merciful to me, O God, be merciful, for I have taken refuge in you; * in the shadow of your wings will I take refuge until this time of trouble has gone by.
2. I will call upon the Most High God, * the God who maintains my cause.
3. He will send from heaven and save me; he will confound those who trample upon me; * God will send forth his love and his faithfulness.
4. I lie in the midst of lions that devour the people; * their teeth are spears and arrows, their tongue a sharp sword.
5. They have laid a net for my feet, and I am bowed low; * they have dug a pit before me, but have fallen into it themselves.
6. Exalt yourself above the heavens, O God, * and your glory over all the earth.
7. My heart is firmly fixed, O God, my heart is fixed; * I will sing and make melody.
8. Wake up, my spirit; awake, lute and harp; * I myself will waken the dawn.
9. I will confess you among the peoples, O LORD; * I will sing praise to you among the nations.
10. For your loving-kindness is greater than the heavens, * and your faithfulness reaches to the clouds.
11. Exalt yourself above the heavens, O God, * and your glory over all the earth.

Psalm 58 *Si vere utique*
1. Do you indeed decree righteousness, you rulers? * do you judge the peoples with equity?

2. No; you devise evil in your hearts, * and your hands deal out violence in the land.
3. The wicked are perverse from the womb; * liars go astray from their birth.
4. They are as venomous as a serpent, * they are like the deaf adder which stops its ears,
5. Which does not heed the voice of the charmer, * no matter how skillful his charming.
6. O God, break their teeth in their mouths; * pull the fangs of the young lions, O LORD.
7. Let them vanish like water that runs off; * let them wither like trodden grass.
8. Let them be like the snail that melts away, * like a stillborn child that never sees the sun.
9. Before they bear fruit, let them be cut down like a brier; * like thorns and thistles let them be swept away.
10. The righteous will be glad when they see the vengeance; * they will bathe their feet in the blood of the wicked.
11. And they will say, "Surely, there is a reward for the righteous; * surely, there is a God who rules in the earth."

79. Eleventh Day: Evening Prayer

Psalm 59 *Eripe me de inimicis*

1. Rescue me from my enemies, O God; * protect me from those who rise up against me.
2. Rescue me from evildoers * and save me from those who thirst for my blood.
3. See how they lie in wait for my life, how the mighty gather together against me; * not for any offense or fault of mine, O LORD.
4. Not because of any guilt of mine * they run and prepare themselves for battle.
5. Rouse yourself, come to my side, and see; * for you, LORD God of hosts, are Israel's God.
6. Awake, and punish all the ungodly; * show no mercy to those who are faithless and evil.
7. They go to and fro in the evening; * they snarl like dogs and run about the city.
8. Behold, they boast with their mouths, and taunts are on their lips; * "For who," they say, "will hear us?"
9. But you, O LORD, you laugh at them; * you laugh all the ungodly to scorn.
10. My eyes are fixed on you, O my Strength; * for you, O God, are my stronghold.
11. My merciful God comes to meet me; * God will let me look in triumph on my enemies.
12. Slay them, O God, lest my people forget; * send them reeling by your might and put them down, O Lord our shield.
13. For the sins of their mouths, for the words of their lips, for the cursing and lies that they utter, * let them be caught in their pride.
14. Make an end of them in your wrath; * make an end of them, and they shall be no more.
15. Let everyone know that God rules in Jacob, * and to the ends of the earth.
16. They go to and fro in the evening; * they snarl like dogs and run about the city.
17. They forage for food, * and if they are not filled, they howl.

18. For my part, I will sing of your strength; * I will celebrate your love in the morning;
19. For you have become my stronghold, * a refuge in the day of my trouble.
20. To you, O my Strength, will I sing; * for you, O God, are my stronghold and my merciful God.

Psalm 60 *Deus, repulisti nos*
1. O God, you have cast us off and broken us; * you have been angry; oh, take us back to you again.
2. You have shaken the earth and split it open; * repair the cracks in it, for it totters.
3. You have made your people know hardship; * you have given us wine that makes us stagger.
4. You have set up a banner for those who fear you, * to be a refuge from the power of the bow.
5. Save us by your right hand and answer us, * that those who are dear to you may be delivered.
6. God spoke from his holy place and said: * "I will exult and parcel out Shechem; I will divide the valley of Succoth.
7. Gilead is mine and Manasseh is mine; * Ephraim is my helmet and Judah my scepter.
8. Moab is my wash-basin, on Edom I throw down my sandal to claim it, * and over Philistia will I shout in triumph."
9. Who will lead me into the strong city? * who will bring me to Edom?
10. Have you not cast us off, O God? * you no longer go out, O God, with our armies.
11. Grant us your help against the enemy, * for vain is the help of man.
12. With God we will do valiant deeds, * and he shall tread our enemies under foot.

Psalm 61 *Exaudi, Deus*
1. Hear my cry, O God, * and listen to my prayer.
2. I call upon you from the ends of the earth with heaviness in my heart; * set me upon the rock that is higher than I.
3. For you have been my refuge, * a strong tower against the enemy.
4. I will dwell in your house for ever; * I will take refuge under the cover of your wings.
5. For you, O God, have heard my vows; * you have granted me the heritage of those who fear your Name.
6. Add length of days to the king's life; * let his years extend over many generations.
7. Let him sit enthroned before God for ever; * bid love and faithfulness watch over him.
8. So will I always sing the praise of your Name, * and day by day I will fulfill my vows.

80. Twelfth Day: Morning Prayer

Psalm 62 *Nonne Deo?*
1. For God alone my soul in silence waits; * from him comes my salvation.

2. He alone is my rock and my salvation, * my stronghold, so that I shall not be greatly shaken.
3. How long will you assail me to crush me, all of you together, * as if you were a leaning fence, a toppling wall?
4. They seek only to bring me down from my place of honor; * lies are their chief delight.
5. They bless with their lips, * but in their hearts they curse.
6. For God alone my soul in silence waits; * truly, my hope is in him.
7. He alone is my rock and my salvation, * my stronghold, so that I shall not be shaken.
8. In God is my safety and my honor; * God is my strong rock and my refuge.
9. Put your trust in him always, O people, * pour out your hearts before him, for God is our refuge.
10. Those of high degree are but a fleeting breath, * even those of low estate cannot be trusted.
11. On the scales they are lighter than a breath, * all of them together.
12. Put no trust in extortion; in robbery take no empty pride; * though wealth increase, set not your heart upon it.
13. God has spoken once, twice have I heard it, * that power belongs to God.
14. Steadfast love is yours, O Lord, * for you repay everyone according to his deeds.

Psalm 63 *Deus, Deus meus*
1. O God, you are my God; eagerly I seek you; * my soul thirsts for you, my flesh faints for you, as in a barren and dry land where there is no water.
2. Therefore I have gazed upon you in your holy place, * that I might behold your power and your glory.
3. For your loving-kindness is better than life itself; * my lips shall give you praise.
4. So will I bless you as long as I live * and lift up my hands in your Name.
5. My soul is content, as with marrow and fatness, * and my mouth praises you with joyful lips,
6. When I remember you upon my bed, * and meditate on you in the night watches.
7. For you have been my helper, * and under the shadow of your wings I will rejoice.
8. My soul clings to you; * your right hand holds me fast.
9. May those who seek my life to destroy it * go down into the depths of the earth;
10. Let them fall upon the edge of the sword, * and let them be food for jackals.
11. But the king will rejoice in God; all those who swear by him will be glad; * for the mouth of those who speak lies shall be stopped.

Psalm 64 *Exaudi, Deus*
1. Hear my voice, O God, when I complain; * protect my life from fear of the enemy.
2. Hide me from the conspiracy of the wicked, * from the mob of evildoers.
3. They sharpen their tongue like a sword, * and aim their bitter words like arrows,
4. That they may shoot down the blameless from ambush; * they shoot without warning and are not afraid.

5. They hold fast to their evil course; * they plan how they may hide their snares.
6. They say, "Who will see us? who will find out our crimes? * we have thought out a perfect plot."
7. The human mind and heart are a mystery; * but God will loose an arrow at them, and suddenly they will be wounded.
8. He will make them trip over their tongues, * and all who see them will shake their heads.
9. Everyone will stand in awe and declare God's deeds; * they will recognize his works.
10. The righteous will rejoice in the LORD and put their trust in him, * and all who are true of heart will glory.

81. Twelfth Day: Evening Prayer

Psalm 65 *Te decet hymnus*
1. You are to be praised, O God, in Zion; * to you shall vows be performed in Jerusalem.
2. To you that hear prayer shall all flesh come, * because of their transgressions.
3. Our sins are stronger than we are, * but you will blot them out.
4. Happy are they whom you choose and draw to your courts to dwell there! * they will be satisfied by the beauty of your house, by the holiness of your temple.
5. Awesome things will you show us in your righteousness, O God of our salvation, * O Hope of all the ends of the earth and of the seas that are far away.
6. You make fast the mountains by your power; * they are girded about with might.
7. You still the roaring of the seas, * the roaring of their waves, and the clamor of the peoples.
8. Those who dwell at the ends of the earth will tremble at your marvelous signs; * you make the dawn and the dusk to sing for joy.
9. You visit the earth and water it abundantly; you make it very plenteous; * the river of God is full of water.
10. You prepare the grain, * for so you provide for the earth.
11. You drench the furrows and smooth out the ridges; * with heavy rain you soften the ground and bless its increase.
12. You crown the year with your goodness, * and your paths overflow with plenty.
13. May the fields of the wilderness be rich for grazing, * and the hills be clothed with joy.
14. May the meadows cover themselves with flocks, and the valleys cloak themselves with grain; * let them shout for joy and sing.

Psalm 66 *Jubilate Deo*
1. Be joyful in God, all you lands; * sing the glory of his Name; sing the glory of his praise.
2. Say to God, "How awesome are your deeds! * because of your great strength your enemies cringe before you.
3. All the earth bows down before you, * sings to you, sings out your Name."
4. Come now and see the works of God, * how wonderful he is in his doing toward all people.

5. He turned the sea into dry land, so that they went through the water on foot, * and there we rejoiced in him.
6. In his might he rules for ever; his eyes keep watch over the nations; * let no rebel rise up against him.
7. Bless our God, you peoples; * make the voice of his praise to be heard;
8. Who holds our souls in life, * and will not allow our feet to slip.
9. For you, O God, have proved us; * you have tried us just as silver is tried.
10. You brought us into the snare; * you laid heavy burdens upon our backs.
11. You let enemies ride over our heads; we went through fire and water; * but you brought us out into a place of refreshment.
12. I will enter your house with burnt-offerings and will pay you my vows, * which I promised with my lips and spoke with my mouth when I was in trouble.
13. I will offer you sacrifices of fat beasts with the smoke of rams; * I will give you oxen and goats.
14. Come and listen, all you who fear God, * and I will tell you what he has done for me.
15. I called out to him with my mouth, * and his praise was on my tongue.
16. If I had found evil in my heart, * the Lord would not have heard me;
17. But in truth God has heard me; * he has attended to the voice of my prayer.
18. Blessed be God, who has not rejected my prayer, * nor withheld his love from me.

Psalm 67 *Deus misereatur*
1. May God be merciful to us and bless us, * show us the light of his countenance and come to us.
2. Let your ways be known upon earth, * your saving health among all nations.
3. Let the peoples praise you, O God; * let all the peoples praise you.
4. Let the nations be glad and sing for joy, * for you judge the peoples with equity and guide all the nations upon earth.
5. Let the peoples praise you, O God; * let all the peoples praise you.
6. The earth has brought forth her increase; * may God, our own God, give us his blessing.
7. May God give us his blessing, * and may all the ends of the earth stand in awe of him.

82. Thirteenth Day: Morning Prayer

Psalm 68 *Exsurgat Deus*
1. Let God arise, and let his enemies be scattered; * let those who hate him flee before him.
2. Let them vanish like smoke when the wind drives it away; * as the wax melts at the fire, so let the wicked perish at the presence of God.
3. But let the righteous be glad and rejoice before God; * let them also be merry and joyful.
4. Sing to God, sing praises to his Name; exalt him who rides upon the heavens; * the LORD is his Name, rejoice before him!
5. Father of orphans, defender of widows, * God in his holy habitation!

6. God gives the solitary a home and brings forth prisoners into freedom; * but the rebels shall live in dry places.
7. O God, when you went forth before your people, * when you marched through the wilderness,
8. The earth shook, and the skies poured down rain, at the presence of God, the God of Sinai, * at the presence of God, the God of Israel.
9. You sent a gracious rain, O God, upon your inheritance; * you refreshed the land when it was weary.
10. Your people found their home in it; * in your goodness, O God, you have made provision for the poor.
11. The Lord gave the word; * great was the company of women who bore the tidings:
12. "Kings with their armies are fleeing away; * the women at home are dividing the spoils."
13. Though you lingered among the sheepfolds, * you shall be like a dove whose wings are covered with silver, whose feathers are like green gold.
14. When the Almighty scattered kings, * it was like snow falling in Zalmon.
15. O mighty mountain, O hill of Bashan! * O rugged mountain, O hill of Bashan!
16. Why do you look with envy, O rugged mountain, at the hill which God chose for his resting place? * truly, the LORD will dwell there for ever.
17. The chariots of God are twenty thousand, even thousands of thousands; * the Lord comes in holiness from Sinai.
18. You have gone up on high and led captivity captive; you have received gifts even from your enemies, * that the LORD God might dwell among them.
19. Blessed be the Lord day by day, * the God of our salvation, who bears our burdens.
20. He is our God, the God of our salvation; * God is the LORD, by whom we escape death.
21. God shall crush the heads of his enemies, * and the hairy scalp of those who go on still in their wickedness.
22. The Lord has said, "I will bring them back from Bashan; * I will bring them back from the depths of the sea;
23. That your foot may be dipped in blood, * the tongues of your dogs in the blood of your enemies."
24. They see your procession, O God, * your procession into the sanctuary, my God and my King.
25. The singers go before, musicians follow after, * in the midst of maidens playing upon the hand-drums.
26. Bless God in the congregation; * bless the LORD, you that are of the fountain of Israel.
27. There is Benjamin, least of the tribes, at the head; the princes of Judah in a company; * and the princes of Zebulon and Naphtali.
28. Send forth your strength, O God; * establish, O God, what you have wrought for us.
29. Kings shall bring gifts to you, * for your temple's sake at Jerusalem.
30. Rebuke the wild beast of the reeds, * and the peoples, a herd of wild bulls with its calves.

31. Trample down those who lust after silver; * scatter the peoples that delight in war.
32. Let tribute be brought out of Egypt; * let Ethiopia stretch out her hands to God.
33. Sing to God, O kingdoms of the earth; * sing praises to the Lord.
34. He rides in the heavens, the ancient heavens; * he sends forth his voice, his mighty voice.
35. Ascribe power to God; * his majesty is over Israel; his strength is in the skies.
36. How wonderful is God in his holy places! * the God of Israel giving strength and power to his people! Blessed be God!

83. Thirteenth Day: Evening Prayer

Psalm 69 *Salvum me fac*

1. Save me, O God, * for the waters have risen up to my neck.
2. I am sinking in deep mire, * and there is no firm ground for my feet.
3. I have come into deep waters, * and the torrent washes over me.
4. I have grown weary with my crying; my throat is inflamed; * my eyes have failed from looking for my God.
5. Those who hate me without a cause are more than the hairs of my head; my lying foes who would destroy me are mighty. * Must I then give back what I never stole?
6. O God, you know my foolishness, * and my faults are not hidden from you.
7. Let not those who hope in you be put to shame through me, Lord GOD of hosts; * let not those who seek you be disgraced because of me, O God of Israel.
8. Surely, for your sake have I suffered reproach, * and shame has covered my face.
9. I have become a stranger to my own kindred, * an alien to my mother's children.
10. Zeal for your house has eaten me up; * the scorn of those who scorn you has fallen upon me.
11. I humbled myself with fasting, * but that was turned to my reproach.
12. I put on sack-cloth also, * and became a byword among them.
13. Those who sit at the gate murmur against me, * and the drunkards make songs about me.
14. But as for me, this is my prayer to you, * at the time you have set, O LORD:
15. "In your great mercy, O God, * answer me with your unfailing help.
16. Save me from the mire; do not let me sink; * let me be rescued from those who hate me and out of the deep waters.
17. Let not the torrent of waters wash over me, neither let the deep swallow me up; * do not let the Pit shut its mouth upon me.
18. Answer me, O LORD, for your love is kind; * in your great compassion, turn to me."
19. "Hide not your face from your servant; * be swift and answer me, for I am in distress.
20. Draw near to me and redeem me; * because of my enemies deliver me.
21. You know my reproach, my shame, and my dishonor; * my adversaries are all in your sight."
22. Reproach has broken my heart, and it cannot be healed; * I looked for sympathy, but there was none, for comforters, but I could find no one.

23. They gave me gall to eat, * and when I was thirsty, they gave me vinegar to drink.
24. Let the table before them be a trap * and their sacred feasts a snare.
25. Let their eyes be darkened, that they may not see, * and give them continual trembling in their loins.
26. Pour out your indignation upon them, * and let the fierceness of your anger overtake them.
27. Let their camp be desolate, * and let there be none to dwell in their tents.
28. For they persecute him whom you have stricken * and add to the pain of those whom you have pierced.
29. Lay to their charge guilt upon guilt, * and let them not receive your vindication.
30. Let them be wiped out of the book of the living * and not be written among the righteous.
31. As for me, I am afflicted and in pain; * your help, O God, will lift me up on high.
32. I will praise the Name of God in song; * I will proclaim his greatness with thanksgiving.
33. This will please the LORD more than an offering of oxen, * more than bullocks with horns and hoofs.
34. The afflicted shall see and be glad; * you who seek God, your heart shall live.
35. For the LORD listens to the needy, * and his prisoners he does not despise.
36. Let the heavens and the earth praise him, * the seas and all that moves in them;
37. For God will save Zion and rebuild the cities of Judah; * they shall live there and have it in possession.
38. The children of his servants will inherit it, * and those who love his Name will dwell therein.

Psalm 70 *Deus, in adjutorium*
1. Be pleased, O God, to deliver me; * O LORD, make haste to help me.
2. Let those who seek my life be ashamed and altogether dismayed; * let those who take pleasure in my misfortune draw back and be disgraced.
3. Let those who say to me "Aha!" and gloat over me turn back, * because they are ashamed.
4. Let all who seek you rejoice and be glad in you; * let those who love your salvation say for ever, "Great is the LORD!"
5. But as for me, I am poor and needy; * come to me speedily, O God.
6. You are my helper and my deliverer; * O LORD, do not tarry.

84. Fourteenth Day: Morning Prayer

Psalm 71 *In te, Domine, speravi*
1. In you, O LORD, have I taken refuge; * let me never be ashamed.
2. In your righteousness, deliver me and set me free; * incline your ear to me and save me.
3. Be my strong rock, a castle to keep me safe; * you are my crag and my stronghold.
4. Deliver me, my God, from the hand of the wicked, * from of the clutches of the evildoer and the oppressor.

5. For you are my hope, O LORD God, * my confidence since I was young.
6. I have been sustained by you ever since I was born; from my mother's womb you have been my strength; * my praise shall be always of you.
7. I have become a portent to many; * but you are my refuge and my strength.
8. Let my mouth be full of your praise * and your glory all the day long.
9. Do not cast me off in my old age; * forsake me not when my strength fails.
10. For my enemies are talking against me, * and those who lie in wait for my life take counsel together.
11. They say, "God has forsaken him; go after him and seize him; * because there is none who will save."
12. O God, be not far from me; * come quickly to help me, O my God.
13. Let those who set themselves against me be put to shame and be disgraced; * let those who seek to do me evil be covered with scorn and reproach.
14. But I shall always wait in patience, * and shall praise you more and more.
15. My mouth shall recount your mighty acts and saving deeds all day long; * though I cannot know the number of them.
16. I will begin with the mighty works of the Lord GOD; * I will recall your righteousness, yours alone.
17. O God, you have taught me since I was young, * and to this day I tell of your wonderful works.
18. And now that I am old and gray-headed, O God, do not forsake me, * till I make known your strength to this generation and your power to all who are to come.
19. Your righteousness, O God, reaches to the heavens; * you have done great things; who is like you, O God?
20. You have showed me great troubles and adversities, * but you will restore my life and bring me up again from the deep places of the earth.
21. You strengthen me more and more; * you enfold and comfort me,
22. Therefore I will praise you upon the lyre for your faithfulness, O my God; * I will sing to you with the harp, O Holy One of Israel.
23. My lips will sing with joy when I play to you, * and so will my soul, which you have redeemed.
24. My tongue will proclaim your righteousness all day long, * for they are ashamed and disgraced who sought to do me harm.

Psalm 72 *Deus, judicium*
1. Give the King your justice, O God, * and your righteousness to the King's son;
2. That he may rule your people righteously * and the poor with justice.
3. That the mountains may bring prosperity to the people, * and the little hills bring righteousness.
4. He shall defend the needy among the people; * he shall rescue the poor and crush the oppressor.
5. He shall live as long as the sun and moon endure, * from one generation to another.
6. He shall come down like rain upon the mown field, * like showers that water the earth.
7. In his time shall the righteous flourish; * there shall be abundance of peace till the moon shall be no more.

8. He shall rule from sea to sea, * and from the River to the ends of the earth.
9. His foes shall bow down before him, * and his enemies lick the dust.
10. The kings of Tarshish and of the isles shall pay tribute, * and the kings of Arabia and Saba offer gifts.
11. All kings shall bow down before him, * and all the nations do him service.
12. For he shall deliver the poor who cries out in distress, * and the oppressed who has no helper.
13. He shall have pity on the lowly and poor; * he shall preserve the lives of the needy.
14. He shall redeem their lives from oppression and violence, * and dear shall their blood be in his sight.
15. Long may he live! and may there be given to him gold from Arabia; * may prayer be made for him always, and may they bless him all the day long.
16. May there be abundance of grain on the earth, growing thick even on the hilltops; * may its fruit flourish like Lebanon, and its grain like grass upon the earth.
17. May his Name remain for ever and be established as long as the sun endures; * may all the nations bless themselves in him and call him blessed.
18. Blessed be the Lord GOD, the God of Israel, * who alone does wondrous deeds!
19. And blessed be his glorious Name for ever! * and may all the earth be filled with his glory. Amen. Amen.

85. Fourteenth Day: Evening Prayer

Psalm 73 *Quam bonus Israel!*

1. Truly, God is good to Israel, * to those who are pure in heart.
2. But as for me, my feet had nearly slipped; * I had almost tripped and fallen;
3. Because I envied the proud * and saw the prosperity of the wicked:
4. For they suffer no pain, * and their bodies are sleek and sound;
5. In the misfortunes of others they have no share; * they are not afflicted as others are;
6. Therefore they wear their pride like a necklace * and wrap their violence about them like a cloak.
7. Their iniquity comes from gross minds, * and their hearts overflow with wicked thoughts.
8. They scoff and speak maliciously; * out of their haughtiness they plan oppression.
9. They set their mouths against the heavens, * and their evil speech runs through the world.
10. And so the people turn to them * and find in them no fault.
11. They say, "How should God know? * is there knowledge in the Most High?"
12. So then, these are the wicked; * always at ease, they increase their wealth.
13. In vain have I kept my heart clean, * and washed my hands in innocence.
14. I have been afflicted all day long, * and punished every morning.
15. Had I gone on speaking this way, * I should have betrayed the generation of your children.
16. When I tried to understand these things, * it was too hard for me;
17. Until I entered the sanctuary of God * and discerned the end of the wicked.

18. Surely, you set them in slippery places; * you cast them down in ruin.
19. Oh, how suddenly do they come to destruction, * come to an end, and perish from terror!
20. Like a dream when one awakens, O Lord, * when you arise you will make their image vanish.
21. When my mind became embittered, * I was sorely wounded in my heart.
22. I was stupid and had no understanding; * I was like a brute beast in your presence.
23. Yet I am always with you; * you hold me by my right hand.
24. You will guide me by your counsel, * and afterwards receive me with glory.
25. Whom have I in heaven but you? * and having you I desire nothing upon earth.
26. Though my flesh and my heart should waste away, * God is the strength of my heart and my portion for ever.
27. Truly, those who forsake you will perish; * you destroy all who are unfaithful.
28. But it is good for me to be near God; * I have made the Lord GOD my refuge.
29. I will speak of all your works * in the gates of the city of Zion.

Psalm 74 *Ut quid, Deus?*
1. O God, why have you utterly cast us off? * why is your wrath so hot against the sheep of your pasture?
2. Remember your congregation that you purchased long ago, * the tribe you redeemed to be your inheritance, and Mount Zion where you dwell.
3. Turn your steps toward the endless ruins; * the enemy has laid waste everything in your sanctuary.
4. Your adversaries roared in your holy place; * they set up their banners as tokens of victory.
5. They were like men coming up with axes to a grove of trees; * they broke down all your carved work with hatchets and hammers.
6. They set fire to your holy place; * they defiled the dwelling-place of your Name and razed it to the ground.
7. They said to themselves, "Let us destroy them altogether." * They burned down all the meeting-places of God in the land.
8. There are no signs for us to see; there is no prophet left; * there is not one among us who knows how long.
9. How long, O God, will the adversary scoff? * will the enemy blaspheme your Name for ever?
10. Why do you draw back your hand? * why is your right hand hidden in your bosom?
11. Yet God is my King from ancient times, * victorious in the midst of the earth.
12. You divided the sea by your might * and shattered the heads of the dragons upon the waters;
13. You crushed the heads of Leviathan * and gave him to the people of the desert for food.
14. You split open spring and torrent; * you dried up ever-flowing rivers.
15. Yours is the day, yours also the night; * you established the moon and the sun.
16. You fixed all the boundaries of the earth; * you made both summer and winter.
17. Remember, O LORD, how the enemy scoffed, * how a foolish people despised your Name.

18. Do not hand over the life of your dove to wild beasts; * never forget the lives of your poor.
19. Look upon your covenant; * the dark places of the earth are haunts of violence.
20. Let not the oppressed turn away ashamed; * let the poor and needy praise your Name.
21. Arise, O God, maintain your cause; * remember how fools revile you all day long.
22. Forget not the clamor of your adversaries, * the unending tumult of those who rise up against you.

86. Fifteenth Day: Morning Prayer

Psalm 75 *Confitebimur tibi*
1. We give you thanks, O God, we give you thanks, * calling upon your Name and declaring all your wonderful deeds.
2. "I will appoint a time," says God; * "I will judge with equity.
3. Though the earth and all its inhabitants are quaking, * I will make its pillars fast.
4. I will say to the boasters, 'Boast no more,' * and to the wicked, 'Do not toss your horns;
5. Do not toss your horns so high, * nor speak with a proud neck.'"
6. For judgment is neither from the east nor from the west, * nor yet from the wilderness or the mountains.
7. It is God who judges; * he puts down one and lifts up another.
8. For in the LORD'S hand there is a cup, full of spiced and foaming wine, which he pours out, * and all the wicked of the earth shall drink and drain the dregs.
9. But I will rejoice for ever; * I will sing praises to the God of Jacob.
10. He shall break off all the horns of the wicked; * but the horns of the righteous shall be exalted.

Psalm 76 *Notus in Judaea*
1. In Judah is God known; * his Name is great in Israel.
2. At Salem is his tabernacle, * and his dwelling is in Zion.
3. There he broke the flashing arrows, * the shield, the sword, and the weapons of battle.
4. How glorious you are! * more splendid than the everlasting mountains!
5. The strong of heart have been despoiled; they sink into sleep; * none of the warriors can lift a hand.
6. At your rebuke, O God of Jacob, * both horse and rider lie stunned.
7. What terror you inspire! * who can stand before you when you are angry?
8. From heaven you pronounced judgment; * the earth was afraid and was still;
9. When God rose up to judgment * and to save all the oppressed of the earth.
10. Truly, wrathful Edom will give you thanks, * and the remnant of Hamath will keep your feasts.
11. Make a vow to the LORD your God and keep it; * let all around him bring gifts to him who is worthy to be feared.
12. He breaks the spirit of princes, * and strikes terror in the kings of the earth.

Psalm 77 *Voce mea ad Dominum*
1. I will cry aloud to God; * I will cry aloud, and he will hear me.
2. In the day of my trouble I sought the Lord; * my hands were stretched out by night and did not tire; I refused to be comforted.
3. I think of God, I am restless, * I ponder, and my spirit faints.
4. You will not let my eyelids close; * I am troubled and I cannot speak.
5. I consider the days of old; * I remember the years long past;
6. I commune with my heart in the night; * I ponder and search my mind.
7. Will the Lord cast me off for ever? * will he no more show his favor?
8. Has his loving-kindness come to an end for ever? * has his promise failed for evermore?
9. Has God forgotten to be gracious? * has he, in his anger, withheld his compassion?
10. And I said, "My grief is this: * the right hand of the Most High has lost its power."
11. I will remember the works of the LORD, * and call to mind your wonders of old time.
12. I will meditate on all your acts * and ponder your mighty deeds.
13. Your way, O God, is holy; * who is so great a god as our God?
14. You are the God who works wonders * and have declared your power among the peoples.
15. By your strength you have redeemed your people, * the children of Jacob and Joseph.
16. The waters saw you, O God; the waters saw you and trembled; * the very depths were shaken.
17. The clouds poured out water; the skies thundered; * your arrows flashed to and fro;
18. The sound of your thunder was in the whirlwind; your lightnings lit up the world; * the earth trembled and shook.
19. Your way was in the sea, and your paths in the great waters, * yet your footsteps were not seen.
20. You led your people like a flock * by the hand of Moses and Aaron.

87. Fifteenth Day: Evening Prayer

Psalm 78
Part I: Attendite, popule
1. Hear my teaching, O my people; * incline your ears to the words of my mouth.
2. I will open my mouth in a parable; * I will declare the mysteries of ancient times.
3. That which we have heard and known, and what our forefathers have told us, * we will not hide from their children.
4. We will recount to generations to come the praiseworthy deeds and the power of the LORD, * and the wonderful works he has done.
5. He gave his decrees to Jacob and established a law for Israel, * which he commanded them to teach their children;
6. That the generations to come might know, and the children yet unborn; * that they in their turn might tell it to their children;

7. So that they might put their trust in God, * and not forget the deeds of God, but keep his commandments;
8. And not be like their forefathers, a stubborn and rebellious generation, * a generation whose heart was not steadfast, and whose spirit was not faithful to God.
9. The people of Ephraim, armed with the bow, * turned back in the day of battle;
10. They did not keep the covenant of God, * and refused to walk in his law;
11. They forgot what he had done, * and the wonders he had shown them.
12. He worked marvels in the sight of their forefathers, * in the land of Egypt, in the field of Zoan.
13. He split open the sea and let them pass through; * he made the waters stand up like walls.
14. He led them with a cloud by day, * and all the night through with a glow of fire.
15. He split the hard rocks in the wilderness * and gave them drink as from the great deep.
16. He brought streams out of the cliff, * and the waters gushed out like rivers.
17. But they went on sinning against him, * rebelling in the desert against the Most High.
18. They tested God in their hearts, * demanding food for their craving.
19. They railed against God and said, * "Can God set a table in the wilderness?
20. True, he struck the rock, the waters gushed out, and the gullies overflowed; * but is he able to give bread or to provide meat for his people?"
21. When the LORD heard this, he was full of wrath; * a fire was kindled against Jacob, and his anger mounted against Israel;
22. For they had no faith in God, * nor did they put their trust in his saving power.
23. So he commanded the clouds above * and opened the doors of heaven.
24. He rained down manna upon them to eat * and gave them grain from heaven.
25. So mortals ate the bread of angels; * he provided for them food enough.
26. He caused the east wind to blow in the heavens * and led out the south wind by his might.
27. He rained down flesh upon them like dust * and winged birds like the sand of the sea.
28. He let it fall in the midst of their camp * and round about their dwellings.
29. So they ate and were well filled, * for he gave them what they craved.
30. But they did not stop their craving, * though the food was still in their mouths.
31. So God's anger mounted against them; * he slew their strongest men and laid low the youth of Israel.
32. In spite of all this, they went on sinning * and had no faith in his wonderful works.
33. So he brought their days to an end like a breath * and their years in sudden terror.
34. Whenever he slew them, they would seek him, * and repent, and diligently search for God.
35. They would remember that God was their rock, * and the Most High God their redeemer.
36. But they flattered him with their mouths * and lied to him with their tongues.
37. Their heart was not steadfast toward him, * and they were not faithful to his covenant.

38. But he was so merciful that he forgave their sins and did not destroy them; * many times he held back his anger and did not permit his wrath to be roused.
39. For he remembered that they were but flesh, * a breath that goes forth and does not return.

Psalm 78: Part II Quoties exacerbaverunt
40. How often the people disobeyed him in the wilderness * and offended him in the desert!
41. Again and again they tempted God * and provoked the Holy One of Israel.
42. They did not remember his power * in the day when he ransomed them from the enemy;
43. How he wrought his signs in Egypt * and his omens in the field of Zoan.
44. He turned their rivers into blood, * so that they could not drink of their streams.
45. He sent swarms of flies among them, which ate them up, * and frogs, which destroyed them.
46. He gave their crops to the caterpillar, * the fruit of their toil to the locust.
47. He killed their vines with hail * and their sycamores with frost.
48. He delivered their cattle to hailstones * and their livestock to hot thunderbolts.
49. He poured out upon them his blazing anger: * fury, indignation, and distress, a troop of destroying angels.
50. He gave full rein to his anger; he did not spare their souls from death; * but delivered their lives to the plague.
51. He struck down all the firstborn of Egypt, * the flower of manhood in the dwellings of Ham.
52. He led out his people like sheep * and guided them in the wilderness like a flock.
53. He led them to safety, and they were not afraid; * but the sea overwhelmed their enemies.
54. He brought them to his holy land, * the mountain his right hand had won.
55. He drove out the Canaanites before them and apportioned an inheritance to them by lot; * he made the tribes of Israel to dwell in their tents.
56. But they tested the Most High God, and defied him, * and did not keep his commandments.
57. They turned away and were disloyal like their fathers; * they were undependable like a warped bow.
58. The grieved him with their hill-altars * they provoked his displeasure with their idols.
59. When God heard this, he was angry * and utterly rejected Israel.
60. He forsook the shrine at Shiloh, * the tabernacle where he had lived among his people.
61. He delivered the ark into captivity, * his glory into the adversary's hand.
62. He gave his people to the sword * and was angered against his inheritance.
63. The fire consumed their young men; * there were no wedding songs for their maidens.
64. Their priests fell by the sword, * and their widows made no lamentation.
65. Then the LORD woke as though from sleep, * like a warrior refreshed with wine.

66. He struck his enemies on the backside * and put them to perpetual shame.
67. He rejected the tent of Joseph * and did not choose the tribe of Ephraim;
68. He chose instead the tribe of Judah * and Mount Zion, which he loved.
69. He built his sanctuary like the heights of heaven, * like the earth which he founded for ever.
70. He chose David his servant, * and took him away from the sheepfolds.
71. He brought him from following the ewes, * to be a shepherd over Jacob his people and over Israel his inheritance.
72. So he shepherded them with a faithful and true heart * and guided them with the skillfulness of his hands.

88. Sixteenth Day: Morning Prayer

Psalm 79 *Deus, venerunt*

1. O God, the heathen have come into your inheritance; they have profaned your holy temple; * they have made Jerusalem a heap of rubble.
2. They have given the bodies of your servants as food for the birds of the air, * and the flesh of your faithful ones to the beasts of the field.
3. They have shed their blood like water on every side of Jerusalem, * and there was no one to bury them.
4. We have become a reproach to our neighbors, * an object of scorn and derision to those around us.
5. How long will you be angry, O LORD? * will your fury blaze like fire for ever?
6. Pour out your wrath upon the heathen who have not known you * and upon the kingdoms that have not called upon your Name.
7. For they have devoured Jacob * and made his dwelling a ruin.
8. Remember not our past sins; let your compassion be swift to meet us; * for we have been brought very low.
9. Help us, O God our Savior, for the glory of your Name; * deliver us and forgive us our sins, for your Name's sake.
10. Why should the heathen say, "Where is their God?" * Let it be known among the heathen and in our sight that you avenge the shedding of your servants' blood.
11. Let the sorrowful sighing of the prisoners come before you, * and by your great might spare those who are condemned to die.
12. May the revilings with which they reviled you, O Lord, * return seven-fold into their bosoms.
13. For we are your people and the sheep of your pasture; * we will give you thanks for ever and show forth your praise from age to age.

Psalm 80 *Qui regis Israel*

1. Hear, O Shepherd of Israel, leading Joseph like a flock; * shine forth, you that are enthroned upon the cherubim.
2. In the presence of Ephraim, Benjamin, and Manasseh, * stir up your strength and come to help us.
3. Restore us, O God of hosts; * show the light of your countenance, and we shall be saved.
4. O LORD God of hosts, * how long will you be angered despite the prayers of your people?

5. You have fed them with the bread of tears; * you have given them bowls of tears to drink.
6. You have made us the derision of our neighbors, * and our enemies laugh us to scorn.
7. Restore us, O God of hosts; * show the light of your countenance, and we shall be saved.
8. You have brought a vine out of Egypt; * you cast out the nations and planted it.
9. You prepared the ground for it; * it took root and filled the land.
10. The mountains were covered by its shadow * and the towering cedar trees by its boughs.
11. You stretched out its tendrils to the Sea * and its branches to the River.
12. Why have you broken down its wall, * so that all who pass by pluck off its grapes?
13. The wild boar of the forest has ravaged it, * and the beasts of the field have grazed upon it.
14. Turn now, O God of hosts, look down from heaven; behold and tend this vine; * preserve what your right hand has planted.
15. They burn it with fire like rubbish; * at the rebuke of your countenance let them perish.
16. Let your hand be upon the man of your right hand, * and son of man you have made so strong for yourself.
17. And so will we never turn away from you; * give us life, that we may call upon your Name.
18. Restore us, O LORD God of hosts; * show the light of your countenance, and we shall be saved.

Psalm 81 *Exultate Deo*
1. Sing with joy to God our strength * and raise a loud shout to the God of Jacob.
2. Raise a song and sound the timbrel, * the merry harp, and the lyre.
3. Blow the ram's-horn at the new moon, * and at the full moon, the day of our feast.
4. For this is a statute for Israel, * a law of the God of Jacob.
5. He laid it as a solemn charge upon Joseph, * when he came out of the land of Egypt.
6. I heard an unfamiliar voice saying, * "I eased his shoulder from the burden; his hands were set free from bearing the load."
7. You called on me in trouble, and I saved you; * I answered you from the secret place of thunder and tested you at the waters of Meribah.
8. Hear, O my people, and I will admonish you: * O Israel, if you would but listen to me!
9. There shall be no strange god among you; * you shall not worship a foreign god.
10. I am the LORD your God, who brought you out of the land of Egypt and said, * "Open your mouth wide, and I will fill it."
11. And yet my people did not hear my voice, * and Israel would not obey me.
12. So I gave them over to the stubbornness of their hearts, * to follow their own devices.
13. Oh, that my people would listen to me! * that Israel would walk in my ways!
14. I should soon subdue their enemies * and turn my hand against their foes.

15. Those who hate the LORD would cringe before him, * and their punishment would last for ever.
16. But Israel would I feed with the finest wheat * and satisfy him with honey from the rock.

89. Sixteenth Day: Evening Prayer

Psalm 82 *Deus stetit*
1. God takes his stand in the council of heaven; * he gives judgment in the midst of the gods:
2. "How long will you judge unjustly, * and show favor to the wicked?
3. Save the weak and the orphan; * defend the humble and needy;
4. Rescue the weak and the poor; * deliver them from the power of the wicked.
5. They do not know, neither do they understand; they go about in darkness; * all the foundations of the earth are shaken.
6. Now I say to you, 'You are gods, * and all of you children of the Most High;
7. Nevertheless, you shall die like mortals, * and fall like any prince.'"
8. Arise, O God, and rule the earth, * for you shall take all nations for your own.

Psalm 83 *Deus, quis similis*
1. O God, do not be silent; * do not keep still nor hold your peace, O God;
2. For your enemies are in tumult, * and those who hate you have lifted up their heads.
3. They take secret counsel against your people * and plot against those whom you protect.
4. They have said, "Come, let us wipe them out from among the nations; * let the name of Israel be remembered no more."
5. They have conspired together; * they have made an alliance against you:
6. The tents of Edom and the Ishmaelites; * the Moabites and the Hagarenes;
7. Gebal, and Ammon, and Amalek; * the Philistines and those who dwell in Tyre.
8. The Assyrians also have joined them, * and have come to help the people of Lot.
9. Do to them as you did to Midian, * to Sisera, and to Jabin at the river of Kishon:
10. They were destroyed at Endor; * they became like dung upon the ground.
11. Make their leaders like Oreb and Zeeb, * and all their commanders like Zebah and Zalmunna,
12. Who said, "Let us take for ourselves * the fields of God as our possession."
13. O my God, make them like whirling dust * and like chaff before the wind;
14. Like fire that burns down a forest, * like the flame that sets mountains ablaze.
15. Drive them with your tempest * and terrify them with your storm;
16. Cover their faces with shame, O LORD, * that they may seek your Name.
17. Let them be disgraced and terrified for ever; * let them be put to confusion and perish.
18. Let them know that you, whose Name is the LORD, * you alone are the Most High over all the earth.

Psalm 84 *Quam dilecta!*
1. How dear to me is your dwelling, O LORD of hosts! * My soul has a desire and longing for the courts of the LORD; my heart and my flesh rejoice in the living God.
2. The sparrow has found her a house and the swallow a nest where she may lay her young; * by the side of your altars, O LORD of hosts, my King and my God.
3. Happy are they who dwell in your house! * they will always be praising you.
4. Happy are the people whose strength is in you! * whose hearts are set on the pilgrims' way.
5. Those who go through the desolate valley will find /it a place of springs, * for the early rains have covered it with pools of water.
6. They will climb from height to height, * and the God of gods will reveal himself in Zion.
7. LORD God of hosts, hear my prayer; * hearken, O God of Jacob.
8. Behold our defender, O God; * and look upon the face of your Anointed.
9. For one day in your courts is better than a thousand in my own room, * and to stand at the threshold of the house of my God than to dwell in the tents of the wicked.
10. For the LORD God is both sun and shield; * he will give grace and glory;
11. No good thing will the LORD withhold * from those who walk with integrity.
12. O LORD of hosts, * happy are they who put their trust in you!

Psalm 85 *Benedixisti, Domine*
1. You have been gracious to your land, O LORD, * you have restored the good fortune of Jacob.
2. You have forgiven the iniquity of your people * and blotted out all their sins.
3. You have withdrawn all your fury * and turned yourself from your wrathful indignation.
4. Restore us then, O God our Savior; * let your anger depart from us.
5. Will you be displeased with us for ever? * will you prolong your anger from age to age?
6. Will you not give us life again, * that your people may rejoice in you?
7. Show us your mercy, O LORD, * and grant us your salvation.
8. I will listen to what the LORD God is saying, * for he is speaking peace to his faithful people and to those who turn their hearts to him.
9. Truly, his salvation is very near to those who fear him, * that his glory may dwell in our land.
10. Mercy and truth have met together; * righteousness and peace have kissed each other.
11. Truth shall spring up from the earth, * and righteousness shall look down from heaven.
12. The LORD will indeed grant prosperity, * and our land will yield its increase.
13. Righteousness shall go before him, * and peace shall be a pathway for his feet.

90. Seventeenth Day: Morning Prayer

Psalm 86 *Inclina, Domine*
1. Bow down your ear, O LORD, and answer me, * for I am poor and in misery.

2. Keep watch over my life, for I am faithful; * save your servant who puts his trust in you.
3. Be merciful to me, O LORD, for you are my God; * I call upon you all the day long.
4. Gladden the soul of your servant, * for to you, O LORD, I lift up my soul.
5. For you, O LORD, are good and forgiving, * and great is your love toward all who call upon you.
6. Give ear, O LORD, to my prayer, * and attend to the voice of my supplications.
7. In the time of my trouble I will call upon you, * for you will answer me.
8. Among the gods there is none like you, O LORD, * nor anything like your works.
9. All the nations you have made will come and worship you, O LORD, * and glorify your Name.
10. For you are great; you do wondrous things; * and you alone are God.
11. Teach me your way, O LORD, and I will walk in your truth; * knit my heart to you that I may fear your Name.
12. I will thank you, O LORD my God, with all my heart, * and glorify your Name for evermore.
13. For great is your love toward me; * you have delivered me from the nethermost Pit.
14. The arrogant rise up against me, O God, and a band of violent men seeks my life; * they have not set you before their eyes.
15. But you, O LORD, are gracious and full of compassion, * slow to anger, and full of kindness and truth.
16. Turn to me and have mercy upon me; * give your strength to your servant; and save the child of your handmaid.
17. Show me a sign of your favor, so that those who hate me may see it and be ashamed; * because you, O LORD, have helped me and comforted me.

Psalm 87 *Fundamenta ejus*
1. On the holy mountain stands the city he has founded; * the LORD loves the gates of Zion more than all the dwellings of Jacob.
2. Glorious things are spoken of you, * O city of our God.
3. I count Egypt and Babylon among those who know me; * behold Philistia, Tyre, and Ethiopia: in Zion were they born.
4. Of Zion it shall be said, "Everyone was born in her, * and the Most High himself shall sustain her."
5. The LORD will record as he enrolls the peoples, * "These also were born there."
6. The singers and the dancers will say, * "All my fresh springs are in you."

Psalm 88 *Domine, Deus*
1. O LORD, my God, my Savior, * by day and night I cry to you.
2. Let my prayer enter into your presence; * incline your ear to my lamentation.
3. For I am full of trouble; * my life is at the brink of the grave.
4. I am counted among those who go down to the Pit; * I have become like one who has no strength;
5. Lost among the dead, * like the slain who lie in the grave,
6. Whom you remember no more, * for they are cut off from your hand.

7. You have laid me in the depths of the Pit, * in dark places, and in the abyss.
8. Your anger weighs upon me heavily, * and all your great waves overwhelm me.
9. You have put my friends far from me; you have made me to be abhorred by them; * I am in prison and cannot get free.
10. My sight has failed me because of trouble; * LORD, I have called upon you daily; I have stretched out my hands to you.
11. Do you work wonders for the dead? * will those who have died stand up and give you thanks?
12. Will your loving-kindness be declared in the grave? * your faithfulness in the land of destruction?
13. Will your wonders be known in the dark? * or your righteousness in the country where all is forgotten?
14. But as for me, O LORD, I cry to you for help; * in the morning my prayer comes before you.
15. LORD, why have you rejected me? * why have you hidden your face from me?
16. Ever since my youth, I have been wretched and at the point of death; * I have borne your terrors with a troubled mind.
17. Your blazing anger has swept over me; * your terrors have destroyed me;
18. They surround me all day long like a flood; * they encompass me on every side.
19. My friend and my neighbor you have put away from me, * and darkness is my only companion.

91. Seventeenth Day: Evening Prayer

Psalm 89

Part I: Misericordias Domini

1. Your love, O LORD, for ever will I sing; * from age to age my mouth will proclaim your faithfulness.
2. For I am persuaded that your love is established for ever; * you have set your faithfulness firmly in the heavens.
3. "I have made a covenant with my chosen one; * I have sworn an oath to David my servant:
4. 'I will establish your line for ever, * and preserve your throne for all generations.'"
5. The heavens bear witness to your wonders, O LORD, * and to your faithfulness in the assembly of the holy ones;
6. For who in the skies can be compared to the LORD? * who is like the LORD among the gods?
7. God is much to be feared in the council of the holy ones, * great and terrible to all those round about him.
8. Who is like you, LORD God of hosts? * O mighty LORD, your faithfulness is all around you.
9. You rule the raging of the sea * and still the surging of its waves.
10. You have crushed Rahab of the deep with a deadly wound; * you have scattered your enemies with your mighty arm.
11. Yours are the heavens; the earth also is yours; * you laid the foundations of the world and all that is in it.

12. You have made the north and the south; * Tabor and Hermon rejoice in your Name.
13. You have a mighty arm; * strong is your hand and high is your right hand.
14. Righteousness and justice are the foundations of your throne; * love and truth go before your face.
15. Happy are the people who know the festal shout! * they walk, O LORD, in the light of your presence.
16. They rejoice daily in your Name; * they are jubilant in your righteousness.
17. For you are the glory of their strength, * and by your favor our might is exalted.
18. Truly, the LORD is our ruler; * The Holy One of Israel is our King.

Psalm 89: Part II: Tunc locutus es
19. You spoke once in vision and said to your faithful people: * "I have set the crown upon a warrior and have exalted one chosen out of the people.
20. I have found David my servant; * with my holy oil have I anointed him.
21. My hand will hold him fast * and my arm will make him strong.
22. No enemy shall deceive him, * nor any wicked man bring him down.
23. I will crush his foes before him * and strike down those who hate him.
24. My faithfulness and love shall be with him, * and he shall be victorious through my Name.
25. I shall make his dominion extend * from the Great Sea to the River.
26. He will say to me, 'You are my Father, * my God, and the rock of my salvation.'
27. I will make him my firstborn * and higher than the kings of the earth.
28. I will keep my love for him for ever, * and my covenant will stand firm for him.
29. I will establish his line for ever * and his throne as the days of heaven."
30. "If his children forsake my law * and do not walk according to my judgments;
31. If they break my statutes * and do not keep my commandments;
32. I will punish their transgressions with a rod * and their iniquities with the lash;
33. But I will not take my love from him, * nor let my faithfulness prove false.
34. I will not break my covenant, * nor change what has gone out of my lips.
35. Once for all I have sworn by my holiness: * 'I will not lie to David.
36. His line shall endure for ever * and his throne as the sun before me;
37. It shall stand fast for evermore like the moon, * the abiding witness in the sky.'"
38. But you have cast off and rejected your anointed; * you have become enraged at him.
39. You have broken your covenant with your servant, * defiled his crown, and hurled it to the ground.
40. You have breached all his walls * and laid his strongholds in ruins.
41. All who pass by despoil him; * he has become the scorn of his neighbors.
42. You have exalted the right hand of his foes * and made all his enemies rejoice.
43. You have turned back the edge of his sword * and have not sustained him in battle.
44. You have put an end to his splendor * and cast his throne to the ground.
45. You have cut short the days of his youth * and have covered him with shame.
46. How long will you hide yourself, O LORD? will you hide yourself for ever? * how long will your anger burn like fire?
47. Remember, LORD, how short life is, * how frail you have made all flesh.

48. Who can live and not see death? * who can save himself from the power of the grave?
49. Where, Lord, are your loving-kindnesses of old, * which you promised David in your faithfulness?
50. Remember, Lord, how your servant is mocked, * how I carry in my bosom the taunts of many peoples,
51. The taunts your enemies have hurled, O LORD, * which they hurled at the heels of your anointed.
52. Blessed be the LORD for evermore! * Amen, I say, Amen.

92. Eighteenth Day: Morning Prayer

Psalm 90 *Domine, refugium*
1. Lord, you have been our refuge * from one generation to another.
2. Before the mountains were brought forth, or the land and the earth were born, * from age to age you are God.
3. You turn us back to the dust and say, * "Go back, O child of earth."
4. For a thousand years in your sight are like yesterday when it is past * and like a watch in the night.
5. You sweep us away like a dream; * we fade away suddenly like the grass.
6. In the morning it is green and flourishes; * in the evening it is dried up and withered.
7. For we consume away in your displeasure; * we are afraid because of your wrathful indignation.
8. Our iniquities you have set before you, * and our secret sins in the light of your countenance.
9. When you are angry, all our days are gone; * we bring our years to an end like a sigh.
10. The span of our life is seventy years, perhaps in strength even eighty; * yet the sum of them is but labor and sorrow, for they pass away quickly and we are gone.
11. Who regards the power of your wrath? * who rightly fears your indignation?
12. So teach us to number our days * that we may apply our hearts to wisdom.
13. Return, O LORD; how long will you tarry? * be gracious to your servants.
14. Satisfy us by your loving-kindness in the morning; * so shall we rejoice and be glad all the days of our life.
15. Make us glad by the measure of the days that you afflicted us * and the years in which we suffered adversity.
16. Show your servants your works * and your splendor to their children.
17. May the graciousness of the LORD our God be upon us; * prosper the work of our hands; prosper our handiwork.

Psalm 91 *Qui habitat*
1. He who dwells in the shelter of the Most High, * abides under the shadow of the Almighty.
2. He shall say to the LORD, "You are my refuge and my stronghold, * my God in whom I put my trust."
3. He shall deliver you from the snare of the hunter * and from the deadly pestilence.

4. He shall cover you with his pinions, and you shall find refuge under his wings; * his faithfulness shall be a shield and buckler.
5. You shall not be afraid of any terror by night, * nor of the arrow that flies by day;
6. Of the plague that stalks in the darkness, * nor of the sickness that lays waste at mid-day.
7. A thousand shall fall at your side and ten thousand at your right hand, * but it shall not come near you.
8. Your eyes have only to behold * to see the reward of the wicked.
9. Because you have made the LORD your refuge, * and the Most High your habitation,
10. There shall no evil happen to you, * neither shall any plague come near your dwelling.
11. For he shall give his angels charge over you, * to keep you in all your ways.
12. They shall bear you in their hands, * lest you dash your foot against a stone.
13. You shall tread upon the lion and the adder; * you shall trample the young lion and the serpent under your feet.
14. Because he is bound to me in love, therefore will I deliver him; * I will protect him, because he knows my Name.
15. He shall call upon me, and I will answer him; * I am with him in trouble; I will rescue him and bring him to honor.
16. With long life will I satisfy him, * and show him my salvation.

Psalm 92 *Bonum est confiteri*
1. It is a good thing to give thanks to the LORD, * and to sing praises to your Name, O Most High;
2. To tell of your loving-kindness early in the morning * and of your faithfulness in the night season;
3. On the psaltery, and on the lyre, * and to the melody of the harp.
4. For you have made me glad by your acts, O LORD; * and I shout for joy because of the works of your hands.
5. LORD, how great are your works! * your thoughts are very deep.
6. The dullard does not know, nor does the fool understand, * that though the wicked grow like weeds, and all the workers of iniquity flourish,
7. They flourish only to be destroyed for ever; * but you, O LORD, are exalted for evermore.
8. For lo, your enemies, O LORD, lo, your enemies shall perish, * and all the workers of iniquity shall be scattered.
9. But my horn you have exalted like the horns of wild bulls; * I am anointed with fresh oil.
10. My eyes also gloat over my enemies, * and my ears rejoice to hear the doom of the wicked who rise up against me.
11. The righteous shall flourish like a palm tree, * and shall spread abroad like a cedar of Lebanon.
12. Those who are planted in the house of the LORD * shall flourish in the courts of our God;
13. They shall still bear fruit in old age; * they shall be green and succulent;

14. That they may show how upright the LORD is, * my Rock, in whom there is no fault.

93. Eighteenth Day: Evening Prayer

Psalm 93 *Dominus regnavit*
1. The LORD is King; he has put on splendid apparel; * the LORD has put on his apparel and girded himself with strength.
2. He has made the whole world so sure * that it cannot be moved;
3. Ever since the world began, your throne has been established; * you are from everlasting.
4. The waters have lifted up, O LORD, the waters have lifted up their voice; * the waters have lifted up their pounding waves.
5. Mightier than the sound of many waters, mightier than the breakers of the sea, * mightier is the LORD who dwells on high.
6. Your testimonies are very sure, * and holiness adorns your house, O LORD, for ever and for evermore.

Psalm 94 *Deus ultionum*
1. O LORD God of vengeance, * O God of vengeance, show yourself.
2. Rise up, O Judge of the world; * give the arrogant their just deserts.
3. How long shall the wicked, O LORD, * how long shall the wicked triumph?
4. They bluster in their insolence; * all evildoers are full of boasting.
5. They crush your people, O LORD, * and afflict your chosen nation.
6. They murder the widow and the stranger * and put the orphans to death.
7. Yet they say, "The LORD does not see, * the God of Jacob takes no notice."
8. Consider well, you dullards among the people; * when will you fools understand?
9. He that planted the ear, does he not hear? * he that formed the eye, does he not see?
10. He who admonishes the nations, will he not punish? * he who teaches all the world, has he no knowledge?
11. The LORD knows our human thoughts; * how like a puff of wind they are.
12. Happy are they whom you instruct, O Lord! * whom you teach out of your law;
13. To give them rest in evil days, * until a pit is dug for the wicked.
14. For the LORD will not abandon his people, * nor will he forsake his own.
15. For judgment will again be just, * and all the true of heart will follow it.
16. Who rose up for me against the wicked? * who took my part against the evildoers?
17. If the LORD had not come to my help, * I should soon have dwelt in the land of silence.
18. As often as I said, "My foot has slipped," * your love, O LORD, upheld me.
19. When many cares fill my mind, * your consolations cheer my soul.
20. Can a corrupt tribunal have any part with you, * one which frames evil into law?
21. They conspire against the life of the just * and condemn the innocent to death.
22. But the LORD has become my stronghold, * and my God the rock of my trust.
23. He will turn their wickedness back upon them and destroy them in their own malice; * the LORD our God will destroy them.

94. Nineteenth Day: Morning Prayer

Psalm 95 *Venite, exultemus*

1. Come, let us sing to the LORD; * let us shout for joy to the Rock of our salvation.
2. Let us come before his presence with thanksgiving * and raise a loud shout to him with psalms.
3. For the LORD is a great God, * and a great King above all gods.
4. In his hand are the caverns of the earth, * and the heights of the hills are his also.
5. The sea is his, for he made it, * and his hands have molded the dry land.
6. Come, let us bow down, and bend the knee, * and kneel before the LORD our Maker.
7. For he is our God, and we are the people of his pasture and the sheep of his hand. * Oh, that today you would hearken to his voice!
8. Harden not your hearts, as your forebears did in the wilderness, * at Meribah, and on that day at Massah, when they tempted me.
9. They put me to the test, * though they had seen my works.
10. Forty years long I detested that generation and said, * "This people are wayward in their hearts; they do not know my ways."
11. So I swore in my wrath, * "They shall not enter into my rest."

Psalm 96 *Cantate Domino*

1. Sing to the LORD a new song; * sing to the LORD, all the whole earth.
2. Sing to the LORD and bless his Name; * proclaim the good news of his salvation from day to day.
3. Declare his glory among the nations * and his wonders among all peoples.
4. For great is the LORD and greatly to be praised; * he is more to be feared than all gods.
5. As for all the gods of the nations, they are but idols; * but it is the LORD who made the heavens.
6. Oh, the majesty and magnificence of his presence! * Oh, the power and the splendor of his sanctuary!
7. Ascribe to the LORD, you families of the peoples; * ascribe to the LORD honor and power.
8. Ascribe to the LORD the honor due his Name; * bring offerings and come into his courts.
9. Worship the LORD in the beauty of holiness; * let the whole earth tremble before him.
10. Tell it out among the nations: "The LORD is King! * he has made the world so firm that it cannot be moved; he will judge the peoples with equity."
11. Let the heavens rejoice, and let the earth be glad; let the sea thunder and all that is in it; * let the field be joyful and all that is therein.
12. Then shall all the trees of the wood shout for joy before the LORD when he comes, * when he comes to judge the earth.
13. He will judge the world with righteousness * and the peoples with his truth.

Psalm 97 *Dominus regnavit*

1. The LORD is King; let the earth rejoice; * let the multitude of the isles be glad.

2. Clouds and darkness are round about him, * righteousness and justice are the foundations of his throne.
3. A fire goes before him * and burns up his enemies on every side.
4. His lightnings light up the world; * the earth sees it and is afraid.
5. The mountains melt like wax at the presence of the LORD, * at the presence of the Lord of the whole earth.
6. The heavens declare his righteousness, * and all the peoples see his glory.
7. Confounded be all who worship carved images and delight in false gods! * Bow down before him, all you gods.
8. Zion hears and is glad, and the cities of Judah rejoice, * because of your judgments, O LORD.
9. For you are the LORD, most high over all the earth; * you are exalted far above all gods.
10. The LORD loves those who hate evil; * he preserves the lives of his saints and delivers them from the hand of the wicked.
11. Light has sprung up for the righteous, * and joyful gladness for those who are truehearted.
12. Rejoice in the LORD, you righteous, * and give thanks to his holy Name.

95. Nineteenth Day: Evening Prayer

Psalm 98 *Cantate Domino*
1. Sing to the LORD a new song, * for he has done marvelous things.
2. With his right hand and his holy arm * has he won for himself the victory.
3. The LORD has made known his victory; * his righteousness has he openly shown in the sight of the nations.
4. He remembers his mercy and faithfulness to the house of Israel, * and all the ends of the earth have seen the victory of our God.
5. Shout with joy to the LORD, all you lands; * lift up your voice, rejoice, and sing.
6. Sing to the LORD with the harp, * with the harp and the voice of song.
7. With trumpets and the sound of the horn * shout with joy before the King, the LORD.
8. Let the sea make a noise and all that is in it, * the lands and those who dwell therein.
9. Let the rivers clap their hands, * and let the hills ring out with joy before the LORD, when he comes to judge the earth.
10. In righteousness shall he judge the world * and the peoples with equity.

Psalm 99 *Dominus regnavit*
1. The LORD is King; let the people tremble; * he is enthroned upon the cherubim; let the earth shake.
2. The LORD is great in Zion; * he is high above all peoples.
3. Let them confess his Name, which is great and awesome; * he is the Holy One.
4. "O mighty King, lover of justice, you have established equity; * you have executed justice and righteousness in Jacob."
5. Proclaim the greatness of the LORD our God and fall down before his footstool; * he is the Holy One.

6. Moses and Aaron among his priests, and Samuel among those who call upon his Name, * they called upon the LORD, and he answered them.
7. He spoke to them out of the pillar of cloud; * they kept his testimonies and the decree that he gave them.
8. "O LORD our God, you answered them indeed; * you were a God who forgave them, yet punished them for their evil deeds."
9. Proclaim the greatness of the LORD our God and worship him upon his holy hill; * for the LORD our God is the Holy One.

Psalm 100 *Jubilate Deo*
1. Be joyful in the LORD, all you lands; * serve the LORD with gladness and come before his presence with a song.
2. Know this: The LORD himself is God; * he himself has made us, and we are his; we are his people and the sheep of his pasture.
3. Enter his gates with thanksgiving; go into his courts with praise; * give thanks to him and call upon his Name.
4. For the LORD is good; his mercy is everlasting; * and his faithfulness endures from age to age.

Psalm 101 *Misericordiam et judicium*
1. I will sing of mercy and justice; * to you, O LORD, will I sing praises.
2. I will strive to follow a blameless course; oh, when will you come to me? * I will walk with sincerity of heart within my house.
3. I will set no worthless thing before my eyes; * I hate the doers of evil deeds; they shall not remain with me.
4. A crooked heart shall be far from me; * I will not know evil.
5. Those who in secret slander their neighbors I will destroy; * those who have a haughty look and a proud heart I cannot abide.
6. My eyes are upon the faithful in the land, that they may dwell with me, * and only those who lead a blameless life shall be my servants.
7. Those who act deceitfully shall not dwell in my house, * and those who tell lies shall not continue in my sight.
8. I will soon destroy all the wicked in the land, * that I may root out all evildoers from the city of the LORD.

96. Twentieth Day: Morning Prayer

Psalm 102 *Domine, exaudi*
1. LORD, hear my prayer, and let my cry come before you; * hide not your face from me in the day of my trouble.
2. Incline your ear to me; * when I call, make haste to answer me,
3. For my days drift away like smoke, * and my bones are hot as burning coals.
4. My heart is smitten like grass and withered, * so that I forget to eat my bread.
5. Because of the voice of my groaning * I am but skin and bones.
6. I have become like a vulture in the wilderness, * like an owl among the ruins.
7. I lie awake and groan; * I am like a sparrow, lonely on a house-top.
8. My enemies revile me all day long, * and those who scoff at me have taken an oath against me.

9. For I have eaten ashes for bread * and mingled my drink with weeping.
10. Because of your indignation and wrath * you have lifted me up and thrown me away.
11. My days pass away like a shadow, * and I wither like the grass.
12. But you, O LORD, endure for ever, * and your Name from age to age.
13. You will arise and have compassion on Zion, for it is time to have mercy upon her; * indeed, the appointed time has come.
14. For your servants love her very rubble, * and are moved to pity even for her dust.
15. The nations shall fear your Name, O LORD, * and all the kings of the earth your glory.
16. For the LORD will build up Zion, * and his glory will appear.
17. He will look with favor on the prayer of the homeless; * he will not despise their plea.
18. Let this be written for a future generation, * so that a people yet unborn may praise the LORD.
19. For the LORD looked down from his holy place on high; * from the heavens he beheld the earth;
20. That he might hear the groan of the captive * and set free those condemned to die;
21. That they may declare in Zion the Name of the LORD, * and his praise in Jerusalem;
22. When the peoples are gathered together, * and the kingdoms also, to serve the LORD.
23. He has brought down my strength before my time; * he has shortened the number of my days;
24. And I said, "O my God, do not take me away in the midst of my days; * your years endure throughout all generations.
25. In the beginning, O LORD, you laid the foundations of the earth, * and the heavens are the work of your hands;
26. They shall perish, but you will endure; they all shall wear out like a garment; * as clothing you will change them, and they shall be changed;
27. But you are always the same, * and your years will never end.
28. The children of your servants shall continue, * and their offspring shall stand fast in your sight."

Psalm 103 *Benedic, anima mea*
1. Bless the LORD, O my soul, * and all that is within me, bless his holy Name.
2. Bless the LORD, O my soul, * and forget not all his benefits.
3. He forgives all your sins * and heals all your infirmities;
4. He redeems your life from the grave * and crowns you with mercy and loving-kindness;
5. He satisfies you with good things, * and your youth is renewed like an eagle's.
6. The LORD executes righteousness * and judgment for all who are oppressed.
7. He made his ways known to Moses * and his works to the children of Israel.
8. The LORD is full of compassion and mercy, * slow to anger and of great kindness.
9. He will not always accuse us, * nor will he keep his anger for ever.

10. He has not dealt with us according to our sins, * nor rewarded us according to our wickedness.
11. For as the heavens are high above the earth, * so is his mercy great upon those who fear him.
12. As far as the east is from the west, * so far has he removed our sins from us.
13. As a father cares for his children, * so does the LORD care for those who fear him.
14. For he himself knows whereof we are made; * he remembers that we are but dust.
15. Our days are like the grass; * we flourish like a flower of the field;
16. When the wind goes over it, it is gone, * and its place shall know it no more.
17. But the merciful goodness of the LORD endures for ever on those who fear him, * and his righteousness on children's children;
18. On those who keep his covenant * and remember his commandments and do them.
19. The LORD has set his throne in heaven, * and his kingship has dominion over all.
20. Bless the LORD, you angels of his, you mighty ones who do his bidding, * and hearken to the voice of his word.
21. Bless the LORD, all you his hosts, * you ministers of his who do his will.
22. Bless the LORD, all you works of his, in all places of his dominion; * bless the LORD, O my soul.

97. Twentieth Day: Evening Prayer

Psalm 104 *Benedic, anima mea*

1. Bless the LORD, O my soul; * O LORD my God, how excellent is your greatness! you are clothed with majesty and splendor.
2. You wrap yourself with light as with a cloak * and spread out the heavens like a curtain.
3. You lay the beams of your chambers in the waters above; * you make the clouds your chariot; you ride on the wings of the wind.
4. You make the winds your messengers * and flames of fire your servants.
5. You have set the earth upon its foundations, * so that it never shall move at any time.
6. You covered it with the Deep as with a mantle; * the waters stood higher than the mountains.
7. At your rebuke they fled; * at the voice of your thunder they hastened away.
8. They went up into the hills and down to the valleys beneath, * to the places you had appointed for them.
9. You set the limits that they should not pass; * they shall not again cover the earth.
10. You send the springs into the valleys; * they flow between the mountains.
11. All the beasts of the field drink their fill from them, * and the wild asses quench their thirst.
12. Beside them the birds of the air make their nests * and sing among the branches.

13. You water the mountains from your dwelling on high; * the earth is fully satisfied by the fruit of your works.
14. You make grass grow for flocks and herds * and plants to serve mankind;
15. That they may bring forth food from the earth, * and wine to gladden our hearts,
16. Oil to make a cheerful countenance, * and bread to strengthen the heart.
17. The trees of the LORD are full of sap, * the cedars of Lebanon which he planted,
18. In which the birds build their nests, * and in whose tops the stork makes his dwelling.
19. The high hills are a refuge for the mountain goats, * and the stony cliffs for the rock badgers.
20. You appointed the moon to mark the seasons, * and the sun knows the time of its setting.
21. You make darkness that it may be night, * in which all the beasts of the forest prowl.
22. The lions roar after their prey * and seek their food from God.
23. The sun rises, and they slip away * and lay themselves down in their dens.
24. Man goes forth to his work * and to his labor until the evening.
25. O LORD, how manifold are your works! * in wisdom you have made them all; the earth is full of your creatures.
26. Yonder is the great and wide sea with its living things too many to number, * creatures both small and great.
27. There move the ships, and there is that Leviathan, * which you have made for the sport of it.
28. All of them look to you * to give them their food in due season.
29. You give it to them; they gather it; * you open your hand, and they are filled with good things.
30. You hide your face, and they are terrified; * you take away their breath, and they die and return to their dust.
31. You send forth your Spirit, and they are created; * and so you renew the face of the earth.
32. May the glory of the LORD endure for ever; * may the LORD rejoice in all his works.
33. He looks at the earth and it trembles; * he touches the mountains and they smoke.
34. I will sing to the LORD as long as I live; * I will praise my God while I have my being.
35. May these words of mine please him; * I will rejoice in the LORD.
36. Let sinners be consumed out of the earth, * and the wicked be no more.
37. Bless the LORD, O my soul. * Alleluia!

98. Twenty-first Day: Morning Prayer

Psalm 105

Part I: Confitemini Domino

1. Give thanks to the LORD and call upon his Name; * make known his deeds among the peoples.

2. Sing to him, sing praises to him, * and speak of all his marvelous works.
3. Glory in his holy Name; * let the hearts of those who seek the LORD rejoice.
4. Search for the LORD and his strength; * continually seek his face.
5. Remember the marvels he has done, * his wonders and the judgments of his mouth,
6. O offspring of Abraham his servant, * O children of Jacob his chosen.
7. He is the LORD our God; * his judgments prevail in all the world.
8. He has always been mindful of his covenant, * the promise he made for a thousand generations:
9. The covenant he made with Abraham, * the oath that he swore to Issac,
10. Which he established as a statute for Jacob, * an everlasting covenant for Israel,
11. Saying, "To you will I give the land of Canaan * to be your allotted inheritance."
12. When they were few in number, * of little account, and sojourners in the land,
13. Wandering from nation to nation * and from one kingdom to another,
14. He let no one oppress them * and rebuked kings for their sake,
15. Saying, "Do not touch my anointed * and do my prophets no harm."
16. Then he called for a famine in the land * and destroyed the supply of bread.
17. He sent a man before them, * Joseph, who was sold as a slave.
18. They bruised his feet in fetters; * his neck they put in an iron collar.
19. Until his prediction came to pass, * the word of the LORD tested him.
20. The king sent and released him; * the ruler of the peoples set him free.
21. He set him as a master over his household, * as a ruler over all his possessions,
22. To instruct his princes according to his will * and to teach his elders wisdom.

Psalm 105: Part II: Et intravit Israel
23. Israel came into Egypt, * and Jacob became a sojourner in the land of Ham.
24. The LORD made his people exceedingly fruitful; * he made them stronger than their enemies;
25. Whose heart he turned, so that they hated his people, * and dealt unjustly with his servants.
26. He sent Moses his servant, * and Aaron whom he had chosen.
27. They worked his signs among them, * and portents in the land of Ham.
28. He sent darkness, and it grew dark; * but the Egyptians rebelled against his words.
29. He turned their waters into blood * and caused their fish to die.
30. Their land was overrun by frogs, * in the very chambers of their kings.
31. He spoke, and there came swarms of insects * and gnats within all their borders.
32. He gave them hailstones instead of rain, * and flames of fire throughout their land.
33. He blasted their vines and their fig trees * and shattered every tree in their country.
34. He spoke, and the locust came, * and young locusts without number,
35. Which ate up all the green plants in their land * and devoured the fruit of their soil.
36. He struck down the firstborn of their land, * the firstfruits of all their strength.
37. He led out his people with silver and gold; * in all their tribes there was not one that stumbled.

38. Egypt was glad of their going, * because they were afraid of them.
39. He spread out a cloud for a covering * and a fire to give light in the night season.
40. They asked, and quails appeared, * and he satisfied them with bread from heaven.
41. He opened the rock, and water flowed, * so the river ran in the dry places.
42. For God remembered his holy word * and Abraham his servant.
43. So he led forth his people with gladness, * his chosen with shouts of joy.
44. He gave his people the lands of the nations, * and they took the fruit of others' toil,
45. That they might keep his statutes * and observe his laws. Alleluia!

99. Twenty-first Day: Evening Prayer

Psalm 106

Part I: Confitemini Domino

1. Alleluia! Give thanks to the LORD, for he is good, * for his mercy endures for ever.
2. Who can declare the mighty acts of the LORD * or show forth all his praise?
3. Happy are those who act with justice * and always do what is right!
4. Remember me, O LORD, with the favor you have for your people, * and visit me with your saving help;
5. That I may see the prosperity of your elect and be glad with the gladness of your people, * that I may glory with your inheritance.
6. We have sinned as our forebears did; * we have done wrong and dealt wickedly.
7. In Egypt they did not consider your marvelous works, nor remember the abundance of your love; * they defied the Most High at the Red Sea.
8. But he saved them for his Name's sake, * to make his power known.
9. He rebuked the Red Sea, and it dried up, * and he led them through the deep as through a desert.
10. He saved them from the hand of those who hated them * and redeemed them from the hand of the enemy.
11. The waters covered their oppressors; * not one of them was left.
12. Then they believed his words * and sang him songs of praise.
13. But they soon forgot his deeds * and did not wait for his counsel.
14. A craving seized them in the wilderness, * and they put God to the test in the desert.
15. He gave them what they asked, * but sent leanness into their soul.
16. They envied Moses in the camp, * and Aaron, the holy one of the LORD.
17. The earth opened and swallowed Dathan * and covered the company of Abiram.
18. Fire blazed up against their company, * and flames devoured the wicked.

Psalm 106: Part II: Et fecerunt vitulum

19. Israel made a bull-calf at Horeb * and worshiped a molten image;
20. And so they exchanged their Glory * for the image of an ox that feeds on grass.
21. They forgot God their Savior, * who had done great things in Egypt,
22. Wonderful deeds in the land of Ham, * and fearful things at the Red Sea.

23. So he would have destroyed them, had not Moses his chosen stood before him in the breach, * to turn away his wrath from consuming them.
24. They refused the pleasant land * and would not believe his promise.
25. They grumbled in their tents * and would not listen to the voice of the LORD.
26. So he lifted his hand against them, * to overthrow them in the wilderness,
27. To cast out their seed among the nations, * and to scatter them throughout the lands.
28. They joined themselves to Baal-Peor * and ate sacrifices offered to the dead.
29. They provoked him to anger with their actions, * and a plague broke out among them.
30. Then Phinehas stood up and interceded, * and the plague came to an end.
31. This was reckoned to him as righteousness * throughout all generations for ever.
32. Again they provoked his anger at the waters of Meribah, * so that he punished Moses because of them;
33. For they so embittered his spirit * that he spoke rash words with his lips.
34. They did not destroy the peoples * as the LORD had commanded them.
35. They intermingled with the heathen * and learned their pagan ways,
36. So that they worshiped their idols, * which became a snare to them.
37. They sacrificed their sons * and their daughters to evil spirits.
38. They shed innocent blood, the blood of their sons and daughters, * which they offered to the idols of Canaan, and the land was defiled with blood.
39. Thus they were polluted by their actions * and went whoring in their evil deeds.
40. Therefore the wrath of the LORD was kindled against his people * and he abhorred his inheritance.
41. He gave them over to the hand of the heathen, * and those who hated them ruled over them.
42. Their enemies oppressed them, * and they were humbled under their hand.
43. Many a time did he deliver them, but they rebelled through their own devices, * and were brought down in their iniquity.
44. Nevertheless, he saw their distress, * when he heard their lamentation.
45. He remembered his covenant with them * and relented in accordance with his great mercy.
46. He caused them to be pitied * by those who held them captive.
47. Save us, O LORD our God, and gather us from among the nations, * that we may give thanks to your holy Name and glory in your praise.
48. Blessed be the LORD, the God of Israel, from everlasting to everlasting; * and let all the people say, "Amen!" Alleluia!

100. Twenty-second Day: Morning Prayer

Psalm 107

Part I: Confitemini Domino

1. Give thanks to the LORD, for he is good, * and his mercy endures for ever.
2. Let all those whom the LORD has redeemed proclaim * that he redeemed them from the hand of the foe.
3. He gathered them out of the lands; * from the east and from the west, from the north and from the south.

4. Some wandered in desert wastes; * they found no way to a city where they might dwell.
5. They were hungry and thirsty; * their spirits languished within them.
6. Then they cried to the LORD in their trouble, * and he delivered them from their distress.
7. He put their feet on a straight path * to go to a city where they might dwell.
8. Let them give thanks to the LORD for his mercy * and the wonders he does for his children.
9. For he satisfies the thirsty * and fills the hungry with good things.
10. Some sat in darkness and deep gloom, * bound fast in misery and iron;
11. Because they rebelled against the words of God * and despised the counsel of the Most High.
12. So he humbled their spirits with hard labor; * they stumbled, and there was none to help.
13. Then they cried to the LORD in their trouble, * and he delivered them from their distress.
14. He led them out of darkness and deep gloom * and broke their bonds asunder.
15. Let them give thanks to the LORD for his mercy * and the wonders he does for his children.
16. For he shatters the doors of bronze * and breaks in two the iron bars.
17. Some were fools and took to rebellious ways; * they were afflicted because of their sins.
18. They abhorred all manner of food * and drew near to death's door.
19. Then they cried to the LORD in their trouble, * and he delivered them from their distress.
20. He sent forth his word and healed them * and saved them from the grave.
21. Let them give thanks to the LORD for his mercy * and the wonders he does for his children.
22. Let them offer a sacrifice of thanksgiving * and tell of his acts with shouts of joy.
23. Some went down to the sea in ships * and plied their trade in deep waters;
24. They beheld the works of the LORD * and his wonders in the deep.
25. Then he spoke, and a stormy wind arose, * which tossed high the waves of the sea.
26. They mounted up to the heavens and fell back to the depths; * their hearts melted because of their peril.
27. They reeled and staggered like drunkards * and were at their wits' end.
28. Then they cried to the LORD in their trouble, * and he delivered them from their distress.
29. He stilled the storm to a whisper * and quieted the waves of the sea.
30. Then were they glad because of the calm, * and he brought them to the harbor they were bound for.
31. Let them give thanks to the LORD for his mercy * and the wonders he does for his children.
32. Let them exalt him in the congregation of the people * and praise him in the council of the elders.

Psalm 107: Part II: Posuit flumina
33. The LORD changed rivers into deserts, * and water-springs into thirsty ground,
34. A fruitful land into salt flats, * because of the wickedness of those who dwell there.
35. He changed deserts into pools of water * and dry land into water-springs.
36. He settled the hungry there, * and they founded a city to dwell in.
37. They sowed fields, and planted vineyards, * and brought in a fruitful harvest.
38. He blessed them, so that they increased greatly; * he did not let their herds decrease.
39. Yet when they were diminished and brought low, * through stress of adversity and sorrow,
40. (He pours contempt on princes * and makes them wander in trackless wastes)
41. He lifted up the poor out of misery * and multiplied their families like flocks of sheep.
42. The upright will see this and rejoice, * but all wickedness will shut its mouth.
43. Whoever is wise will ponder these things, * and consider well the mercies of the LORD.

101. Twenty-second Day: Evening Prayer

Psalm 108 *Paratum cor meum*
1. My heart is firmly fixed, O God, my heart is fixed; * I will sing and make melody.
2. Wake up, my spirit; awake, lute and harp; * I myself will waken the dawn.
3. I will confess you among the peoples, O LORD; * I will sing praises to you among the nations.
4. For your loving-kindness is greater than the heavens, * and your faithfulness reaches to the clouds.
5. Exalt yourself above the heavens, O God, * and your glory over all the earth.
6. So that those who are dear to you may be delivered, * save with your right hand and answer me.
7. God spoke from his holy place and said, * "I will exult and parcel out Shechem; I will divide the valley of Succoth.
8. Gilead is mine and Manasseh is mine; * Ephraim is my helmet and Judah my scepter.
9. Moab is my washbasin, on Edom I throw down my sandal to claim it, * and over Philistia will I shout in triumph."
10. Who will lead me into the strong city? * who will bring me into Edom?
11. Have you not cast us off, O God? * you no longer go out, O God, with our armies.
12. Grant us your help against the enemy, * for vain is the help of man.
13. With God we will do valiant deeds, * and he shall tread our enemies under foot.

Psalm 109 *Deus, laudem*
1. Hold not your tongue, O God of my praise; * for the mouth of the wicked, the mouth of the deceitful, is opened against me.
2. They speak to me with a lying tongue; * they encompass me with hateful words and fight against me without a cause.
3. Despite my love, they accuse me; * but as for me, I pray for them.

4. They repay evil for good, * and hatred for my love.
5. Set a wicked man against him, * and let an accuser stand at his right hand.
6. When he is judged, let him be found guilty, * and let his appeal be in vain.
7. Let his days be few, * and let another take his office.
8. Let his children be fatherless, * and his wife become a widow.
9. Let his children be waifs and beggars; * let them be driven from the ruins of their homes.
10. Let the creditor seize everything he has; * let strangers plunder his gains.
11. Let there be no one to show him kindness, * and none to pity his fatherless children.
12. Let his descendants be destroyed, * and his name be blotted out in the next generation.
13. Let the wickedness of his fathers be remembered before the LORD, * and his mother's sin not be blotted out;
14. Let their sin be always before the LORD; * but let him root out their names from the earth;
15. Because he did not remember to show mercy, * but persecuted the poor and needy and sought to kill the brokenhearted.
16. He loved cursing, let it come upon him; * he took no delight in blessing, let it depart from him.
17. He put on cursing like a garment, * let it soak into his body like water and into his bones like oil;
18. Let it be to him like the cloak which he wraps around himself, * and like the belt that he wears continually.
19. Let this be the recompense from the LORD to my accusers, * and to those who speak evil against me.
20. But you, O Lord my God, oh, deal with me according to your Name; * for your tender mercy's sake, deliver me.
21. For I am poor and needy, * and my heart is wounded within me.
22. I have faded away like a shadow when it lengthens; * I am shaken off like a locust.
23. My knees are weak through fasting, * and my flesh is wasted and gaunt.
24. I have become a reproach to them; * they see and shake their heads.
25. Help me, O LORD my God; * save me for your mercy's sake.
26. Let them know that this is your hand, * that you, O LORD, have done it.
27. They may curse, but you will bless; * let those who rise up against me be put to shame, and your servant will rejoice.
28. Let my accusers be clothed with disgrace * and wrap themselves in their shame as in a cloak.
29. I will give great thanks to the LORD with my mouth; * in the midst of the multitude will I praise him;
30. Because he stands at the right hand of the needy, * to save his life from those who would condemn him.

102. Twenty-third Day: Morning Prayer

Psalm 110 *Dixit Dominus*
1. The LORD said to my Lord, "Sit at my right hand, * until I make your enemies your footstool."
2. The LORD will send the scepter of your power out of Zion, * saying, "Rule over your enemies round about you.
3. Princely state has been yours from the day of your birth; * in the beauty of holiness have I begotten you, like dew from the womb of the morning."
4. The LORD has sworn and he will not recant: * "You are a priest for ever after the order of Melchizedek."
5. The Lord who is at your right hand will smite kings in the day of his wrath; * he will rule over the nations.
6. He will heap high the corpses; * he will smash heads over the wide earth.
7. He will drink from the brook beside the road; * therefore he will lift high his head.

Psalm 111 *Confitebor tibi*
1. Alleluia! I will give thanks to the LORD with my whole heart, * in the assembly of the upright, in the congregation.
2. Great are the deeds of the LORD! * they are studied by all who delight in them.
3. His work is full of majesty and splendor, * and his righteousness endures for ever.
4. He makes his marvelous works to be remembered; * the LORD is gracious and full of compassion.
5. He gives food to those who fear him; * he is ever mindful of his covenant.
6. He has shown his people the power of his works * in giving them the lands of the nations.
7. The works of his hands are faithfulness and justice; * all his commandments are sure.
8. They stand fast for ever and ever, * because they are done in truth and equity.
9. He sent redemption to his people; he commanded his covenant for ever; * holy and awesome is his Name.
10. The fear of the LORD is the beginning of wisdom; * those who act accordingly have a good understanding; his praise endures for ever.

Psalm 112 *Beatus vir*
1. Alleluia! Happy are they who fear the Lord * and have great delight in his commandments!
2. Their descendants will be mighty in the land; * the generation of the upright will be blessed.
3. Wealth and riches will be in their house, * and their righteousness will last for ever.
4. Light shines in the darkness for the upright; * the righteous are merciful and full of compassion.
5. It is good for them to be generous in lending * and to manage their affairs with justice.

6. For they will never be shaken; * the righteous will be kept in everlasting remembrance.
7. They will not be afraid of any evil rumors; * their heart is right; they put their trust in the Lord.
8. Their heart is established and will not shrink, * until they see their desire upon their enemies.
9. They have given freely to the poor, * and their righteousness stands fast for ever; they will hold up their head with honor.
10. The wicked will see it and be angry; they will gnash their teeth and pine away; * the desires of the wicked will perish.

Psalm 113 *Laudate, pueri*
1. Alleluia! Give praise, you servants of the LORD; * praise the Name of the LORD.
2. Let the Name of the LORD be blessed, * from this time forth for evermore.
3. From the rising of the sun to its going down * let the Name of the LORD be praised.
4. The LORD is high above all nations, * and his glory above the heavens.
5. Who is like the LORD our God, who sits enthroned on high, * but stoops to behold the heavens and the earth?
6. He takes up the weak out of the dust * and lifts up the poor from the ashes.
7. He sets them with the princes, * with the princes of his people.
8. He makes the woman of a childless house * to be a joyful mother of children.

103. Twenty-third Day: Evening Prayer

Psalm 114 *In exitu Israel*
1. Alleluia! When Israel came out of Egypt, * the house of Jacob from a people of strange speech,
2. Judah became God's sanctuary * and Israel his dominion.
3. The sea beheld it and fled; * Jordan turned and went back.
4. The mountains skipped like rams, * and the little hills like young sheep.
5. What ailed you, O sea, that you fled? * O Jordan, that you turned back?
6. You mountains, that you skipped like rams? * you little hills like young sheep?
7. Tremble, O earth, at the presence of the Lord, * at the presence of the God of Jacob,
8. Who turned the hard rock into a pool of water * and flint-stone into a flowing spring.

Psalm 115 *Non nobis, Domine*
1. Not to us, O LORD, not to us, but to your Name give glory; * because of your love and because of your faithfulness.
2. Why should the heathen say, * "Where then is their God?"
3. Our God is in heaven; * whatever he wills to do he does.
4. Their idols are silver and gold, * the work of human hands.
5. They have mouths, but they cannot speak; * eyes have they, but they cannot see;
6. They have ears but they cannot hear; * noses, but they cannot smell;

7. They have hands, but they cannot feel; feet, but they cannot walk; * they make no sound with their throat.
8. Those who make them are like them, * and so are all who put their trust in them.
9. O Israel, trust in the LORD; * he is their help and their shield.
10. O house of Aaron, trust in the LORD; * he is their help and their shield.
11. You who fear the LORD, trust in the LORD; * he is their help and their shield.
12. The LORD has been mindful of us, and he will bless us; * he will bless the house of Israel; he will bless the house of Aaron;
13. He will bless those who fear the LORD, * both small and great together.
14. May the LORD increase you more and more, * you and your children after you.
15. May you be blessed by the LORD, * the maker of heaven and earth.
16. The heaven of heavens is the LORD'S, * but he entrusted the earth to its peoples.
17. The dead do not praise the LORD, * nor all those who go down into silence;
18. But we will bless the LORD, * from this time forth for evermore. Alleluia!

104. Twenty-fourth Day: Morning Prayer

Psalm 116 *Dilexi, quoniam*

1. I love the LORD, because he has heard the voice of my supplication, * because he has inclined his ear to me whenever I called upon him.
2. The cords of death entangled me; the grip of the grave took hold of me; * I came to grief and sorrow.
3. Then I called upon the Name of the LORD: * "O LORD, I pray you, save my life."
4. Gracious is the LORD and righteous; * our God is full of compassion.
5. The LORD watches over the innocent; * I was brought very low, and he helped me.
6. Turn again to your rest, O my soul. * for the LORD has treated you well.
7. For you have rescued my life from death, * my eyes from tears, and my feet from stumbling.
8. I will walk in the presence of the LORD * in the land of the living.
9. I believed, even when I said, "I have been brought very low." * In my distress I said, "No one can be trusted."
10. How shall I repay the LORD * for all the good things he has done for me?
11. I will lift up the cup of salvation * and call upon the Name of the LORD.
12. I will fulfill my vows to the LORD * in the presence of all his people.
13. Precious in the sight of the LORD * is the death of his servants.
14. O LORD, I am your servant; * I am your servant and the child of your handmaid; you have freed me from my bonds.
15. I will offer you the sacrifice of thanksgiving * and call upon the Name of the LORD.
16. I will fulfill my vows to the LORD * in the presence of all his people,
17. In the courts of the LORD'S house, * in the midst of you, O Jerusalem. Alleluia!

Psalm 117 *Laudate Domino*

1. Praise the LORD, all you nations; * laud him, all you peoples.

2. For his loving-kindness toward us is great, * and the faithfulness of the LORD endures for ever. Alleluia!

Psalm 118 *Confitemini Domino*
1. Give thanks to the LORD, for he is good; * his mercy endures for ever.
2. Let Israel now proclaim, * "His mercy endures for ever."
3. Let the house of Aaron now proclaim, * "His mercy endures for ever."
4. Let those who fear the LORD now proclaim, * "His mercy endures for ever."
5. I called to the LORD in my distress; * the LORD answered by setting me free.
6. The LORD is at my side, therefore I will not fear; * what can anyone do to me?
7. The LORD is at my side to help me; * I will triumph over those who hate me.
8. It is better to rely on the LORD * than to put any trust in flesh.
9. It is better to rely on the LORD * than to put any trust in rulers.
10. All the ungodly encompass me; * in the Name of the LORD I will repel them.
11. They hem me in, they hem me in on every side; * in the name of the LORD I will repel them.
12. They swarm about me like bees; they blaze like a fire of thorns; * in the name of the LORD I will repel them.
13. I was pressed so hard that I almost fell, * but the LORD came to my help.
14. The LORD is my strength and my song, * and he has become my salvation.
15. There is a sound of exultation and victory * in the tents of the righteous:
16. "The right hand of the LORD has triumphed! * the right hand of the LORD is exalted! the right hand of the LORD has triumphed!"
17. I shall not die, but live, * and declare the works of the LORD.
18. The LORD has punished me sorely, * but he did not hand me over to death.
19. Open for me the gates of righteousness; * I will enter them; I will offer thanks to the LORD.
20. "This is the gate of the LORD; * he who is righteous may enter."
21. I will give thanks to you, for you answered me * and have become my salvation.
22. The same stone which the builders rejected * has become the chief cornerstone.
23. This is the LORD'S doing, * and it is marvelous in our eyes.
24. On this day the LORD has acted; * we will rejoice and be glad in it.
25. Hosanna, LORD, hosanna! * LORD, send us now success.
26. Blessed is he who comes in the name of the Lord; * we bless you from the house of the LORD.
27. God is the LORD; he has shined upon us; * form a procession with branches up to the horns of the altar.
28. "You are my God, and I will thank you; * you are my God, and I will exalt you."
29. Give thanks to the LORD, for he is good; * his mercy endures for ever.

105. Twenty-fourth Day: Evening Prayer

Psalm 119
Aleph: Beati immaculati
1. Happy are they whose way is blameless, * who walk in the law of the LORD!
2. Happy are they who observe his decrees * and seek him with all their hearts!
3. Who never do any wrong, * but always walk in his ways.

4. You laid down your commandments, * that we should fully keep them.
5. Oh, that my ways were made so direct * that I might keep your statutes!
6. Then I should not be put to shame, * when I regard all your commandments.
7. I will thank you with an unfeigned heart, * when I have learned your righteous judgments.
8. I will keep your statutes; * do not utterly forsake me.

Beth: In quo corrigit?
9. How shall a young man cleanse his way? * By keeping to your words.
10. With my whole heart I seek you; * let me not stray from your commandments.
11. I treasure your promise in my heart, * that I may not sin against you.
12. Blessed are you, O LORD; * instruct me in your statutes.
13. With my lips will I recite * all the judgments of your mouth.
14. I have taken greater delight in the way of your decrees * than in all manner of riches.
15. I will meditate on your commandments * and give attention to your ways.
16. My delight is in your statutes; * I will not forget your word.

Gimel: Retribue servo tuo
17. Deal bountifully with your servant, * that I may live and keep your word.
18. Open my eyes, that I may see * the wonders of your law.
19. I am a stranger here on earth; * do not hide your commandments from me.
20. My soul is consumed at all times * with longing for your judgments.
21. You have rebuked the insolent; * cursed are they who stray from your commandments!
22. Turn from me shame and rebuke, * for I have kept your decrees.
23. Even though rulers sit and plot against me, * I will meditate on your statutes.
24. For your decrees are my delight, * and they are my counselors.

Daleth: Adhaesit pavimento
25. My soul cleaves to the dust; * give me life according to your word.
26. I have confessed my ways, and you answered me; * instruct me in your statutes.
27. Make me understand the way of your commandments, * that I may meditate on your marvelous works.
28. My soul melts away for sorrow; * strengthen me according to your word.
29. Take from me the way of lying; * let me find grace through your law.
30. I have chosen the way of faithfulness; * I have set your judgments before me.
31. I hold fast to your decrees; * O LORD, let me not be put to shame.
32. I will run the way of your commandments, * for you have set my heart at liberty.

106. Twenty-fifth Day: Morning Prayer

He: Legem pone
33. Teach me, O LORD, the way of your statutes, * and I shall keep it to the end.
34. Give me understanding, and I shall keep your law; * I shall keep it with all my heart.
35. Make me go in the path of your commandments, * for that is my desire.

36. Incline my heart to your decrees * and not to unjust gain.
37. Turn my eyes from watching what is worthless; * give me life in your ways.
38. Fulfill your promise to your servant, * which you make to those who fear you.
39. Turn away the reproach which I dread, * because your judgments are good.
40. Behold, I long for your commandments; * in your righteousness preserve my life.

Vav: Et veniat super me
41. Let your loving-kindness come to me, O LORD, * and your salvation, according to your promise.
42. Then shall I have a word for those who taunt me, * because I trust in your words.
43. Do not take the word of truth out of my mouth, * for my hope is in your judgments.
44. I shall continue to keep your law; * I shall keep it for ever and ever.
45. I will walk at liberty, * because I study your commandments.
46. I will tell of your decrees before kings * and will not be ashamed.
47. I delight in your commandments, * which I have always loved.
48. I will lift up my hands to your commandments, * and I will meditate on your statutes.

Zayin: Memor esto verbi tui
49. Remember your word to your servant, * because you have given me hope.
50. This is my comfort in my trouble, * that your promise gives me life.
51. The proud have derided me cruelly, * but I have not turned from your law.
52. When I remember your judgments of old, * O LORD, I take great confort.
53. I am filled with a burning rage, * because of the wicked who forsake your law.
54. Your statutes have been like songs to me * wherever I have lived as a stranger.
55. I remember your Name in the night, O LORD, * and dwell upon your law.
56. This is how it has been with me, * because I have kept your commandments.

Heth: Portio mea, Domine
57. You only are my portion, O LORD; * I have promised to keep your words.
58. I entreat you with all my heart, * be merciful to me according to your promise.
59. I have considered my ways * and turned my feet toward your decrees.
60. I hasten and do not tarry * to keep your commandments.
61. Though the cords of the wicked entangle me, * I do not forget your law.
62. At midnight I will rise to give you thanks, * because of your righteous judgments.
63. I am a companion of all who fear you * and of those who keep your commandments.
64. The earth, O LORD, is full of your love; * instruct me in your statutes.

Teth: Bonitatem fecisti
65. O LORD, you have dealt graciously with your servant, * according to your word.
66. Teach me discernment and knowledge, * for I have believed in your commandments.

67. Before I was afflicted I went astray, * but now I keep your word.
68. You are good and you bring forth good; * instruct me in your statutes.
69. The proud have smeared me with lies, * but I will keep your commandments with my whole heart.
70. Their heart is gross and fat, * but my delight is in your law.
71. It is good for me that I have been afflicted, * that I might learn your statutes.
72. The law of your mouth is dearer to me * than thousands in gold and silver.

107. Twenty-fifth Day: Evening Prayer

Yodh: Manus tuae fecerunt me
73. Your hands have made me and fashioned me; * give me understanding, that I may learn your commandments.
74. Those who fear you will be glad when they see me, * because I trust in your word.
75. I know, O LORD, that your judgments are right * and that in faithfulness you have afflicted me.
76. Let your loving-kindness be my comfort, * as you have promised to your servant.
77. Let your compassion come to me, that I may live, * for your law is my delight.
78. Let the arrogant be put to shame, for they wrong me with lies; * but I will meditate on your commandments.
79. Let those who fear you turn to me, * and also those who know your decrees.
80. Let my heart be sound in your statutes, * that I may not be put to shame.

Kaph: Defecit in salutare
81. My soul has longed for your salvation; * I have put my hope in your word.
82. My eyes have failed from watching for your promise, * and I say, "When will you comfort me?"
83. I have become like a leather flask in the smoke, * but I have not forgotten your statutes.
84. How much longer must I wait? * when will you give judgment against those who persecute me?
85. The proud have dug pits for me; * they do not keep your law.
86. All your commandments are true; * help me, for they persecute me with lies.
87. They had almost made an end of me on earth, * but I have not forsaken your commandments.
88. In your loving-kindness, revive me, * that I may keep the decrees of your mouth.

Lamedh: In aeternum, Domine
89. O LORD, your word is everlasting; * it stands firm in the heavens.
90. Your faithfulness remains from one generation to another; * you established the earth, and it abides.
91. By your decree these continue to this day, * for all things are your servants.
92. If my delight had not been in your law, * I should have perished in my affliction.
93. I will never forget your commandments, * because by them you give me life.

94. I am yours; oh, that you would save me! * for I study your commandments.
95. Though the wicked lie in wait for me to destroy me, * I will apply my mind to your decrees.
96. I see that all things come to an end, * but your commandment has no bounds.

Mem: Quomodo dilexi!
97. Oh, how I love your law! * all the day long it is in my mind.
98. Your commandment has made me wiser than my enemies, * and it is always with me.
99. I have more understanding than all my teachers, * for your decrees are my study.
100. I am wiser than the elders, * because I observe your commandments.
101. I restrain my feet from every evil way, * that I may keep your word.
102. I do not shrink from your judgments, * because you yourself have taught me.
103. How sweet are your words to my taste! * they are sweeter than honey to my mouth.
104. Through your commandments I gain understanding; * therefore I hate every lying way.

108. Twenty-sixth Day: Morning Prayer

Nun: Lucerna pedibus meis
105. Your word is a lantern to my feet * and a light upon my path.
106. I have sworn and am determined * to keep your righteous judgments.
107. I am deeply troubled; * preserve my life, O LORD, according to your word.
108. Accept, O LORD, the willing tribute of my lips, * and teach me your judgments.
109. My life is always in my hand, * yet I do not forget your law.
110. The wicked have set a trap for me, * but I have not strayed from your commandments.
111. Your decrees are my inheritance for ever; * truly, they are the joy of my heart.
112. I have applied my heart to fulfill your statutes * for ever and to the end.

Samekh: Iniquos odio habui
113. I hate those who have a divided heart, * but your law do I love.
114. You are my refuge and shield; * my hope is in your word.
115. Away from me, you wicked! * I will keep the commandments of my God.
116. Sustain me according to your promise, that I may live, * and let me not be disappointed in my hope.
117. Hold me up, and I shall be safe, * and my delight shall be ever in your statutes.
118. You spurn all who stray from your statutes; * their deceitfulness is in vain.
119. In your sight all the wicked of the earth are but dross; * therefore I love your decrees.
120. My flesh trembles with dread of you; * I am afraid of your judgments.

Ayin: Feci judicium
121. I have done what is just and right; * do not deliver me to my oppressors.
122. Be surety for your servant's good; * let not the proud oppress me.

123. My eyes have failed from watching for your salvation * and for your righteous promise.
124. Deal with your servant according to your loving-kindness * and teach me your statutes.
125. I am your servant; grant me understanding, * that I may know your decrees.
126. It is time for you to act, O LORD, * for they have broken your law.
127. Truly, I love your commandments * more than gold and precious stones.
128. I hold all your commandments to be right for me; * all paths of falsehood I abhor.

Pe: Mirabilia
129. Your decrees are wonderful; * therefore I obey them with all my heart.
130. When your word goes forth it gives light; * it gives understanding to the simple.
131. I open my mouth and pant; * I long for your commandments.
132. Turn to me in mercy, * as you always do to those who love your Name.
133. Steady my footsteps in your word; * let no iniquity have dominion over me.
134. Rescue me from those who oppress me, * and I will keep your commandments.
135. Let your countenance shine upon your servant * and teach me your statutes.
136. My eyes shed streams of tears, * because people do not keep your law.

Tsadhe: Justus es, Domine
137. You are righteous, O LORD, * and upright are your judgments.
138. You have issued your decrees * with justice and in perfect faithfulness.
139. My indignation has consumed me, * because my enemies forget your words.
140. Your word has been tested to the uttermost, * and your servant holds it dear.
141. I am small and of little account, * yet I do not forget your commandments.
142. Your justice is an everlasting justice * and your law is the truth.
143. Trouble and distress have come upon me, * yet your commandments are my delight.
144. The righteousness of your decrees is everlasting; * grant me understanding, that I may live.

109. Twenty-sixth Day: Evening Prayer

Qoph: Clamavi in toto corde meo
145. I call with my whole heart; * answer me, O LORD, that I may keep your statutes.
146. I call to you; oh, that you would save me! * I will keep your decrees.
147. Early in the morning I cry out to you, * for in your word is my trust.
148. My eyes are open in the night watches, * that I may meditate upon your promise.
149. Hear my voice, O LORD, according to your loving-kindness; * according to your judgments, give me life.
150. They draw near who in malice persecute me; * they are very far from your law.
151. You, O LORD, are near at hand, * and all your commandments are true.

152. Long have I known from your decrees * that you have established them for ever.

Resh: Vide humilitatem
153. Behold my affliction and deliver me, * for I do not forget your law.
154. Plead my cause and redeem me; * according to your promise, give me life.
155. Deliverance is far from the wicked, * for they do not study your statutes.
156. Great is your compassion, O LORD; * preserve my life, according to your judgments.
157. There are many who persecute and oppress me, * yet I have not swerved from your decrees.
158. I look with loathing at the faithless, * for they have not kept your word.
159. See how I love your commandments! * O LORD, in your mercy, preserve me.
160. The heart of your word is truth; * all your righteous judgments endure for evermore.

Shin: Principes persecuti sunt
161. Rulers have persecuted me without a cause, * but my heart stands in awe of your word.
162. I am as glad because of your promise * as one who finds great spoils.
163. As for lies, I hate and abhor them, * but your law is my love.
164. Seven times a day do I praise you, * because of your righteous judgments.
165. Great peace have they who love your law; * for them there is no stumbling block.
166. I have hoped for your salvation, O LORD, * and have fulfilled your commandments.
167. I have kept your decrees * and I have loved them deeply.
168. I have kept your commandments and decrees, * for all my ways are before you.

Taw: Appropinquet deprecatio
169. Let my cry come before you, O LORD; * give me understanding, according to your word.
170. Let my supplication come before you; * deliver me, according to your promise.
171. My lips shall pour forth your praise, * when you teach me your statutes.
172. My tongue shall sing of your promise, * for all your commandments are righteous.
173. Let your hand be ready to help me, * for I have chosen your commandments.
174. I long for your salvation, O LORD, * and your law is my delight.
175. Let me live, and I will praise you, * and let your judgments help me.
176. I have gone astray like a sheep that is lost; * search for your servant, for I do not forget your commandments.

110. Twenty-seventh Day: Morning Prayer

Psalm 120 *Ad Dominum*
1. When I was in trouble, I called to the LORD; * I called to the LORD, and he answered me.
2. Deliver me, O LORD, from lying lips * and from the deceitful tongue.
3. What shall be done to you, and what more besides, * O you deceitful tongue?
4. The sharpened arrows of a warrior, * along with hot glowing coals.
5. How hateful it is that I must lodge in Meshech * and dwell among the tents of Kedar!
6. Too long have I had to live * among the enemies of peace.
7. I am on the side of peace, * but when I speak of it, they are for war.

Psalm 121 *Levavi oculos*
1. I lift up my eyes to the hills; * from where is my help to come?
2. My help comes from the LORD, * the maker of heaven and earth.
3. He will not let your foot be moved * and he who watches over you will not fall asleep.
4. Behold, he who keeps watch over Israel * shall neither slumber nor sleep;
5. The LORD himself watches over you; * the LORD is your shade at your right hand,
6. So that the sun shall not strike you by day, * nor the moon by night.
7. The LORD shall preserve you from all evil; * it is he who shall keep you safe.
8. The LORD shall watch over your going out and your coming in, * from this time forth for evermore.

Psalm 122 *Laetatus sum*
1. I was glad when they said to me, * "Let us go to the house of the LORD."
2. Now our feet are standing * within your gates, O Jerusalem.
3. Jerusalem is built as a city * that is at unity with itself;
4. To which the tribes go up, the tribes of the LORD, * the assembly of Israel, to praise the Name of the LORD.
5. For there are the thrones of judgment, * the thrones of the house of David.
6. Pray for the peace of Jerusalem: * "May they prosper who love you.
7. Peace be within your walls * and quietness within your towers.
8. For my brethren and companions' sake, * I pray for your prosperity.
9. Because of the house of the LORD our God, * I will seek to do you good."

Psalm 123 *Ad te levavi oculos meos*
1. To you I lift up my eyes, * to you enthroned in the heavens.
2. As the eyes of servants look to the hand of their masters, * and the eyes of a maid to the hand of her mistress,
3. So our eyes look to the LORD our God, * until he show us his mercy.
4. Have mercy upon us, O LORD, have mercy, * for we have had more than enough of contempt,
5. Too much of the scorn of the indolent rich, * and of the derision of the proud.

Psalm 124 *Nisi quia Dominus*
1. If the LORD had not been on our side, * let Israel now say;
2. If the LORD had not been on our side, * when enemies rose up against us;
3. Then would they have swallowed us up alive * in their fierce anger toward us;
4. Then would the waters have overwhelmed us * and the torrent gone over us;
5. Then would the raging waters * have gone right over us.
6. Blessed be the LORD! * he has not given us over to be a prey for their teeth.
7. We have escaped like a bird from the snare of the fowler; * the snare is broken, and we have escaped.
8. Our help is in the Name of the LORD, * the maker of heaven and earth.

Psalm 125 *Qui confidunt*
1. Those who trust in the LORD are like Mount Zion, * which cannot be moved, but stands fast for ever.
2. The hills stand about Jerusalem; * so does the LORD stand round about his people, from this time forth for evermore.
3. The scepter of the wicked shall not hold sway over the land allotted to the just, * so that the just shall not put their hands to evil.
4. Show your goodness, O LORD, to those who are good * and to those who are true of heart.
5. As for those who turn aside to crooked ways, the LORD will lead them away with the evildoers; * but peace be upon Israel.

111. Twenty-seventh Day: Evening Prayer

Psalm 126 *In convertendo*
1. When the LORD restored the fortunes of Zion, * then were we like those who dream.
2. Then was our mouth filled with laughter, * and our tongue with shouts of joy.
3. Then they said among the nations, * "The LORD has done great things for them."
4. The LORD has done great things for us, * and we are glad indeed.
5. Restore our fortunes, O LORD, * like the watercourses of the Negev.
6. Those who sowed with tears * will reap with songs of joy.
7. Those who go out weeping, carrying the seed, * will come again with joy, shouldering their sheaves.

Psalm 127 *Nisi Dominus*
1. Unless the LORD builds the house, * their labor is in vain who build it.
2. Unless the LORD watches over the city, * in vain the watchman keeps his vigil.
3. It is in vain that you rise so early and go to bed so late; * vain, too, to eat the bread of toil, for he gives to his beloved sleep.
4. Children are a heritage from the LORD, * and the fruit of the womb is a gift.
5. Like arrows in the hand of a warrior * are the children of one's youth.
6. Happy is the man who has his quiver full of them! * he shall not be put to shame when he contends with his enemies in the gate.

Psalm 128 *Beati omnes*
1. Happy are they all who fear the LORD, * and who follow in his ways!
2. You shall eat the fruit of your labor; * happiness and prosperity shall be yours.
3. Your wife shall be like a fruitful vine within your house, * your children like olive shoots round about your table.
4. The man who fears the LORD * shall thus indeed be blessed.
5. The LORD bless you from Zion, * and may you see the prosperity of Jerusalem all the days of your life.
6. May you live to see your children's children; * may peace be upon Israel.

Psalm 129 *Saepe expugnaverunt*
1. "Greatly have they oppressed me since my youth," * let Israel now say;
2. "Greatly have they oppressed me since my youth, * but they have not prevailed against me."
3. The plowmen plowed upon my back * and made their furrows long.
4. The LORD, the Righteous One, * has cut the cords of the wicked.
5. Let them be put to shame and thrown back, * all those who are enemies of Zion.
6. Let them be like grass upon the housetops, * which withers before it can be plucked;
7. Which does not fill the hand of the reaper, * nor the bosom of him who binds the sheaves;
8. So that those who go by say not so much as, "The LORD prosper you. * We wish you well in the Name of the LORD."

Psalm 130 *De profundis*
1. Out of the depths have I called to you, O LORD; LORD, hear my voice; * let your ears consider well the voice of my supplication.
2. If you, LORD, were to note what is done amiss, * O LORD, who could stand?
3. For there is forgiveness with you; * therefore you shall be feared.
4. I wait for the LORD; my soul waits for him; * in his word is my hope.
5. My soul waits for the LORD, more than watchmen for the morning, * more than watchmen for the morning.
6. O Israel, wait for the LORD, * for with the LORD there is mercy;
7. With him there is plenteous redemption, * and he shall redeem Israel from all their sins.

Psalm 131 *Domine, non est*
1. O LORD, I am not proud; * I have no haughty looks.
2. I do not occupy myself with great matters, * or with things that are too hard for me.
3. But I still my soul and make it quiet, like a child upon its mother's breast; * my soul is quieted within me.
4. O Israel, wait upon the LORD, * from this time forth for evermore.

112. Twenty-eighth Day: Morning Prayer

Psalm 132 *Memento, Domine*
1. LORD, remember David, * and all the hardships he endured;

2. How he swore an oath to the LORD * and vowed a vow to the Mighty One of Jacob:
3. "I will not come under the roof of my house, * nor climb up into my bed;
4. I will not allow my eyes to sleep, * nor let my eyelids slumber;
5. Until I find a place for the LORD, * a dwelling for the Mighty One of Jacob."
6. "The ark! We heard it was in Ephratah; * we found it in the fields of Jearim.
7. Let us go to God's dwelling place; * let us fall upon our knees before his footstool."
8. Arise, O LORD, into your resting-place, * you and the ark of your strength.
9. Let your priests be clothed with righteousness; * let your faithful people sing with joy.
10. For your servant David's sake, * do not turn away the face of your Anointed.
11. The LORD has sworn an oath to David; * in truth, he will not break it:
12. "A son, the fruit of your body * will I set upon your throne.
13. If your children keep my covenant and my testimonies that I shall teach them, * their children will sit upon your throne for evermore."
14. For the LORD has chosen Zion; * he has desired her for his habitation:
15. "This shall be my resting-place for ever; * here will I dwell, for I delight in her.
16. I will surely bless her provisions, * and satisfy her poor with bread.
17. I will clothe her priests with salvation, * and her faithful people will rejoice and sing.
18. There will I make the horn of David flourish; * I have prepared a lamp for my Anointed.
19. As for his enemies, I will clothe them with shame; * but as for him, his crown will shine."

Psalm 133 *Ecce, quam bonum!*
1. Oh, how good and pleasant it is, * when brethren live together in unity!
2. It is like fine oil upon the head * that runs down upon the beard,
3. Upon the beard of Aaron, * and runs down upon the collar of his robe.
4. It is like the dew of Hermon * that falls upon the hills of Zion.
5. For there the LORD has ordained the blessing: * life for evermore.

Psalm 134 *Ecce nunc*
1. Behold now, bless the LORD, all you servants of the LORD, * you that stand by night in the house of the LORD.
2. Lift up your hands in the holy place and bless the LORD; * the LORD who made heaven and earth bless you out of Zion.

Psalm 135 *Laudate nomen*
1. Alleluia! Praise the Name of the LORD; * give praise, you servants of the LORD.
2. You who stand in the house of the LORD, * in the courts of the house of our God.
3. Praise the LORD, for the LORD is good; * sing praises to his Name, for it is lovely.
4. For the LORD has chosen Jacob for himself * and Israel for his own possession.
5. For I know that the LORD is great, * and that our Lord is above all gods.

6. The LORD does whatever pleases him, in heaven and on earth, * in the seas and all the deeps.
7. He brings up rain clouds from the ends of the earth; * he sends out lightning with the rain, and brings the winds out of his storehouse.
8. It was he who struck down the firstborn of Egypt, * the firstborn both of man and beast.
9. He sent signs and wonders into the midst of you, O Egypt, * against Pharaoh and all his servants.
10. He overthrew many nations * and put mighty kings to death:
11. Sihon, king of the Amorites, and Og, the kingdoms of Bashan, * and all the kings of Canaan.
12. He gave their land to be an inheritance, * an inheritance for Israel his people.
13. O LORD, your Name is everlasting; * your renown, O LORD, endures from age to age.
14. For the LORD gives his people justice * and shows compassion to his servants.
15. The idols of the heathen are silver and gold, * the work of human hands.
16. They have mouths, but they cannot speak; * eyes have they, but they cannot see.
17. They have ears, but they cannot hear; * neither is there any breath in their mouth.
18. Those who make them are like them, * and so are all who put their trust in them.
19. Bless the LORD, O house of Israel; * O house of Aaron, bless the LORD.
20. Bless the LORD, O house of Levi; * you who fear the LORD, bless the LORD.
21. Blessed be the LORD out of Zion, * who dwells in Jerusalem. Alleluia!

113. Twenty-eighth Day: Evening Prayer

Psalm 136 *Confitemini*

1. Give thanks to the LORD, for he is good, * for his mercy endures for ever.
2. Give thanks to the God of gods, * for his mercy endures for ever.
3. Give thanks to the Lord of lords, * for his mercy endures for ever.
4. Who only does great wonders, * for his mercy endures for ever;
5. Who by wisdom made the heavens, * for his mercy endures for ever;
6. Who spread out the earth upon the waters, * for his mercy endures for ever;
7. Who created great lights, * for his mercy endures for ever;
8. The sun to rule the day, * for his mercy endures for ever;
9. The moon and the stars to govern the night, * for his mercy endures for ever.
10. Who struck down the firstborn of Egypt, * for his mercy endures for ever;
11. And brought out Israel from among them, * for his mercy endures for ever;
12. With a mighty hand and a stretched-out arm, * for his mercy endures for ever;
13. Who divided the Red Sea in two, * for his mercy endures for ever;
14. And made Israel to pass through the midst of it, * for his mercy endures for ever;
15. But swept Pharaoh and his army into the Red Sea, * for his mercy endures for ever;
16. Who led his people through the wilderness, * for his mercy endures for ever.

17. Who struck down great kings, * for his mercy endures for ever;
18. And slew mighty kings, * for his mercy endures for ever;
19. Sihon, king of the Amorites, * for his mercy endures for ever;
20. And Og, the king of Bashan, * for his mercy endures for ever;
21. And gave away their lands for an inheritance, * for his mercy endures for ever;
22. An inheritance for Israel his servant, * for his mercy endures for ever.
23. Who remembered us in our low estate, * for his mercy endures for ever;
24. And delivered us from our enemies, * for his mercy endures for ever;
25. Who gives food to all creatures, * for his mercy endures for ever.
26. Give thanks to the God of heaven, * for his mercy endures for ever.

Psalm 137 *Super flumina*
1. By the waters of Babylon we sat down and wept, * when we remembered you, O Zion.
2. As for our harps, we hung them up * on the trees in the midst of that land.
3. For those who led us away captive asked us for a song, and our oppressors called for mirth: * "Sing us one of the songs of Zion."
4. How shall we sing the LORD'S song * upon an alien soil?
5. If I forget you, O Jerusalem, * let my right hand forget its skill.
6. Let my tongue cleave to the roof of my mouth if I do not remember you, * if I do not set Jerusalem above my highest joy.
7. Remember the day of Jerusalem, O LORD, against the people of Edom, * who said, "Down with it! down with it! even to the ground!"
8. O Daughter of Babylon, doomed to destruction, * happy the one who pays you back for what you have done to us!
9. Happy shall he be who takes your little ones, * and dashes them against the rock!

Psalm 138 *Confitebor tibi*
1. I will give thanks to you, O LORD, with my whole heart; * before the gods I will sing your praise.
2. I will bow down toward your holy temple and praise your Name, * because of your love and faithfulness;
3. For you have glorified your Name * and your word above all things.
4. When I called, you answered me; * you increased my strength within me.
5. All the kings of the earth will praise you, O LORD, * when they have heard the words of your mouth.
6. They will sing of the ways of the LORD, * that great is the glory of the LORD.
7. Though the LORD be high, he cares for the lowly; * he perceives the haughty from afar.
8. Though I walk in the midst of trouble, you keep me safe; * you stretch forth your hand against the fury of my enemies; your right hand shall save me.
9. The LORD will make good his purpose for me; * O LORD, your love endures for ever; do not abandon the works of your hands.

114. Twenty-ninth Day: Morning Prayer

Psalm 139 *Domine, probasti*

1. LORD, you have searched me out and known me; * you know my sitting down and my rising up; you discern my thoughts from afar.
2. You trace my journeys and my resting-places * and are acquainted with all my ways.
3. Indeed, there is not a word on my lips, * but you, O LORD, know it altogether.
4. You press upon me behind and before * and lay your hand upon me.
5. Such knowledge is too wonderful for me; * it is so high that I cannot attain to it.
6. Where can I go then from your Spirit? * where can I flee from your presence?
7. If I climb up to heaven, you are there; * if I make the grave my bed, you are there also.
8. If I take the wings of the morning * and dwell in the uttermost parts of the sea,
9. Even there your hand will lead me * and your right hand hold me fast.
10. If I say, "Surely the darkness will cover me, * and the light around me turn to night,"
11. Darkness is not dark to you; the night is as bright as the day; * darkness and light to you are both alike.
12. For you yourself created my inmost parts; * you knit me together in my mother's womb.
13. I will thank you because I am marvelously made; * your works are wonderful, and I know it well.
14. My body was not hidden from you, * while I was being made in secret and woven in the depths of the earth.
15. Your eyes beheld my limbs, yet unfinished in the womb; all of them were written in your book; * they were fashioned day by day, when as yet there was none of them.
16. How deep I find your thoughts, O God! * how great is the sum of them!
17. If I were to count them, they would be more in number than the sand; * to count them all, my life span would need to be like yours.
18. Oh, that you would slay the wicked, O God! * You that thirst for blood, depart from me.
19. They speak despitefully against you; * your enemies take your Name in vain.
20. Do I not hate those, O LORD, who hate you? * and do I not loathe those who rise up against you?
21. I hate them with a perfect hatred; * they have become my own enemies.
22. Search me out, O God, and know my heart; * try me and know my restless thoughts.
23. Look well whether there be any wickedness in me * and lead me in the way that is everlasting.

Psalm 140 *Eripe me, Domine*

1. Deliver me, O LORD, from evildoers; * protect me from the violent,
2. Who devise evil in their hearts * and stir up strife all day long.
3. They have sharpened their tongues like a serpent; * adder's poison is under their lips.

4. Keep me, O LORD, from the hands of the wicked; * protect me from the violent, who are determined to trip me up.
5. The proud have hidden a snare for me and stretched out a net of cords; * they have set traps for me along the path.
6. I have said to the LORD, "You are my God; * listen, O LORD, to my supplication.
7. O Lord GOD, the strength of my salvation, * you have covered my head in the day of battle.
8. Do not grant the desires of the wicked, O LORD, * nor let their evil plans prosper.
9. Let not those who surround me lift up their heads; * let the evil of their lips overwhelm them.
10. Let hot burning coals fall upon them; * let them be cast into the mire, never to rise up again."
11. A slanderer shall not be established on the earth, * and evil shall hunt down the lawless.
12. I know that the LORD will maintain the cause of the poor * and render justice to the needy.
13. Surely, the righteous will give thanks to your Name, * and the upright shall continue in your sight.

115. Twenty-ninth Day: Evening Prayer

Psalm 141 *Domine, clamavi*
1. O LORD, I call to you; come to me quickly; * hear my voice when I cry to you.
2. Let my prayer be set forth in your sight as incense, * the lifting up of my hands as the evening sacrifice.
3. Set a watch before my mouth, O LORD, and guard the door of my lips; * let not my heart incline to any evil thing.
4. Let me not be occupied in wickedness with evildoers, * nor eat of their choice foods.
5. Let the righteous smite me in friendly rebuke; let not the oil of the unrighteous anoint my head; * for my prayer is continually against their wicked deeds.
6. Let their rulers be overthrown in stony places, * that they may know my words are true.
7. As when a plowman turns over the earth in furrows, * let their bones be scattered at the mouth of the grave.
8. But my eyes are turned to you, Lord GOD; * in you I take refuge; do not strip me of my life.
9. Protect me from the snare which they have laid for me * and from the traps of the evildoers.
10. Let the wicked fall into their own nets, * while I myself escape.

Psalm 142 *Voce mea ad Dominum*
1. I cry to the LORD with my voice; * to the LORD I make loud supplication.
2. I pour out my complaint before him * and tell him all my trouble.
3. When my spirit languishes within me, you know my path; * in the way wherein I walk they have hidden a trap for me.

4. I look to my right hand and find no one who knows me; * I have no place to flee to, and no one cares for me.
5. I cry out to you, O LORD; * I say, "You are my refuge, my portion in the land of the living."
6. Listen to my cry for help, for I have been brought very low; * save me from those who pursue me, for they are too strong for me.
7. Bring me out of prison, that I may give thanks to your Name; * when you have dealt bountifully with me, the righteous will gather around me.

Psalm 143 *Domine, exaudi*
1. LORD, hear my prayer, and in your faithfulness heed my supplications; * answer me in your righteousness.
2. Enter not into judgment with your servant, * for in your sight shall no one living be justified.
3. For my enemy has sought my life; he has crushed me to the ground; * he has made me live in dark places like those who are long dead.
4. My spirit faints within me; * my heart within me is desolate.
5. I remember the time past; I muse upon all your deeds; * I consider the works of your hands.
6. I spread out my hands to you; * my soul gasps to you like a thirsty land.
7. O LORD, make haste to answer me; my spirit fails me; * do not hide your face from me or I shall be like those who go down to the Pit.
8. Let me hear of your loving-kindness in the morning, for I put my trust in you; * show me the road that I must walk, for I lift up my soul to you.
9. Deliver me from my enemies, O LORD, * for I flee to you for refuge.
10. Teach me to do what pleases you, for you are my God; * let your good Spirit lead me on level ground.
11. Revive me, O LORD, for your Name's sake; * for your righteousness' sake, bring me out of trouble.
12. Of your goodness, destroy my enemies and bring all my foes to naught, * for truly I am your servant.

116. Thirtieth Day: Morning Prayer

Psalm 144 *Benedictus Dominus*
1. Blessed be the LORD my rock! * who trains my hands to fight and my fingers to battle;
2. My help and my fortress, my stronghold and my deliverer, * my shield in whom I trust, who subdues the peoples under me.
3. O LORD, what are we that you should care for us? * mere mortals that you should think of us?
4. We are like a puff of wind; * our days are like a passing shadow.
5. Bow your heavens, O LORD, and come down; * touch the mountains, and they shall smoke.
6. Hurl the lightning and scatter them; * shoot out your arrows and rout them.
7. Stretch out your hand from on high; * rescue me and deliver me from the great waters, from the hand of foreign peoples,
8. Whose mouths speak deceitfully * and whose right hand is raised in falsehood.

9. O God, I will sing to you a new song; * I will play to you on a ten-stringed lyre.
10. You give victory to kings * and have rescued David your servant.
11. Rescue me from the hurtful sword * and deliver me from the hand of foreign peoples,
12. Whose mouths speak deceitfully * and whose right hand is raised in falsehood.
13. May our sons be like plants well nurtured from their youth, * and our daughters like sculptured corners of a palace.
14. May our barns be filled to overflowing with all manner of crops; * may the flocks in our pastures increase by thousands and tens of thousands; may our cattle be fat and sleek.
15. May there be no breaching of the walls, no going into exile, * no wailing in the public squares.
16. Happy are the people of whom this is so! * happy are the people whose God is the LORD!

Psalm 145 *Exaltabo te, Deus*
1. I will exalt you, O God my King, * and bless your Name for ever and ever.
2. Every day will I bless you * and praise your Name for ever and ever.
3. Great is the LORD and greatly to be praised; * there is no end to his greatness.
4. One generation shall praise your works to another * and shall declare your power.
5. I will ponder the glorious splendor of your majesty * and all your marvelous works.
6. They shall speak of the might of your wondrous acts, * and I will tell of your greatness.
7. They shall publish the remembrance of your great goodness; * they shall sing of your righteous deeds.
8. The LORD is gracious and full of compassion, * slow to anger and of great kindness.
9. The LORD is loving to everyone * and his compassion is over all his works.
10. All your works praise you, O LORD, * and your faithful servants bless you.
11. They make known the glory of your kingdom * and speak of your power;
12. That the peoples may know of your power * and the glorious splendor of your kingdom.
13. Your kingdom is an everlasting kingdom; * your dominion endures throughout all ages.
14. The LORD is faithful in all his words * and merciful in all his deeds.
15. The LORD upholds all those who fall; * he lifts up those who are bowed down.
16. The eyes of all wait upon you, O LORD, * and you give them their food in due season.
17. You open wide your hand * and satisfy the needs of every living creature.
18. The LORD is righteous in all his ways * and loving in all his works.
19. The LORD is near to those who call upon him, * to all who call upon him faithfully.
20. He fulfills the desire of those who fear him; * he hears their cry and helps them.
21. The LORD preserves all those who love him, * but he destroys all the wicked.
22. My mouth shall speak the praise of the LORD; * let all flesh bless his holy Name for ever and ever.

Psalm 146 *Lauda, anima mea*
1. Alleluia! Praise the LORD, O my soul! * I will praise the LORD as long as I live; I will sing praises to my God while I have my being.
2. Put not your trust in rulers, nor in any child of earth, * for there is no help in them.
3. When they breathe their last, they return to earth, * and in that day their thoughts perish.
4. Happy are they who have the God of Jacob for their help! * whose hope is in the LORD their God;
5. Who made heaven and earth, the seas, and all that is in them; * who keeps his promise for ever;
6. Who gives justice to those who are oppressed, * and food to those who hunger.
7. The LORD sets the prisoners free; the LORD opens the eyes of the blind; * the LORD lifts up those who are bowed down;
8. The LORD loves the righteous; the LORD cares for the stranger; * he sustains the orphan and widow, but frustrates the way of the wicked.
9. The LORD shall reign for ever, * your God, O Zion, throughout all generations. Alleluia!

117. Thirtieth Day: Evening Prayer

Psalm 147 *Laudate Dominum*
1. Alleluia! How good it is to sing praises to our God! * how pleasant it is to honor him with praise!
2. The LORD rebuilds Jerusalem; * he gathers the exiles of Israel.
3. He heals the brokenhearted * and binds up their wounds.
4. He counts the number of the stars * and calls them all by their names.
5. Great is our LORD and mighty in power; * there is no limit to his wisdom.
6. The LORD lifts up the lowly, * but casts the wicked to the ground.
7. Sing to the LORD with thanksgiving; * make music to our God upon the harp.
8. He covers the heavens with clouds * and prepares rain for the earth;
9. He makes grass to grow upon the mountains * and green plants to serve mankind.
10. He provides food for flocks and herds * and for the young ravens when they cry.
11. He is not impressed by the might of a horse; * he has no pleasure in the strength of a man;
12. But the LORD has pleasure in those who fear him, * in those who await his gracious favor.
13. Worship the LORD, O Jerusalem; * praise your God, O Zion;
14. For he has strengthened the bars of your gates; * he has blessed your children within you.
15. He has established peace on your borders; * he satisfies you with the finest wheat.
16. He sends out his command to the earth, * and his word runs very swiftly.
17. He gives snow like wool; * he scatters hoarfrost like ashes.
18. He scatters his hail like bread crumbs; * who can stand against his cold?

19. He sends forth his word and melts them; * he blows with his wind, and the waters flow.
20. He declares his word to Jacob, * his statutes and his judgments to Israel.
21. He has not done so to any other nation; * to them he has not revealed his judgments. Alleluia!

Psalm 148 *Laudate Dominum*
1. Alleluia! Praise the LORD from the heavens; * praise him in the heights.
2. Praise him, all you angels of his; * praise him, all his host.
3. Praise him, sun and moon; * praise him, all you shining stars.
4. Praise him, heaven of heavens, * and you waters above the heavens.
5. Let them praise the Name of the LORD; * for he commanded, and they were created.
6. He made them stand fast for ever and ever; * he gave them a law which shall not pass away.
7. Praise the LORD from the earth, * you sea-monsters and all deeps;
8. Fire and hail, snow and fog, * tempestuous wind, doing his will;
9. Mountains and all hills, * fruit trees and all cedars;
10. Wild beasts and all cattle, * creeping things and winge!d birds;
11. Kings of the earth and all peoples, * princes and all rulers of the world;
12. Young men and maidens, * old and young together.
13. Let them praise the Name of the LORD, * for his Name only is exalted, his splendor is over earth and heaven.
14. He has raised up strength for his people and praise for all his loyal servants, * the children of Israel, a people who are near him. Alleluia!

Psalm 149 *Cantate Domino*
1. Alleluia! Sing to the LORD a new song; * sing his praise in the congregation of the faithful.
2. Let Israel rejoice in his Maker; * let the children of Zion be joyful in their King.
3. Let them praise his Name in the dance; * let them sing praise to him with timbrel and harp.
4. For the LORD takes pleasure in his people * and adorns the poor with victory.
5. Let the faithful rejoice in triumph; * let them be joyful on their beds.
6. Let the praises of God be in their throat * and a two-edged sword in their hand;
7. To wreak vengeance on the nations * and punishment on the peoples;
8. To bind their kings in chains * and their nobles with links of iron;
9. To inflict on them the judgment decreed; * this is glory for all his faithful people. Alleluia!

Psalm 150 *Laudate Dominum*
1. Alleluia! Praise God in his holy temple; * praise him in the firmament of his power.
2. Praise him for his mighty acts; * praise him for his excellent greatness.
3. Praise him with the blast of the ram's-horn; * Praise him with lyre and harp.
4. Praise him with timbrel and dance; * praise him with strings and pipe.
5. Praise him with resounding cymbals; * praise him with loud-clanging cymbals.
6. Let everything that has breath * praise the Lord. Alleluia!

118. Spiritual Uses for the Psalms

The Psalms have long been called the "Holy Spirit's Prayer Book," and spiritual workers, mystics, magicians, esotericists, and simple believers alike have long read them to further their goals in the material as well as the spiritual realms.

If a person seeks protection, for example, the go-to Psalm is 91; for inner purification, Psalm 51 or any other of the so-called "penitential" Psalms. For empowerment against obstacles and enemies, Psalm 70. There are even the so-called "cursing" Psalms (109 et al.) whose use requires no explanation.

Many lists exist assigning each Psalm to some or other purpose (prosperity, victory, health, love, etc.), and many of these lists contradict each other. What I've found is that it's not an "either/or" where one list is right and the others wrong, but a "both/and," that the "rightness" of a list can depend both on the individual's understanding of a given Psalm along with the tradition by which the individual is most influenced (Rootwork, Braucherei, and so forth).

The Psalms can be incorporated into one's work any way the practitioner sees fit, or can be used on their own. When used on their own, the practitioner either reads or sings the Psalm and afterwards the Gloria Patri, all the while visualizing his or her goal throughout. Then the practitioner may say a prayer either pre-written or in his or her own words, and finishes by making the sign of the cross.

An alternate procedure is to pray the intended Psalm once a day, or once at morning and again at evening. In this case close with the Gloria Patri and then the Our Father.

A candle may be lit while undertaking either of the above procedures, either a white candle (for adding to one's life), an unbleached candle (for removing from one's life), or a candle of whatever color the practitioner's training says is appropriate.

On the next page is a list of the Psalms and purposes for which they are commonly used:

Psalm 1:
For removal of the ungodly from a group; for a safe pregnancy.

Psalm 2:
To aid in disbanding and breaking up enemy conspiracies.

Psalm 3:
For relief from a severe headache or from back pain.

Psalm 4:
For restful and peaceful sleep; to change one's luck from bad to good.

Psalm 5:
For finding favor with authorities or superiors in business.

Psalm 6:
For healing diseases of the eye; for protection in the dark.

Psalm 7:
To stop conspiracies, enemy pursuit, for court cases.

Psalm 8:
Business success through the good will of associates.

Psalm 9:
To punish enemies; to restore health to male children; for court cases.

Psalm 10:
To cleanse off an unclean, restless, or intranquil spirit.

Psalm 11:
To cast off fear; for righteous retribution against your foes.

Psalm 12:
For protection against severe persecution or oppression.

Psalm 13:
For safety from unnatural death; for curing painful eye diseases.

Psalm 14:
To stop libel and slander from tarnishing the trust others have in you.

Psalm 15:
To exorcise evil spirits and devils from a person; for mental peace.

Psalm 16:
To identify a thief; to change sorrow to joy and heal to pain.

Psalm 17:
For safe travel abroad and to help bring a loved one safely home.

Psalm 18:
For anointing the sick to cure them.

Psalm 19:
For help in childbirth, for release from jail, to remove evil spirits.

Psalm 20:
Protection from danger for a day; to be justified in a court case.

Psalm 21:
To both calm a storm and to offer protection for seafarers and sailors.

Psalm 22:
For travel protection from dangerous storms, pirates, beasts, and men.

Psalm 23:
For prosperity, love, protection, wisdom, and guidance.

Psalm 24:
For protection from floods and escape from rising waters.

Psalm 25:
Forgiveness of the sins of youth; protection from capture.

Psalm 26:
For the release of someone from confinement or from jail. Verses 6-12 form the "Lavabo" from the Catholic Latin Mass.

Psalm 27:
For protection and hospitality while one is traveling abroad.

Psalm 28:
To bring back estranged friends who have become hostile to you.

Psalm 29:
To drive out devils and restore peace and tranquility to the home.

Psalm 30:
For protection from enemies; for recovery from severe illnesses.

Psalm 31:
For protection from conspiracies, back-biting, and gossip.

Psalm 32:
To gain respect, love, grace, and blessings from Heaven.

Psalm 33:
To protect, unite, and bless all of the members of a family.

Psalm 34:
To destroy and reverse back evil; for protection while traveling.

Psalm 35:
For justice to prevail in court cases and legal matters.

Psalm 36:
For protection from slander and gossip and to expose liars.

Psalm 37:
For protection against slander, gossip, lies, and evil-doers.

Psalm 38:
To help in court cases where slander fouled up the proceedings.

Psalm 39:
To turn around a court case when false testimony has been given.

Psalm 40:
For protection against evil spirits and to cast them out.

Psalm 41:
To restore a good name if slander and gossip have ruined a reputation.

Psalm 42:
For spiritual guidance; for answers in dreams; for love reconciliation.

Psalm 43:
To begin a new work; also work against slander and wicked people; to turn back evil. The Latin Mass begins with this Psalm.

Psalm 44:
To guard and protect against enemies, invading armies, or war.

Psalm 45:
For peace between husband and wife; to calm an angry spouse.

Psalm 46:
To help a struggling marriage; to soothe marital tensions.

Psalm 47:
To gain favor from those in power; for mastery over people.

Psalm 48:
To destroy hateful and envious enemies; to seize them with terror.

Psalm 49:
To help heal and ease serious illnesses, diseases, and fevers.

Psalm 50:
For healing; to overcome fevers and other forms of sickness.

Psalm 51:
For cleansing and removing sin.

Psalm 52:
To end all manner of gossip and calumny by poison-tongued people.

Psalm 53:
To protect from enemies whose names are known or unknown.

Psalm 54:
To give protection by reversing works of evil and malice.

Psalm 55:
To call upon the Lord to bring down retribution against attackers.

Psalm 56:
For intercession by the Almighty to remove temptation and bad habits.

Psalm 57:
To turn around one's luck, changing bad luck into good luck.

Psalm 58:
For warding off snakes and wild beasts; to reverse evil unto enemies.

Psalm 59:
To bring down the vengeance of the Lord against one's enemies.

Psalm 60:
For the Lord to march into battle and protect His soldiers.

Psalm 61:
For a new home to be fixed with good fortune, happiness, and peace.

Psalm 62:
For forgiveness of sins and to gain the blessing of the Lord.

Psalm 63:
To protect from being victimized by business partners and investors.

Psalm 64:
For protection, especially while at sea, and for a safe return.

Psalm 65:
For road opening that breaks through barriers and leads to success.

Psalm 66:
To remove evil spirits; to heal those possessed; for wishes to come true.

Psalm 67:
Against illness and fever; to free one who has been imprisoned or bound.

Psalm 68:
Recited while preparing to exorcise evil spirits. The "St. Michael Exorcism" uses this Psalm.

Psalm 69:
To free one from slavery to addictions and unhealthy habits.

Psalm 70:
To cast down and reverse the wickedness wrought by enemies. The Litany of the Saints uses this Psalm.

Psalm 71:
For release from prison, for acquittals in court cases.

Psalm 72:
To bring favor and grace.

Psalm 73:
To protect travellers against religious persecution in foreign lands.

Psalm 74:
For an end to persecution and to destroy oppressors and persecutors.

Psalm 75:
Used for the cleansing of sins.

Psalm 76:
For the Lord's intercession, to provide protection from all attacks.

Psalm 77:
Used against danger, poverty, chronic illness, drought, and famine.

Psalm 78:
To gain favors from kings, princes, and other government officials.

Psalm 79:
To utterly destroy the wicked and also to cast fatal curses.

Psalm 80:
To end spiritual doubts and to prevent people falling into unbelief.

Psalm 81:
To save people from error and mistakes, for safety from accidents.

Psalm 82:
To facilitate business deals and assist those making investments.

Psalm 83:
To keep safe during times of war, persecution, and captivity.

Psalm 84:
For healing, especially when the body has contracted unusual odors.

Psalm 85:
To soften hearts and restore peace to friends who have become enemies.

Psalm 86:
To bring goodness, spiritual peace, and happiness to the community.

Psalm 87:
To cleanse the community before starting healing and blessing work.

Psalm 88:
To remove evil and bring blessings.

Psalm 89:
To anoint the sick, to secure a release from prison, for psychic vision.

Psalm 90:
Used with Psalm 91 for protection; also to bless the work of the hands.

Psalm 91:
For protection from distress and harm.

Psalm 92:
Prayed to bring good fortune and high honors.

Psalm 93:
Against prosecution by unjust and oppressive people; to win in court.

Psalm 94:
For protection and to turn all evil back onto your enemies.

Psalm 95:
To cleanse sins; to pray for guidance and forgiveness for enemies.

Psalm 96:
To bless a family and bring happiness, peace, and joy to them.

Psalm 97:
Used with Psalm 96 for healing, blessing, and cleansing a family.

Psalm 98:
To restore peace between two hostile families; to bless a home.

Psalm 99:
For praise and devotion to God; to gain conversation with God.

Psalm 100:
To bring victory against enemies.

Psalm 101:
For protection against enemies and to be rid of evil spirits.

Psalm 102:
For assistance in matters of fertility and to be granted grace.

Psalm 103:
For help in conceiving of a child and for the forgiveness of sins.

Psalm 104:
To cleanse away evil; to bless natural spiritual supplies.

Psalm 105:
For healing illnesses, especially recurrent or periodic fevers.

Psalm 106:
For healing and to restore one to health, especially from fevers.

Psalm 107:
For remission or healing from periodic or recurrent fevers.

Psalm 108:
Utilized for financial success in your place of business.

Psalm 109:
Used in a powerful curse against oppressive, slanderous enemies.

Psalm 110:
For victory; to cause enemies to bow before you and beg for mercy.

Psalm 111:
Recited to acquire many friends, as well as respect, and admiration.

Psalm 112:
To increase in might and power, for success, abundance, and blessings.

Psalm 113:
Prayers and blessings for those in need; to stop infidelity and heresy.

Psalm 114:
Used for success in matters of finance, business, and money.

Psalm 115:
To foster truth-telling, for victory in debate over scoffers and mockers.

Psalm 116:
Recited daily for protection from violent or sudden death or injury.

Psalm 117:
For forgiveness of a failure to keep a vow or promise that you made.

Psalm 118:
For protection against those who try to misguide or lead you astray.

Psalm 119:
The longest Psalm, its 22 alphabetic divisions cover all human problems. Each of the 22 divisions corresponds to one of the 22 Paths on the Hebrew Tree of Life.

Psalm 120:
For success in court and for protection against snakes and scorpions.

Psalm 121:
For safety at night, both during sleep and while travelling in darkness.

Psalm 122:
For peace within a city, and to gain the favor of those in high station.

Psalm 123:
Employed to cause a servant, trainee, or employee to return.

Psalm 124:
Cleansing of the soul, protection at sea and from being wronged.

Psalm 125:
For protection in foreign lands and against those who work iniquity.

Psalm 126:
After miscarriage or the death of a child; for the next child to live.

Psalm 127:
For the protection and blessing of a newborn baby.

Psalm 128:
For a fortunate, accident-free pregnancy; for uncomplicated childbirth. Used in the Catholic blessing of nuptials.

Psalm 129:
Recited daily to prepare one for a long life of virtue and good works.

Psalm 130:
Recited to the four quarters when passing by sentries in a war zone.

Psalm 131:
Recited three times a day to reduce one's sin of pride and scornfulness.

Psalm 132:
To remediate one's unpunctuality and failure to perform duties on time.

Psalm 133:
To retain the love and respect of friends and to gain many more friends.

Psalm 134:
For matters of higher education and for success in school.

Psalm 135:
For repentance, spirituality, and rededication of one's life to God.

Psalm 136:
Recited on behalf of those who wish to confess and be cleansed of sins.

Psalm 137:
For cleansing of the heart and soul from hate, envy, evil, and vice.

Psalm 138:
Recited daily to bring love and friendship from the Lord.

Psalm 139:
To nurture and maintain love, especially within the context of marriage.

Psalm 140:
To restore tranquility and to preserve and maintain relationships.

Psalm 141:
To ward against terror and fear and against looming oppression.

Psalm 142:
To heal the body, restore health, and alleviate pain and suffering.

Psalm 143:
To heal bodily limbs, especially the arms and to alleviate pain.

Psalm 144:
To speed up healing and to ensure the perfect mend of a broken arm.

Psalm 145:
To cleanse and purify places beset by ghosts or evil spirits.

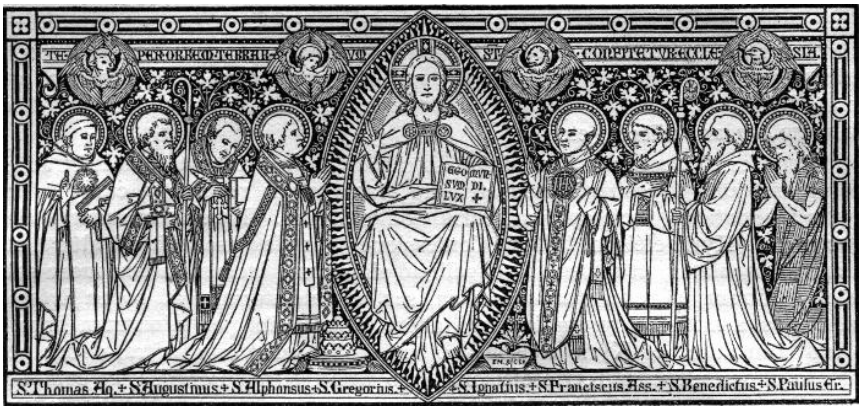
Psalm 146:
Used for healing and recovery after being wounded.

Psalm 147:
For healing wounds and bites from snakes, insects, and other animals.

Psalm 148:
Used with Psalm 149 to keep safe from accidents by fire.

Psalm 149:
Used to protect against fire-related accidents.

Psalm 150:
For the glory of the Lord and to give thanks for His intervention.



REGINA SACRATISSIMI ROSARII, ORA PRO NOBIS

VI. Devotions, Meditations, and Rituals

Here we include devotions, meditations, and rituals that one could use to sanctify their day or manifest their intentions.

A. Morning and Evening Devotional Rituals

119. Daily Morning Devotion Ritual

1. Look through the Daily Prayers and note the ones marked with an asterisk. These will be the prayers we use.

2. When rising in the morning, or at sunrise, begin by making the sign of the cross while saying the "Protestant Ending" to the Our Father*:*

Sursum: Quia tuum est	*Up*: For thine is
Deorsum: regnum,	*Down*: the kingdom,
Ad sinistram: et potéstas,	*Left*: and the power,
Ad dexteram: et glória,	*Right*: and the glory,
Manibus Junctis: in sæcula. Amen.	*Hands Joined*: for ever and ever. Amen.

3. Say the Prayer Upon Rising *(n. 1), while visualizing yourself surrounded by a brilliant white light.*

4. Next say the Prayer for the day of the week, while doing so, visualize yourself surrounded by light of the corresponding color:

Sunday – Gold-yellow, prayer n. 10
Monday – Violet, prayer n. 13
Tuesday – Red, prayer n. 17
Wednesday – Orange, prayer n. 20
Thursday – Blue, prayer n. 23
Friday – Green, prayer n. 26
Saturday – Indigo or Black, prayer n. 30

5. Afterward, say or chant the Our Father *in the language of your choice.*

6. When finished, make the Sign of the Cross *as above in step 2, and then go about your day.*

120. Daily Evening Devotion Ritual

1. Look through the Daily Prayers and note the ones marked with an asterisk. These will be the prayers we use.

2. When retiring at night, or at sunset, begin by making the sign of the cross while saying the "Protestant Ending" to the Our Father*:*

Sursum: Quia tuum est	*Up*: For thine is
Deorsum: regnum,	*Down*: the kingdom,
Ad sinistram: et potéstas,	*Left*: and the power,
Ad dexteram: et glória,	*Right*: and the glory,
Manibus Junctis: in sæcula. Amen.	*Hands Joined*: for ever and ever. Amen.

4. Next say the Prayer for the day of the week, while doing so, visualize yourself surrounded by light of the corresponding color:

Sunday – Gold-yellow, prayer n. 10
Monday – Violet, prayer n. 13
Tuesday – Red, prayer n. 17
Wednesday – Orange, prayer n. 20
Thursday – Blue, prayer n. 23
Friday – Green, prayer n. 26
Saturday – Indigo or Black, prayer n. 30

3. Say the Prayer upon Retiring *(n. 6), while visualizing yourself surrounded by a brilliant white light.*

5. Afterward, say or chant the Our Father *in the language of your choice.*

6. When finished, make the Sign of the Cross *as above in step 2, and then go to bed or about your evening.*

B. The Most Holy Rosary

The Rosary, or officially the "Dominican Rosary," is one of the best-known and most-loved devotions in the Western Church's history. Scholars believe the Rosary evolved slowly over centuries, from the use of beads to count one's prayers into the modern Rosary as we have it now, which happened sometime in the 16th century. There's also a "mythical" origin story which claims Our Lady gave the Rosary directly to Saint Dominic Guzman as a spiritual weapon against the Albigensian heresy.

121. The Fifteen Promises

The lore surrounding the Rosary also makes 15 promises that Our Lady is said to have given to Blessed Alan de la Roche. These promises are:

1. Whoever shall faithfully serve me by the recitation of the rosary, shall receive signal graces.
2. I promise my special protection and the greatest graces to all those who shall recite the rosary.
3. The rosary shall be a powerful armor against hell, it will destroy vice, decrease sin, and defeat heresies.
4. It will cause virtue and good works to flourish; it will obtain for souls the abundant mercy of God; it will withdraw the heart of men from the love of the world and its vanities, and will lift them to the desire of eternal things. Oh, that souls would sanctify themselves by this means.
5. The soul which recommends itself to me by the recitation of the rosary shall not perish.
6. Whoever shall recite the rosary devoutly, applying himself to the consideration of its sacred mysteries, shall never be conquered by misfortune. God will not chastise him in His justice, he shall not perish by an unprovided death; if he be just he shall remain in the grace of God, and become worthy of eternal life.
7. Whoever shall have a true devotion for the rosary shall not die without the sacraments of the Church.
8. Those who are faithful to recite the rosary shall have, during their life and at their death, the light of God and the plenitude

of His graces; at the moment of death they shall participate in the merits of the saints in paradise.

9. I shall deliver from purgatory those who have been devoted to the rosary.
10. The faithful children of the rosary shall merit a high degree of glory in heaven.
11. You shall obtain all you ask of me by the recitation of the rosary.
12. All those who propagate the holy rosary shall be aided by me in their necessities.
13. I have obtained from my Divine Son that all the advocates of the rosary shall have for intercessors the entire celestial court during their life and at the hour of death.
14. All who recite the rosary are my sons, and brothers of my only son Jesus Christ.
15. Devotion to my rosary is a great sign of predestination.

An important thing to consider is that this list of promises falls under the category of "private revelation," meaning a vision or communication the Church has deemed "worthy of belief," meaning the individual believer is free to believe or not believe in these promises. Experience, however, shows these promises to be very real.

122. When to Pray the Mysteries of the Rosary

The Rosary is traditionally broken into fifteen parts called "Mysteries," and these Mysteries are grouped into three groups of five: The Joyful, Sorrowful, and Glorious Mysteries.

The Joyful Mysteries are meditated upon Mondays, Thursdays, and the Sundays between Advent and Quinquagesima.

The Sorrowful Mysteries are meditated upon Tuesdays, Fridays, and the Sundays during Lent.

The Glorious Mysteries are meditated upon Wednesdays, Saturdays, and the Sundays between Easter and Advent.

123. How to Pray the Rosary

1. Hold the cross of the Rosary in the right hand, kiss it, and make the Sign of the Cross: "In the name of the Father," etc.

2. Still holding thr Cross, say the Apostles' Creed.

3. On the first large bead, say the "Our Father," and on the three beads afterward, say one "Hail Mary" on each. After the third Hail Mary, say the "Glory Be to the Father."

4. Announce the first Mystery: "The first Joyful/Sorrowful/Glorious Mystery: the Annunciation" (or "the Agony in the Garden" or "the Resurrection").

5. While meditating on this Mystery say the "Our Father" on the large bead just before the medal and the "Hail Mary" on the next ten beads after the medal (this is called a "decade"). After the tenth "Hail Mary," say the "Glory Be to the Father."

6. You've just finished the first Mystery. Move on to the next set of beads, announcing the second Mystery, then saying one "Our Father" and ten "Hail Marys," closing with a "Glory Be to the Father."

7. When you've finished all five Mysteries for the day, finish the Rosary by saying a "Hail, Holy Queen" on the medal with the following versicles and prayer:

V. Pray for us, O Queen of the Holy Rosary.
R. That we may be made worthy of the promises of Christ.
Let us pray. O God, whose only-begotten Son, by his life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that, meditating on these mysteries in the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain, and obtain what they promise. Through the same Christ our Lord. Amen.

The complete Rosary prayers and meditations in both Latin and English can be found in We Pray the Rosary, *available from http://thavmapub.com.*

124. Meditations on the Joyful Mysteries

1. The Annunciation:
SCRIPTURAL PASSAGE: *(Luke 1:35-38)*
The Angel said to Mary: "The Holy Spirit will pass over you, and the power of the Most High will overshadow you. And because of this also, the Holy One who will be born of you shall be called the Son of God . . . For no word will be impossible with God." Then Mary said: "Behold, I am the handmaid of the Lord. Let it be done to me according to your word." And the Angel departed from her.

MEDITATION: Let us contemplate, in this mystery, how the angel Gabriel saluted our Blessed Lady with the title "Full of grace," and declared unto her the Incarnation of our Lord and Savior Jesus Christ. Beg of her to obtain for us the virtue of humility in imitation of our Lord, who lowered Himself in taking the form of a servant.

2. The Visitation:
SCRIPTURAL PASSAGE: *(Luke 1:39-42)*
In those days Mary arose and went with haste into the hill country, to a city of Judah, and she entered the house of Zechariah and greeted Elizabeth. And when Elizabeth heard the greeting of Mary, the babe leaped in her womb; and Elizabeth was filled with the Holy Spirit and she exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb!"

MEDITATION: Let us contemplate, in this mystery, how the Blessed Virgin Mary, understanding from the angel that her cousin St. Elisabeth had conceived, went with haste into the mountains of Judea to visit her, bearing her Divine Son within her womb, and remained with her three months. Ask through the intercession of our Lady the Grace of perfect charity toward our neighbor.

3. The Nativity:
SCRIPTURAL PASSAGE: *(Luke 2:1-7)*
In those days a decree went out from Caesar Augustus that all the world should be enrolled. This was the first enrollment, when Quirinius was governor of Syria. And all went to be enrolled, each to his own city. And Joseph also went up from Galilee, from the city of

Nazareth, to Judea, to the city of David, which is called Bethlehem, because he was of the house and lineage of David, to be enrolled with Mary, his betrothed, who was with child. And while they were there, the time came for her to be delivered. And she gave birth to her first-born son and wrapped him in swaddling cloths, and laid him in a manger, because there was no place for them in the inn.

MEDITATION: Let us contemplate, in this mystery, how the Blessed Virgin Mary, when the time of her delivery was come, brought forth our Redeemer, Jesus Christ, at midnight, and laid Him in a manger, because there was no room for Him in the inns at Bethlehem. Ask that we may be detached from all the things of earth in imitation of Him who was born in a stable for our sakes.

4. The Presentation:
SCRIPTURAL PASSAGE: *(Luke 2:21-24)*
And at the end of eight days, when he was circumcised, he was called Jesus, the name given by the angel before he was conceived in the womb. And when the time came for their purification according to the law of Moses, they brought him up to Jerusalem to present him to the Lord (as it is written in the law of the Lord, "Every male that opens the womb shall be called holy to the Lord") and to offer a sacrifice according to what is said in the law of the Lord, "a pair of turtledoves, or two young pigeons."

MEDITATION: Let us contemplate, in this mystery, how the Blessed Virgin Mary, on the day of her purification, presented the child Jesus in the Temple, where holy Simeon, giving thanks to God, with great devotion received Him into his arms. Like Mary, we should cultivate the virtue of obedience to the Divine Law.

5. The Finding in the Temple:
SCRIPTURAL PASSAGE: *(Luke 2:41-47)*
Now his parents went to Jerusalem every year at the feast of the Passover. And when he was twelve years old, they went up according to custom; and when the feast was ended, as they were returning, the boy Jesus stayed behind in Jerusalem. His parents did not know it ... After three days they found him in the temple, sitting among the teachers, listening to them and asking them questions; and all who heard him were amazed at his understanding and his answers.

MEDITATION: Let us contemplate, in this mystery, how the Blessed Virgin Mary, after having lost (through no fault of hers) her beloved Son in Jerusalem, sought Him for the space of three days; and at length found Him in the Temple, sitting in the midst of the doctors, disputing with them, being then but twelve years old. Ask that we may ever seek Jesus with our whole heart, and be converted totally.

125. Meditations on the Sorrowful Mysteries

11. The Agony in the Garden

SCRIPTURAL PASSAGE: *(Matthew 26:36-39)*
Then Jesus went with them to a place called Gethsemane, and he said to his disciples, "Sit here, while I go yonder and pray." And taking with him Peter and the two sons of Zebedee, he began to be sorrowful and troubled. Then he said to them, "My soul is very sorrowful, even to death; remain here, and watch with me." And going a little farther he fell on his face and prayed, "My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as you will."

MEDITATION: Let us contemplate, in this mystery, how our Lord Jesus was so afflicted for us in the garden of Gethsemane, that His body was bathed in a bloody sweat, which ran trickling down in great drops to the ground. As our Lord submitted Himself to the will of His Father, ask that we also may obtain the grace of a perfect submission to the Divine Will.

12. The Scourging at the Pillar

SCRIPTURAL PASSAGE: *(John 19:1-3)*
Then Pilate took Jesus and scourged him. And the soldiers plaited a crown of thorns, and put it on his head, and arrayed him in a purple robe; they came up to him, saying, "Hail, King of the Jews!" and struck him with their hands.

MEDITATION: Let us contemplate, in this mystery, how our Lord Jesus Christ was most cruelly scourged in Pilate's house for our sins, and let us beg the grace to gain control over our physical passions.

13. The Crowning with Thorns
SCRIPTURAL PASSAGE: *(Matthew 27:27-29)*
Then the soldiers of the governor took Jesus into the praetorium, and they gathered the whole battalion before him. And they stripped him and put a scarlet robe upon him, and plaiting a crown of thorns they put it on his head, and put a reed in his right hand. And kneeling before him they mocked him, saying, "Hail, King of the Jews!"

MEDITATION: Let us contemplate, in this mystery, how those cruel ministers of Satan plaited a crown of sharp thorns, most cruelly pressed it on the most sacred head of our Lord Jesus Christ, and saluted Him in derision as King of the Jews. Let us seek to gain control over our thoughts and emotions, that we may fly the vanities of this world and seek only the approval of God.

14. The Carrying of the Cross
SCRIPTURAL PASSAGE: *(Mark 15:21-22)*
And they compelled a passer-by, Simon of Cyrene, who was coming in from the country, the father of Alexander and Rufus, to carry his cross. And they brought him to the place called Golgotha (which means the place of a skull).

MEDITATION: Let us contemplate, in this mystery, how our Lord Jesus Christ, being sentenced to die, bore with great patience the Cross, which was laid upon Him for His greater torment and ignominy. Let us ask for the grace to persevere in all our spiritual works, and in bearing the crosses which are placed upon us during our sojourn through this world.

15. The Crucifixion
SCRIPTURAL PASSAGE: *(Luke 23:33-46)*
And when they came to the place which is called The Skull, there they crucified him, and the criminals, one on the right and one on the left. And Jesus said, "Father, forgive them; for they know not what they do" ... It was now about the sixth hour, and there was darkness over the whole land until the ninth hour, while the sun's light failed; and the curtain of the temple was torn in two. Then Jesus, crying with a loud voice, said, "Father, into thy hands I commit my spirit!" And having said this he breathed his last.

MEDITATION: Let us contemplate, in this mystery, how our Lord Jesus Christ, being come to Mount Calvary, was stripped of His garments, and His hands and feet most cruelly nailed to the Cross, in the presence of his most afflicted Mother. As He prayed for His executioners, so let us forgive those who injure and persecute us.

126. Meditations on the Glorious Mysteries

11. The Resurrection

SCRIPTURAL PASSAGE: *(Luke 24:1-5)*
But on the first day of the week, at early dawn, they went to the tomb, taking the spices which they had prepared. And they found the stone rolled away from the tomb, but when they went in they did not find the body. While they were perplexed about this, behold, two men stood by them in dazzling apparel; and as they were frightened and bowed their faces to the ground, the men said to them, "Why do you seek the living among the dead? He is not here, but has risen."

MEDITATION: Let us contemplate, in this mystery, how our Lord Jesus Christ, triumphing gloriously over death, rose again the third day, immortal and impassible. May we be ever steadfast in the profession and practice of our faith, of which this mystery is the foundation.

12. The Ascension

SCRIPTURAL PASSAGE: *(Mark 16:19)*
So then the Lord Jesus, after he had spoken to them, was taken up into heaven, and sat down at the right hand of God.

MEDITATION: Let us contemplate, in this mystery, how our Lord Jesus Christ, for forty days after His resurrection, ascended into heaven, attended by angels, in the sight of His most holy Mother, His Apostles and disciples, to the great admiration of them all. Let us ask for an increase of the virtue of hope and ardent longing for Heaven, our true home.

13. The Descent of the Holy Ghost

SCRIPTURAL PASSAGE: *(Acts 2:1-4)*
When the day of Pentecost had come, they were all together in one place. And suddenly a sound came from heaven like the rush of a

mighty wind, and it filled all the house where they were sitting. And there appeared to them tongues as of fire, distributed and resting on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance.

MEDITATION: Let us contemplate, in this mystery, how our Lord Jesus Christ, being seated on the right hand of God, sent, as He had promised, the Holy Ghost upon His Apostles, who, after He was ascended, returning to Jerusalem, continued in prayer and supplication with the Blessed Virgin Mary, expecting the performance of His promise. Ask that we too may be filled with the Fire of the Holy Ghost.

14. The Assumption of Mary

SCRIPTURAL PASSAGE: *(Luke 1:48-49)*
Henceforth all generations will call me blessed; for he who is mighty has done great things for me.

MEDITATION: Let us contemplate, in this mystery, how the glorious Virgin, twelve years after the resurrection of her Son, passed out of this world unto Him, and was by Him assumed into heaven, accompanied by the holy Angels. Let us every day beg our blessed Lady to obtain for us, when our hour has come, the grace of a happy death.

15. The Coronation of Mary

SCRIPTURAL PASSAGE: *(Apocalypse 12:1)*
And a great sign appeared in heaven, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars.

MEDITATION: Let us contemplate, in this mystery, how the glorious Virgin Mary was, to the great jubilee and exultation of the whole court of heaven, and with particular glory of all the Saints, crowned by her Son with the brightest diadem of glory. May we be always found faithful to our baptismal promises, and in so doing obtain the crown which waits for us in Heaven.

127. A Protestant Rosary

While the Rosary is known as a "Catholic thing," it's also readily usable by Protestants, too, so long as their heads aren't stuck so far up Calvin's *Institutes* they can't see the sun shining upon them.

The Apostles' Creed and Gloria Patri are said in the usual way, while the Our Father is said with what I call the "Protestant Ending" – "For thine is the kingdom," etc.

The Hail Mary is said the way it was in Martin Luther's time, and in fact the way he recommended the people to say it, namely the Biblical portion of the prayer:
Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus Christ. Amen.

There is another version that suggests using the *Jesus Prayer* instead of the Hail Mary:
Jesus Christ, Son of the Living God, have mercy on me a sinner.

At the end of the Rosary (where Catholics say the "Hail, Holy Queen"), the Protestant Rosary concludes by saying either the *Magificat* or Luther's "Evangelical Praise for the Mother of God."

Magnificat:
*My soul * magnifies the Lord.*
*And my spirit rejoices * in God my Savior.*
*Because he has regarded the lowliness of his handmaid **
For behold, from henceforth all generations shall call me blessed.
*Because he who is mighty has done great things for me, **
And holy is his name.
*And his mercy is from generation to generation **
On those who fear him.
*He has shown might with his arm, **
He has scattered the proud in the conceit of their heart.
*He has put down the mighty from their thrones, **
And has exalted the lowly.
*He has filled the hungry with good things, **
And the rich he has sent away empty.
*He has given help to Israel his servant, * mindful of his mercy.*

*Even as he spoke to our fathers, **
To Abraham and to his posterity forever.
*Glory be to the Father, and to the Son, and to the Holy Spirit. **
As it was in the beginning, is now, and ever shall be: world without end. Amen.

Evangelical Praise for the Mother of God:
O Blessed Virgin, Mother of God, what great comfort God has shown us in you, by so graciously regarding your unworthiness and low estate. This encourages us to believe that henceforth He will not despise us poor and lowly ones, but graciously regard us also, according to your example.

This is one of the most commonly-encountered formats for Protestant Rosaries, while others can be readily found by searching the internet.

128. Mysteries in the Protestant Rosary
The Protestant Rosary described above uses the same Mysteries as the Dominican Rosary except for the last two:

14. In place of the Assumption, Protestant Rosaries have
The Communion of Saints.
15. In place of the Coronation, Protestant Rosaries feature
The Heavenly Jerusalem.

I have not been able to find information as to the details (spiritual fruits, etc.) associated with these Mysteries, though the fruits of the Assumption and Coronation – i.e. a happy death and receiving the crown that awaits us in heaven – can be interpreted to apply here as well.

130. The Anglican Rosary
Created in the 1980's, the Anglican Rosary is a unique devotion that self-identifies as a combination of the Dominican Rosary and the Orthodox *Chokti*, or prayer rope. Instead of a medal, we find one bead after the Cross called an "Invitatory Bead," and instead of one Our Father bead followed by ten Hail Marys, we find one large beead called a "Cruciform" followed by a group of seven beads called a "Week."

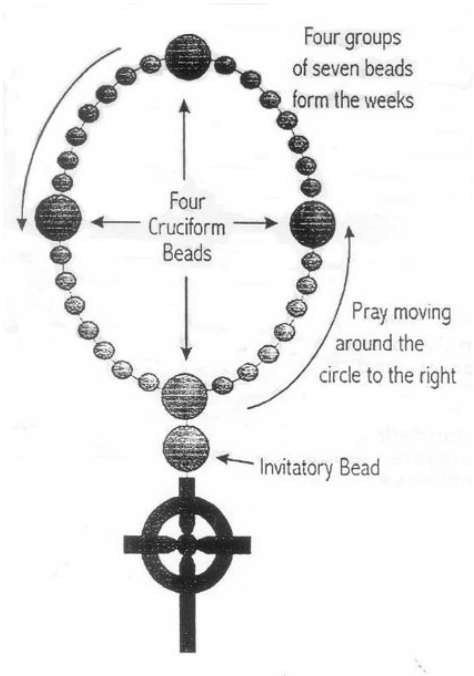


Diagram of an Anglican Rosary

One feature of the Anglican Rosary is that it has no Mysteries and no standardized set of prayers, so much as it provides a structure on which to say and count your prayers. If you wish to say the Sign of the Cross on the cross, the Apostles' Creed on the Invitatory, the Our Father on the Cruciform beads and a Hail Mary on each "week" bead and a Salve Regina when you're finished, then so be it.

In practice, however, various Episcopalian parish communities may have their own set of prayers to use with these beads, and several sets of prayes exist on the internet. We here give a few such sets, to give a feel for how the Anglican Rosary is actually used.

131. Anglican Rosary Prayers, Set #1

On the Cross

In the Name of God, Father, Son, and Holy Spirit. Amen.

On the Invitatory Bead

O God incline unto mine aid,
O Lord make haste to help me, *(Psalm 70)*

Glory to the Father, and to the Son, and to the Holy Spirit:
As it was in the beginning, is now, and will be forever. Amen.

On the Cruciform Beads
Holy God, Holy and Mighty,
Holy Immortal One, Have mercy upon me (us).

On the Week Beads
Lord Jesus Christ, Son of God,
Have mercy on me, a sinner.

¶ *After finishing the beads, say this prayer on the Invitatory bead. This will be called "last time through" in future examples.*

The Invitatory (Last time through)
The Lord's Prayer
The Cross

Conclusion
Let us (or "I") bless the Lord
Thanks be to God.

<u>132. Julian of Norwich Prayer</u>
(Written by Sister Brigit-Carol, Solitaries of DeKoven)

The Cross
In the Name of God, Father, Son, and Holy Spirit. Amen.

The Invitatory
O God make speed to save me (us),
O Lord make haste to help me (us),
Glory to the Father, and to the Son, and to the Holy Spirit:
As it was in the beginning, is now, and will be forever.
Amen.

The Cruciforms
God of your goodness, give me yourself, for you are enough to me. And I can ask for nothing less that is to your glory. And if I ask for anything less, I shall still be in want, for only in you have I all.

The Weeks
All shall be well, and all shall be well,
And all manner of things shall be well.

Or, the following
In His love He has done His works, and in His love He has made all things beneficial to us.

The Invitatory (Last time through)
The Lord's Prayer
The Cross

Conclusion
Let us (or "I") bless the Lord
Thanks be to God.

133. An Evening Prayer
(From King of Peace Episcopal Church, Kingsland, Georgia)

The Cross
Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and will be for ever. Amen.

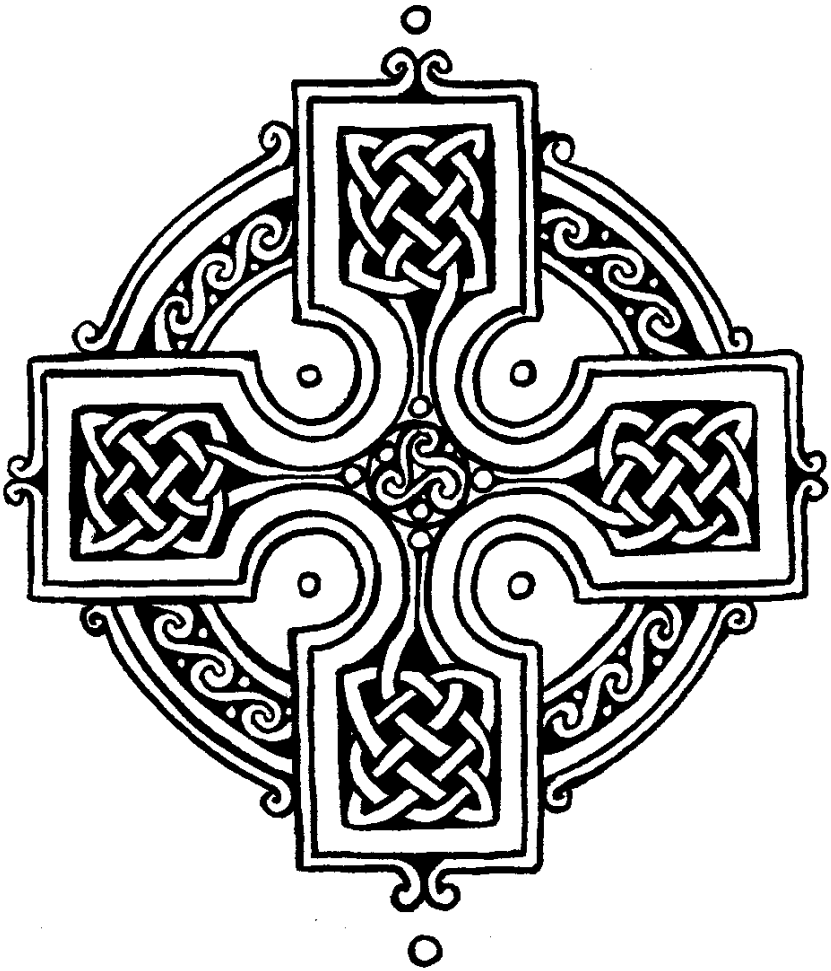
The Invitatory
Open my lips, O Lord,
and my mouth shall proclaim Your praise.

The Cruciforms
Guide us waking, O Lord,
and guard us sleeping;
that awake we may watch
with Christ, and asleep
we may rest in peace.

The Weeks
Jesus, Lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.
Jesus, redeemer of the world, give us your peace.

The Invitatory (Last time through)
The Lord's Prayer

The Cross (Conclusion)
Let us (or "me") bless the Lord
Thanks be to God.



134. Meditations on the Luminous Mysteries

In 2002, Pope John Paul II published five extra Mysteries as a subject for meditation with the Rosary, and referred to them as the "Mysteries of Light" or simply the "Luminous Mysteries."

The Pontiff stated these were optional, and for those who wish to undertake that option sake of completeness I list these Mysteries below, along with Scripture Passages and Meditations.

L-1: The Baptism of Jesus

SCRIPTURAL PASSAGE: *(Matthew 3:13-17)*
Then Jesus came from Galilee to the Jordan to be baptized by John. But John tried to deter him, saying, "I need to be baptized by you, and do you come to me?" Jesus replied, "Let it be so now; it is proper for us to do this to fulfill all righteousness." Then John consented. As soon as Jesus was baptized, he went up out of the water. At that moment heaven was opened, and he saw the Spirit of God descending like a dove and lighting on him. And a voice from heaven said, "This is my Son, whom I love; with him I am well pleased."

MEDITATION: Our Lord Jesus Christ is baptized by John in the River Jordan. The word, Christ, means the Anointed One. Jesus is anointed by the Heavenly Father, and the oil for this anointing is the Holy Spirit. We read in the Gospels, "And when he came up out of the water, immediately he saw the heavens opening and the Spirit descending on Him like a dove. And a voice came from Heaven: 'You are my Beloved Son. With you, I am well pleased.'" Jesus is the Beloved Son of the Father. He is the Messiah, the Anointed One. My loving Lord Jesus, by your immersion in the River Jordan, you made holy the waters of Baptism in which our sins are washed clean. We have been born again to new life and become the dwelling place of the Holy Trinity. Lord, let the promise you made to your disciples be fulfilled in us. May we be baptized in your Holy Spirit every moment of our lives.

L-2: The Wedding at Cana

SCRIPTURAL PASSAGE: *(John 2:1-5)*
On the third day there was a wedding in Cana in Galilee, and the mother of Jesus was there. Jesus and his disciples were also invited to

the wedding. When the wine ran short, the mother of Jesus said to him, "They have no wine." And Jesus said to her, "Woman, how does your concern affect me? My hour has not yet come." His mother said to the servers, "Do whatever he tells you."

MEDITATION: Mary the Mother now becomes Mary the Disciple. She does not know what Jesus will do but she believes that He will do the most perfect thing. She teaches the disciples to open their hearts to faith. They look on and witness the miracle. Suddenly, they realize that this grace of faith in Jesus has also changed the water of their poor lives into the new wine of His Kingdom. He, who up to this has been their teacher, they now see as their Lord. Blessed Holy Mother Mary, seat of wisdom, you have never ceased to teach us about your Son, and yet, there remains so much for us to learn. Help us through prayer to come more and more into the light of faith.

L-3: The Proclamation of the Kingdom

SCRIPTURAL PASSAGE: *(Matthew 5:3, 6)*

"Blessed are the poor in spirit, for theirs is the kingdom of heaven...Blessed are they that hunger and thirst after justice, for they shall have their fill."

MEDITATION: In St. Mark's Gospel, we read, "Now after John was arrested, Jesus came into Galilee preaching the Gospel of God, and saying, 'The time is fulfilled and the Kingdom of God is at hand. Repent and believe the Gospel.'" And in St. John's Gospel, Jesus says of Himself: "I am the light of the world. Whoever follows me will not walk in darkness but will have the light of life. I have come as light into the world, that whoever believes in me may not remain in darkness." Lord Jesus, through our sin, we sit in darkness and in the shadow of death. So many who once walked in your light, now walk in darkness. Jesus, give to us and to all our loved ones, the grace to turn away from sin and turn back to you. And may all people everywhere come to hear the good news of your Kingdom.

L-4: The Transfiguration

SCRIPTURAL PASSAGE: *(Mark 9:2-7)*

After six days Jesus took Peter, James, and John and led them up a high mountain apart by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no fuller on

earth could bleach them. Then Elijah appeared to them along with Moses, and they were conversing with Jesus. Then Peter said to Jesus in reply, "Rabbi, it is good that we are here! Let us make three tents: one for you, one for Moses, and one for Elijah." He hardly knew what to say, they were so terrified. Then a cloud came, casting a shadow over them; then from the cloud came a voice, "This is my beloved Son. Listen to him."

MEDITATION: "And as He was praying, the appearance of His face altered and His clothing became dazzling white." This is truly a mystery of Light. The glory of Jesus, the Son of God, shines forth. The light of the Godhead is seen in the face of Christ when the Father proclaims to the astounded apostles: "This is my Son, my Chosen One, listen to Him." Lord, we have never seen You transfigured like this but we have seen the transforming radiance of Your presence on the faces of others - on the young mother with her afflicted child, on the man arriving home from work, on the old priest as he offers the bread and wine, on the young nun as she moves lovingly among the starving poor. Jesus, those who listen to You are always transformed by Your word. Even in suffering, You show us the joy of the Resurrection and a life transformed by the presence of the Holy Spirit.

L-5: The Institution of the Eucharist

SCRIPTURAL PASSAGE: *(Matthew 26:26-29)*

Jesus took bread...and gave it to his disciples saying: ´Take this and eat it, this is My Body´...and taking the chalice: ´Drink of this, for this is My Blood of the New Testament, which shall be shed for many unto the remission of sins.

MEDITATION: The Eucharist is the source and summit of the Church's life. The other sacraments and every ministry of the Church lead to the Eucharist because the Eucharist is Christ himself. It is the Pascal Mystery, the Lord's Supper, the Sacrifice of the Cross, the Resurrection from the dead, and it is the real presence of the living and glorious Christ. O Loving Mother Mary, when you gathered with the disciples for the breaking of the bread, you received from their hands, your risen Eucharistic Son. You helped them to remember him as they call to mind his words and teachings, his face always before you. Teach us to see Jesus in the Eucharist through your eyes

of faith, and to love him with your Immaculate Heart. May we find him in every crushed grain of Eucharistic Bread as also in every grain of humanity.

136. Prayer after Completing the Rosary

Once you've finished the day's set of Mysteries, hold the Rosary while visualizing the Blessed Virgin Mary standing in front of you, and say:

O most Sorrowful and Immaculate Blessed Virgin Mary,
Mother of God and Mother of men,
thou who wast found worthy to carry God himself in thy womb,
and thou who has crushed him who is at once the enemy
of God and man in common under thine heel.
Humbly do I, *(name)*, approach thee,
through these Joyful *(or* Sorrowful, *or* Glorious*)* Mysteries
of this thy Most Holy Rosary,
asking that this offering may be acceptable to thee,
and that thou wilt earnestly intercede
on behalf of my petitions before the Father,
namely that *(here name your petitions)*.
Through our Lord Jesus Christ thy Son,
who with the Father liveth and reigneth
in the unity of the Holy Ghost, God,
forever and ever. Amen.

C. The Stations of the Cross

137. Historical Background

Tradition claims the origins of the Stations of the Cross can be traced back to the Blessed Mother, who walked the path her Son took to his death every day for the rest of her life. Every day, supposedly, she would retrace the steps in which her Son was forced to bleed, to be mocked openly, to be tortured, to stumble, and eventually to die. As we know the love all mothers have for their children, and the unspeakable horror when being forced to watch such atrocities happen to their children, one can only wonder what she was thinking, what Our Lady was contemplating as she recalled these events to her mind.

What we don't know is whether this tradition is factually true.

What we do know is that from the earliest times, also, Christians flocked to the Holy Land to retrace those same steps as well; St. Jerome attests to this in the late fourth century. But as the number of the faithful grew, also too did the number of people who truly wanted to make that journey but were not able. Thus sometime in the fifth century, the Church made it possible for the faithful to make a spiritual pilgrimage, by erecting in church buildings, or in outdoor settings, scenes of the Passion of Our Lord; St. Petronius of Bologna, for example, constructed a series of chapels at San Stefano depicting shrines and scenes from the Holy Land including several stations. This practice became known as the "Via Crucis," or "The Way of the Cross," and the Stations became associated with the Franciscans after 1342, when they were appointed guardians of the Holy Land's shrines. The word "station" was first used in referenced to this practice by William Way, an Englishman visiting the Holy Land in 1462.

From location to location, the number of stations varied, and so for the sake of uniformity, so that always and everywhere the faithful may find themselves in familiar settings, the Church in 1731 set the number at the present fourteen stations.

138. Prayers for the Stations

There are no "official" prayers assigned to the Stations and there is no strict or rigid formula. In fact a number of sets of prayers exist. What matters is that before meditating on this exercise, it's best to put one's mind in a state most conducive to meditative and prayerful work.

Once in this mental state, one should prayerfully reflect on the stations either by visualizing oneself in the scene, by praying ex tempore, or by thoughtfully reciting one or other pre-written set of prayers. One such set of prayers follows, the prayers used when the Stations are prayed publicly at *The Church of Esoteric Christianity*. These prayers are largely adapted from those written by St. Alphonsus of Liguori in the 18th century.

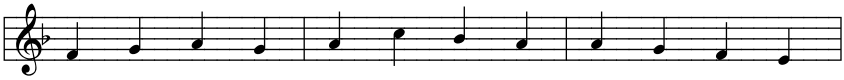
139. Liturgy of the Stations

¶ *Before beginning the Stations, An Opening Hymn may be sung.*

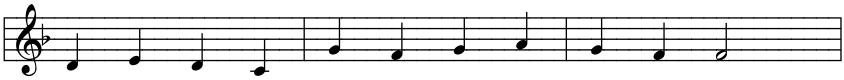
¶ *Then let the leader* of the devotion kneel before the High Altar (a lay leader kneels at the lectern), and all shall form their intentions, saying this Act of Contrition:*

Act of Contrition Before the Stations
My Lord Jesus Christ, Thou hast made this journey to die for love of me with love unutterable, and I have so many times unworthily abandoned Thee; but now I love Thee with my whole heart, and because I love Thee I repent sincerely for ever having offended Thee. Pardon me, my God, and permit me to accompany Thee on this journey. Thou dost go to die for love of me; I wish also, my beloved Redeemer, to die for love of Thee. My Jesus, I will live and die always united to Thee.

¶ *Then shall all sing the first stanza of the* Stabat Mater*:*



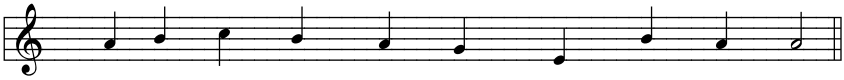
1. Sta – bat ma – ter do – lo – ró – sa, Ju – xta cru – cem
1. At the cross her sta – tion keep–ing, Stood the mourn–ful



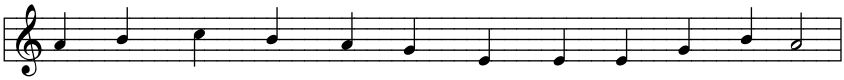
1. la – cri – mó – sa, Dum pen –dé – bat Fí – li – us.
1. Mo – ther weep–ing, close to Je – sus to the last.

** The references to "leader" and "all" refer to group settings, where one person officiates and guides the group through the meditation. When praying this liturgy alone, you say all the parts yourself.*

I. FIRST STATION: Jesus is Condemned to Death



Leader. We a – dore thee, O Christ, and we bless thee.

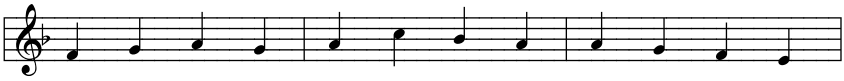


All. For by thy ho – ly cross thou hast re – deemed the world.

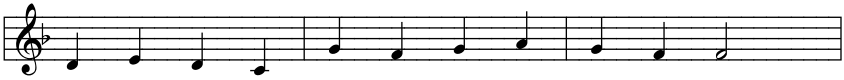
Leader of the Devotion:
CONSIDER, my soul, how Jesus, after having been scourged and crowned with thorns, was unjustly condemned by Pilate to die on the Cross.

Then all shall pray:
MY adorable Jesus, it was not Pilate, no, it was my sins that condemned Thee to die. I beseech Thee, by the merits of this sorrowful journey, to assist my soul in its journey toward eternity. I love Thee, my beloved Jesus; I love Thee more than myself; I repent with my whole heart of having offended Thee. Never permit me to separate myself from Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.

¶ *Then shall all sing the second stanza of the* Stabat Mater*:*

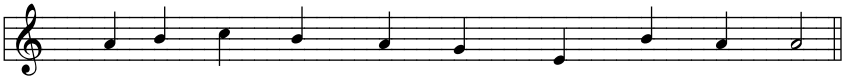


2. Cu – ius á – ni – mam ge – mén –tem, con – tri – stá – tam
2. Thru her soul, of joy re – reav – éd, bowed with an – guish

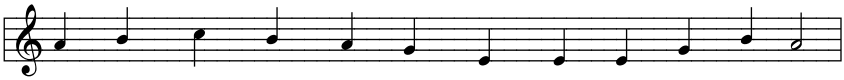


2. et do – lén – tem per – tran – sí – vit glá – di – us.
2. deep– ly griev – éd, now at length the sword had passed.

II. SECOND STATION: Jesus is Made to Bear His Cross



Leader. We a – dore thee, O Christ, and we bless thee.

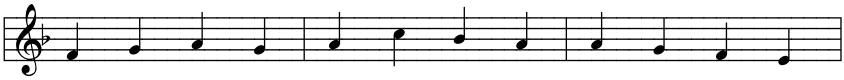


All. For by thy ho – ly cross thou hast re – deemed the world.

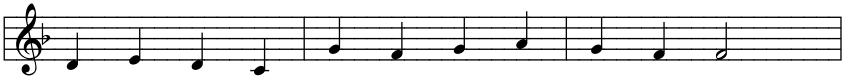
Leader of the Devotion:
CONSIDER how Jesus, in making this journey with the cross on His shoulders, thought of us, and offered for us, to His Father, the death that He was about to undergo.

Then all shall pray:
MY most beloved Jesus, I embrace all the tribulations that Thou hast destined for me until death. I beseech Thee, by the merits of the pain Thou didst suffer in carrying Thy cross, to give me the necessary help to carry mine with perfect patience and resignation. I love Thee, Jesus, my love, and I repent of having offended Thee. Never permit me to separate myself from Thee again. Grant that I may love Thee always, and then do with me what Thou wilt.

¶ *Then shall all sing the third stanza of the* Stabat Mater*:*



3. O quam tri – stis et af – flí – cta fu – it il – la
3. O, how sad and sore dis – tress – éd was that moth – er



3. be – ne – dí – cta, ma – ter U – ni – gé – ni – ti!
3. high – ly bless – éd of the sole – be – got – ten One!

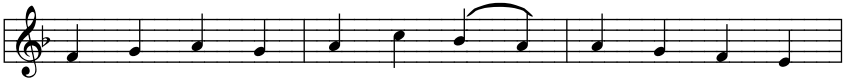
III. THIRD STATION:
Jesus Falls the First Time under His Cross

Leader. We adore Thee, O Christ, and we bless Thee.
All. For by Thy holy Cross Thou hast redeemed the world.

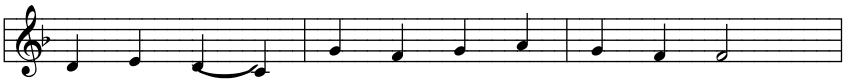
Leader of the Devotion:
CONSIDER, my soul, this first fall of Jesus under His cross. His flesh was torn by the scourges, His head crowned with thorns, and He had lost a great quantity of blood. He was so weakened that He could scarcely walk, and yet He had to carry this great load upon His shoulders. The soldiers struck Him rudely, and thus He fell several times in His journey.

Then all shall pray:
MY beloved Jesus, it is not the weight of the cross, but of my sins, which has made Thee suffer so much pain. Ah, by the merits of this first fall, deliver me from the misfortune of falling into mortal sin. I love Thee, O my Jesus, with my whole heart; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.

¶ *Then shall all sing the fourth stanza of the* Stabat Mater*:*



4. Quae mo – ré – bat et do – lé – bat, pi – a Ma – ter,
4. Christ a – bove in tor – ment hangs; she be – neath be –



4. dum vi – dé – bat na – ti poe – nas in – clý – ti.
4. holds the pangs of her dy – ing glo – rious Son.

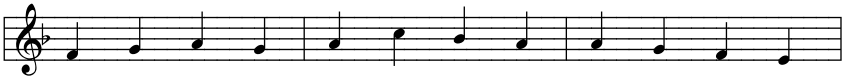
IV. FOURTH STATION: Jesus Meets His Afflicted Mother

Leader. We adore Thee, O Christ, and we bless Thee.
All. For by Thy holy Cross Thou hast redeemed the world.

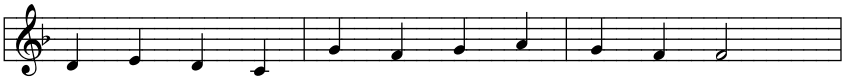
Leader of the Devotion:
CONSIDER the meeting of the Son and the Mother, which took place on this journey. Jesus and Mary looked at each other, and their looks became as so many arrows to wound those hearts which loved each other so tenderly.

Then all shall pray:
MY most loving Jesus, by the sorrow Thou didst experience in this meeting, grant me the grace of a true sorrow for my sins which caused Thee to die. I love Thee, Jesus, my love; I repent of ever having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always, and then do with me what Thou wilt.

¶ *Then shall all sing the fifth stanza of the* Stabat Mater*:*



5. Quis est ho – mo qui non fle – ret, ma – trem Chri–sti
5. *Who, on Christ's dear moth – er gaz – ing, pierced by an – guish*



5. si vi – dé – ret in tan – to sup – plí – ci – o?
5. *so a – maz – ing, born of wo – man, would not weep?*

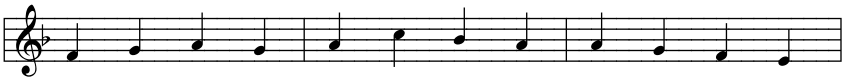
V. FIFTH STATION: Simon Helps Jesus Carry His Cross

Leader. We adore Thee, O Christ, and we bless Thee.
All. For by Thy holy Cross Thou hast redeemed the world.

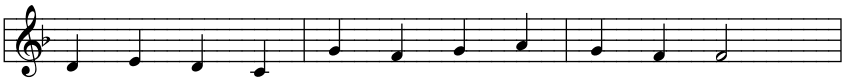
Leader of the Devotion:
CONSIDER that the authorities, seeing that at each step Jesus, from weakness, was on the point of expiring, and fearing that He would die on the way when they wished Him to die the ignominious death of the cross, constrained Simon the Cyrenian to carry the cross behind Our Lord.

Then all shall pray:
MY most sweet Jesus, I will not refuse the cross as the Cyrenian did; I accept it, I embrace it. I accept in particular the death that Thou hast destined for me with all the pains which may accompany it; I unite it to Thy death, I offer it to Thee. Thou hast died for love of me, I will die for love of Thee, and to please Thee. Help me by Thy grace. I love Thee, Jesus, my love; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always, and then do with me what Thou wilt.

¶ *Then shall all sing the sixth stanza of the* Stabat Mater*:*



6. Quis non pos –set con – tri – stá – ri Chri – sti Ma – trem
6. Who, on Christ's dear moth –er think – ing, such a cup of



6. con – tem –plá – ri, do – lén – tem cum Fí – li – o?
6. sor – row drink– ing, would not share her sor – rows deep?

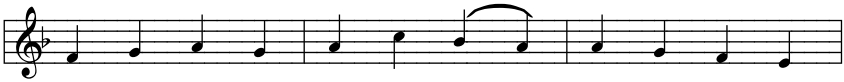
VI. SIXTH STATION: Veronica Wipes the Face of Jesus

Leader. We adore Thee, O Christ, and we bless Thee.
All. For by Thy holy Cross Thou hast redeemed the world.

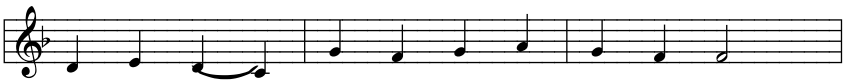
Leader of the Devotion:
CONSIDER that the holy woman named Veronica, seeing Jesus so afflicted, and His face bathed in sweat and blood, presented Him with a towel with which He wiped His adorable face, leaving on it the impression of His holy countenance.

Then all shall pray:
MY most beloved Jesus, Thy face was beautiful before, but in this journey it has lost all its beauty, and wounds and blood have disfigured it. Alas! My soul also was once beautiful, when it received Thy grace in baptism; but I have disfigured it since by my sins. Thou alone, my Redeemer, canst restore it to its former beauty. Do this by Thy Passion, and then do with me what Thou wilt.

¶ *Then shall all sing the seventh stanza of the* Stabat Mater*:*



7. Pro pec – cá – tis su – ae gen – tis vi – dit Je – sum
7. Bruised, de – rid – ed, cursed, de – filed, she be – held her



7. in tor – mén – tis, et fla – gél – lis súb – di – tum.
7. ten – der child all with blood–y scour – ges rent.

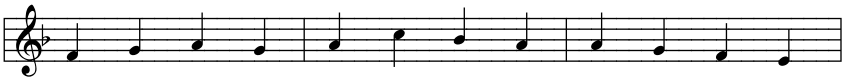
VII. SEVENTH STATION: Jesus Falls the Second Time

Leader. We adore Thee, O Christ, and we bless Thee.
All. For by Thy holy Cross Thou hast redeemed the world.

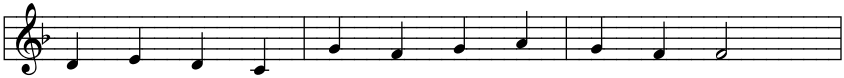
Leader of the Devotion:
CONSIDER the second fall of Jesus under the cross --- a fall which renews the pain of all the wounds of the head and members of our afflicted Lord.

Then all shall pray:
MY most gentle Jesus, how many times Thou hast pardoned me and how many times have I fallen again, and begun again to offend Thee! Oh, by the merits of this new fall, give me the necessary helps to persevere in Thy grace until death. Grant that in all temptation which assail me I may always commend myself to Thee. I love Thee, Jesus, my love, with my whole heart; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.

¶ *Then shall all sing the eighth stanza of the* Stabat Mater*:*



8. Vi – dit su – um dul – cem Na – tum mo – ri – én – do
8. For the sins of his own na – tion, saw him hang in



8. de – so – lá – tum, dum e – mí – sit spí – ri – tum.
8. de – so – la – tion, till his spir – it forth he sent.

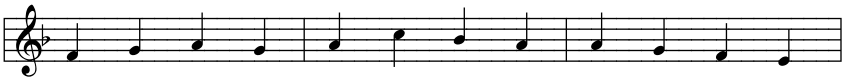
VIII. EIGHTH STATION:
Jesus Speaks to the Daughters of Jerusalem

Leader. We adore Thee, O Christ, and we bless Thee.
All. For by Thy holy Cross Thou hast redeemed the world.

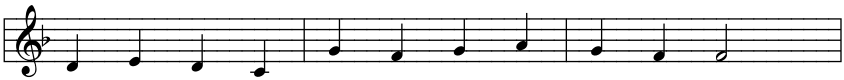
Leader of the Devotion:
CONSIDER that those women wept with compassion at seeing Jesus in so pitiable pitiable a state, streaming with blood, as He walked along. But Jesus said to then, "Weep not for Me but for your children."

Then all shall pray:
MY Jesus, laden with sorrows, I weep for the offenses that I have committed against Thee, because of the pains which they have deserved, and still more because of the displeasure which they have caused Thee, Who hast loved me so much. It is Thy love, more than the fear of hell, which causes me to weep for my sins. My Jesus, I love Thee more than myself; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.

¶ *Then shall all sing the ninth stanza of the* Stabat Mater*:*



9. E – ia, Ma – ter, fons a – mó – ris me sen – tí – re
9. In the pas – sion of thy Ma – ker, be my sin – ful



9. vim do – ló – ris fac, ut te – cum lú – ge – am.
9. soul par – tak –er, may I bear with her my part.

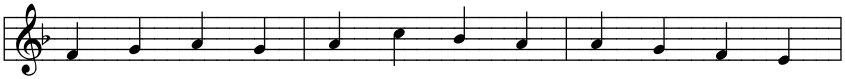
IX. NINTH STATION: Jesus Falls the Third Time

Leader. We adore Thee, O Christ, and we bless Thee.
All. For by Thy holy Cross Thou hast redeemed the world.

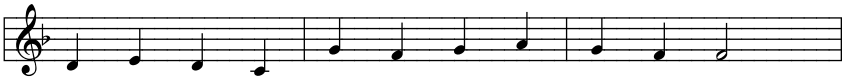
Leader of the Devotion:
CONSIDER the third fall of Jesus Christ. His weakness was extreme, and the cruelty of His executioners excessive, who tried to hasten His steps when He had scarcely strength to move.

Then all shall pray:
AH, my outraged Jesus, by the merits of the weakness Thou didst suffer in going to Calvary, give me strength sufficient to conquer all human respect and all my wicked passions, which have led me to despise Thy friendship. I love Thee, Jesus, my love, with my whole heart; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.

¶ *Then shall all sing the tenth stanza of the* Stabat Mater*:*



10. Fac, ut ár – de – at cor me – um in a – mán –do
10. Of his pas – sion bear the to – ken, in a spir – it



10. Chri–stum De – um ut si – bi com – plá – ce – am.
10. bowed and bro – ken bear his death with – in my heart.

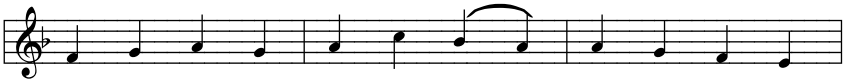
X. TENTH STATION: Jesus is Stripped of His Garments

Leader. We adore Thee, O Christ, and we bless Thee.
All. For by Thy holy Cross Thou hast redeemed the world.

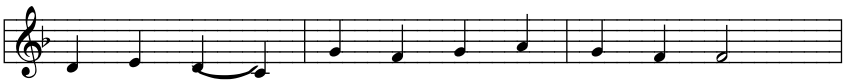
Leader of the Devotion:
CONSIDER the violence with which the executioners stripped Jesus. His inner garments adhered to His torn flesh and they dragged them off so roughly that the skin came with them. Compassionate your Saviour thus cruelly treated, and say to Him:

Then all shall pray:
MY innocent Jesus, by the merits of this torment that Thou hast felt, help me to strip myself of all affection to things of earth, in order that I may place all my love in Thee, Who art so worthy of my love. I love Thee, O Jesus, with my whole heart; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.

¶ *Then shall all sing the eleventh stanza of the* Stabat Mater*:*



11. San – cta Ma – ter, i – stud a – gas, cru – ci – fí – xi
11. Wound–ed with his ev – 'ry wound, steep my soul till



11. fi – ge pla – gas cor – di me – o vá – li – de.
11. it hath swoon'd in his ve – ry blood a – way.

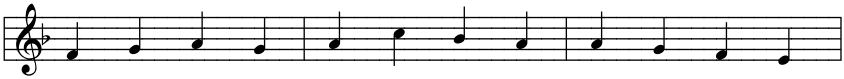
XI. ELEVENTH STATION: Jesus is Nailed to the Cross

Leader. We adore Thee, O Christ, and we bless Thee.
All. For by Thy holy Cross Thou hast redeemed the world.

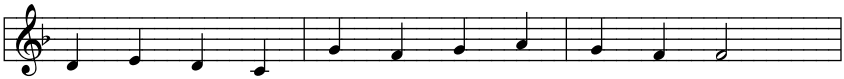
Leader of the Devotion:
CONSIDER that Jesus, after being thrown on the cross, extended His hands, and offered to His eternal Father the sacrifice of His life for our salvation. These barbarians fasten Him with nails; and then, raising the cross, leave Him to die with anguish on this infamous gibbet.

Then all shall pray:
MY Jesus, loaded with contempt, nail my heart to Thy feet, that it may ever remain there to love Thee, and never quit Thee again. I love Thee more than myself; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.

¶ *Then shall all sing the twelfth stanza of the* Stabat Mater*:*



12. Tu – i Na – ti vul – ne – rá – ti, tam di – gná – ti
12. May his wounds both wound and heal me, he en – kin – dle,



12. pro me pa – ti, poe – nas me – cum dí – vi – de.
12. cleanse and heal me, be his cross my hope and stay.

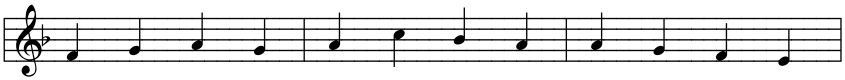
XII. TWELFTH STATION: Jesus Dies on the Cross

Leader. We adore Thee, O Christ, and we bless Thee.
All. For by Thy holy Cross Thou hast redeemed the world.

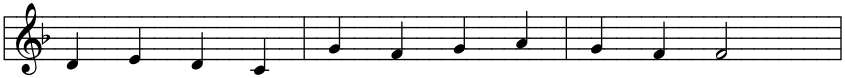
Leader of the Devotion:
CONSIDER that thy Jesus, after three hours' agony on the cross, consumed at length with anguish, abandons Himself to the weight of His body, bows His head, and dies.

Then all shall pray:
O MY dying Jesus, I kiss devoutly the cross on which Thou didst die for love of me. I have merited by my sins to die a miserable death; but Thy death is my hope. Ah, by the merits of Thy death, give me the grace to die, embracing Thy feet and burning with love of Thee. I commit my soul into Thy hands. I love Thee with my whole heart; I repent of ever having offended Thee. Permit not that I ever offend Thee again. Grant that may love Thee always; and then do with me what Thou wilt.

¶ *Then shall all sing the thirteenth stanza of the* Stabat Mater*:*



13. Fac me te – cum pi – e fle – re, cru – ci – fí – xo
13. May he, when the moun– tains quiv –er, from the flame which



13. con – do – lé – re, do – nec e – go ví – xe – ro.
13. burns for – ev – er, help me on that judg – ment day.

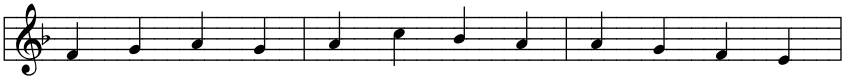
XIII. THIRTEENTH STATION:
Jesus is Taken Down from the Cross

Leader. We adore Thee, O Christ, and we bless Thee.
All. For by Thy holy Cross Thou hast redeemed the world.

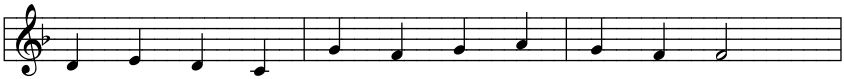
Leader of the Devotion:
CONSIDER that, our Lord having expired, two of His disciples, Joseph and Nicodemus, took Him down from the cross, and placed Him in the arms of His afflicted Mother, who received Him with unutterable tenderness, and pressed Him to her bosom.

Then all shall pray:
O JESUS, my Redeemer, since Thou hast died for me, permit me to love Thee; for I wish but Thee, and nothing more. I love Thee, my Jesus, and I repent of ever having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always, and then do with me what Thou wilt.

¶ *Then shall all sing the fourteenth stanza of the* Stabat Mater*:*



14. Ju – xta Cru – cem te – cum sta – re, et me ti – bi
14. Je – sus, may thy cross de – fend me, and thy sav – ing



14. so – ci – á – re in plan – ctu de – sí – de – ro.
14. death be – friend me, cher – ished by thy death – less grace.

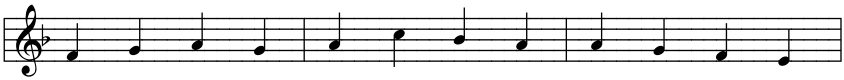
XIV. FOURTEENTH STATION:
Jesus is Placed in the Sepulchre

Leader. We adore Thee, O Christ, and we bless Thee.
All. For by Thy holy Cross Thou hast redeemed the world.

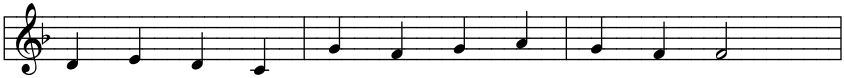
Leader of the Devotion:
CONSIDER that the disciples carried the body of Jesus to bury it, accompanied by His holy Mother, who arranged it in the sepulchre with her own hands. They then enclosed the tomb and all withdrew.

Then all shall pray:
AH, my buried Jesus, I kiss the stone that encloses Thee. But Thou didst rise again the third day. I beseech Thee, by Thy resurrection, make me rise glorious with Thee at that last day, to be always united with Thee in heaven, to praise Thee and love Thee forever. I love Thee, and I repent of ever having offended Thee. Permit not that I ever offend Thee again. Grant that I may love Thee; and then do with me what Thou wilt.

¶ *Then shall all sing the fifteenth stanza of the* Stabat Mater*:*



15. Vir – go vir – gi – num prae–clá – ra, mi – hi jam non
15. When to dust my dust re –turn– eth, grant a soul that



15. sis a – má – ra, fac me te – cum plán –ge – re.
15. to thee yearn–eth, in thy pa – ra – dise a place.

CONCLUSION OF THE LITURGY OF THE STATIONS

¶ *After the Stations are completed, the leader of the devotion shall return to the High Altar (a lay leader goes to the lectern), kneels, and prays the following prayer:*
LORD Jesus Christ, Thou who wast put to death for our sins: grant that we, who have meditated on Thy dreadful agony in these Stations of Thy Most Holy Cross, may be given the grace to detest our sins past, to fly from temptations to sin in present and to come, and that we may so order our lives as to be in imitation of Thee, who livest and reignest with the Father in the unity of the Holy Ghost, God, forever and ever.
All respond: Amen.

¶ *Then all shall say the Our Father.*
OUR Father, who art in heaven,
Hallowed be thy name;
Thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread;
And forgive us our trespasses
As we forgive those who trespass against us;
And lead us not into temptation,
But deliver us from evil.
[OPTIONAL: For thine is the kingdom, and the power,
And the glory, for ever and ever.*]*
Amen.

¶ *Then all shall make the sign of the Cross and a Closing Hymn may be sung, before all depart in peace.*

140. Suggested Hymns for the Stations

The following are hymn suggestions for use with the Stations, with hymn numbers as given in the *Chapel of Faith Hymnal*. They may also be found on the internet, on sites like http://smallchurchmusic.com.

Ah, Dearest Jesus (7)
Alas! And Did My Savior Bleed (8)
Attende, Domine (27, English 26)

(Continued on next page)

Beneath the Cross of Jesus (33)
By the Blood that Flowed from Thee (38)
Cor Arca Legem (49, English 134)
Heart of Jesus! Golden Chalice (81)
I Lay My Sins on Jesus (88)
Jesus, in Thy Dying Woes (96)
Man of Sorrows! What a Name (116)
Must Jesus Bear the Cross Alone (119)
O Sacred Head, Surrounded (146)
Pange Lingua Gloriosi Prælium (246, English 249)
Rock of Ages, Cleft for Me (163)
Savior, When in Dust to You (166)
There is a Green Hill Far Away (196)
Vexilla Regis Prodeunt (202, English 193)
Were You There (208)

Any other hymn appropriate to the Crucifixion or the Sacred Heart may likewise be used.

D. Devotions to the Five Wounds and Precious Blood

141. St. Gertrude's Salutation to the Five Wounds:
Hail, most precious wounds of Jesus, in the omnipotence of the Father, Who decreed you; hail, in the wisdom of the Son, Who endured you; hail, in the goodness of the Holy Ghost Who through you accomplished the work of human redemption. To you I commend myself, into you I plunge myself, that in your shelter I may be secure from the destroyer. Amen.

142. Prayers of St. Claire of Assisi:
1. To the Wound in the Right Hand
Praise be to Thee, O Jesus Christ, for the most sacred wound in Thy right hand. By this adorable wound, and by Thy most sacred Passion, pardon me all the sins I have committed against Thee in thought, word, and deed, and all negligence in Thy service, and all sensuality for which I have been to blame whether asleep or awake. Grant that I may be able to recall with devotion Thy most pitiful death and sacred wounds; grant me grace to mortify my body, and so to offer a pledge of my gratitude to Thee. Who livest and reignest forever and ever. Amen. *Our Father, Hail Mary, etc.*

2. To the Wound in the Left Hand
Praise and glory be to Thee, O amiable Jesus Christ, for the most sacred wound in Thy left hand. By this adorable wound, have mercy on me, and deign to root out of my heart everything displeasing to Thee. Give me victory over Thy perverse enemies, so that with Thy grace I may be able to overcome them; and by the merits of Thy most pitiful death save me from all the dangers of my present and future life. And then grant that I may share Thy glory in heaven. Who livest and reignest forever and ever. Amen. *Our Father, Hail Mary, etc.*

3. To the Wound in the Right Foot
Praise and glory be to Thee, O patient Jesus Christ, for the most sacred wound in Thy right foot; and by that adorable wound grant me grace to do penance for my sins. By Thy most pitiful death I devoutly beg of Thee to keep me, Thy poor servant, united night and day to Thy holy will, and to remove afar off every misfortune of body and soul. And when the day of wrath shall come, receive me into Thy

mercy, and lead me to eternal happiness. Who livest and reignest forever and ever. Amen. *Our Father, Hail Mary, etc.*

4. To the Wound in the Left Foot

Praise and glory be to Thee, O adorable Jesus Christ, for the most sacred wound in Thy left foot; and by this adorable wound grant me the grace of a full pardon, that with Thine aid I may deserve to escape the sentence of eternal reprobation. I pray Thee, moreover, by Thy most holy death, O my loving Redeemer, that I may be able before my death to receive the Sacrament of Thy Body and Blood, after confession of my sins, and with perfect repentence and purity of body and mind. Grant that I may merit also to receive the holy annointing for my eternal salvation, O Lord, Who livest and reignest forever and ever. Amen. *Our Father, Hail Mary, etc.*

5. To the Wound in the Sacred Side

Praise and glory be to Thee, O loving Jesus Christ, for the most sacred wound in Thy side, and by that adorable wound, and by Thy infinite mercy, which Thou didst make known in the opening of Thy breast to the soldier Longinus, and so to us all, I pray Thee, O most gentle Jesus, that having redeemed me by baptism from original sin, so now by Thy Precious Blood, which is offered and received throughout the world, deliver me from all evils, past, present, and to come. And by Thy most bitter death give me a lively faith, a firm hope, and a perfect charity, so that I may love Thee with all my heart, and all my soul, and all my strength; make me firm and steadfast in good works, and grant me perseverance in Thy service, so that I may be able to please Thee always. Amen. *Our Father, Hail Mary, etc.*

V. We adore Thee, O Christ, and we bless Thee.
R. Because by Thy death and Blood Thou hast redeemed the world.

Let us Pray. Almighty and everlasting God, Who by the five wounds of Thy Son, our Lord Jesus Christ, hast redeemed the human race, grant to Thy suppliants that we who daily venerate those wounds, may, by the shedding of His Precious Blood, be freed from sudden and everlasting death. Through the same Christ our Lord. Amen.

143. Another Invocation of the Five Wounds

Taken from the Raccolta, n. 200

V. O God, Come unto my assistance.
R. O Lord, make haste to help me.
V. Glory be to the Father, and to the Son, and to the Holy Ghost.
R. As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Wound in Jesus' Right Hand
My dearest Lord Jesus Crucified, bending low before Thee, with Mary most holy and with all the Angels and Saints in paradise, I adore the most holy Wound in Thy right Hand. I give Thee thanks for the infinite love, wherewith Thou didst will to suffer so many bitter pains because of my sins which I detest with all my heart; I implore Thee to grant graciously to Thy holy Church victory over all her enemies, and to all her children grace to walk in holiness in the way of Thy commandments.
Our Father, Hail Mary, Glory Be.

The Wound in Jesus' Left Hand
My dearest Lord Jesus Crucified, bending low before Thee, with Mary most holy and with all the Angels and Saints in paradise, I adore the sacred Wound in Thy left Hand, and I beseech Thee for grace for all poor sinners, for the dying, and especially for those who will not be reconciled to Thee.
Our Father, Hail Mary, Glory Be.

The Wound in Jesus' Right Foot
My dearest Lord Jesus Crucified, bending low before Thee, with Mary most holy and with all the Angels and Saints in paradise, I adore the sacred Wound in Thy right Foot, and I beg of Thee this grace, that countless flowers of holiness may blossom among the clergy and all those who are consecrated to Thee.
Our Father, Hail Mary, Glory Be.

The Wound in Jesus' Left Foot
My dearest Lord Jesus Crucified, bending low before Thee, with Mary most holy and with all the Angels and Saints in paradise, I adore the sacred Wound in Thy left Foot, and implore Thee to

deliver the holy souls in purgatory, and especially those who in life were most devout toward Thy sacred Wounds.
Our Father, Hail Mary, Glory Be.

The Wound in Jesus' Side
My dearest Lord Jesus Crucified, bending low before Thee, with Mary most holy and with all the Angels and Saints in paradise, I adore the sacred Wound in Thy most holy Side, and I pray Thee to bless and graciously hear all those who have recommended themselves to my prayers.
Our Father, Hail Mary, Glory Be.

V. O Virgin most sorrowful,
R. Pray for us *(to be said thrice)*.

My Crucified Jesus, confirm these prayers by the merits of Thy Passion; give me holiness of life, the grace to receive Thy holy Sacraments at the hour of my death, and glory everlasting. Amen.

144. Mysteries of the Precious Blood

This Chaplet consists of seven Mysteries, in which we meditate upon the seven times in which Jesus Christ shed his Blood for us; at each Mystery, except the last, we say Our Father five times, and Glory Be once; and at the last mystery, we say the Our Father three times, and Glory Be once; thus making up the number of 33, by saying the Our Father thirty-three times in remembrance of the thirty-three years of Our Lord's life.

FIRST MYSTERY: The Circumcision
The first time our loving Savior shed His Precious Blood for us was on the eighth day after His birth, when He was circumcised in order to fulfill the law of Moses. While, then, we reflect that Jesus did this to satisfy the justice of God for our lax ways, let us rouse ourselves to sorrow for them, and promise, with the help of his all-powerful grace, to be henceforth truly chaste in body and in soul.
Our Father five times; Glory Be once.

V. We beseech Thee, therefore, help Thy servants, whom Thou hast redeemed with Thy Precious Blood.

SECOND MYSTERY: The Agony in the Garden
Next, in the Garden of Olives, Jesus shed His Blood for us in such quantity that It bathed the earth around Him. He did this at the sight of the ingratitude with which men would meet His love. Let us, then, repent sincerely that we have, until now, corresponded so badly with the countless blessings of God, and resolve to make good use of His graces and inspirations.
Our Father five times; Glory Be once.

V. We beseech Thee, therefore, help Thy servants, whom Thou hast redeemed with Thy Precious Blood.

THIRD MYSTERY: The Scourging at the Pillar
Next, in His cruel scourging, Jesus shed His Blood when His flesh was so torn, that streams of Blood flowed from every part of His body, all of which He offered, all the time, to His Eternal Father, in payment of our impatience and our softness. How is it, then, that we do not curb our anger, our love of self, our love of comfort and ease? Henceforth we will try our best to bear our troubles well, and, despising self, take peacefully the injuries which men may do us.
Our Father five times; Glory Be once.

V. We beseech Thee, therefore, help Thy servants, whom Thou hast redeemed with Thy Precious Blood.

FOURTH MYSTERY: The Crowning with Thorns
Again, from the sacred Head of Jesus, Blood poured down, when it was crowned with thorns, in punishment of our pride and evil thoughts. Shall we, then, continue to nurture haughtiness, foster foul imaginations, and feed the wayward will within us? Henceforth let there be ever before our eyes our utter nothingness, our misery, and our weakness; and. with generous hearts, let us resist all the temptations of the devil.
Our Father five times; Glory Be once.

V. We beseech Thee, therefore, help Thy servants, whom Thou hast redeemed with Thy Precious Blood.

FIFTH MYSTERY: The Carrying of the Cross
What streams of Precious Blood did not our loving Lord pour forth from His veins, when laden with the heavy Cross on that most grievous journey to Calvary! The very streets and ways of Jerusalem, through which He passed, were watered with it! This He did in satisfaction for the scandals and bad example, by which His own creatures had led others astray. Who can tell how many of us are among this unhappy number? Who knows how many he himself alone has, by his own bad example, brought down to Hell? And what have we done to remedy this evil? Henceforth let us at least do all we can to save souls by word and by example, making ourselves a pattern to all of goodness and a holy life.
Our Father five times; Glory Be once.

V. We beseech Thee, therefore, help Thy servants, whom Thou hast redeemed with Thy Precious Blood.

SIXTH MYSTERY: The Crucifixion
More, and still more Precious Blood did the Redeemer of mankind shed in His barbarous Crucifixion; when, His veins being rent and arteries burst, there rushed forth in a torrent, from His hands and His feet, that saving balm of life eternal, to pay for all the crimes and enormities of a lost world. Who, after this, would continue in sin, and so renew the cruel crucifixion of the Son of God? Let us weep bitterly for our bad deeds done, and detest them before the feet of the sacred minister of God; let us amend our evil ways, and henceforth begin a truly Christian life, with the remembrance, ever in our hearts, of all the Blood which our salvation cost the Savior of men.
Our Father five times; Glory Be once.

V. We beseech Thee, therefore, help Thy servants, whom Thou hast redeemed with Thy Precious Blood.

SEVENTH MYSTERY: The Piercing with a Spear
Last of all, after His death, when His sacred Side was opened by the lance, and His loving Heart was wounded, Jesus shed Blood, and with it there came forth water, to show us how His Blood was all poured out, to the last drop, for our salvation. O, the great goodness of our redeeming Lord! Who will not love Thee, Savior of my soul?

What heart will not consume itself away for love of Thee, Who hast done all this for our redemption? The tongue wants words to praise Thee; so let us invite all creatures upon earth, all angels and all saints in Paradise, and most of all our dear Mother Mary, to bless, praise, and celebrate thy most Precious Blood. Glory to the Blood of Jesus! Now and ever throughout all ages. Amen.
Our Father three times; Glory Be once.

V. We beseech Thee, therefore, help Thy servants, whom Thou hast redeemed with Thy Precious Blood.

FINAL PRAYERS
Most Precious Blood of life eternal! Price and ransom of the world! Drink and cleansing-bath of the soul! Ever pleading the cause of man before the throne of Mercy! I adore Thee most profoundly; I would, if I were able, make Thee some compensation for the outrages and wrongs Thou dost ever suffer from men, and especially from those who dare, in their rashness and pride, to blaspheme Thee. Who will not bless this Blood of value infinite? Who does not feel himself on fire with the love of Jesus, Who shed It all for us? What would I be like if it were not for this Blood, which hath redeemed me? And what drew Thee, Thou Precious Blood, from the veins of my Lord, even to the last drop? It was love! O boundless love, which gave to us this saving balsam! O balsam beyond all price, streaming forth from the fount of immeasurable love! Give to all hearts, all tongues, power to praise, celebrate, and thank Thee, now and ever, and throughout all eternity. Amen.

V. You have redeemed us, O Lord, in Thy Blood.
R. And made us a kingdom for our God

Let us pray: Almighty and eternal God, Thou hast appointed Thy only-begotten Son the Redeemer of the world, and willed to be appeased by His Blood. Grant we beg of Thee, that we may worthily adore this Price of our salvation, and through Its power be safeguarded from the evils of the present life, so that we may rejoice in Its fruits forever in Heaven. Through the same Christ Our Lord. Amen.

145. Meditation on Jesus' Seven Last Words

From the Raccolta, n. 204

V. O God, Come unto my assistance.
R. O Lord, make haste to help me.
V. Glory be to the Father, and to the Son, and to the Holy Ghost.
R. As it was in the beginning, is now, and ever shall be, world without end. Amen.

The First Word
Father, forgive them, for they know not what they do.

Dear Jesus, who for love of me dost suffer upon the Cross in order to pay with Thy sufferings the debt of my sins and dost open Thy Divine lips to obtain for me their remission from the eternal justice of God, have pity on all the faithful who are in their last agony and upon me; and when I shall come to that final hour, by the merits of Thy Most Precious Blood which was shed for our salvation, give me such a lively sorrow for my sins as shall cause my soul to expire in the bosom of Thine infinite mercy.
Glory Be to the Father, thrice.

Have mercy on us, O Lord, have mercy on us.

My God, I believe in Thee, I hope in Thee,
I love Thee and I repent of having offended Thee by my sins.

The Second Word
This day shalt thou be with Me in paradise.

Dear Jesus, who for love of me dost hang in agony upon the Cross, and with such readiness and bounty dost respond to the faith of the good thief who in the midst of Thy humiliation acknowledges Thee to be the Son of God, and dost assure him of paradise, have pity on all the faithful who are in their agony and upon me; and when I shall come to my latter end, by the merits of Thy Most Precious Blood, inspire in my soul a faith so firm and constant that it shall not waver at any suggestions of the evil spirit; so may I obtain the reward of Thy holy paradise.
Glory Be to the Father, thrice.

Have mercy on us, O Lord, have mercy on us.

My God, I believe in Thee, I hope in Thee,
I love Thee and I repent of having offended Thee by my sins.

The Third Word
Behold thy mother; behold thy son.

Dear Jesus, who for love of me dost hang in agony upon the Cross, and who, forgetting Thine own sufferings, dost bequeath to me Thy most holy Mother as a pledge of Thy love, in order that, through her, I may be enabled to have recourse to Thee with all confidence in my greatest necessities, have pity on all the faithful who are in their agony and upon me; and when I shall come to my latter end, by the interior martyrdom of Thy dear Mother, inspire in my heart a firm trust in the infinite merits of Thy Most Precious Blood, whereby I may be able to escape the eternal damnation which I have merited by my sins.
Glory Be to the Father, thrice.

Have mercy on us, O Lord, have mercy on us.

My God, I believe in Thee, I hope in Thee,
I love Thee and I repent of having offended Thee by my sins.

The Fourth Word
My God, my God, why hast Thou forsaken Me?

Dear Jesus, who for love of me dost hang in agony upon the Cross, and who, adding suffering to suffering, besides Thy bodily pains, dost endure with infinite patience the most painful affliction of spirit at being abandoned by Thine eternal Father, have pity on all the faithful who are in their agony and upon me; and when I shall come to the hour of death, by the merits of Thy Most Precious Blood, give me the grace of suffering with true patience all the pains and agony of my death-struggle, so that by uniting my sufferings to Thine, I may be able at the last to share Thy glory in paradise.
Glory Be to the Father, thrice.

Have mercy on us, O Lord, have mercy on us.

My God, I believe in Thee, I hope in Thee,
I love Thee and I repent of having offended Thee by my sins.

The Fifth Word
I thirst.

Dear Jesus, who for love of me dost hang in agony upon the Cross, and who, not yet satisfied with so many reproaches and sufferings, wouldst suffer even more, if thereby all men might be saved, showing thus that the whole torrent of Thy Passion is not enough to slake the thirst of Thy loving Heart, have pity on all the faithful who are in their agony and upon me; and when I shall come to my final hour, by the merits of Thy Most Precious Blood, enkindle so great a fire of love within my heart as shall cause it to die for very desire of being united to Thee through all eternity.
Glory Be to the Father, thrice.

Have mercy on us, O Lord, have mercy on us.

My God, I believe in Thee, I hope in Thee,
I love Thee and I repent of having offended Thee by my sins.

The Sixth Word
All is finished.

Dear Jesus, who for love of me dost hang in agony upon the Cross, and from that pulpit of truth dost proclaim that Thou hast finished the work of our redemption, whereby man, from being a child of wrath and perdition, has been made a son of God and an heir of heaven, have pity on all the faithful who are in their agony and upon me; and when I shall come to my last hour, by the merits of Thy Most Precious Blood, detach me wholly from the world and from myself, giving me the grace to offer Thee from my heart the sacrifice of my life in expiation of my sins.
Glory Be to the Father, thrice.

Have mercy on us, O Lord, have mercy on us.

My God, I believe in Thee, I hope in Thee,
I love Thee and I repent of having offended Thee by my sins.

The Seventh Word
Father, into Thy hands I commend my spirit.

Dear Jesus, who for the love of me dost hang in agony upon the Cross, and who to complete this great sacrifice dost embrace the will of Thine eternal Father, resigning Thy spirit into His hands, and then dost bow Thy head and die, have pity on all the faithful who are in their agony and upon me; and when I shall come to my latter end, by the merits of Thy Most Precious Blood give me a perfect conformity to Thy Divine will, so that I may be ready to live or die, as it shall please Thee; nor do I desire anything else except the perfect fulfilment in me of Thine adorable will.
Glory Be to the Father, thrice.

Have mercy on us, O Lord, have mercy on us.

My God, I believe in Thee, I hope in Thee,
I love Thee and I repent of having offended Thee by my sins.

Prayer to the Sorrowful Mother
Most holy Mother of sorrows, by that soul-piercing martyrdom thou didst undergo at the foot of the Cross during the three hours' agony of Jesus, deign to assist me also, who am the child of thy sorrows, in my agony, so that by thine intercession I may be found worthy to pass from my deathbed to thy blessed society in paradise.

V. From a sudden and unprovided death,
R. Deliver me, O Lord.
V. From the snares of the devil,
R. Deliver me, O Lord.
V. From everlasting death,
R. Deliver me, O Lord.

Let us pray.
O God, who for the salvation of mankind hast made for us in the most bitter death of Thy Son both an example and a refuge; grant, we beseech Thee, that we may be found worthy to obtain the fruit of His great love in our final peril at the hour of death, and to be made partakers of our Redeemer's glory. Through the same Christ our Lord. Amen.

146. Collect for the Five Wounds

From the Roman Missal

O God, who through the passion of His only begotten Son, and the pouring out of His blood through the five Wounds, hast restored to human nature what was lost through sin: grant, we beseech Thee, that we who venerate the same Wounds and precious blood on earth may gain their fruit in heaven. Through the same Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. Amen.

Quinque Vulnera (The Five Wounds), 15th Cntury Woodcut

F. Meditation on the Divine Presence

This meditation is more of a mental prayer, a visualization exercise along the lines of what's called an "Act of Spiritual Communion," in that you meditate on the presence of the Triune God within you, filling you with love, and empowering you.

147. The Meditation

You begin by standing, lying down, or sitting – whichever is comfortable for you – and beginning meditation as usual with the rhythmic breath and emptying your mind.

If you are overcome with negativity, a bad mood or distraction, try this: when you exhale, visualize your negativity or distraction being breathed out through your forehead and forming into a dark grayish cloudy ball. Once you feel all the negativity has left you and formed part of that ball, visualize the ball descending through the floor and into the earth, or through the ceiling and up into space.

When you feel yourself free and relaxed, it's time to begin the meditation:

Imagine God the Father as a large, brilliant white flame filling and enveloping you. Focus on this image over the next three breaths, while saying mentally:

1st breath: "God the Father of heaven * fills me with His power and with His love."

2nd breath: "The Creator of heaven and earth * Who shall judge both on the Last Day."

3rd breath: "Fills me * with His power and with His love."

Afterwards, imagine God the Son in the same manner, as a large, brilliant, golden flame. Hold this image for the next three breaths, while saying mentally:

1st breath: "Jesus Christ, Redeemer of the world * fills me with His power and with His love."

2nd breath: "Who died for love of us, * and Whose blood made us free."

3rd breath: "Fills me * with His power and with His love."

Thirdly, imagine God the Holy Ghost as a large, brilliant, rose-gold flame. Hold this image for the next three breaths, while saying mentally:

1st breath: "God, the Holy Ghost, the Paraclete * fills me with His power and with His love."

2nd breath: "Who descended on the Apostles * and gives power to the Church."

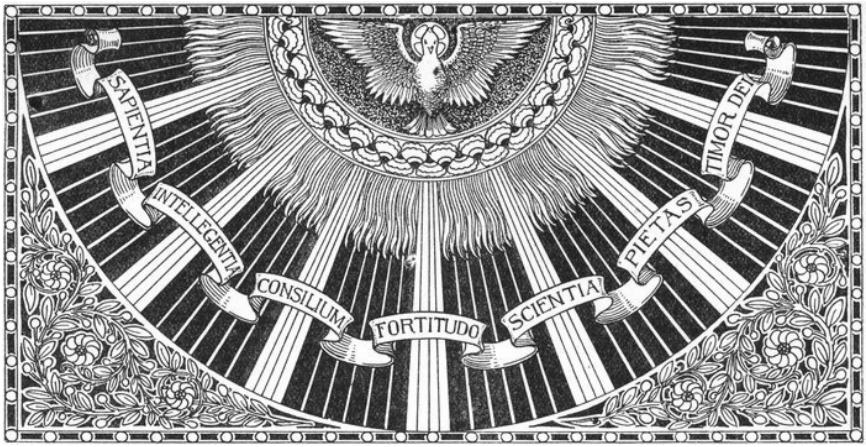
3rd breath: "Fills me * with His power and with His love."

Now concentrate on these three flames as they course through you, and feeling them fill your entire being.

Continue the rhythmic breathing while the image fades slowly from your consciousness.

Practice this meditation each day from here on out, for a minimum of three weeks; the key is to create permanent change by imprinting a permanent impression on the mind and soul. Afterwards you may continue with this exercise once a day or once every other day, whichever works best for you.

Omnes Sancti et Sanctae Dei, orate pro nobis!



VII. Prayers to the Holy Ghost

148. Litany of the Holy Spirit

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Father all-powerful, have mercy on us.
Jesus, Eternal Son of the Father, Redeemer of the world, save us.
Spirit of the Father and the Son, boundless life of both, sanctify us.
Holy Trinity, hear us.

Holy Spirit, who proceedest from the Father and the Son, enter our hearts.
Holy Spirit, who art equal to the Father and the Son, enter our hearts.

Promise of God the Father, have mercy on us.
Ray of heavenly light, have mercy on us.
Author of all good, have mercy on us.
Source of heavenly water, have mercy on us.
Consuming fire, have mercy on us.
Ardent charity, have mercy on us.
Spiritual unction, have mercy on us.
Spirit of love and truth, have mercy on us.
Spirit of wisdom and understanding, have mercy on us.
Spirit of counsel and fortitude, have mercy on us.
Spirit of knowledge and piety, have mercy on us.
Spirit of the fear of the Lord, have mercy on us.

Spirit of grace and prayer, have mercy on us.
Spirit of peace and meekness, have mercy on us.
Spirit of modesty and innocence, have mercy on us.
Holy Spirit, the Comforter, have mercy on us.
Holy Spirit, the Sanctifier, have mercy on us.
Holy Spirit, Who governest the Church, have mercy on us.
Gift of God, the Most High, have mercy on us.
Spirit Who fillest the universe, have mercy on us.
Spirit of the adoption of the children of God, have mercy on us.

Holy Spirit, inspire us with horror of sin.
Holy Spirit, come and renew the face of the earth.
Holy Spirit, shed Thy light in our souls.
Holy Spirit, engrave Thy law in our hearts.
Holy Spirit, inflame us with the flame of Thy love.
Holy Spirit, open to us the treasures of Thy graces.
Holy Spirit, teach us to pray well.
Holy Spirit, enlighten us with Thy heavenly inspirations.
Holy Spirit, lead us in the way of salvation.
Holy Spirit, grant us the only necessary knowledge.
Holy Spirit, inspire in us the practice of good.
Holy Spirit, grant us the merits of all virtues.
Holy Spirit, make us persevere in justice.
Holy Spirit, be Thou our everlasting reward.
Lamb of God, Who takest away the sins of the world, Send us thy Holy Spirit.
Lamb of God, Who takest away the sins of the world, pour down into our souls the gifts of the Holy Spirit.
Lamb of God, Who takest away the sins of the world, grant us the Spirit of wisdom and piety.

V. Come, Holy Spirit! Fill the hearts of thy faithful,
R. And enkindle in them the fire of thy love.

Let us pray. Grant, O merciful Father, that thy Divine Spirit may enlighten, inflame and purify us, that He may penetrate us with His heavenly dew and make us fruitful in good works, through Our Lord Jesus Christ, Thy Son, who liveth and reigneth with thee in the unity of the same Spirit, one God, forever and ever. R. Amen.

149. Come Holy Ghost, Creator Blest

Sung to the tune of "Veni Creator" or "Komm, Gott Schopfer."

Come, Holy Ghost, Creator blest,
and in our hearts take up Thy rest;
come with Thy grace and heav'nly aid,
To fill the hearts which Thou hast made.

O Comforter, to Thee we cry,
Thou heav'nly gift of God most high,
Thou Fount of life, and Fire of love,
and sweet anointing from above.

O Finger of the hand divine,
the sevenfold gifts of grace are thine;
true promise of the Father thou,
who dost the tongue with power endow.

Thy light to every sense impart,
and shed thy love in every heart;
thine own unfailing might supply
to strengthen our infirmity.

Drive far away our ghostly foe,
and thine abiding peace bestow;
if thou be our preventing Guide,
no evil can our steps betide.

Praise we the Father and the Son
and Holy Spirit with them One;
and may the Son on us bestow
the gifts that from the Spirit flow.

V. Send forth Thy Spirit, and they shall be created.
R. And Thou shalt renew the face of the earth.

Let us Pray O God, Who didst instruct the hearts of the faithful by the light of the Holy Ghost: give to us, in the same Spirit, to know what is right, and ever rejoice in His consolation. Through Jesus Christ, Thy Son, our Lord, Who with Thee livest and reignest in the unity of the same Holy Spirit, God, forever and ever. Amen.

150. Chaplet of the Holy Spirit

How to pray the Chaplet of the Holy Ghost

The Chaplet of the Holy Ghost has 50 beads. It begins with three small beads, followed by 5 sets of 7 beads, each separated by 2 large beads.

On the first beginning bead, the Sign of the Cross:
In the name of the Father, and of the Son, and of the Holy Ghost. Amen.

On the second beginning bead, an Act of Contrition:
O my God, I am sorry that I have sinned against thee, because thou art so good; with the help of thy grace, I will sin no more.

On the first beginning bead, the Come, Holy Ghost*:*
Above hymn with versicles and prayer, n. 149.

After this, you declare the Mystery, and meditate on it while saying the Our Father *and* Hail Mary *on the two large beads, and a* Glory Be to the Father *on each of the seven small beads that follow.*

There are five Mysteries, the number commemorating the Five Wounds of Jesus as the fountains of grace which the Holy Ghost imparts to all people.

THE FIRST MYSTERY

By the Holy Ghost is Jesus conceived of the Blessed Virgin Mary.

The Meditation: "The Holy Ghost shall come upon thee, and the Power of the Most High shall overshadow thee; and therefore also the Holy which shall be born of thee shall be called the Son of God." (*Luke 1:35*)

The Practice: Diligently implore the aid of the Divine Spirit, and Mary's intercession, to imitate the virtues of Jesus Christ, Who is the Model of virtues, so that you may be made comformable to the image of the Son of God.

THE SECOND MYSTERY

The Spirit of the Lord rested upon Jesus when he was baptized.

The Meditation: "Jesus, being baptized, forthwith came out of the water: and lo! the heavens were opened to Him, and he saw the Spirit of God descending as a dove, and coming upon Him." *(Matthew 3:16)*

The Practice: Hold in the highest esteem the priceless gift of sanctifying grace, infused into your soul by the Holy Ghost in Baptism. Keep the promises to which you then pledged yourself. Increase, by constant practice, Faith, Hope, and Charity. Ever live as becometh children of God and members of God's true Church, so as to obtain, hereafter, the inheritance of heaven.

THE THIRD MYSTERY
By the Spirit is Jesus led into the desert to be tempted by the Devil.

The Meditation: "Jesus, being full of the Holy ghost, returned from the Jordan, and was led by the Spirit into the desert for the space of forty days; and was tempted by the devil." *(Luke. 4:1-2)*

The Practice: Be ever grateful for the sevenfold gift of the Holy Ghost bestowed upon you in Confirmation, for the spirit of wisdom and understanding, of counsel and fortitude, of knowledge and piety, and of the fear of the Lord. Faithfully yield to His Divine guidance, so that, in all the trials and temptations of life, you may act manfully, as becometh a perfect Christian and valiant soldier of Jesus Christ.

THE FOURTH MYSTERY
The Holy Ghost in the Church.

The Meditation: "Suddenly there came a sound from heaven as of a mighty wind coming, and it filled the whole house where they were sitting... and they were all filled with the Holy Ghost, and began to speak... the wonderful works of God." *(Acts, 2:2, 4, 11)*

The Practice: Thank God for having made you a child of His Church which is ever animated and directed by the Divine Spirit, sent into this world for that purpose of the day of Pentecost. Hear and obey the Holy See, the infallible mouthpiece of the Holy Ghost, and the Church, the pillar and ground of truth. Uphold her doctrines, seek her interests, defend her rights.

THE FIFTH MYSTERY
The Holy Ghost in the soul of the just man and just woman.

The Meditation: "Know you not that you members are the temple of the Holy Ghost, Who is in you?" *(1 Corinthians 6:19)* "Extinguish not the Spirit." *(1 Thessalonians 5:19)* "And grieve not the Holy Spirit of God whereby you are sealed unto the day of redemption." *(Ephesians. 4:30)*

The Practice: Be ever mindful of the Holy Ghost who is within you, and carefully cultivate purity of soul and body. Faithfully obey His Divine Inspirations so that you may bring forth the Fruits of the Spirit – Charity, Joy, Peace, Patience, Dignity, Goodness, Long-suffering, Mildness, Faith, Modesty, Continency, Chastity.

Conclude with the Apostles' Creed *as a profession of faith.*

Say finally one Our Father*, one* Hail Mary*, and one* Glory Be.

151. Invocation of the Holy Ghost
O Holy Spirit, Spirit of truth, come into our hearts; shed the brightness of thy light upon the nations, that they may please thee in unity of faith.

152. Novena to The Holy Spirit
Friday after Ascension Thursday -- Saturday, the Vigil of Pentecost

This is the prototype of all novenas. It commemorates the nine days between the Ascension of Our Lord and the descent of the Holy Spirit on the first Pentecost Sunday. During this time Our Lady and the twelve Apostles prayed in the upper room for the coming of the Paraclete.

O Holy Spirit, O my God, I adore thee, and acknowledge, here in thy divine presence, that I am nothing and can do nothing without thee. Come, great Paraclete, thou father of the poor, thou comforter the best, fulfil the promise of our blessed Savior, Who would not leave us orphans, and come into the mind and the heart of thy poor, unworthy creature, as thou didst descend on the sacred day of Pentecost on the holy Mother of Jesus and on his first disciples. Grant that I may participate in those gifts which thou didst

communicate to them so wonderfully, and with so much mercy and generosity. Take from my heart whatever is not pleasing to thee, and make of it a worthy dwelling-place for thyself. Illumine my mind, that I may see and understand the things that are for my eternal good. Inflame my heart with pure love of thee, that I may be cleansed from the dross of all inordinate attachments, and that my whole life may be hidden with Jesus in God. Strengthen my will, that I may be made comformable to thy divine will, and be guided by thy holy inspirations. Aid me by thy grace to practice the divine lessons of humility, poverty, obedience, and contempt of the world, which Jesus taught us in his mortal life.

Oh, rend the heavens, and come down, consoling Spirit! that inspired and encouraged by thee, I may faithfully comply with the duties of my state, carry my daily cross most patiently, and endeavor to accomplish the divine will with the utmost perfection. Spirit of love! Spirit of purity! Spirit of peace! Sanctify my soul more and more, and give me that heavenly peace which the world cannot give. Bless our Holy Father the Pope, bless the Church, bless our bishops, our priests, all Religious Orders, and all the faithful, that they may be filled with the spirit of Christ and labor earnestly for the spread of His kingdom.

O Holy Spirit, thou Giver of every good and perfect gift, grant me, I beseech Thee, the intentions of this novena *(here name them)*. May thy will be done in me and through me. Mayest thou be praised and glorified forevermore! Amen.

153. Invocation before Reading Scripture

Come, Holy Spirit, fill the hearts of Thy faithful and enkindle in them the fire of Thy love.

V. Send forth Thy Spirit and they shall be created.
R. And Thou shalt renew the face of the earth.

Let us pray. O God, who didst instruct the hearts of the faithful by sending them the light of the Holy Spirit, grant us in the same Spirit to have a right judgment in all things, and evermore to rejoice in His consolation. Through Christ our Lord. Amen.

VIII. Prayers and Devotions to the Saints

154. Quotes on the Saints' Prayers and Intercession

"Call now if there be any that will answer thee, and turn to some of the saints."

– Job 5:1 (DRV)

"Giving thanks to God the Father, who hath made us worthy to be partakers of the lot of the saints in light."

– Colossians 1:12 (DRV)

"And the smoke of the incense of the prayers of the saints ascended up before God from the hand of the angel."

– Apocalypse 8:4 (DRV)

"If the Apostles and Martyrs, while still in the body, can pray for others, at a time when they must still be anxious for themselves, how much more after their crowns, victories, and triumphs are won!"

– St. Jerome

"Do not weep, for I shall be more useful to you after my death and I shall help you then more effectively than during my life."

– St. Dominic, dying, to his bothers

"The holy Synod enjoins on all bishops, . . . they especially instruct the faithful diligently concerning the intercession and invocation of saints; the honour (paid) to relics; and the legitimate use of images: teaching them, that the saints, who reign together with Christ, offer up their own prayers to God for men; that it is good and useful suppliantly to invoke them, and to have recourse to their prayers, aid, (and) help for obtaining benefits from God, through His Son, Jesus Christ our Lord, who is our alone Redeemer and Saviour."

– The Council of Trent, Session XXV

"True, there is but one Mediator, Christ the Lord, who alone has reconciled us to the heavenly Father through His blood, and who, having obtained eternal redemption, and having entered once into the holies, ceases not to intercede for us. But it by no means follows that it is therefore unlawful to have recourse to the intercession of the

Saints. If, because we have one Mediator Jesus Christ, it were unlawful to ask the intercession of the Saints, the Apostle would never have recommended himself with so much earnestness to the prayers of his brethren on earth. For the prayers of the living would lessen the glory and dignity of Christ's Mediatorship not less than the intercession of the Saints in heaven."

– From *The Catechism of the Council of Trent*

"We do not address God and the Saints in the same manner, for we implore God to grant us blessings or to deliver us from evils; while we ask the Saints, since they are the friends of God, to take us under their patronage and to obtain for us from God whatever we need. Hence we make use of two different forms of prayer."

– From *The Catechism of the Council of Trent*

"For after they have been received into their heavenly home and are present to the Lord, through Him and with Him and in Him they do not cease to intercede with the Father for us, showing forth the merits which they won on earth through the one Mediator between God and man, serving God in all things and filling up in their flesh those things which are lacking of the sufferings of Christ for His Body which is the Church. Thus by their brotherly interest our weakness is greatly strengthened."

– *Lumen Gentium*, n. 49

"The witnesses who have preceded us into the kingdom, especially those whom the Church recognizes as saints, share in the living tradition of prayer by the example of their lives, the transmission of their writings, and their prayer today. They contemplate God, praise him and constantly care for those whom they have left on earth. When they entered into the joy of their Master, they were 'put in charge of many things.' Their intercession is their most exalted service to God's plan. We can and should ask them to intercede for us and for the whole world."

– *Catechism of the Catholic Church*, n. 2683

I. The Blessed Virgin Mary

155. Litany of the Blessed Virgin, or, the Loreto Litany

"This litany to the Blessed Virgin Mary was composed during the Middle Ages. The place of honor it now holds in the life of the Church is due to its faithful use at the shrine of the Holy House at Loreto. It was definitely approved by Sixtus V in 1587, and all other Marian litanies were suppressed, at least for public use. Its titles and invocations set before us Mary's exalted privileges, her holiness of life, her amiability and power, her motherly spirit and queenly majesty."

– *source:* http://ewtn.com/Devotionals/Litanies/Loreto.htm

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Christ, hear us.
Christ, graciously hear us.

God the Father of Heaven, Have mercy on us.
God the Son, Redeemer of the world, Have mercy on us.
God the Holy Ghost, Have mercy on us.
Holy Trinity, one God, Have mercy on us.

Holy Mary, pray for us.
Holy Mother of God, pray for us.
Holy Virgin of virgins, pray for us.
Mother of Christ, pray for us.
Mother of divine grace, pray for us.
Mother most pure, pray for us.
Mother most chaste, pray for us.
Mother inviolate, pray for us.
Mother undefiled, pray for us.
Mother most amiable, pray for us.
Mother most admirable, pray for us.
Mother of good counsel, pray for us.
Mother of our Creator, pray for us.
Mother of our Savior, pray for us.
Virgin most prudent, pray for us.
Virgin most venerable, pray for us.
Virgin most renowned, pray for us.

Virgin most powerful, pray for us.
Virgin most merciful, pray for us.
Virgin most faithful, pray for us.
Mirror of justice, pray for us.
Seat of wisdom, pray for us.
Cause of our joy, pray for us.
Spiritual vessel, pray for us.
Vessel of honor, pray for us.
Singular vessel of devotion, pray for us.
Mystical rose, pray for us.
Tower of David, pray for us.
Tower of ivory, pray for us.
House of gold, pray for us.
Ark of the Covenant, pray for us.
Gate of Heaven, pray for us.
Morning star, pray for us.
Health of the sick, pray for us.
Refuge of sinners, pray for us.
Comforter of the afflicted, pray for us.
Help of Christians, pray for us.
Queen of angels, pray for us.
Queen of patriarchs, pray for us.
Queen of prophets, pray for us.
Queen of apostles, pray for us.
Queen of martyrs, pray for us.
Queen of confessors, pray for us.
Queen of virgins, pray for us.
Queen of all saints, pray for us.
Queen conceived without Original Sin, pray for us.
Queen assumed into Heaven, pray for us.
Queen of the most holy Rosary, pray for us.
Queen of peace, pray for us.

Lamb of God, who takes away the sins of the world,
Spare us, O Lord.
Lamb of God, who takes away the sins of the world,
Graciously hear us, O Lord.
Lamb of God, who takes away the sins of the world,
Have mercy on us.

V. Pray for us, O Holy Mother of God,
R. That we may be made worthy of the promises of Christ.

General:
Let us pray- Grant, we beseech Thee, O Lord God, that we Thy servants may enjoy perpetual health of mind and body, and by the glorious intercession of the Blessed Mary, ever Virgin, be delivered from present sorrow and enjoy everlasting happiness. Through Christ Our Lord. Amen

During Advent:
Let us pray - O God, you willed that, at the message of an angel, your word should take flesh in the womb of the Blessed Virgin Mary; grant to your suppliant people, that we, who believe her to be truly the Mother of God, may be helped by her intercession with you. Through the same Christ our Lord. . Amen.

From Christmas to the Purification:
Let us pray - O God, by the fruitful virginity of Blessed Mary, you bestowed upon the human race the rewards of eternal salvation; grant, we beg you, that we may feel the power of her intercession, through whom we have been made worthy to receive the Author of life, our Lord Jesus Christ your Son, who lives and reigns with you forever and ever. Amen.

During Paschaltime:
Let us pray - O God, who by the Resurrection of your Son, our Lord Jesus Christ, granted joy to the whole world, grant, we beg you, that through the intercession of the Virgin Mary, his Mother, we may attain the joys of eternal life. Through the same Christ our Lord. Amen.

156. Prayer of St. Aloysius Gonzaga

Most holy Mary, my Lady, to thy faithful care and particular protection and to the bosom of thy mercy, to-day and every day, and particularly at the hour of my death, I commend my soul and my body; all my hope and consolation, all my trials and miseries, my life and the end of my life, I commit to thee, that through thy most holy intercession and by thy merits all my actions may be directed and ordered according to thy will and that of thy divine Son. Amen.

157. Prayer of St. Alphonsus Liguori

To be said before a picture or statue of the Blessed Virgin Mary

Most holy and immaculate Virgin! O my Mother! Thou who art the Mother of my Lord, the Queen of the world, the advocate, hope, and refuge of sinners! I, the most wretched among them, now come to thee. I honor thee, great Queen, and give thee thanks for the many favors thou hast bestowed on me in the past; most of all do I thank thee for having saved me by thy help from Hell, which I had so often deserved. I love thee, Lady most worthy of all love, and, by the love which I bear thee, I promise ever in the future to honor thee, and to do what in me lies to win others to thy love. In thine intercession I put all my trust, all my hope of salvation. Receive me as thy servant, and cover me with the mantle of thy protection, thou who art the Mother of mercy! And since thou hast so much power with God, implore Him to deliver me from all temptations, and obtain for me the grace ever to overcome them. From thee I ask a true love of Jesus Christ, and the grace of a happy death. O my Mother! by thy love for God I beseech thee to be at all times my helper, but above all at the last moment of my life. Cease not thy supplications until thou seest me safe in Heaven, there for endless ages to bless thee and sing thy praises. This is my hope. Amen.

158. A Short Prayer to the Immaculate Conception

In thy conception, O Virgin Mary! thou wast immaculate. Pray for us to the Father, Whose Son Jesus, conceived in thy womb by the Holy Ghost, thou didst bring forth.

159. Commendation to the Immaculate Conception

Antiphon. These praises and prayers I lay at thy feet,
O Virgin of virgins! O Mary most sweet!
Be thou my true guide through this pilgrimage here;
And stand by my side when death draweth near
R. Thanks be to God.

Antiphon. This is the rod in which was neither knot of original sin, nor rind of actual guilt.

V. In thy conception, O Virgin! thou wast immaculate.
R. Pray for us to the Father, Whose Son thou didst bring forth.

Let us pray. O God, Who, by the immaculate conception of the Virgin, didst prepare a worthy habitation for Thy Son: we beseech Thee that, as in view of the death of that Son, Thou didst preserve her from all stain of sin, so Thou wouldst enable us, being made pure by her intercession, to come unto Thee. Through the same Christ our Lord. R. Amen.

160. A Novena in honor of the Sorrows of the Blessed Virgin.

Most holy and afflicted Virgin! Queen of martyrs! thou who didst stand beneath the cross, witnessing the agony of thy expiring Son through the unceasing sufferings of thy life of sorrow, and the bliss which now more than amply repays thee for thy past trials, look down with a mother s tenderness and pity on me, who kneel before thee to venerate thy Sorrows, and place my requests, with filial confidence, in the sanctuary of thy wounded heart; present them, I beseech thee, on my behalf, to Jesus Christ, through the merits of His own most sacred death and Passion, together with thy sufferings at the foot of the cross, and through the united efficacy of both, obtain the grant of my present petition, namely *(name your petition here)*. To whom shall I recur in my wants and miseries if not to thee, O Mother of mercy, who, having so deeply drunk of the chalice of thy Son, canst compassionate the woes of those who still sigh in the land of exile? Sancta Maria, Mater Dolorósa, ora pro me!

161. In Honor of Our Lady of Perpetual Help

O Mother of perpetual help! thou art the dispenser of all the gifts which God grants to us miserable sinners; and for this end He has made thee so powerful, so rich, and so bountiful, in order that thou mayest succor us in our misery. Thou art the advocate of the most wretched and abandoned sinners who have recourse to thee: come to my help; I commend myself to thee. Count me among thy most devoted servants; take me under thy protection, and it is enough for me. For, if thou protect me, I fear nothing; not from my sins, because thou wilt obtain for me the pardon of them; nor from the devils, because thou art more powerful than all hell together. But one thing I fear; that, in the hour of temptation, I may through negligence fail to have recourse to thee, and thus perish miserably. Obtain for me, therefore, the pardon of my sins, love for Jesus, final perseverance, and the grace ever to have recourse to thee, O Mother of perpetual help.

162. Prayer to Our Lady or Lourdes

O ever immaculate Virgin, Mother of mercy, Health of the sick, Refuge of sinners, Comfort of the afflicted, thou knowest my wants, my troubles, my sufferings; deign to cast upon me a look of mercy By appearing in the Grotto of Lourdes, thou wert pleased to make it a privileged sanctuary, whence thou didst dispense thy favors, and already many sufferers have obtained the cure of their infirmities, both spiritual and corporal. I come, therefore, with the most unbounded confidence, to implore thy maternal intercession. Obtain, O loving Mother, the grant of my requests *(here name your request)*. Through gratitude for thy favors, I will endeavor to imitate thy virtues, that I may one day share thy glory. Amen.

V. O Mary, conceived without sin!
R. Pray for us who have recourse to thee!

V. Our Lady of the Sacred Heart.
R. Pray for us.

163. Sub Tuum Præsidium

We fly to thy patronage, O holy Mother of God; despise not our petitions in our necessities, but deliver us always from all dangers, O glorious and blessed Virgin. Amen.

V. Make me worthy to praise thee, Holy Virgin.
R. Give me strength against mine enemies.
V. Blessed be God in his saints.
R. Amen.

II. Joseph, Spouse of the Blessed Virgin

164. Litany of St. Joseph

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us. Christ, hear us.
Christ, graciously hear us.
God the Father of Heaven, Have mercy on us.
God the Son, Redeemer of the world, Have mercy on us.
God the Holy Spirit, Have mercy on us.
Holy Trinity, One God, Have mercy on us.

Holy Mary, pray for us .
Saint Joseph, pray for us.
Illustrious son of David, pray for us.
Light of the patriarchs, pray for us.
Spouse of the Mother of God, pray for us.
Chaste guardian of the Virgin, pray for us.
Foster-father of the Son of God, pray for us.
Watchful defender of Christ, pray for us.
Head of the Holy Family, pray for us.
Joseph most just, pray for us.
Joseph most chaste, pray for us.
Joseph most prudent, pray for us.
Joseph most valiant, pray for us.
Joseph most obedient, pray for us.
Joseph most faithful, pray for us.
Mirror of patience, pray for us.
Lover of poverty, pray for us.
Model of workmen, pray for us.
Glory of domestic life, pray for us.
Guardian of virgins, pray for us.
Pillar of families, pray for us.
Solace of the afflicted, pray for us.
Hope of the sick, pray for us.
Patron of the dying, pray for us.
Terror of demons, pray for us.
Protector of Holy Church, pray for us.

Lamb of God, Who takest away the sins of the world,
Spare us, O Lord.
Lamb of God, Who takest away the sins of the world,
Graciously hear us, O Lord.
Lamb of God, Who takest away the sins of the world,
Have mercy on us.

V. He made him the lord of His household,
R. And prince over all His possessions.

Let Us Pray. O God, Who in Thine ineffable providence didst choose Blessed Joseph to be the spouse of Thy most Holy Mother, grant that as we venerate him as our protector on earth, we may deserve to have him as our intercessor in heaven. Who livest and reignest forever and ever. R. Amen.

165. In Honor of St. Joseph Seven Sorrows and Seven Joys

1. Pure spouse of most holy Mary, glorious St. Joseph, the trouble and anguish of thy heart were great when, being in sore perplexity, thou wast minded to put away thy stainless spouse; yet was thy joy inexpressible when the Archangel revealed to thee the sublime mystery of the Incarnation.

By this thy sorrow and thy joy, we pray thee comfort our souls now and in their last pains with the consolation of a well-spent life, and a holy death like unto thy own, with Jesus and Mary at our side.
Our Father, Hail Mary, Glory Be.

2. Most blessed Patriarch, glorious St Joseph, chosen to the office of Father of the Word made Man, the pain was keen that thou didst feel when thou didst see the Infant Jesus born in abject poverty; but thy pain was changed into heavenly joy when thou didst hear the harmony of angel-choirs, and behold the glory of that night.

By this thy sorrow and thy joy, we pray thee obtain for us that, when the journey of our life is ended, we too may pass to that blessed land where we shall hear the angel-chants, and rejoice in the bright light of heavenly glory.
Our Father, Hail Mary, Glory Be.

3. O thou who wast ever most obedient in executing the law of God, glorious St. Joseph, thy heart was pierced with pain when the

precious Blood of the Infant Saviour was shed at his Circumcision; but with the Name of Jesus new life and heavenly joy returned to thee.

By this thy sorrow and thy joy, obtain for us that, being freed, while we still live, from every vice, we too may cheerfully die with the sweet Name of Jesus in our hearts and on our lips.
Our Father, Hail Mary, Glory Be.

4. Most faithful Saint, glorious St. Joseph, who wast admitted to take part in the redemption of man; the prophecy of Simeon foretelling the sufferings of Jesus and Mary caused thee a pang like that of death, but, at the same time, by his prediction of the salvation and glorious resurrection of innumerable souls, filled thee with great joy.

By this thy sorrow and thy joy, help us with thy prayers to be of the number of those who, by the merits of Jesus and the intercession of his Virgin Mother, shall be partakers of the resurrection to glory.
Our Father, Hail Mary, Glory Be.

5. Most watchful Guardian, glorious St. Joseph, who wast so intimately familiar with the Incarnate Son of God, greatly thou didst toil to nurture and to serve the Son of the Most High, especially in the flight thou madest with Him into Egypt ; greatly also didst thou rejoice to have God Himself always with thee, and to see the overthrow of the idols of Egypt.

By this thy sorrow and thy joy, obtain for us grace to keep far out of the reach of the enemy of our souls, by quitting all dangerous occasions, that so no idol of earthly affection may any longer occupy a place in our hearts, but that, being entirely devoted to the service of Jesus and Mary, we may live and die for them alone.
Our Father, Hail Mary, Glory Be.

6. Angel on earth, glorious St. Joseph, who didst so wonder to see the King of Heaven obedient to thy bidding, the consolation thou hadst at his return from Egypt was disturbed by the fear of Archelaus, but nevertheless, being reassured by the angel, thou didst go back and dwell happily at Nazareth, in the company of Jesus and Mary.

By this thy sorrow and thy joy, obtain for us that, having our hearts freed from idle fears, we may enjoy the peace of a tranquil conscience, dwelling safely with Jesus and Mary, and dying at last in their arms. *Our Father, Hail Mary, Glory Be.*

7. Example of holy living, glorious St. Joseph, when through no fault of thine thou didst lose Jesus, the Holy Child, thou didst search for Him with great sorrow for three days, until with joy unspeakable thou didst find Him, who was thy Life, amidst the doctors in the Temple.

By this thy sorrow and thy joy, we pray thee with our whole hearts so to interpose always in our behalf, that we may never lose Jesus by mortal sin, and if we are at any time so wretched as to lose Him, then we pray thee to aid us to seek Him with unwearied sorrow until we find Him, particularly in the hour of our death, that we may pass from this life to enjoy Him for ever in heaven, there to sing with thee his divine mercies without end.
Our Father, Hail Mary, Glory Be.

Antiphon. Jesus Himself was about thirty years old, being, as was supposed, the son of Joseph.

V. Pray for us, holy Joseph.
R. That we may be made worthy of the promises of Christ.

Let Us Pray. O God, Who in Thine ineffable providence didst choose Blessed Joseph to be the spouse of Thy most Holy Mother, grant that as we venerate him as our protector on earth, we may deserve to have him as our intercessor in heaven. Who livest and reignest forever and ever. R. Amen.

166. Prayer to Saint Joseph for Success in Work

(Attributed to Pope St. Pius X)
Glorious St. Joseph, model of all those who are devoted to labor, obtain for me the grace to work conscientiously, putting the call of duty above my many sins; to work with thankfulness and joy, considering it an honor to employ and develop, by means of labor, the gifts received from God; to work with order, peace, prudence and patience, never surrendering to weariness or difficulties; to work, above all, with purity of intention, and with detachment from self, having always death before my eyes and the account which I must render of time lost, of talents wasted, of good omitted, of vain complacency in success so fatal to the work of God.
All for Jesus, all for Mary, all after thy example, O Patriarch Joseph. Such shall be my motto in life and death. Amen.

167. Memorare to St. Joseph

Remember, O most chaste Spouse of the Virgin Mary, that never was it known that anyone who implored your help and sought your intercession was left unassisted. Full of confidence in your power, I fly unto you, and beg your protection. Despise not, O foster-father of the Redeemer, my humble supplication, but in your bounty, hear and answer me. Amen.

168. A Parent's Prayer to St. Joseph

O glorious St. Joseph, to you God committed the care of His only begotten Son amid the many dangers of this world. We come to you and ask you to take under your special protection the children God has given us.

Through holy baptism they became children of God and members of His holy Church. We consecrate them to you today, that through this consecration they may become your foster children.

Guard them, guide their steps in life, form their hearts after the hearts of Jesus and Mary.

St. Joseph, who felt the tribulation and worry of a parent when the child Jesus was lost, protect our dear children for time and eternity. May you be their father and counsellor. Let them, like Jesus, grow in age as well as in wisdom and grace before God and men.

Preserve them from the corruption of his world, and give us the grace one day to be united with them in Heaven forever. Amen.

169. To St. Joseph for Protection

Gracious St. Joseph, protect me and my family from all evil as you did the Holy Family. Kindly keep us ever united in the love of Christ, ever fervent in imitation of the virtue of our Blessed Lady, your sinless spouse, and always faithful in devotion to you. Amen.

170. Prayer to Saint Joseph for a Happy Death

O Blessed Joseph, you gave your last breath in the loving embrace of Jesus and Mary. When the seal of death shall close my life, come with Jesus and Mary to aid me. Obtain for me this solace for that hour - to die with their holy arms around me. Jesus, Mary and Joseph, I commend my soul, living and dying, into your sacred arms. Amen.

III. The Angels and Archangels

171. Litany of All the Angels

Lord, have mercy.
Christ, have mercy.
Lord, have mercy.
Christ, hear us.
Christ, graciously hear us.
God, Father of Heaven, have mercy on us.
God the Son, Redeemer of the world, have mercy on us.
God the Holy Ghost, have mercy
Holy Trinity, one God, have mercy
Holy Mary, pray for us.
Holy Mother of God, pray for us.
Holy Queen of the Angels, pray for us.

Holy Michael, pray for us.
Holy Gabriel, pray for us.
Holy Raphael, pray for us.
Holy Uriel, pray for us.
Holy Metatron, pray for us.
Holy Raziel, pray for us.
Holy Cassiel, pray for us.
Holy Sachiel, pray for us.
Holy Camael, pray for us.
Holy Anael, pray for us.
Holy Sandalphon, pray for us.
All ye holy Archangels of the Sefiros and Angels of the Planets, pray for us.

Holy Sharhiel, pray for us.
Holy Araziel, pray for us.
Holy Sarayel, pray for us.
Holy Pakiel, pray for us.
Holy Sharatiel, pray for us.
Holy Shelathiel, pray for us.
Holy Chedeqiel, pray for us.
Holy Saitzel, pray for us.
Holy Saritiel, pray for us.

Holy Sameqiel, pray for us.
Holy Tsakmiqiel, pray for us.
Holy Vakabiel, pray for us.
All ye holy Angels of the Zodiacal signs, pray for us.

Holy Hassan, pray for us.
Holy Aral, pray for us.
Holy Thaliahad, pray for us.
Holy Phorlakh, pray for us.
All ye Holy Angels of the Elements, pray

Holy Seraphim, pray for us.
Holy Cherubim, pray for us.
Holy Thrones, pray for us.
Holy Dominations, pray for us.
Holy Powers, pray for us.
Holy Virtues, pray for us.
Holy Principalities, pray for us.
Holy Archangels, pray for us.
Holy Angels, pray for us.
All ye Holy Orders of Angels, pray
All ye Holy Angels and Archangels, intercede for us.
All ye Holy angels and Archangels, bless the Lord forever.

Lamb of God, Who takest away the sins of the world, spare us, O Lord.
Lamb of God, Who takest away the sins of the world, hear us, O Lord.
Lamb of God, Who takest away the sins of the world, have mercy on us.

Our Father *(inaudibly until)*
V. And lead us not into temptation.
R. But deliver us from evil.

V. Pray for us, all ye Holy Angels and Archangels.
R. And intercede for us in the sight of the Lord Almighty.

Let us pray. Almighty God, Who givest graces according to Thy good pleasure, vouchsafe, we beseech Thee, through the intercession of

Thy blessed Archangel N., to grant us peace in our days, victory over all enemies and impediments in our paths, protection from the snares of the adversary, and to grant our prayers. To send also Thine holy Angel from the heavens, that he may assist towards the manifestation of those same petitions, that the world, seeing Thy glory, may glorify and magnify Thee always and everywhere, more and more. Through our Lord Jesus Christ Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Spirit, God, world without end. R. Amen.

172. A Prayer to All the Angels and Saints Before Mass

Angels, Archangels, Thrones, Dominations, Principalities, Powers, celestial Virtues, Cherubim and Seraphim; all Saints of God, holy men and women, and you especially, my patrons: deign to plead for me that I may have grace to offer worthily this sacrifice to almighty God, to the praise and glory of his name, for my own welfare also and that of all his holy Church. Amen.

173. Collect from the Votive Mass of the Angels

O God, you wondrously direct the ministry of angels and men. Grant that our lives on earth may be guarded by the angels who always serve you in heaven. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. Amen.

174. Prayer to the Holy Angels

Bless the Lord, all you his Angels, you who are mighty in strength and do his will. Intercede for me at the throne of God, and by your unceasing watchfulness protect me in every danger of soul and body. Obtain for me the grace of final perseverance, so that after this life I may be admitted to your glorious company and may sing with you the praises of God for all eternity.

O all you holy Angels and Archangels, Thrones and Dominations, Principalities, Powers and Virtues of heaven, Cherubim and Seraphim, and especially you, my dear Guardian Angel, intercede for me and obtain for me the special favor I now ask *(here name your intention)*. Amen.

175. To the Angel Who Strengthened Our Lord in His Agony

I salute thee, holy Angel who didst comfort my Jesus in His agony, and with thee I praise the most holy Trinity for having chosen thee from among all the holy Angels to comfort and strengthen Him who is the comfort and strength of all that are in affliction. By the honor thou didst enjoy and by the obedience, humility and love wherewith thou didst assist the sacred Humanity of Jesus, my Savior, when He was fainting for very sorrow at seeing the sins of the world and especially my sins, I beseech thee to obtain for me perfect sorrow for my sins; deign to strengthen me In the afflictions that now overwhelm me, and in all the other trials, to which I shall be exposed henceforth and, in particular, when I find myself in my final agony. Amen.

176. Prayer for Angelic Assistance

Lord Almighty, Creator of all life,
thank you for creating the angels.
as dedicated and faithful servants,
they instantly act upon your commands.
Please direct your angels to assist me,
ensuring the accomplishment of your work,
in accordance with your Divine will.
Always rekindle my mind to remember
that your angels are available to me
as restrainers of diabolic obstacles.
Thank you, Lord, for your auspice!
Your kindness is infinitely good!

A. To Our Guardian Angels

177. Guardian Angel Prayer

Angel of God, my Guardian dear,
to whom His love commits me here,
ever this day *(or* night*)* be at my side,
to light and guard, to rule and guide.
Amen.

178. Ejaculation to the Guardian Angel

O Angel of God, make me worthy of thy tender love, thy celestial companionship and thy never-failing protection!

179. Guardian Angel Prayer #2

O holy Guardian Angel, my dear friend and solicitous guide on the dangerous way of life, to thee be heartfelt thanks for the numberless benefits which have been granted me through thy love and goodness and for the powerful help by which thou hast preserved me from so many dangers and temptations. I beg of thee, let me further experience thy love and thy care. Avert from me all danger, increase in me horror for sin and love for all that is good. Be a counselor and consoler to me in all the affairs of my life, and when my life draws to a close, conduct my soul through the valley of death into the kingdom of eternal peace, so that in eternity we may together praise God and rejoice in His glory. Through Jesus Christ Our Lord. Amen.

180. Guardian Andel Prayer #3

O Holy Angel, attendant of my wretched soul and of mine afflicted life, forsake me not, a sinner, neither depart from me for mine inconstancy. Give no place to the evil demon to subdue me with the oppression of this mortal body; but take me by my wretched and outstretched hand, and lead me in the way of salvation. Yea, O holy Angel of God, the guardian and protector of my hapless soul and body, forgive me all things whatsoever wherewith I have troubled thee, all the days of my life, and if I have sinned in anything this day. Shelter me in this present night, and keep me from every affront of the enemy, lest I anger God by any sin; and intercede with the Lord in my behalf, that He might strengthen me in the fear of Him, and make me a worthy servant of His goodness. Amen.

181. Prayer of St. Gertrude to the Guardian Angel

O most holy angel of God, appointed by God to be my guardian, I give you thanks for all the benefits which you have ever bestowed on me in body and in soul. I praise and glorify you that you condescended to assist me with such patient fidelity, and to defend me against all the assaults of my enemies. Blessed be the hour in which you were assigned me for my guardian, my defender and my patron. In acknowledgement and return for all your loving ministries to me, I offer you the infinitely precious and noble heart of Jesus, and firmly purpose to obey you henceforward, and most faithfully to serve my God. Amen.

182. A Mother's Prayer to the Guardian Angels of Her Children

I humbly salute you, O you faithful, heavenly Friends of my children! I give you heartfelt thanks for all the love and goodness you show them. At some future day I shall, with thanks more worthy than I can now give, repay your care for them, and before the whole heavenly court acknowledge their indebtedness to your guidance and protection. Continue to watch over them. Provide for all their needs of body and soul. Pray, likewise, for me and my whole family, that we may all one day rejoice in your blessed company. Amen.

183. A Guardian Angel Prayer for Friends

Guardian Angel, watch over those whose names you can read in my heart. Guard over them with every care and make their way easy and their labours fruitful. Dry their tears if they weep; sanctify their joys; raise their courage if they weaken; restore their hope if they lose heart, their health if they be ill, truth if they err, repentance if they fail. Amen.

184. To Make Someone More Receptive to Your Argument

Advice from Pope Pius XI to the future Pope Pius XII

"In speaking with someone who is closed to your argument, go to your guardian angel and recommend the matter to him. Ask him to take it up with the guardian angel of the person you have to see. Once the two angels establish an understanding, the conversation with the visitor will be much easier."

185. Thanks to My Guardian Angel

O Angel of God, my blessed protector, to whose care I have been committed by my Creator from the moment of my birth, unite with me in thanking the Almighty for having given me a friend, and instructor, an advocate, and a guardian in thee.

Accept, O most charitable guide, my fervent thanksgiving for all thou hast done for me; particularly for the charity with which thou didst undertake to accompany me through life; for the joy with which thou wert filled when I was purified in the waters of Baptism; and for thy anxious solicitude in watching over the treasure of my innocence.

Thou knowest the numberless graces and favors which my Creator has bestowed on me through thee, and the many dangers, both spiritual and temporal from which thou hast preserved me. Thou knowest how often thou didst deplore my sins, animate me to

repentance, and intercede with God for my pardon. Ah! why have I so little merited a continuance of thy zealous efforts for my salvation? Why have I so often stained my soul by sin, and thereby rendered myself unworthy of the presence and protection of an angel, of so pure a spirit as thou art, who never sinned?

But as my ingratitude and thoughtlessness have not lessened thy charitable interest for my salvation, so neither shall they diminish my confidence in thy goodness, nor prevent me from abandoning myself to thy care, since God Himself has entrusted thee with the charge of my soul.

Penetrated with sorrow for the little progress I have made in virtue, though blessed with such a Master, and sincerely determined to correspond in future with thy exertions for my salvation, I most earnestly entreat thee, O protecting spirit, to continue thy zealous efforts for my eternal interest; to fortify my weakness, to shield me from innumerable dangers of the world and to obtain by thy powerful prayers that my life may rather be shortened, than that I should live to commit a mortal sin.

Remember, O most happy spirit, that it was one act of profound humility, and one transport of ardent love for thy Creator, that caused God to establish thee forever in glory; obtain that those virtues may be implanted in my soul, and that I may seriously endeavor to acquire docility, obedience, gentleness and purity of heart.

Conduct me safely through this world of sin and misery; watch over me at the awful hour of my death; perform for my soul the last charitable office of thy mission, by strengthening, encouraging, and supporting me in the agonies of dissolution, and then, as the angel Raphael conducted Tobias safely to his father, do thou, my good angel and blessed guide, return with me to Him who sent thee, that we may mutually bless Him, and publish His wonderful works for a happy eternity. Amen.

186. Collect for the Feast of the Guardian Angels

O God, we cannot express in words the wonder of your providence, which has given your holy angels care over us. May we always be safe under their protection and happy for all eternity in their company. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. Amen.

B. St. Michael the Archangel

187. The St. Michael Prayer

Saint Michael the Archangel, defend us in battle; be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray: and do thou, O Prince of the heavenly host, by the power of God, thrust into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

188. Another Prayer to St. Michael

From the Roman Ritual

O most illustrious prince of the heavenly hosts, holy Michael the Archangel, from thy heavenly throne defend us in the battle against the princes and powers, against the rulers of this world's darkness. Come to the assistance of mankind, whom God has created in His own image and likeness, and whom He has purchased at a great price from Satan's tyranny. Thee the holy Church does venerate as her patron and guardian. To thee the Lord has entrusted the service of leading the souls of the redeemed into heavenly blessedness. Intercede for us to the God of peace, that He would crush Satan under our feet, lest he any longer have power to hold men captive and to do harm to the Church. Present our prayers at the throne of the Most High, so that He may all the more speedily favor us with His mercy. Lay hold of the dragon, the ancient serpent, no other than the demon, Satan, and cast him bound into the abyss, so that he may no longer seduce mankind.

189. St. Michael, For Personal Protection

St. Michael, the Archangel! Glorious Prince, chief and champion of the heavenly hosts; guardian of the souls of men; conqueror of the rebel angels! How beautiful art thou, in thy heaven-made armor. We love thee, dear Prince of Heaven!

We, thy happy clients, yearn to enjoy thy special protection. Obtain for us from God a share of thy sturdy courage; pray that we may have a strong and tender love for our Redeemer and, in every danger or temptation, be invincible against the enemy of our souls. O standard-bearer of our salvation! Be with us in our last moments and when our souls quit this earthly exile, carry them safely to the judgement seat of Christ, and may Our Lord and Master bid thee

bear us speedily to the kingdom of eternal bliss. Teach us ever to repeat the sublime cry: "Who is like unto God?" Amen.

190. Help Against Spiritual Enemies

Glorious St. Michael, Prince of the heavenly hosts, who standest always ready to give assistance to the people of God; who didst fight with the dragon, the old serpent, and didst cast him out of heaven, and now valiantly defendest the Church of God that the gates of hell may never prevail against her, I earnestly entreat thee to assist me also, in the painful and dangerous conflict which I have to sustain against the same formidible foe. Be with me, O mighty Prince! that I may courageously fight and wholly vanquish that proud spirit, whom thou hast by the Divine Power, so gloriously overthrown, and whom our powerful King, Jesus Christ, has, in our nature, so completely overcome; to the end that having triumphed over the enemy of my salvation, I may with thee and the holy angels, praise the clemency of God who, having refused mercy to the rebellious angels after their fall, has granted repentance and forgiveness to fallen man. Amen.

191. Chaplet of St. Michael

It is claimed that Saint Michael, appearing one day to Antonia d'Astonac, a most devout Servant of God, told her that he wished to be honored by nine salutations corresponding to the nine Choirs of Angels, which should consist of one Our Father and three Hail Marys in honor of each of the Angelic Choirs.

Promises of St. Michael

Whoever would practice this devotion in his honor would have, when approaching the Holy Table, an escort of nine angels chosen from each of the Choirs. In addition, for the daily recital of these nine salutations, he promised his continual assistance and that of all the holy angels during life, and after death deliverance from Purgatory for themselves and all their relations.

How to say this Chaplet

The chaplet begins with the invocation on the medal. Then say one Our Father *and three* Hail Marys *after each of the nine salutations in honor of the Nine Choirs of Angels as follows:*

Invocation on the Medal

O God, come to my assistance! O Lord, make haste to help me! Glory be to the Father, *etc.*

First Salutation
By the intercession of St. Michael and the heavenly Choir of Seraphim, may it please God to make us worthy to receive into our hearts the fire of his perfect charity. Amen. *1 Our Father. 3 Hail Marys.*

Second Salutation
By the intercession of St. Michael and the heavenly Choir of Cherubim, may God in his good pleasure, grant us grace to abandon the ways of sin, and follow the path of Christian perfection. Amen. *1 Our Father. 3 Hail Marys.*

Third Salutation
By the intercession of St. Michael and the sacred Choir of Thrones, may it please God to infuse into our hearts the spirit of true and sincere humility. Amen. *1 Our Father. 3 Hail Marys.*

Fourth Salutation
By the intercession of St. Michael and the heavenly Choir of the Dominations, may it please God to grant us grace to have dominion over our senses, and to correct our depraved passions. Amen. *1 Our Father. 3 Hail Marys.*

Fifth Salutation
By the intercession of St. Michael and the heavenly Choir of the Powers, may God vouchsafe to keep our souls from the wiles and temptations of the devil. Amen. *1 Our Father. 3 Hail Marys.*

Sixth Salutation
By the intercession of St. Michael and the admirable heavenly Choir of the Virtues, may it please God to keep us from falling into temptation, and may He deliver us from evil. Amen. *1 Our Father. 3 Hail Marys.*

Seventh Salutation
By the intercession of St. Michael and the heavenly Choir of Principalities, may it please God to fill our souls with the spirit of true and sincere obedience. Amen. *1 Our Father. 3 Hail Marys.*

Eighth Salutation
By the intercession of St. Michael and the heavenly Choir of Archangels, may it please God to grant us the gift of perseverance in the faith, and in all good works, that we may be thereby enabled to attain the glory of paradise. Amen. *1 Our Father. 3 Hail Marys.*

Ninth Salutation
By the intercession of St. Michael and the heavenly Choir of all the Angels, may God vouchsafe to grant us their guardianship through this mortal life, and after death a happy entrance into the everlasting glory of heaven. Amen. *1 Our Father. 3 Hail Marys.*

Say an Our Father *on each of the four large concluding beads:*
The first one for St. Michael,
The second one for St. Gabriel,
The third one for St. Raphael,
The fourth one for our Guardian Angel.

End this Chaplet with the following Antiphon and prayer.
Antiphon. Michael, glorious prince, chief and champion of the heavenly Host, guardian of the souls of men, conqueror of the rebel angels, steward of the palace of God under Jesus Christ, our worthy leader, endowed with superhuman excellence and virtues: vouchsafe to free us all from every ill, who with full confidence have recourse to thee; and by thy incomparable protection enable us to make progress every day in the faithful service of our God.

V. Pray for us, most blessed Michael, Prince of the Church of Jesus Christ.
R. That we may be made worthy of his promises.

Let us pray. Almighty and Eternal God, who is thine own marvelous goodness and pity didst, for the common salvation of man, choose the glorious Archangel Michael to be the prince of the Church: make us worthy, we pray Thee, to be delivered by his beneficent protection from all our enemies, that, at the hour of our death, none of them may approach to harm us; rather do Thou vouchsafe unto us that by the same Archangel Michael, we may be introduced into the presence of thy most high and divine majesty. Through the merits of the same Jesus Christ our Lord. Amen.

C. Saint Gabriel

192. Collect Concerning St. Gabriel

May the offering of our service and the prayer of the blessed Archangel Gabriel be acceptable in Thy sight, O Lord; that he whom we venerate on earth, may be our advocate before Thee in heaven. Through Our Lord. Amen.

193. Prayer to St. Gabriel, for Intercession

O Blessed Archangel Gabriel, we beseech thee, do thou intercede for us at the throne of divine Mercy in our present necessities, that as thou didst announce to Mary the mystery of the Incarnation, so through thy prayers and patronage in heaven we may obtain the benefits of the same, and sing the praise of God forever in the land of the living. Amen.

194. Prayer to St. Gabriel, for Others

O loving messenger of the Incarnation, descend upon all those for whom I wish peace and happiness. Spread your wings over the cradles of the new-born babes, O thou who didst announce the coming of the Infant Jesus.

Give to the young a lily petal from the virginal scepter in your hand. Cause the Ave Maria to re-echo in all hearts that they may find grace and joy through Mary.

Finally, recall the sublime words spoken on the day of the Annunciation – "Nothing is impossible with God," and repeat them in hours of trial – to all I love – that their confidence in Our Lord may be reanimated, when all human help fails. Amen.

195. Prayer to St. Gabriel, the Angel of Revelation

This prayer was found at: http://angels.about.com/od/Famous-Archangels/a/Prayer-To-Archangel-Gabriel.htm

Archangel Gabriel, angel of revelation, I thank God for making you a powerful messenger to deliver divine messages. Please help me hear what God has to say to me, so I can follow his guidance and fulfill his purposes in my life.

Prepare me to tune into what God has to say to me through his Spirit by purifying my soul so my mind will be clear and my spirit will be attentive to God's messages. As the angel of water, Gabriel, please

help me wash sin away from life through confession and repentance on a regular basis, so sin won't interfere with my relationship with God and I can clearly discern what God is communicating to me. Help me get rid of unhealthy attitudes *(like shame or greed)* and unhealthy habits *(like an addiction)* that are hindering my ability to clearly hear God's messages for me.

Purify my motives for wanting to communicate with God. May my primary goals be to get to know God better and grow closer to him, rather than to try to convince God to do what I want him to do for me.

Help me be focused on the Giver rather than the gifts, trusting that when I'm in a loving relationship with God, he will naturally do what's best for me.

Clear away confusion and give me the wisdom I need to make good decisions, as well as the confidence I need to act on those decisions. There are so many good choices for me to make about what to do every day, but I have limited time and energy, so I need you, Gabriel, to guide me to what's best: activities that will help me pursue God's unique purposes for my life. Clarify God's will in every aspect of my life *(from my career to my relationships with my children)* so I'm not confused about the next steps I should take to respond well to God's messages and fulfill God's purposes for my life.

Guide me toward solutions for the problems I face. Please send fresh ideas into my mind, either through dreams when I'm asleep or through miraculous inspiration while I'm awake. Help me understand each problem from God's perspective after I pray about it, and show me what next steps I should take to solve it.

Teach me how to communicate effectively to other people when I have something important to say to them, and to listen well when other people have something important to say to me. Show me how to successfully build relationships of mutual understanding and respect with people, in which we can learn from each other's stories and perspectives and work together well despite the differences between us. Whenever the communication process has broken down in one of my relationships due to a problem such as misunderstanding or betrayal, please send me the power I need to overcome the issue and start communicating well with that person again.

Thank you, Gabriel, for all of the good news from God that you bring into people's lives, including mine. Amen.

D. Saint Raphael

196. Collect on the Feast of St. Raphael

O God, you sent the blessed archangel Raphael to accompany your servant Tobias on his journey. Grant that we, your servants, may also be guarded by him always and strengthened by his assistance. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. Amen.

197. Glorious Archangel St. Raphael

Glorious Archangel St. Raphael, great prince of the heavenly court, you are illustrious for your gifts of wisdom and grace. You are a guide of those who journey by land or sea or air, consoler of the afflicted, and refuge of sinners.I beg you, assist me in all my needs and in all the sufferings of this life, as once you helped the young Tobias on his travels. Because you are the "medicine of God" I humbly pray you to heal the many infirmities of my soul and the ills that afflict my body. I especially ask of you the favor *(here mention your special intention)*, and the great grace of purity to prepare me to be the temple of the Holy Spirit. Amen.

198. Prayer to St. Raphael, Angel of Happy Meetings

O Raphael, lead us towards those we are waiting for, those who are waiting for us! Raphael, Angel of Happy Meetings, lead us by the hand towards those we are looking for! May all our movements, all their movements, be guided by your Light and transfigured by your Joy.

Angel Guide of Tobias, lay the request we now address to you at the feet of Him on whose unveiled Face you are privileged to gaze. Lonely and tired, crushed by the separations and sorrows of earth, we feel the need of calling to you and of pleading for the protection of your wings, so that we may not be as strangers in the Province of Joy, all ignorant of the concerns of our country.

Remember the weak, you who are strong--you whose home lies beyond the region of thunder, in a land that is always peaceful, always serene, and bright with the resplendent glory of God. Amen.

199. Saint Raphael Prayer

Blessed Saint Raphael, Archangel, we beseech thee to help us in all our needs and trials of this life, as thou, through the power of God,

didst restore sight and give guidance to the elder Tobit. We humbly seek thine aid and intercession, that our souls may be healed, our bodies protected from all ills, and that through divine grace we may be made fit to dwell in the eternal Glory of God in heaven. Amen.

200. Prayer to Saint Raphael before a Trip

Dear St. Raphael, your lovely name means "God heals." The Lord sent you to young Tobias to guide him throughout a long journey. Upon his return you taught him how to cure his father's blindness. How natural, therefore, for Christians to pray for your powerful help for safe travel and a happy return. This is what we ask for ourselves as well as for all who are far from home. Amen.

201. Prayer for Protection From All Evil

Most Holy Mother, Queen of the Angels and Archangels, send me your Champion, the Archangel Saint Raphael, let him heal me of all my spiritual and physical ailments in Jesus' holy name. May he protect me from Satan and all the evil spirits. Saint Raphael be my guide and protector on my journey through life. O glorious Saint Raphael the Archangel, herald of blessings, pray for us! Amen.

202. Novena to St. Raphael the Archangel

Pray for 9 days or 9 hours straight

Recite one Our Father*, one* Hail Mary *and one* Glory Be.

Glorious Archangel St. Raphael, great prince of the heavenly court, you are illustrious for your gifts of wisdom and grace. You are a guide of those who journey by land or sea or air, consoler of the afflicted, and refuge of sinners.

Recite one Glory Be.

We ask you to assist *(name)* in all his/her needs and in all the sufferings of this life, as once you helped the young Tobias on his travels. Because you are the medicine of God," we humbly pray you to heal the many infirmities of his/her soul and the ills that afflict his/her body.

Recite one Glory Be.

We especially ask of you the favor, the intersession of conversion of heart and the great grace of purity, to prepare *(name)*, to be the temple of the Holy Spirit. Amen.

Recite one Glory Be.

St. Raphael, of the glorious seven who stand before the throne of Him who lives and reigns, Angel of health, the Lord has filled your hand with balm from heaven to soothe or cure our pains. Heal or cure the victim of disease. And guide our steps when doubtful of our ways. May God hear and answer our prayer according to His holy will and for His greater glory. We ask this through Jesus Christ our Lord. Amen.

The following Angels are not officially recognized by the Catholic Church, who in 745 moved to recognize only the three Archangels explicitly named in Scripture. These prayers are presented strictly for private use by those wishing to do so.

E. Saint Uriel, Also Called Auriel or Oriel

203. Collect for the Feast of St. Uriel

O God, you wondrously direct the ministry of angels and men. Grant that our lives on earth may be guarded by the angels who always serve you in heaven, and that through the intercession of your blessed archangel Uriel we may come into the fullness of knowledge. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. Amen.

204. O Illustrious St. Uriel

O Illustrious Saint Uriel, the Archangel of God's divine justice, as you hold the heavenly scales that weigh our lives on earth, I ask you to intercede for me, that God may forgive me all my sins. Obtain for me the grace of true repentance and conversion of heart that I may be spared the punishment I deserve. Offer my prayers to God in my search for true peace and happiness founded on truth and justice.

I pray for those who are suffering from inhuman treatment, those who are dying as a result of injustice, and those who are oppressed by the manipulation and exploitation of others.

I also pray for my less fortunate brothers and myself for the following intentions, specifically, *(here state your intentions)*.

Present to God the Father all these petitions through Jesus Christ, our Lord, together with the Holy Spirit forever and ever. Amen.

205. Prayer to St. Uriel

O Holy Angel St. Uriel, whose name means "God is my Light," we pray that you will guide our thoughts and actions with the Light of Christ. We ask that you guard and protect us against all the attacks of Satan who has tempted man since the Garden of Eden.

May you and all the choirs of Angels intercede for us before the Most Holy Trinity, that we may receive mercy and eternal life in heaven. We ask this through Christ our Lord. Amen.

206. To St. Uriel for Protection

Saint Uriel "spirit who stood at the gate of the lost Eden with the fiery sword," light up our mind with the sword of truth so that our hearts are filled with the burning desire of love for the Holy Spirit. Protect us with your flaming sword against all evil. Amen.

207. For St. Uriel's Intercession

Oh holy St. Uriel, come to our aid with your legion of angels! Intercede for us that our hearts may burn with the fire of God. Obtain for us the grace to use the sword of truth to fight against all that is not in conformity to the most adorable will of God in our lives. Amen.

F. Saint Raziel, Also Called Ratziel

208. Prayer to St. Raziel for Creativity

Angel of Mysteries, sometimes I spend a lot of time spinning my wheels trying to force myself to think of new creative thoughts so that I can become a better person. When I do this, I find myself procrastinating or avoiding something that needs to be completed. Please inspire me to accept the mystery of Life graciously and recognize those things that happen for my knowledge, experience

and benefit, thereby stimulating my creative output. Through Jesus Christ's precious, pure and holy name I pray. Amen

209. Prayer to St. Raziel for Abundance

Archangel Raziel, you hold the wisdom of the universe, therefore you know exactly how to help me fulfill my wishes for increased abundance and prosperity. Teach me what I need to know about manifesting. Allow me to witness and receive the gifts of your angelic intercession so I may experience miracles in my everyday life. Amen.

210. Prayer to St. Raziel for Understanding

Archangel Raziel, please bless me with your secrets of the universe. Release me from any negative beliefs so I may clearly understand the information I receive. Please open all my channels of communication so I may hear clearly, see clearly, feel clearly, and understand clearly. Thank you, Raziel, for the gifts of wisdom and healing bestowed upon me by your angelic intercession with God Most High. Amen.

211. Prayer to St. Raziel for Understanding the Universe

Adapted from http://angels.about.com/od/Famous-Archangels/a/Prayer-To-Archangel-Raziel.htm

Raziel, angel of mysteries, I thank God for making you a powerful channel through which God reveals holy mysteries at the right times and in the right ways. Whenever something happens in my life that I don't understand, encourage me to trust God in the midst of the mysteriousness of it. Reassure me of God's promises to always do what is best for me according to his good purposes for my life.

Since you have a special love for sacred scriptures, please show me the divine wisdom that my faith's holy texts contain whenever I read them. Help me to hear God's guidance more clearly, especially when I'm facing important decisions. Give me deeper spiritual insights, and urge me to pray about circumstances I don't understand that God has allowed into my life. Remind me that God will always respond to my prayers somehow, according to his purposes. While I'm waiting for answers, and when unexpected answers come, let the mystery I experience motivate me to draw closer to God by seeking a closer relationship with him.

The closer I become to God, the more I'll discover how good he is, and the more I'll be able to trust him even in circumstances that I don't understand.

Help me understand, evaluate, and apply information well in my life. So much information comes at me every day that it's overwhelming. Teach me to think critically about it all from the perspective of eternal values, so I can discern what's truly important and what doesn't really matter. Help me recognize what reflects reality – the true principles that God has designed in the universe – versus what is spiritually false and deceptive. Help me develop and maintain spiritual disciplines (like reading my faith's scriptures, praying, and meditating) that will help me stay spiritually grounded and give me a faithful perspective through which I can carefully consider all the information that I encounter.

Whenever I have to concentrate on learning something new (such as for a project at work or a test at school), help me to stay focused rather than getting distracted. Teach me how to understand the information thoroughly and figure out how to apply it to my life well.

Get my attention with your insightful spiritual messages in whatever ways would work best. I'll be alert to any new insights from God that he may choose to send me through you, including through such means as dream messages and messages through extrasensory perception (visual messages through clairvoyance, auditory messages through clairaudience, scent messages through clairalience, taste messages through clairgustance, and feeling messages through clairsentience).

Show me the spiritual secrets of the universe that God wants me to know, and teach me to apply what I've learned in practical ways so I can live with wisdom. Amen.

G. Saint Cassiel, Also Called Kafziel or Tzaphkiel

212. To St. Cassiel for Temperance

Archangel Cassiel, I find myself in a time that requires more responsibility and temerance than I have needed thus far. Please help me as I move through this moment in my life, and help me hold thngs together when I feel I just can't handle it anymore. Intercede before God to wipe away my tears of stress and replace them with tears of joy, and to learn the lessons of my life to grow in patience and temperance. Through Christ our Lord. Amen.

213. Prayer to St. Cassiel

Written by Elizabeth G. Norton,
https://trenchcoatintrospective.wordpress.com/2012/07/16/cassiel/

Cassiel, servant of the Lord of All who has given you dominion over passing days,

Grant me patience and temperance that I may overcome the obstacles in my path to heaven,

That I may raise no hand against the innocent,

That I may learn to center my life on Heaven's time rather than my own,

And that I may gain the graces our Creator wills for my good and the good of all creation,

Watch over me as I journey through this life,

And guide me that I may not fall from my true path.

Amen.

214. Invocation of St. Cassiel

Holy Cassiel the archangel: angel of time, angel of peace, angel of temperance and moderation. You stand before the throne of God the Father, interceding on behalf of the Church Militant as we build up his Kingdom.

You minster before God the Son, wiping his tears at the Redeeming moment of his crucifixion.

You travel with God the Holy Ghost, administering time and witnessing the grace infused into all creation.

You carry a sword of lightning, defending against all who would encroach into the Highest's realm.

Hear me as I come before you, not as an interloper but as one redeemed in the Son's most precious Blood.

Hear me as I come before you, not as a proud man *(*woman*)* but as one humbled by the responsibilities I bear.

Hear me as I come before you, not as one rich in grace but impoverished and seeking an infusion of Divine Energy.

Raise up your sword against those who would do me harm.

Raise up your tempest to drive away my pride and immoderation.

Raise up your light to fill me with the energy of the Holy Ghost.

And of all these things, raise up your bow and let your arrows fly to the heart of my intention *(here name it)*, that once it is manifest, I will praise your intercession and give glory to God the Father!

I will praise your intercession and give glory to God the Son!

I will praise your intercession and give glory to God the Holy Ghost!

Praise and glory and honor and power unto the ages of ages. Amen!

H. Saint Sachiel, Also Called Tzadkiel

215. Prayer to St. Sachiel

Angel Sachiel, I call to you by the Holy and Unpronounceable Name of your Creator and mine, through the Precious Blood and his Son, Jesus Christ our Lord, that you will look upon me favorably this day, that you will watch over me, and that you will grant me your angelic Virtues. I call upon you for the strength to initiate and continue exploits justice and Goodness, to finish my daily tasks, and drive away failure and attract to myself prosperity. I know my words or my silence will be fruitful, my steps will be true, and that I will obtain the great Benefice of your Virtues. Through Jesus Christ, your Lord and mine, who lives and reigns with the Father in the unity of the Holy Ghost, one God, forever and ever. Amen.

216. Sachiel, the Angel of Prosperity

Holy Sachiel the Archangel, one of the seven standing before the throne of God, I come before you seeking your intercession. From the throne you dispense God's gifts upon those who ask in faith and without fear. Your name means "Righteousness of God," and by the righteousness of God the Son and the Immaculate Conception of his Holy Mother, our Queen, I come before you at this moment in time and this location in space. I come before you that all droughts in my life be ended, all obstacles repulsing Actual Grace be removed, and a steady rain of physical, emotional, mental, and spiritual prosperity come into my life, in the forms I know, recognize, and enjoy.

Help me develop my own righteousness that these obstacles shall be overcome, and help my prosperity be a force for good in the lives of others. For as I prosper, let those around me be moved to their own prosperity by seeing your example. Through the same Christ our Lord. Amen.

I. Saint Camael, Also Called Kamael

217. The Power of Camael

O most illustrious Camael, we understand it is thy nature to protect the weak and the wronged and to slay the dragons of life.
Camael, by the name of the Mighty God and his Christ we seek to know thee better.
Camael, scribe with thy Sword a ring of Sacred Fire around us, to hold back the powers of darkness.
Camael, send forth thy Angelic Host of the Powers to work the virtue of strength within us.
Camael, infuse us with a love of justice and a hatred for injustice. Through us and round about us now and for ever.
Worthy! Worthy! Worthy! In Christ's name! Amen!

218. Prayer to Help Someone Falsely Accused

God of Power and Might, in the Name of Jesus Christ the Savior I ask you to send your Archangel Camaël, to intercede and show that *(name)* is innoccent of the charge of *(accusation)*. Through the same Christ our Lord. Amen.
Archangel Camaël, in the name of God the Mighty One I send you, to go forth and prove that *(name)* is innocent of *(accusation)*. In Jesus' Name. Amen.

219. Prayer for Strength and Courage

Archangel Camael, angel of the Mighty God and intercessor for the Church Militant here on earth: give me the strength to overcome my current weakness, give me the courage to overcome my fear, and give me the discipline to overcome my laxity.

I seek to be strong as I fight the good fight in Christ. I seek to be brave as I face the world with its obstacles and hurdles. I seek to be disciplined as I battle my enemies personal and spiritual.

Your name means "Wrath of God," and I ask that you direct that wrath at those aspects of me needing purification, purging me from within and strengthening those qualities with which our Mighty God finds favor. I ask this that I may grow in power and holiness, that I may overcome all who stand in my path between now and the Last Day. In Jesus' name I pray. Amen.

J. Saint Anael, Also Called Haniel

220. To St. Anael, to Find Your True Love

Angel of Romantic love, Anael, I pray for your angelic assistance to help me bring my true love into my life. Thank you for your immediate attention to my prayer through Jesus Christ's precious, pure, and holy name. Amen.

221. To St. Anael for a New Love

Dear Archangel Anael, thank you for helping me heal my heart and keep it open to an even flow of give and take in love. I ask that you send me the best possible partner – someone who is loving, kind and willing to commit. Help us both recognise each other and treat each other with respect. In Jesus' Name. Amen!

222. To St. Anael to Remove Bad Influences from a Relationsip

Oh Angel Anael, please remove all bad influences and negative feelings that cause my *(*loved one *or* family member*, or* Name*)*, to hate me and overfill him/her with love and faithfulness towards me. Through Christ our Lord. Amen.

223. To St. Anael, the Angel of Joy

Taken from http://angels.about.com/od/Famous-Archangels/a/Prayer-To-Archangel-Haniel.htm

Haniel, angel of joy, I thank God for making you such a powerful channel for joy to flow from God into people's lives. Please help me find fulfillment in God – the source of all joy – rather than looking for it elsewhere and becoming frustrated and disappointed when I don't find it. Inspire me to pursue a closer relationship with God so I can truly find lasting joy.

Show me how to return to the sense of wonder I had as a child, when I enjoyed life without feeling guilty for taking the time to play and explore the wonderful world that God has made. Remind me often to include free time in my schedule so I can fully notice, experience, and appreciate the many small yet delightful blessings all around me in creation – from the fresh scent of the air when I walk outside after it rains to the delicious taste of an apple when I eat a snack. Encourage me to spend relaxing time with my family and friends, as well, so I can enjoy the simple blessings of being together – from hugging my spouse to talking with a friend over coffee.

Just like a child, help me to always be learning something new and growing in wisdom as a result. Help me have the deep faith and trust in God that children have and that God wants people to continue to have, no matter how old we become.

Whenever you see that I'm being too hard on myself, or on other people, empower me to be more graceful. Remind me of God's grace that is always available to me. Help me tap into that grace so I'll be free to be myself (instead of striving to present a certain image to others) with the confidence that I am loved completely and unconditionally by God and his angels, like you. Heal any shame in my soul that is interfering with me embracing grace. Show me how to give grace to other people so they feel truly loved and respected with me. Guide me to navigate my relationships with difficult people gracefully so even when others aren't graceful to me I can set an example of grace. Help me develop and maintain harmonious relationships with God and other people. Send me healing from the wounds that stress and sorrow have given me.

Teach me how to laugh whenever I encounter something humorous in life. Point out funny situations I can enjoy. Encourage me to learn from them, as well, so I can better understand and appreciate the unique, quirky characteristics of the people I know and the fascinating aspects of human nature. Urge me to make time to celebrate and have fun regularly.

Inspire me to work with excellence on creative projects. Send me the ideas I need, sending me messages in a variety of ways – from extrasensory perception to dreams – so I can express my thoughts and feelings in creative ways that help make the world a better place.

Help me live joyfully and gracefully so I can be in harmony with God and other people every day. Amen.

224. To St. Anael for Overcoming Depression

Archangel Anael, your name means "Joy of God." By this I come and I ask you to help me out of the darkness and into the light.
Help me feel joyful, as my joy is nowhere to be found.
Help me heal my heart, as my heart is broken and bleeding.
Replace my feelings of sadness with feelings of excitement.
Help me return to happiness with the playful heart of a child.
Thank you great Archangel Haniel, your grace is pure. Thank you for listening to me and helping me out of this difficult situation. Through Jesus Christ, your Lord and mine. Amen.

225. To St. Anael, for Wisdom and Joy

Archangel Anael, I call upon you now. I ask for wisdom, during times of despair. Give me strength to drive through the storm. Guide me to find tomorrow's rainbow. Show me that the soul's joy is the pot of gold. Through Jesus' name. Amen.

226. To St. Anael for Creativity

Holy Anael the Archangel, angelic prince serving the Lord of Hosts, I find creativity to be like a valley of dry bones. Send the Joy of God into my heart that I may grasp new ideas with my emotions. Pour forth the Grace of God into my mind that I may perceive new ideas clearly and commit them to (writing / painting / other type of craft). Through Jesus Christ, your Lord and mine, who lives and reigns with the Father in the unity of the Holy Ghost, one God, forever and ever. Amen.

K. To Saint Metatron

227. To St. Metatron for Opening the Understanding

Archangel Metatron, through our mutual Lord Jesus Christ I ask that you assist me with your vast knowledge and understanding of earthly life. Teach me to be more open to my higher self, my higher consciousness and to be accepting of things I may normally ignore as coincidence. I ask you, because I am ready to be open, and help me to be ready to accept this change. Amen.

228. To St. Metatron for Becoming a Channel of God's Love

I call upon Archangel Metatron to purify our spiritual life and help us become a purer channel of God's love and service to others. Bless our life in the highest and most appropriate ways. Amen.

229. To St. Metatron for Inspiration

Archangel Metatron, surround me with your rainbow of inspiration. Let me see the colors of life and all the beauty that is everywhere. Open my mind and my heart to inspiration, so that I can find the best path and take the best journey possible. Help me see life clearly, in all its details, and help me know how to handle wisely everything I see. Through Christ our Lord. Amen.

L. To Saint Sandalphon

230. To St. Sandalphon, for Answered Prayer

Beloved Archangel Sandalphon, deliverer of all prayers, I ask for your assistance now. Please deliver my prayer *(here name your intention)* to God as soon as possible. I ask that you relay a clear message to me that I'll easily understand. Please update me as to the progress of my request, and let me know if I need to do anything. Through Christ our Lord. Amen.

231. A Worship Leader's Prayer to St. Sandalphon

Archangel Sandalphon, whose name means "fellow brother;" you are the angel of private prayer and corporate worship, the angel of Sacred Song. Hearken now as we gather for prayer and praise offered to God our mutual Creator. Lift up our prayer as we worship Jesus Christ our God and Redeemer. Relay forth any messages from God the Holy Ghost who processes through creation and makes all things holy. Our faith teaches us that the action of one person of the Holy Trinity is the action of all three Persons, and as we undertake to participate in the exchange of God's energies in the mysteries of Holy Perichoresis, so mayest thou incline to intercede for our petitions, and manifest them here on earth more speedily.

Through the same Jesus Christ, our mutual Lord, who lives and reigns with the same Father in the unity of the same Holy Ghost, one God, world without end. Amen.

232. General Prayer to St. Sandalphon

Taken from http://angels.about.com/od/Famous-Archangels/a/Prayer-To-Archangel-Sandalphon.htm

Sandalphon, angel of music, I thank God for making you such a blessing to people who want to praise God through music and prayer. Please inspire and empower me to use the primal creative force of music to express myself in prayer with God and when communicating with other people. Let me experience the pure joy that can come from listening to great music. Teach me how to use my God-given talents to make music in any of its forms, from singing to playing musical instruments.

Show me how to present my prayers to God in creative ways through music. Music resonates so deeply in my soul that it helps me access and express my deepest thoughts and feelings. It's a universal

language that transcends words, making it possible for me to say anything – even something I can't find the right words to say – when I pray. Sometimes I'm going through stress that's so overwhelming or worries that are so challenging that I can't articulate my prayers in verbal form well.

But through music, I can express myself, and God will hear and respond to my musical prayers.

Since you help lead the other angels to use music well when praising and worshiping God in heaven, teach me how to worship God well through music. Encourage me to praise God in any kind of circumstances – during both good times and bad times – because God is worthy of praise not just for what he does for me (when he sends me blessings) but also for who he is (a heavenly father whose love for me is constant and unconditional). As I faithfully praise God no matter what, use the experience to help me grow spiritually, trusting that God will always do what's best for me when I connect to him musically in prayer.

As I feel changing emotions throughout teach day – from peace and joy to anger and sorrow – urge me to use music as a tool to express those emotions to God, so my perspective will change and I can see my life from the viewpoint of God's unchanging truth, which is more reliable than my temporary feelings. Harmony is an essential part of music. Help me balance every part of my life in a harmonious way that promotes my well-being and elevates the vibrational frequency of my energy so I can grow closer to God.

Motivate me to give various different kinds of music a try, to enrich my life to the fullest. Encourage me to enjoy listening to such musical genres as pop, rock, classical, country, jazz, hip hop, reggae, electronic, folk, soul, trance, show tunes, and progressive styles. As I listen, use the experiences to expand my mind, realizing that each style reflects a part of God's creative energy that you help manifest in physical form on Earth.

Guide me to figure out the best ways to incorporate music into my busy schedule. Perhaps I could listen to music while I'm driving, sing in the shower, or stream music online while I'm doing household chores. Show me creative ways to make music a regular part of every day.

Help me use the musical talents that God has given me to make music that can bless other people. Show me how I might sing in a choir, for instance, or play a musical instrument (piano, guitar, cello,

trumpet, or drums, or any other instrument of my choice) for other people's enjoyment and edification.

No matter how I express myself the best musically, encourage me to enjoy music and use it to grow closer to God every day. Amen.

233. To St. Sandalphon for Speedy Manifestation

Sandalphon, Angel of God who carries prayer to the highest heaven; it is said you carry prayers to the heights and oversee their manifestation here on earth.

Thus by the name of the Lord-of-the-Earth-Who-Is-King-Forever do I approach you.

Thus by the name of Jesus Christ, the Son of the Living God do I call upon you.

Thus by the name of the Holy Spirit proceeding from the Father and the Son and encircling all creation do I evoke you.

Look upon my intention. Look upon my prayer. Look upon that which I seek to materialize here on the physical plane.

Sandalphon, incline unto my assistance! Sandalphon, hasten to help me! Sandalphon, intercede on behalf of my prayer alongside the entire Church Triumphant! Sandalphon, bring forth my intentions on the physical plane speedily and with great precision!

Let there be no side effects. Let there be no unintended consequences. Let there be no symptoms of the monkey's paw.

Let there be only that which I seek to manifest. Let there be exactly that which I seek to manifest. Let there be nothing but what I seek to manifest.

For this I give you thanks and praise, mighty Archangel Sandalphon!

In the Name of the Lord-of-the-Earth-Who-Is-King-Forever I thank you and praise you!

In the Name of Jesus Christ, the Son of the Living God I thank you and praise you!

In the name of the Holy Spirit proceeding from the Father and the Son and encircling all creation I thank you and praise you!

Be there peace and friendship between us at all times and in all places, may your name be made better known by the results you manifest upon this physical plane, and in gladness shall we meet again whether by serendipity or when called.

Through the same Jesus Christ our Lord. Amen.

IV. To the Saints

234. The Litany of the Saints – First Part

Lord, have mercy.
Christ, have mercy.
Lord, have mercy.
Christ, hear us.
Christ, graciously hear us.

God, the Father of Heaven, have mercy on us.
God, the Redeemer of the world, have mercy on us.
God, the Holy Spirit, have mercy on us.
Holy Trinity, one God, have mercy on us.

Holy Mary, pray for us.
Holy Mother of God, pray for us.
Holy Virgin of Virgins, pray for us.

St. Michael, pray for us.
St. Gabriel, pray for us.
St. Raphael, pray for us.
All ye holy Angels and Archangels, pray for us.
All ye holy orders of blessed spirits, pray for us.

St. John the Baptist, pray for us.
St. Joseph, pray for us.
All ye holy Patriarchs and Prophets, pray for us.
St. Peter, pray for us.
St. Paul, pray for us.
St. Andrew, pray for us.
St. James, pray for us.
St. John, pray for us.
St. Thomas, pray for us.
St. Philip, pray for us.
St. Bartholomew, pray for us.
St. Matthew, pray for us.
St. Simon, pray for us.
St. Thaddeus, pray for us.
St. Matthias, pray for us.
St. Barnabas, pray for us.
St. Luke, pray for us.
St. Mark, pray for us.
All ye holy Apostles and evangelists, pray for us.
All ye holy disciples of the Lord, pray for us.

All ye holy innocents, pray for us.
St. Stephen, pray for us.
St. Lawrence, pray for us.
St. Vincent, pray for us.
SS. Fabian and Sebastian, pray for us.
SS. John and Paul, pray for us.
SS. Cosmos and Damian, pray for us.
SS. Gervase and Protase, pray for us.
All Holy Martyrs, pray for us.

St. Sylvester, pray for us.
St. Gregory, pray for us.
St. Ambrose, pray for us.
St. Augustine, pray for us.
St. Jerome, pray for us.
St. Martin, pray for us.
St. Nicholas, pray for us.
All ye holy bishops and confessors, pray for us.
All ye holy Doctors, pray for us.

St. Anthony, pray for us.
St. Benedict, pray for us.
St. Bernard, pray for us.
St. Francis, pray for us.
All ye holy priests and Levites, pray for us.
All ye holy monks and hermits, pray for us.

St. Mary Magdalen, pray for us.
St. Agatha, pray for us.
St. Lucy, pray for us.
St. Agnes, pray for us.
St. Cecelia, pray for us.
St. Catherine, pray for us.
St. Anastasia, pray for us.
All ye holy virgins and widows, pray for us.

All ye holy men and women, Saints of God, make intercession for us.

Be merciful, spare us, O Lord.
Be merciful, graciously hear us, O Lord.

From all evil, deliver us, O Lord.
From all sin, deliver us, O Lord.
From Thy wrath, deliver us, O Lord.
From sudden and provided death, deliver us, O Lord.
From the snares of the devil, deliver us, O Lord.
From anger, hatred, and all ill will, deliver us, O Lord.
From the spirit of fornication, deliver us, O Lord.
From the scourge of earthquakes, deliver us, O Lord.
From the plague, famine, and war, deliver us, O Lord.
From lightning and tempest, deliver us, O Lord.
From everlasting death, deliver us, O Lord.
Through the mystery of Thy holy Incarnation, deliver us, O Lord.
Through Thy coming, deliver us, O Lord.
Through Thy birth, deliver us, O Lord.
Through Thy Baptism and holy fasting, deliver us, O Lord.
Through Thy Cross and Passion, deliver us, O Lord.
Through thy Death and Burial, deliver us, O Lord.
Through Thy holy Resurrection, deliver us, O Lord.
Through Thin admirable Ascension, deliver us, O Lord.

Through the coming of the Holy Ghost, the Paraclete,
deliver us, O Lord.
In the Day of Judgment, deliver us, O Lord.

We sinners, We beseech Thee to hear us.
That Thou wouldst spare us, We beseech Thee to hear us.
That Thou wouldst pardon us, We beseech Thee to hear us.
That Thou wouldst bring us to true penance,
We beseech Thee to hear us.
That Thou wouldst govern and preserve Thy holy Church,
We beseech Thee to hear us.
That Thou wouldst preserve our Holy Father and all ecclesiastical
Orders in holy religion, We beseech Thee to hear us.
That Thou wouldst humble the enemies of Thy holy Church,
We beseech Thee to hear us.
That Thou wouldst give peace and true concord to all Christian
rulers, We beseech Thee to hear us.
That Thou wouldst give peace and unity to the whole Christian
world, We beseech Thee to hear us.
That Thou wouldst restore to the unity of the Church all who have
strayed from the truth, and lead all unbelievers to the light of the
Gospel, We beseech Thee to hear us.
That Thou wouldst confirm and preserve us in Thy holy service,
We beseech Thee to hear us.
That Thou wouldst lift up our minds to Heavenly desires,
We beseech Thee to hear us.
That Thou wouldst grant everlasting blessings to all our benefactors,
We beseech Thee to hear us.
That Thou wouldst deliver our souls and the souls of our brethren,
relatives, and benefactors from everlasting damnation,
We beseech Thee to hear us.
That Thou wouldst give and preserve the fruits of the earth,
We beseech Thee to hear us.
That Thou wouldst grant eternal rest to all the faithful departed,
We beseech Thee to hear us.
That Thou wouldst graciously hear us, Son of God,
We beseech Thee to hear us.

Lamb of God, Who takest away the sins of the world,
Spare us, O Lord.

Lamb of God, Who takes taway the sins of the world,
Spare us, O Lord.
Lamb of God, Who takest away the sins of the world,
Have mercy on us.

Christ, hear us.
Christ, graciously hear us.
Lord, have mercy.
Christ have mercy.
Lord have mercy .

Our Father *(Prayed silently, until:)*
V. And lead us not into temptation,
R. But deliver us from evil.

235. Litany of the Saints – Second Part

Psalm 70

1. Be pleased, O God, to deliver me; * O LORD, make haste to help me.
2. Let those who seek my life be ashamed and altogether dismayed; * let those who take pleasure in my misfortune draw back and be disgraced.
3. Let those who say to me "Aha!" and gloat over me turn back, * because they are ashamed.
4. Let all who seek you rejoice and be glad in you; * let those who love your salvation say for ever, "Great is the LORD!"
5. But as for me, I am poor and needy; * come to me speedily, O God.
6. You are my helper and my deliverer; * O LORD, do not tarry.

Glory be to the Father, *etc.*

V. O God, save thy servants.
R. That put their trust in Thee.
V. Be unto us, O Lord, a tower of strength.
R. From the face of the enemy.
V. Let the enemy prevail nothing against us.
R. Nor the children of inequity so as to afflict us.
V. O Lord, deal not with us after our sins.
R. Neither reward us according to our iniquities.

Omit the following Versicle if the See of Peter is vacant, like during a Conclave.
V. Let us pray for our Pope *(Name)*.
R. The Lord preserve him and keep him alive, that he may be blessed upon earth; and deliver not thou him into the will of his enemies.

V. Let us pray for our benefactors.
R. Vouchsafe, O Lord, for thy Name's sake, to reward with eternal life all them that do us good. Amen.
V. Let us pray for the faithful departed.
R. Eternal rest grant unto them, O Lord; and let perpetual light shine upon them.
V. May they rest in peace.
R. Amen.

V. Let us pray for our absent brethren.
R. Save thy servants, O my God, that put their trust in Thee.
V. Send them help, O Lord, from thy holy place.
R. And from Zion deliver them.

V. O Lord, hear my prayer.
R. And let my cry come unto thee.
V. The Lord be with you.
R. And with thy spirit.

Let us pray. O God, Whose nature and property is ever to have mercy and to forgive: receive our humble petitions; and though we be tied and bound by the chain of our sins, yet let the pitifulness of Thy great mercy loose us.

We implore thee, O Lord, mercifully to hear the prayers of Thy humble servants, and to forgive the sins of those that confess the same unto Thee: that they may obtain of thy loving-kindness pardon and peace.

O Lord, we pray Thee, show forth upon us thy servants the abundance of Thy unspeakable mercy: that we may be delivered from the chain of our sins, and from the punishment which for the same we have most righteously deserved.

O God, who art offended with them that sin against Thee, and sparest them that are penitent: we implore Thee to hear the prayers of Thy people that call upon Thee; that we, which have most justly deserved the scourges of Thine anger, may by Thy great mercy be delivered from the same.

Omit the following paragraph if the See of Peter is Vacant.
Almighty and everlasting God, we implore Thee to have compassion upon *(Name)*, our Pope, and by thy mercy govern him in the way of everlasting life: that, being endued with Thy grace, he may ever seek those things that are pleasing unto Thee, and with his whole strength perform the same.

O God, from Whom all holy desires, all good counsels, and all just works do proceed: give unto Thy servants that peace which the world cannot give; that our hearts may be set to obey Thy commandments, and also that by Thee we being defended from the fear of our enemies and may pass our time in rest and quietness.

Grant, O Lord, we pray thee, that the fire of Thy Holy Ghost may in such wise cleanse our reins and our hearts: that we serving Thee in pureness both of body and soul may be found an acceptable people in Thy sight.

O God, the Creator and Redeemer of all those that believe: grant unto the souls of Thy servants and handmaidens the remission of all their sins; that, as they have ever desired Thy merciful pardon, so by the supplications of their brethren they may receive the same.

Come before us, O Lord, in all our doings with Thy most gracious favor, and further us with Thy continual help: that in all our works begun, continued, and ended in Thee, we may glorify Thy Holy Name, and finally by Thy mercy obtain everlasting life.

Almighty and everlasting God, Who has dominion both of the quick and the dead, who likewise hast mercy upon all men, whom by reason of their faith and works thou hast foreknown: we commend unto Thee all those for whom we now do offer our prayers, whether in this world they still be held in the bonds of the flesh, or being delivered therefrom have passed into that which is to come imploring Thee that at the intercession of all Thy Saints they may of Thy bountiful goodness obtain the remission of all their sins. Through our Lord, Jesus Christ Thy Son, Who lives and reigns with Thee in the unity of the Holy Ghost, God, world without end. R. Amen.

V. The Lord be with you.
R. And with thy spirit.
V. May the Almighty and Merciful Lord graciously hear us.
R. Amen.

V. And may the souls of the faithful departed, through the mercy of God, rest in peace.
R. Amen.

236. Prayer in Honor of One's Patron Saint

O heavenly Patron, *(Name)*, whose name I have the honor to bear, pray earnestly at all times to God for me; confirm me in the faith; strengthen me in virtue, defend me in the battle of life; so that, conquering the enemy of my soul, I may deserve to be rewarded with everlasting glory. Amen.

Patron, whose name I bear, be mindful of me before God. Pray for me that I may always live as I ought, that I may keep the faith and be victorious in the battle of life. Amen.

237. Prayers on a Saint's Day

Grant, we beseech Thee, almighty God, that the examples of Saint *(Name)* may effectually move us to reform our lives; that while we celebrate his festival, we may also imitate his actions. Through our Lord Jesus Christ. Amen.

Look upon our weakness, almighty God, and since the burden of our own deeds weighs heavily upon us, may the glorious intercession of Saint *(Name)* protect us. Through Christ our Lord. Amen.

238. Novena To St. Alphonsus Liguori, Patron of Moral Theologians and Arthritis Sufferers

GLORIOUS Saint Alphonsus, Bishop and Doctor of the Church, devoted servant of our Lord and loving child of Mary, I invoke you as a Saint in heaven. I give myself to your protection that you may always be my father, my protector, and my guide in the way of holiness and salvation. Aid me in observing the duties of my state of life. Obtain for me great purity of heart and a fervent love of the interior life after your own example.

Great lover of the Blessed Sacrament and the Passion of Jesus Christ, teach me to love Holy Mass and Holy Communion as the source of grace and holiness. Give me a tender devotion to the Passion of my Redeemer.

Promoter of the truth of Christ in your preaching and writing, give me a greater knowledge and appreciation of the Divine truths.

Gentle father of the poor and sinners, help me to imitate your charity toward others in word and deed.

Consoler of the suffering, help me to bear my daily cross patiently in imitation of your own patience in your long and painful illness and to resign myself to the Will of God.

Good Shepherd of the flock of Christ, obtain for me the grace of being a true child of Holy Mother Church.

Saint Alphonsus, I humbly implore your powerful intercession for obtaining from the Heart of Jesus all the graces necessary for my spiritual and temporal welfare. I recommend to you in particular this favor: *(Mention your request)*.

I have great confidence in your prayers. I earnestly trust that if it is God's holy Will, my petition will be granted through your intercession for me at the throne of God.

Saint Alphonsus, pray for me and for those I love. I beg of you, by your love for Jesus and Mary, do not abandon us in our needs. May we experience the peace and joy of your holy death. Amen.

Prayer

Heavenly Father, You continually build up Your Church by the lives of Your Saints. Give us grace to follow Saint Alphonsus in his loving concern for the salvation of people and so come to share his reward in heaven. Walking in the footsteps of this devoted servant of Yours, may we be consumed with zeal for souls and attain the reward he enjoys in Your Kingdom. We ask this through Christ our Lord. Amen.

239. To St. Alphonsus Liguori for Arthritis

St. Alphonsus, preacher, confessor, founder, bishop, doctor of prayer and friend of the poor, you are also the special patron of all who suffer from arthritis and the pains of many years.

When our fingers twist with pain, keep us focused on the hands of Christ pierced with ugly nails.

When our knees knob with endless aches, allow us to see the knees of Jesus smashing to the street under the heavy cross.

When our backs stiffen with soreness, let us remember the back of Christ thrown across the cold, rough wood of the cross.

When our joints, hips, arms, legs and knuckles hurt so much that tears well up in our eyes, help us to recall the tears, the sweat and the blood that flowed from our crucified Jesus Who suffered so much more for each of us.

St. Alphonsus, afflicted with curvature of the spine and nailed to a wheelchair cross in your final years, teach us to unite all our pains with the dreadful sufferings of Jesus on the cross.

We ask you to ease our pains but more so to enable us to be one with Jesus in his great act of dying and rising. Amen.

240. St. Alphonsus Liguori's Method of Mental Prayer

a. The Time and Place

It can be done almost anywhere – at home, at work, walking, when traveling, etc. Solitude of heart is the essential condition, not necessarily solitude of place. As he himself said: "Deserts and caves are not absolutely necessary." The most suitable time seems to be early morning before one gets wrapped up in the day's affairs or evening time, when the daily chores are over.

b. The Actual Process

1. *Preparation*: Kneeling is the traditional posture but, he says, any position, sitting, lying down, etc., is acceptable as long as it does not lead to distraction.

Next comes a brief spiritual recollection of oneself best done by the three acts of faith, hope, love, humility, contrition, and a petition for light. The practice of the fixed gaze on the Divine Within comes in here.

2. *Meditation*: If done privately, this begins with a brief reading. Scripture should be the primary reading or some spiritual book. Alphonsus points out that St. Teresa of Avila used a book for seventeen years. When a group meets for prayer, this reading is done in common.

3. *Praying*: For Alphonsus, the affections are the heart of prayer. In The Great Means he writes:

It should be remembered that the advantage of mental prayer consists not so much in the meditations as in making of affections, petition, and resolutions. These are the three fruits of meditations. As St. Teresa of Avila notes: "The progress of a soul does not consist in thinking much about God, but in loving him ardently, and this love is acquired by resolving to do a great deal for him." The act of love is the great chain, the golden chain that binds us to God.

Petitions: With Alphonsus, petitionary prayer is primary; we ask for God's graces but most of all we ask continually for an increase of love. Petitioning for material blessings are not excluded, of course, but they must remain secondary and must be made with perfect conformity to God's will.

Resolutions: These begin at the wind-down point of prayer. They should be concrete and particular; e.g., to avoid one's predominant fault this day, to accept contradictions from another, to renew one's vows, to curb a specific appetite, etc.

4. *Conclusion*: The conclusion, for Liguori, consists of three acts; namely, thanksgiving for the lights received, a solid proposal to carry out the resolutions just made, and thirdly, a petition for the grace necessary to be faithful today. Liguori had the habit of adding three brief prayer acts at this final point: a brief prayer for the conversion of sinners, one for the souls in purgatory, and a quick reminder to Mary to intercede for us, for sinners, and for the souls in purgatory.

241. To St. Anne, Mother of the Blessed Virgin Mary

Good St. Anne, you were especially favored by God to be the mother of the most holy Virgin Mary, the Mother of our Savior. By your power with your most pure daughter and with her divine Son, kindly obtain for us the grace and the favor we now seek *(here name it)*. Please secure for us also forgiveness of our past sins, the strength to perform faithfully our daily duties and the help we need to persevere in the love of Jesus and Mary. Amen.

242. Prayer before a Picture or Statue of Saint Anne

Dearest St. Anne, it is you I wish to honor in your statues and images.

They are the tangible representations of the mysteries of divine love that were accomplished in you.

The sight of your holding the infant Virgin Mary brings to my mind a clearer understanding of your role in Christ's Redemption of mankind.

You are the woman whom God the Father called to prepare a Mother for His Only Begotten Son. This little Virgin in your arm will soon grow to be the mother of the Son of God.

Because you are her Mother, you share in her privileges.

The amazing mystery of the Immaculate Conception was accomplished within your body.

When time came, you gave birth to Mary. Then, you prepared her for the dazzling role of Mother of God which was to be hers.

Saint Anne, the reason for your holiness is your closeness to God.

You are the privileged one who has been chosen to be the mother of the Mother of God.

Dearest Saint Anne, pray for me and for all my fellowmen.
Have special prayers and blessings for the sick and affliced, for the hungry and needy. Obtain for all men the priceless gift of mutual love in God and for peace. Amen.

243. Memorare to Saint Anne

Remember, O Good Saint Anne, whose name means grace and mercy, that never was it know that anyone who fled to your protection, implored your help, and sought your intercession, was left unaided. Inspired with this confidence, I come before you, sinful and sorrowful. Holy mother of the Immaculate Virgin Mary, and loving grandmother of the Savior, do not reject my appeal, but hear my prayer and answer me. Amen.

244. Request to St. Anthony the Wonderworker

Said while making an offering at the votive rack or to charity.

O wonderful St. Anthony, glorious on account of the fame of Thy miracles, and through The Condescension of Jesus in coming in the Form of a Little Child to repose in Thine arms; obtain for me of His Bounty the grace, which I ardently desire, from the depths of my heart. Thou, who wert so compassionate towards miserable sinners, regardest not the unworthiness of those, who pray to thee. But, instead, Thou regardest the Glory of God, that it may once again be magnified by Thee, to the salvation of my soul, in connection with the particular request, for which I now ask, with persevering earnestness *(here name your request)*. May this small offering of pence, which I make to Thee in aid of the Poor, be a pledge of my gratitude, and, with them may it one day be granted to me, through The Grace of Jesus Christ and Thine intercession, to possess The Kingdom of Heaven. Amen.

245. St Anthony's Bread Prayer.
To Thee we have recourse, most powerful Worker of miracles, in whose breast burned a sublime fire of charity towards God and the poor. To Thee, who wast deemed worthy to hold in Thine arms The Infant Jesus, who chose to be born poor, to Thee, full of confidence, we betake ourselves, that Thou mayest pray The Good Jesus to have compassion on us in our great tribulations. Oh! obtain for us the favor, which we humbly implore *(here state the favor needed)*. If Thou dost obtain it for us, O Glorious St. Anthony, we will offer Thee bread for the poor, whom Thou didst love so greatly on earth.
Pray one "Our Father," *one* "Hail Mary," *and one* "Glory Be."

246. St Anthony's Bread, in Thanksgiving.
O glorious Worker of miracles, Father of the Poor, who, wondrously gifted with a heart full of compassion for the miseries of the unfortunate, didst by a miracle lay open the heart of a miser steeped in avarice; Thou, who dost offer our prayers to our Lord and obtain a hearing, accept as a proof of our gratitude the pence we lay at Thy feet for the relief of misfortune. May it turn to the benefit of ourselves and of the suffering; hasten with Thy usual kindness to help us in our temporal necessities, and still more to provide for our spiritual needs, now, and at the hour of our death. Amen.

247. The Litany of St. Benedict
Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.

God the Father of Heaven, Have mercy on us.
God the Son, Redeemer of the world, Have mercy on us.
God, the Holy Spirit, Have mercy on us.
Holy Trinity, One God, Have mercy on us.

Holy Mary, Pray for us.
Holy Mary, Mother of God, Pray for us.
Holy Virgin of virgins, Pray for us.

Holy Father, Saint Benedict, Pray for us.
Father most reverend, Pray for us.
Father most renowned, Pray for us.

Father most compassionate, Pray for us.
Man of great fortitude, Pray for us.
Man of venerable life, Pray for us.
Man of the most holy conversation, Pray for us.
True servant of God, Pray for us.
Light of devotion, Pray for us.
Light of prayer, Pray for us.
Light of contemplation, Pray for us.
Star of the world, Pray for us.
Best master of an austere life, Pray for us.
Leader of the holy warfare, Pray for us.
Leader and chief of monks, Pray for us.
Master of those who die to the world, Pray for us.
Protector of those who cry to thee, Pray for us.
Wonderful worker of miracles, Pray for us.
Revealer of the secrets of the human heart, Pray for us.
Master of spiritual discipline, Pray for us.
Companion of the patriarchs, Pray for us.
Equal of the prophets, Pray for us.
Follower of the Apostles, Pray for us.
Teacher of Martyrs, Pray for us.
Father of many pontiffs, Pray for us.
Gem of abbots, Pray for us.
Glory of Confessors, Pray for us.
Imitator of anchorites, Pray for us.
Associate of virgins, Pray for us.
Colleague of all the Saints, Pray for us.

Lamb of God, Who takest away the sins of the world, Spare us, O Lord.
Lamb of God, Who takest away the sins of the world, Graciously hear us, O Lord.
Lamb of God, Who takes away the sins of the world, Have mercy on us.

V. Intercede for us, O holy father Saint Benedict,
R. That we may be made worthy of the promises of Christ.

Let Us Pray: O God, Who hast called us from the vanity of the world, and Who dost incite us to the reward of a heavenly vocation

under the guidance of our holy patriarch and founder, Saint Benedict, inspire and purify our hearts and pour forth on us Thy grace, whereby we may persevere in Thee. Through Jesus Christ, Our Lord. Amen.

248. A Prayer to Saint Benedict for Protection

Dear Saint Benedict, I thank God for showering you with His grace to love Him above all else and to establish a monastic rule that has helped so many of His children live full and holy lives.

Through the cross of Jesus Christ, I ask you to please intercede that God might protect me, my loved ones, my home, property, possessions, and workplace today and always by your holy blessing, that we may never be separated from Jesus, Mary, and the company of all the blessed. Through your intercession may we be delivered from temptation, spiritual oppression, physical ills, and disease. Protect us from drug and alcohol abuse, impurity and immorality, objectionable companions, and negative attitudes. In Jesus' Name. Amen.

249. To St. Benedict against Poisoning

Admirable Saint and Doctor of Humility, you practiced what you taught, assiduously praying for God's glory and lovingly fulfilling all work for God and the benefit of all human beings. You know the many physical dangers that surround us today often caused or occasioned by human inventions. Guard us against poisoning of the body as well as of mind and soul, and thus be truly a "Blessed" one for us. Amen.

250. To St. Benedict for Religious

Dear St. Benedict, you are a "blessing" indeed, as your name indicates. Practicing what you preached, you founded the monastic tradition of the West by joining prayer to labor for God – both liturgical and private prayer. Help all religious to follow their Rule and be true to their vocation. May they labor and pray for the world to the greater glory of God. Amen.

251. Novena to St. Benedict

Glorious St. Benedict, sublime model of virtue, pure vessel of God's grace! Behold me humbly kneeling at your feet. I implore you in your loving kindness to pray for me before the throne of God. To you I

have recourse in the dangers that daily surround me. Shield me against my selfishness and my indifference to God and to my neighbor. Inspire me to imitate you in all things. May your blessing be with me always, so that I may see and serve Christ in others and work for His kingdom.

Graciously obtain for me from God those favors and graces which I need so much in the trials, miseries, and afflictions of life. Your heart was always full of love, compassion, and mercy toward those who were afflicted or troubled in any way. You never dismissed without consolation and assistance anyone who had recourse to you. I therefore invoke your powerful intercession, confident in the hope that you will hear my prayers and obtain for me the special grace and favor I earnestly implore *(mention your favor)*.

Help me, great St. Benedict, to live and die as a faithful child of God, to run in the sweetness of His loving will, and to attain the eternal happiness of heaven. Amen.

252. Prayer to St. Benedict for a Happy Death

O holy Father, St. Benedict, blessed by God both in grace and in name, who, while standing in prayer, with hands raised to heaven, didst most happily yield thy angelic spirit into the hands of thy Creator, and hast promised zealously to defend against all the snares of the enemy in the last struggle of death, those who shall daily remind thee of thy glorious departure and heavenly joys; protect me, I beseech thee, O glorious Father, this day and every day, by thy holy blessings, that I may never be separated from our dear Lord, from the society of thyself, and of all the blessed. Through the same Christ our Lord. Amen.

253. Prayer to St. Bernadette of Lourdes

O Saint Bernadette, who, as a meek and pure child, did eighteen times at Lourdes contemplate the beauty of the Immaculate Mother of God and received her messages, and who afterwards wished to hide yourself from the world in the convent of Nevers, and to offer thyself there as a victim for the conversion of sinners, obtain for us the grace of purity, simplicity and mortification that we also may attain to the vision of God and of Mary in Heaven. Amen.

254. Saint Bernadette, Teach Us to Serve and Pray

In Lourdes you experienced the joys and trials of family life
You saw Mary eighteen times at the rock
You called the sinners to penance
The priests to edify the Church of God
The pilgrims to come in procession

You reported the name of Mary, the Immaculate Conception
You desired ardently to receive the Body of the Lord, and to live of it
You knew shame and suspicion, mockery and humiliation
You bore witness to what you saw and believed with such Determination you answered the call of the Lord.

With you, Bernadette, we go to the Grotto, to contemplate Mary, full of grace, to hear her say "Do whatever he tells you."
With you, Bernadette, we reply I promise, I will. Saint Bernadette teach us to receive the good news.
With you, Bernadette, we wish to hear the call of penance, to walk in the path of conversion, to live in humility.
With you, Bernadette, we take up our Cross, we say "Holy Mary, Mother of God, pray for us sinners."
With you, Bernadette, we go and wash at the springs of mercy.
With you, Bernadette, we say "Yes" to the will of God, by becoming servants of the little ones, the poor and the sick.
With you, Bernadette, we look on the other as a person, Saint Bernadette, teach us to love and to serve
With you, Bernadette, we go to meet the Lord in the Eucharist.
With you, Bernadette, we go to drink at the Spring of the Living Water of the Word of God.
With you, Bernadette, we go in procession, together as a Church in the footsteps of Christ.
With you, Bernadette, we shall go and repeat the Name of the Lady to the World, "I am the Immaculate Conception."
Saint Bernadette, teach us to pray to Mary each day, Mother of God and our Mother: "Hail Mary, full of Grace."

O Mary conceived without sin, pray for us who have recourse to you. Our Lady of Lourdes, Pray for us. Saint Bernadette, Pray for us.

255. O Saint Bernadette

Written by Monsignor Chatelus, Bishop of Nevers, France

Privileged seer, confident and faithful messenger of the Immaculate Virgin.

You, whom the celestial vision had promised happiness in the next world, and whom the Holy Church echoing the Virgin's promise has proclaimed a Saint.

You, whose virtues hide from the eye of man, but great in the eyes of God, have enraptured the Divine Heart.

You whose name is so poetical and sweet evokes simplicity, candor, humility, purity and intimate unity with the Queen of Heaven.

We praise you, we glorify you with exultancy; on our knees we invoke you with our love and trust, oh sweet child of the Virgin Mary.

256. Prayer to St. Blaise, Patron of Ailments to the Throat

O glorious Saint Blase, who by thy martyrdom has left to the Church a precious witness to the faith, obtain for us the grace to preserve within ourselves this divine gift, and to defend, without human respect, both by word and example, the truth of that same faith, which is so wickedly attacked and slandered in these our times. Thou who didst miraculously cure a little child when it was at the point of death by reason of an affliction of the throat, grant us thy powerful protection in like misfortunes; and, above all, obtain for us the grace of Christian mortification together with a faithful observance of the precepts of the Church, which may keep us from offending Almighty God. Amen.

257. Novena in Honor of St. Blaise

Preparatory Prayer:

Almighty and Eternal God! With lively faith and reverently worshiping Thy Divine Majesty, I prostrate myself before Thee and invoke with filial trust Thy supreme bounty and mercy. Illumine the darkness of my intellect with a ray of Thy heavenly light and inflame my heart with the fire of Thy divine love, that I may contemplate the great virtues and merits of the saint in whose honor I make this novena, and following his example imitate, like him, the life of Thy divine Son.

Moreover, I beseech Thee to grant graciously, through the merits and intercession of this powerful Helper, the petition which through him I humbly place before Thee, devoutly saying, "Thy will be done on earth as it is in heaven." Vouchsafe graciously to hear it, if it redounds to Thy greater glory and to the salvation of my soul. Amen.

Prayer in honor of St. Blaise:
O God, deliver us through the intercession of Thy holy bishop and martyr Blaise, from all evil of soul and body, especially from all ills of the throat; and grant us the grace to make a good confession in the confident hope of obtaining Thy pardon, and ever to praise with worthy lips Thy most holy name. Through Christ our Lord. Amen.

Invocation of St. Blaise:
St. Blaise, gracious benefactor of mankind and faithful servant of God, who for the love of our Savior did suffer so many tortures with patience and resignation; I invoke thy powerful intercession. Preserve me from all evils of soul and body. Because of thy great merits God endowed thee with the special grace to help those that suffer from ills of the throat; relieve and preserve me from them, so that I may always be able to fulfill my duties, and with the aid of God's grace perform good works. I invoke thy help as special physician of souls, that I may confess my sins sincerely in the holy sacrament of Penance and obtain their forgiveness. I recommend to thy merciful intercession also those who unfortunately concealed a sin in confession. Obtain for them the grace to accuse themselves sincerely and contritely of the sin they concealed, of the sacrilegious confessions and communions they made, and of all the sins they committed since then, so that they may receive pardon, the grace of God, and the remission of the eternal punishment. Amen.

Prayer:
My Lord and my God! I offer up to Thee my petition in union with the bitter passion and death of Jesus Christ, Thy Son, together with the merits of His immaculate and blessed Mother, Mary ever virgin, and of all the saints, particularly with those of the holy Helper in whose honor I make this novena.

Look down upon me, merciful Lord! Grant me Thy grace and Thy love, and graciously hear my prayer. Amen.

Taken from the Spicilegium Sanctorum, and engraven at Paris, A.D. 1629, by Messingham.

258. Litany of St. Brigid of Kildare, Patroness of Ireland

Lord, have mercy.
Christ, have mercy.
Lord, have mercy.
Eternal Father, have mercy on us.
Divine Son, have mercy on us.
Holy Spirit, have mercy on us.

Holy Mary, Virgin of Virgins, Pray for us.
Blessed St. Brigid, Pray for us.
Consecrated spouse of the King of Kings, Pray for us.
Corner-stone of the Monastic Institute in the Island of Saints, Pray for us.
Brigid, Patroness of Ireland, Pray for us.
Model of Irish Virgins, Pray for us.
Mother of Religious, Pray for us.
Pattern of holiness, Pray for us.
Intercessor for the Irish clergy, Pray for us.
Mediatrix for the Irish people, Pray for us.
Protectress of the faith preached by St. Patrick, Pray for us.
Enjoying with him the clear vision of God, Pray for us.

Lamb of God, Who takest away the sins of the world:
spare us, O Lord.
Lamb of God, Who takest away the sins of the world:
graciously hear us, O Lord.
Lamb of God, Who takest away the sins of the world:
have mercy on us.

Let us Pray. O God, the Author of all sanctity, grant that we who inhabit the Island of Saints, may, through the intercession of St. Brigid, walk in their footsteps on earth, and so arrive with them to the possession of Thee in Heaven. Through Jesus Christ our Lord. Amen.

Pour forth on us, we beseech Thee, O Lord, the spirit of Thy wisdom and love, with which Thou hast replenished Thy holy Servant, St. Brigid, that sincerely obeying Thee in all things, we may by a zealous imitation of her virtues, please Thee in faith and works. Through Jesus Christ our Lord. Amen.

259. Cardinal Moran's Prayer to St. Brigid

Written by Patrick Francis Cardinal Moran, 1902

O Glorious St. Brigid, Mother of the Churches of Erin, patroness of our missionary race, wherever their lot may be cast, be thou our guide in the paths of virtue, protect us amid temptation, shield us from danger. Preserve to us the heritage of chastity and temperance; keep ever brightly burning on the altar of our hearts the sacred Fire of Faith, Charity, and Hope, that thus we may emulate the ancient piety of Ireland's children, and the Church of Erin may shine with peerless glory as of old. Thou wert styled by our fathers "The Mary of Erin," secure for us by thy prayers the all-powerful protection of the Blessed Virgin, that we may be numbered here among her most fervent clients, and may hereafter merit a place together with Thee and the countless Saints of Ireland, in the ranks of her triumphant children in Paradise. Amen.

260. Prayer to St. Brigid

Dear St. Brigid, brilliant star of sanctity in the early days of our Irish faith and love for the omnipotent God Who has never forsaken us, we look up to you now in earnest, hopeful prayer. By your glorious sacrifice of earthly riches, joys and affections obtain for us grace to "seek first the Kingdom of God and His justice" with constant trust

in His fatherly care. By your life of laborious charity to the poor, the sick, the many seekers for light and comfort, obtain for us grace to be God's helpers to the utmost of our power during our stay on earth, looking forward, as you did, to our life with Him during eternity. By the sanctified peace of your death-bed, obtain for us that we may receive the fulness of pardon and peace when the hour comes that will summon us to the judgment seat of our just and most merciful Lord. Amen.

261. Novena to St. Brigid

(To begin on January 23 and end on February 1)

O Glorious St. Brigid, Patroness of Ireland and Mother of the Churches, protect the Irish Church and preserve the true Faith in every Irish heart, at home and abroad. Obtain for us the grace to walk faithfully in the path of Christian perfection during life, and so to secure a holy and happy death, with life everlasting, in thy blessed company, through Jesus Christ, our Lord. Amen.

262. Prayer to St. Brigid

Brigid, you were a woman of peace.
You brought harmony where there was conflict.
You brought light to the darkness.
You brought hope to the downcast.

May the mantle of your peace cover those who are troubled and anxious, and may peace be firmly rooted in our hearts and in our world. Inspire us to act justly and to reverence all God has made.

Brigid you were a voice for the wounded and the weary.
Strengthen what is weak within us.
Calm us into a quietness that heals and listens.
May we grow each day into greater wholeness in mind, body and spirit. Amen.

263. Novena to St. Camillus de Lellis, Patron of the Sick, Hospitals, and Health Professionals

St Camillus de Lellis is patron saint of the sick, hospitals and health professionals. He dedicated his life to the sick and to organising hospitals. He founded the Order of the Camillians, priests and brothers who work in the area of health. He considered the sick to be Jesus Himself.

Prayer to St. Camillus:
Glorious St Camillus, turn your merciful eyes upon those who suffer and those who care for them. Grant to the sick Christian resignation and trust in the goodness and power of God. Make those who take care of the sick be generous and lovingly dedicated. Help me to understand the mystery of suffering as a means of redemption and the way to God. May your protection comfort the sick and their families and encourage them to live together in love. Bless those who dedicate themselves to the infirm. And may the good God grant peace and hope to all. Amen.
Say one each: Our Father, Hail Mary, Glory be.
Then say: St Camillus de Lellis, pray for us.

Words of Jesus:
"Blessed are those who suffer because they will be consoled."
"I was sick and you visited me."
"Come, blessed of my Father, and take possession of heaven."
"Everything you do to the least of my brethren, you do to me."

Novena prayers, day 1 to 9 – always begin with the Sign of the Cross.
End with the "Prayer of the Sick*," found after the text of this Novena.*

First Day:
Dear St Camillus, knowing that there is no greater love than to give your life for another, you patiently put up with many infirmities during your life without ceasing to work on behalf of the sick. Intercede with God so that I *(or mention name[s] of the person[s] instead of "I" during the course of these novena prayers)* may have the strength necessary to overcome the troubles that afflict my life and the life of my family and friends. Help me to spiritually benefit from everything that happens.
Do a good deed to someone in need.
Read Mark 5:21-43.

Second Day:
Dear St Camillus, shocked by the abandonment in which the sick lived, you received from Jesus the inspiration to create an organisation for caring for the sick with love. Help me to understand that it is important before God to treat those who suffer with love. In

the difficult moments of life, give me courage not to become disheartened.
Pray for someone who suffers more than you do.
Read Mark 10:46-52.

Third Day:
Dear St Camillus, inspired by the example of the Good Samaritan, you vowed to improve the treatment of the sick. In all countries, may there be more concern and responsibility in helping the sick and in all health services. Give those who are in good health more joy in taking care of the sick. May everyone believe in the immense riches that God reserves for those who love Him and their brothers and sisters.
Ask God for the help needed by those who are not taken care of.
Read Luke 10:29-38.

Fourth Day:
Dear St Camillus, because of your extraordinary love of the infirm, the Church declared you patron saint of hospitals, the sick and nurses. Intercede with God in favour of doctors, the sick and all who take care of them so that they may be good hearted, enthusiastic and competent in their work. Make them remember that Jesus said that "everything you do to the least of my brothers, you do to me."
Pray for those who take care of the sick.
Read Matthew 25:31-46.

Fifth Day:
Dear St Camillus, meditating on the words of Jesus ("everything you do to the least of my brothers, you do to me"), you received from God such great faith that you considered the sick as if they were Jesus Himself. Help me to grow in faith in order to always increase my love of the sick and to be ready to help them like a loving mother cares for her only sick child.
Make an effort to have more faith.
Read John 5:1-18.

Sixth Day:
Dear St Camillus, in a moment of great difficulty, you heard from the open-armed crucifix: "Courage, do not become downhearted, this work is not for you, but for me." Give me always the strength not to become disheartened before the problems of my life and that of

others. May everything I suffer convince me of the immense power of God in my favor.
Never desist of doing good.
Read John 9:1-41.

Seventh Day:
Dear St Camillus, you had great devotion to the Mother of Jesus. May I have greater trust in the power of intercession of Mary with God and be able to imitate her virtues. Help me understand the meaning of suffering and not consider it a punishment. Lord, You helped Camillus in his struggles, help me in the difficulties I face to remain at peace and not get disheartened.
Peace must be worked at every day.
Read John 2:1-12.

Eighth Day:
Dear St Camillus, even in the most difficult situations, you always trusted entirely in Divine Providence. Increase my faith in the goodness and power of God in favor of His creatures. May I always put myself in His hands in order to be strong in trials and suffering. Help me remember the last words of Jesus: "I will be with you until the end of time."
Never lose hope. God is there.
Read Matthew 6:25-34.

Ninth Day:
Dear St Camillus, inspired by the words of Jesus ("I was sick and you visited me"), you dedicated your life and all your strength to help the sick, and to improve hospitals and health conditions in the most difficult circumstances. Arouse everyone's conscience to be more interested in health problems and to diminish the suffering of the people.
Commit yourself to doing good and being with the good.
Read John 13:1-17.

264. Prayer of the Sick in Honor of St. Camillus
Lord, I come before You in prayer. I know that You hear me, You know me. I know that I am in You and that Your strength is in me. Look at my body racked with infirmity. You know, Lord, how much

it hurts me to suffer. I know that You are not pleased with the suffering of Your children.

Give me, Lord, the strength and courage to overcome moments of desperation and exhaustion. Make me patient and understanding. I offer up my worries, anxiety and suffering to be more worthy of You.

Let me, Lord, unite my sufferings with those of Your Son Jesus who for love of men gave His life on the Cross.

Furthermore, I ask You, Lord: Help doctors and nurses take care of the sick with the same dedication and love that St Camillus had. Amen.

265. Prayer to St. Camillus de Lellis

St. Camillus, the Lord has filled your heart with a firm love for God and a self-sacrificing love of neighbor. In fact, it was above all for the love of God that you spent your life in love and service of the poor, the sick and the dying. In our life, we know that love of God and love of neighbor are the principal commandments and yet often we live our life in selfishness. We ask you, St. Camillus, to intercede for us to the same God you love. Let our hearts be filled with that love that comes from God; and let our concern be always for God's love and for service to our neighbors. Now we would like to pray for the following persons *(here name them and your intentions)*. Through your intercession may their needs be granted. We also pray for all the sick and the needy. Amen.

266. Another Prayer to St. Camillus de Lellis

Glorious St Camillus, turn your merciful eyes upon those who suffer and those who care for them. Grant to the sick Christian resignation and trust in the goodness and power of God. Make those who take care of the sick be generous and lovingly dedicated. Help me to understand the mystery of suffering as a means of redemption and the way to God. May your protection comfort the sick and their families and encourage them to live together in love. Bless those who dedicate themselves to the infirm. And may the good God grant peace and hope to all. Amen.

267. Litany to Saint Catherine of Alexandria

Lord have mercy on us.
Christ have mercy on us.
Lord have mercy on us.

God the Father of Heaven, have mercy on us.
God the Son, Redeemer of the world, have mercy on us.
God the Holy Ghost, have mercy on us.
Holy Trinity one God, have mercy on us.

Holy Mary, Queen of Virgins, Pray for us.
Saint Catherine Princess of Egypt, Pray for us.
Saint Catherine filled with wisdom, Pray for us.
Saint Catherine full of faith, Pray for us.
Saint Catherine converter of the emperor's wife, Pray for us.
Saint Catherine who gave up the throne and power for our Lord, Pray for us.
Wife of Christ, Pray for us.
Saint Catherine most beautiful, Pray for us.
Saint Catherine most pure, Pray for us.
Saint Catherine ruler of the wheel, Pray for us.
Saint Catherine filled with heavenly wisdom, Pray for us.
Saint Catherine who holds the sword of the word, Pray for us.
Saint Catherine who was taken to mount Sinai, Pray for us.
Lamb of God, Who takest away the sins of the world, Spare us, O Lord.
Lamb of God, Who takest away the sins of the world, Graciously hear us, O Lord.
Lamb of God, Who takest away the sins of the world, Have mercy on us.

V. Pray for us, Great Saint Catherine,
R. That we may be made worthy of the promises of Christ

Let us pray. We implore Thee, O Lord, by the intercession of Saint Catherine, Virgin and Martyr, who was ever most pleasing to Thy eyes by reason of her eminent purity and the practice of all the virtues, pardon us our sins and grant us all the graces we need *(and name any special grace you may require)*. Amen.

268. Prayer in Honor of St. Catherine of Alexandria

O God, Who didst distinguish Thy holy virgin and martyr Catherine by the gift of great wisdom and virtue, and a victorious combat with the enemies of the Faith; grant us, we beseech Thee, through her intercession, constancy in the Faith and the wisdom of the saints, that

we may devote all the powers of our mind and heart to Thy service. Through Christ our Lord. Amen.

269. Invocation of St. Catherine

St. Catherine, glorious virgin and martyr, resplendent in the luster of wisdom and purity; thy wisdom refuted the adversaries of divine truth and covered them with confusion; thy immaculate purity made thee a spouse of Christ, so that after thy glorious martyrdom angels carried thy body to Mount Sinai. Implore for me progress in the science of the saints and the virtue of holy purity, that vanquishing the enemies of my soul, I may be victorious in my last combat and after death be conducted by the angels into the eternal beatitude of heaven. Amen.

270. Prayer to Saint Catherine of Alexandria

Glorious St. Catherine, virgin and martyr, help me to imitate your love of purity. Give me strength and courage in fighting off the temptations of the world and evil desires. Help me to love God with my whole heart and serve Him faithfully. O St. Catherine, through your glorious martrydom for the love of Christ, help me to be loyal to my faith and my God as long as I live. Amen.

271. To St. Christopher, Patron of Travelers

O St. Christopher, patron of travelers, protect me and all those who accompany me from mishap and accident. Guide me in my travels whether by land, sea, or air to my destination with safety. As you carried Jesus upon your shoulders may I also carry the burdens of life that I face with the same determination and inspiration. And may the beauty of this world that God has created with the joy of His Grace always be with me. Amen

272. To St. Christopher

O Glorious St. Christopher you have inherited a beautiful name, Christbearer, as a result of the wonderful legend that while carrying people across a raging stream you also carried the Child Jesus. Teach us to be true Christbearers to those who do not know Him. Protect all of us that travel both near and far and petition Jesus to be with us always. Amen.

273. To St. Christopher for Safe Travels and Motorists

Grant me, O Lord, a steady hand and watchful eye, that no one shall be hurt as I pass by. Thou gavest life, I pray no act of mine may take away or mar that gift of Thine. Shelter those, dear Lord, who bear my company from the evils of fire and all calamity.Teach me to use my car for others need; Nor miss through love of undue speed. The beauty of the world; that thus I may with joy and courtesy go on my way. St. Christopher, holy patron of travelers, protect me, and lead me safely to my destiny.

274. To Saint Christopher for Protection

Dear Saint Christopher, protect me today in all my travels along the road's way. Give your warning sign if danger is near so that I may stop while the path is clear. Be at my window and direct me through when the vision blurs From out of the blue. Carry me safely to my destined place, like you carried Christ in your close embrace. Amen.

275. Novena to St. Christopher

Preparatory Prayer:

Almighty and eternal God! With lively faith and reverently worshipping Your Divine Majesty, I prostrate myself before You and invoke with filial trust Your supreme generosity and mercy.

Illuminate the darkness of my intellect with a ray of Your Heavenly light and inflame my heart with the fire of Your Divine Love, that I may contemplate the great virtues and merits of the Saint in whose honor I make this novena, and following their example imitate, as they did, the life of Your Divine Son.

Moreover, I beseech You to graciously grant me, through the merits and intercession of this powerful Helper, the petition which through them I humbly place before You, devoutly saying, "Thy will be done on earth as it is in Heaven."

Vouchsafe graciously to hear it, if it is to Your greater glory and the salvation of my soul. Amen.

Prayer in Honor of St. Christopher:

O God, Who did make St. Christopher a true Christ-bearer, who converted multitudes to the Christian faith, and Who gave him the grace to suffer for Your sake the most cruel torments, through the intercession of this Saint, we implore You to protect us from sin, the

only real evil. Preserve us also against the harmful forces of nature, such as earthquake, lightning, fire, and flood. Amen.

Invocation of St. Christopher:
Great St. Christopher, seeking and mightiest master which you found in Jesus Christ, the Almighty God of Heaven and earth. Faithfully serving Him with all your power to the end of Your life, gaining for Him countless souls and finally shedding your blood for Him, obtain for me the grace to bear Christ always in my heart, as you once did, bearing Him on your shoulder. So that by this I may be strengthened to overcome victoriously all temptations and resist all enticements of the world, the devil, and the flesh, and that the powers of darkness may not prevail against me. Amen.

Prayer:
My Lord and my God! I offer up to You my petition in union with the bitter passion and death of Jesus Christ, Your Son, together with the merits of His Immaculate and Blessed Mother, Mary ever Virgin, and of all the Saints, particularly with those of the Holy Helper, St. Christopher, in whose honor I make this novena. Look down upon me, merciful Lord! Grant me Your Grace and Your Love, and graciously hear my prayer. Amen.

276. Prayer to St. Cyprian of Antioch against Magic Spells

Saint Cyprian of Antioch, who by Divine Grace was converted to the faith of our Lord Jesus Christ; you who possessed the highest secrets of magic, build now a refuge for me against my enemies and their evil deeds. For the merit that you obtained before God, Creator of heaven and earth, cancel out evil spells, products of hate, and the spells that hardened hearts have cast or will come cast to cast against my person and against my home. With the permission of Almighty God answer my prayer and come to my assistance, for the blood of our Lord Jesus Christ. Amen.

277. Prayer to Saint Cyprian of Antioch against Evil

San Cipriano di Antiochia, I beseech you that those who are bound by maledictions, sorcery, and possessed of evil, that you unbind them, that you unensorcel them, so that the rabid wolf not have dominion over them. Saint Cyprian, I pray you preserve me from all evil intents, arts, and deeds; guard my vision and my thoughts; may

they be full of confusion those who attempt against my life, may my enemies be confused and driven away, keep me triumphant of them eternally. Amen.
Now say the Our Father *nine times.*

278. Kontakion to St. Cyprian of Antioch

When thou, O godly-minded one, hadst been converted from the art of sorcery to the knowledge of God, thou becamest a most skilful healer for the whole world, O wise Cyprian, granting cures to them that honour thee with Justina; with her, pray to the Master to save us, thy servants who sing thy praise. Amen.

279. To St. Dymphna, Patroness of Mental Illness and Neurological Disorders

Lord, our God, you graciously chose St. Dymphna as patroness of those afflicted with mental and nervous disorders. She is thus an inspiration and a symbol of charity to the thousands who ask her intercession.

Please grant, Lord, through the prayers of this pure youthful martyr, relief and consolation to all suffering such trials, and especially those for whom we pray. *(Here mention those for whom you wish to pray)*.

We beg you, Lord, to hear the prayers of St. Dymphna on our behalf. Grant all those for whom we pray patience in their sufferings and resignation to your divine will. Please fill them with hope, and grant them the relief and cure they so much desire.

We ask this through Christ our Lord who suffered agony in the garden. Amen.

280. Prayer to St. Dymphna for Charity

You are celebrated St. Dymphna, for your goodness to others. Both in your lifetime, and even more in the ages since, you have again and again demonstrated your concern for those who are mentally disturbed or emotionally troubled. Kindly secure for me, then, some measure of your own serene love, and ask our Lord to give us a share in His life and boundless charity. Amen.

281. Prayer to St. Dymphna for Faith

Dear St. Dymphna, you gave us an example in your own life of firm faith. Neither flattery, earthly rewards nor the threat of death caused you to waver in your fidelity to God. Please help us then, amid the uncertainties of life, to imitate your wholehearted dedication to Christ. Be good enough to come to our aid in our need, and pray for us to God. Amen.

282. Prayer to St. Dymphna for Fortitude

Courageous St. Dymphna, your strength was from God. His grace enabled you to resist evil, and to prefer exile to a life of sinful luxury. Christ's own power preserved you faithful to Him in life and in death. In your kindness help us to imitate your example in little things, and gain for us fortitude to bear with the misfortunes we meet, and strength to overcome our weakness. Amen.

283. Prayer to St. Dymphna for Hope

Good St. Dymphna, you placed all your hope in Christ's promises, and sacrificed even your life in that hope. The Lord, God, rewarded your constancy by making your name known and loved over many centuries by the thousands whom you have aided in time of difficulty. Please assist us now in our present necessity, and intercede before God for our intentions. Obtain for us a firm hope like your own in God's unfailing protection. Amen.

284. Prayer to St. Dymphna for Justice

Admirable St. Dymphna, how just you were to all whom you encountered, and how careful you were to give every person his due, and more than he might desire or expect. By your power with God please come to assist us to be just to all we meet, and even to be generous in giving everyone more than strict justice requires. Amen.

285. Prayer to St. Dymphna for Perseverance

Most faithful St. Dymphna, you remained true to your baptismal promises to the very end. You are, therefore, honored, known, and loved after 1,400 years by people you have aided all over the world. We do not know how long or short a time is left to us of this life here, but help us in any case to be faithful to God to the end. Please gain for us the grace to live one day at a time as if each were to be our last. Amen.

286. Prayer to St. Dymphna for Prudence

You were marked in life, St. Dymphna, by a high degree of prudence. You sought and followed the advice of your confessor and spiritual guide. You fled from temptation even when it meant exile and poverty. In your last extremity you chose to die rather than offend God. Please help us now by your merits not only to know what is right, but procure for us also the strength to do it. Amen.

287. Prayer to St. Dymphna for Temperance

Generous St. Dymphna, like all Christ's martyrs you gained this crowning grace because you prepared for it by a life of self denial. By faithfulness in smaller things you were ready for your final trial. Please teach us by your example and help to use the good things of life so that we may not miss our chance for life eternal. Help us, too, to watch and pray for ourselves and others. Amen.

288. Prayer to St. Elizabeth of Hungary

(Can be prayed as a novena for nine consecutive days)

Blessed Elizabeth, vessel elect of exalted virtues, thou dost show forth to the world by thy example what the virtues of Faith, Hope, and Charity are able to do in a Christian soul. Thou didst employ all the powers of thy heart to love thy God alone. Thou didst love Him with a love so pure and fervent that it rendered thee worthy to taste upon earth beforehand those favours and those sweetnesses of Paradise which are communicated to souls invited to the nuptials of the Divine adorable Lamb of God.

Thou, illuminated by supernatural light and faith immovable, didst show thyself to be a true daughter of the Holy Gospel, by seeing in the person of thy neighbour the Person of our Lord Jesus Christ, sole object of thy affections; and therefore didst thou place all thy delight in holding converse with the poor, in serving them, in drying their tears and comforting their spirits, in assisting them with every pious good office, in the midst of pestilence and the miseries to which our human nature is subject.

Thou didst make thyself poor in order to succour thy neighbour in his poverty – poor in the good things of earth, to enrich thyself with the goods of heaven. Thou wast so humble that, after thou hadst exchanged a throne for a poor hovel, and a royal mantle for the modest habit of St Francis, thou didst subject thyself, innocent though thou wast, to a life of privation and of penance, and with holy

joy didst embrace the cross of thy Redeemer, with goodwill accepting with Him insults and the most unjust persecution: thus didst thou forget the world and thyself, to remember thy God alone.

Dearest Saint, who wast so beloved by God, vouchsafe to be the heavenly friend of our souls, and help them to become ever more and more acceptable to Jesus. Cast down upon us from the height of heaven one of those tender looks which, when thou wast upon earth, healed the most distressing infirmities. In this our age, so depraved and corrupt, and at the same time so cold and indifferent to the things of God, we have recourse to thee with confidence, in order that we may receive from our Lord light for the understanding and strength for the will, and thence obtain peace of soul.

Whilst we bless the Lord for having glorified his name in this world with the splendour of thy heroic virtues and the eternal reward accorded to them, do thou bless them, O dear St. Elizabeth, from that Blessed throne which thou dost occupy close to the Saint of Saints; protect us in our dangerous pilgrimage; obtain for us the pardon of our sins, and open for us the way to enter and share with thee the Kingdom of God. Amen.

289. Prayer to St. Elizabeth of Hungary

What a lesson thou leavest to the earth, as thou mountest up to heaven, O blessed Elizabeth! We ask with the Church, for ourselves and for all our brethren in the faith: may thy glorious prayers obtain from the God of mercy that our hearts may open to the light of thy life's teaching, so that despising worldly prosperity we may rejoice in heavenly consolations. The Gospel read in thy honour today tells us that the kingdom of heaven is like to a hidden treasure, and to a precious pearl; the wise and prudent man sells all he has, to obtain the treasure or the pearl. Thou didst well understand this good traffic, as the Epistle calls it, and it became the good fortune of all around thee: of thy happy subjects, who received from thee succour and assistance for both soul and body, of thy noble husband, who found an honourable place among those princes who knew how to exchange a perishable diadem for an eternal crown; in a word, of all who belonged to thee.

Thou wast their boast; and several among them followed in thy footsteps along the heavenward path of self-renunciation. How is it that others, in an age of destruction, could abjure their title of children of Saints, and draw the people after them to deal so

wantonly with the sweetest memorials and the noblest traditions? May our Lord restore to His Church and to thee the country where thou didst experience his love; may thy supplications, united with ours, revive the ancient faith in those branches of thy stock which are no longer nourished with that life-giving sap; and may the glorious trunk continue, in its faithful branches, to give saints to the world. Amen.

290. In Honor of St. Florian, Patron of Firefighters and Chimneysweeps

Written by Richard Cardinal Cushing, Archbishop of Boston:
Dear God, through the intercession of our patron, Saint Florian, have mercy on the souls of our comrades who have made the supreme sacrifice in the performance of their duty, and on all who have gone before us after years of faithful discharge of their responsibilities which now rest on ourselves. Give us Grace to prepare each day for our own summons to Thy tribunal of justice. Into Thy hands, O Lord, I commend my spirit. Withersoever Thou callest me, I am ready to go. Merciful Father of all men, save my from all bodily harm, if it be Thy will, but above all, help me to be loyal and true, respectful and honorable, obedient and valiant. Thus fortified by virtue, I shall have no fear, for I shall then belong to Thee and shall never be separated from Thee. Amen.

291. Novena to St. Francis of Assisi, Patron of Italy, Animals, and Ecology

Opening Prayer
In the name of the Father, and of the ✠Son, and of the Holy Spirit, Amen.

Holy Saint Francis, through your kind intercession we seek holiness above all things. We seek the faith, hope and love that allowed you to joyfully renounce the pleasures of earthly life and to radically follow our Lord Jesus Christ.

Pray for us that we enjoy the privilege of suffering with and for the poor in the example of Jesus. Help us to be always grateful for the all blessings we have received and the strength to overcome our most pressing concerns, especially…
(Mention your intentions here, followed by the daily prayer, and then the Concluding Prayer.)

Concluding Prayer
St. Francis, help us in praying for the grace to truly repent for our sins and actively seek reconciliation with God. May the blessings we obtain through your intercession deepen our faith, and inspire us to store treasures in Heaven, where we hope to spend eternity with the Almighty Father.

Then say one Glory Be to the Father.
Then say: St. Francis of Assisi, Pray for us!

In the name of the Father, and of the ✠Son, and of the Holy Spirit, Amen.

Daily Prayers for St. Francis Novena
Day One
St. Francis, as you left a comfortable life to lead a life of poverty and service to our Lord Jesus Christ, we ask you to pray that we also realize the folly of seeking to amass material gains and experience worldly pleasures. This day I humbly forego (_____) as an offering to God our Father, hoping this act signals a start of my conversion.

Day Two
Holy St. Francis, when you decided to serve in the manner of our Lord Jesus Christ you entrusted your whole life to his Divine Providence. Emboldened by your example, I resolve to entrust the favorable resolution of my situation to God our Father, through your most kind intercession.

Day Three
Glorious St. Francis, you have acted as a peacemaker even in the face of extreme physical danger. Through your prayers, may we also be imbued with a desire to find peaceful resolutions to the problems that plague us, even in the most trying of times. As an offering to our Almighty Father, I resolve to forgive all the wrongs I have suffered from my fellow men.

Day Four
Holy St. Francis, your concern for God's creation has caused you to be named patron of ecology. May we, through your prayers, follow your footsteps in being good stewards of all of creation which God

our Almighty Father has provided. May we also be faithful stewards of the skills and abilities we have been given.

Day Five

Blessed St. Francis, when you were blessed with the decision to serve our Lord, you abandoned everything and surrendered yourself totally to God's will. Obtain for us the same trust in God, that the Holy Spirit may guide our every thought, word and deed.

Day Six

Holy St. Francis, through your prayers, may we be blessed with the desire to give all of our strength, and abilities towards serving God's purpose in our lives. May our lives be filled with complete faith and the hope of spending eternity with our Heavenly Father.

Day Seven

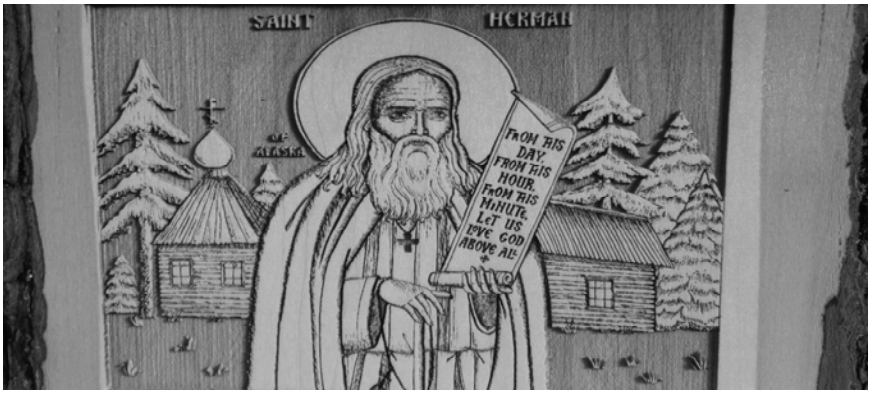
Glorious St. Francis, you were untiring in your service to the poor. Obtain for us the same capacity for mercy and desire to give of ourselves that we may one day be considered worthy of the promises of Christ.

Day Eight

Holy St. Francis, you spent your life evangelizing and won over many people to God. We beseech you to have pity on us poor sinners, that through your intercession, God may grant that our doubts be replaced with the certainty that the Holy Spirit will continue to guide us through life's many trials towards His eternal kingdom.

Day Nine

Almighty Father, through the kind intercession of St. Francis, we humbly ask for the grace to be free of the fears and anxieties that beset us, especially *(repeat your special intentions and requests here)*. May we be relieved of the causes of our distress, that we may be able to better serve as the instruments of your Divine Purpose on earth.



292. Prayer to Saint Herman of Alaska, First Orthodox Saint Canonized in America

O Almighty God, We praise and glorify Thee, Our Lord and Creator. All the earth and everything within it acknowledges Thee as Creator, the Eternal Father.

Heaven and Earth, Angels and Men, together, praise and glorify Thee, the most glorious company of Apostles, the praiseworthy fellowship of Prophets, the great and noble gathering of Martyrs, the whole community of Saints, all praise Thee.

We the members of the holy community on earth pray: Make us worthy with all the Saints in Heaven, especially the newly glorified Elder, the Blessed Herman of Alaska, to reign in Thine everlasting glory.

On this day the Holy Catholic and Apostolic Church praises and glorifies Thee, our God, in joyful thanksgiving. The inheritors and children of the Holy Church of Christ which you, O Blessed Father Herman and your holy companions planted here, now flowering and growing throughout this great continent, gather at your reliquary. We gaze at your Relies in the knowledge that your soul joins together with the Apostles, Prophets, Martyrs, Saints and the Heavenly Hosts before the Throne of the Most Merciful God in praise of the Holy Trinity.

O Blessed Hermit of Spruce Island, good teacher of the faith in the Holy Trinity, and our Spiritual Father, intercede before the throne of the Almighty God, for peace within the Church, the dispelling of all disunity, faithlessness and discord.

Come to the aid of our spiritual leaders that they may always be true and effective instruments of the Holy Spirit, with the power to proclaim the evangelical truths, with the wisdom to enlighten the

unenlightened, with the spirit to inspire all to love the knowledge of God, with the perseverance to defend the Church, even unto death, from all enemies both within and without and at all times.

May the hearts of your spiritual children be filled with that faith and love of the Holy Church which you manifested in your holy life; praying to Him to: deliver us from the temptations which cause us to fall; renew our child-like faith in our Heavenly Father; replace our trust in God, and in Him alone; satisfy our thirst for the true knowledge of God; teach us to serve God faithfully; transfigure our life that it may truly reflect the image and likeness of God.

O Holy Father and Patron of the Church in America: Be a physician to the weak in faith; be a support to the fallen; be a defender to the defenseless; be a bulwark of strength to the weary in spirit; be a guide to the travelers by sea, by land and by air; be our heavenly intercessor.

O Blessed Father Herman of Alaska, together with all the Saints and the Heavenly Hosts, pray to God that on each of us He will bestow wisdom for our mind, strength for our will, light for our spirit, enabling us to attain to the true peace of life which is from God alone. We praise with joyous and grateful hearts, the Life-Creating Trinity: Father Almighty, Only-Begotten Son, Comforter, Holy Spirit, now and ever, and unto ages of ages. Amen.

293. Canticle to St. Herman of Alaska

Good shepherd and loving father, O Saint, thou hast been a help and healing for the wretched, infirm, afflicted, and to orphans a refuge and teacher. Likewise, even from us, orphaned, take not away the protection of thy prayer.

O Herman, Saint, the people were amazed and wondered how thou couldst live alone in the forest. I am not alone, thou didst say, but God is with me, Who is everywhere, and His holy angels. Thus, how can one be downcast, having such company. And now, abiding in the heavens, do not abandon us who dwell on earth.

Defender of Alaska, naming thyself the nurse and servant of new peoples, thou dost extend thy care to them even after thy repose. And now we too, in thine own words, call out to thee: be our father and protector, wipe away the tears of defenseless orphans, refresh hearts languishing in the heat of sorrow, and grant us to know the Lord's consolation.

294. Prayer to St. Ignatius of Loyola, Founder of the Jesuits

Dear Founder of the Society of Jesus, a wound you received as a soldier led to your becoming a spiritual soldier for Christ. By reading the lives of the Saints, you changed your life and achieved Sainthood. You learned to appreciate the value of prayer and became a master of the Spiritual Exercises, which greatly fostered retreats. Help all who make retreats to imitate your example by becoming true followers of Jesus. Amen.

295. To St. Joan of Arc, Patroness of France, Martyrs, Captives, Military Personnel, and People Ridiculed for Their Piety

Dear Sweet Patron Saint,
I implore you in the name of God to intercede on my behalf and guide me. Help me to be strong when people are against me and question my belief in God. Help me to stand by my faith and my decisions concerning my faith. I wish to do only God's will, and I beg of you, O Patron Saint, to help keep me on His true path, and guide me in His will. I need friends now, more than ever before, and I choose God as my first and foremost best friend, above all others. But I also choose you as a close and special friend to relate to and to talk to. Please counsel me by any means necessary that is in the will of God to do.

Please let me have the wisdom and understanding to receive his message and the patience and virtue to listen so that I may understand his word.

St. Joan, Pray for us. Amen.

296. To St. Joan of Arc, in Times of Trouble

Composed by Andrea Oefinger

SAINT JOAN OF ARC, GIVE ME STRENGTH!
In this, my time of need, I beg thee to come to my aid.
I humbly ask thee to help me bear my trials with honor,
As I remember you in your earthly agonies.

BLESSED JOAN, DUTY BOUND TO GOD, GIVE ME COURAGE!
You who left family and friends to enter into God's service,
Devout and valiant to uphold righteousness to the end,
While being insulted and harmed by your enemies.

HOLY JOAN, DAUGHTER OF GOD, GIVE ME FORTITUDE!
Help me to prevail in life and death over evil,
While bearing my injuries with the dignity you showed
When wounded in the breast, head, thigh, and heel.

PIOUS JOAN, HELP ME TO BE FEARLESS!
Abandoned by the king you yourself had crowned,
Captured and sold to the highest bidder,
You put your trust in the King of Heaven to deliver you.

VENERABLE JOAN, HELP ME TO BE UNWAVERING IN MY FAITH!
Beaten, bruised, questioned and accused,
You were denied that which you loved most:
Communion, confession, mass and public prayer.

HEROIC JOAN, HELP ME TO UPHOLD JUSTICE!
Imprisoned, neglected, threatened and condemned,
Sentenced to die as a heretic the most cruelest death,
To die by the fire and be raised up in heaven!

GLORIOUS VIRGIN, PLEASE INTERCEDE FOR ME.
Hear this petition and my heartfelt plea.
Pray for me in this, my time of need,
For I believe God will deny you nothing. Amen.
(Here mention you specific request.)

297. A Soldier's Prayer to St. Joan of Arc

Written by Gregory Lobas of Berea, Ohio, May 30th 2001

St. Joan of Arc, humble maiden of France, your heavenly Father miraculously endowed you with every military skill and knowledge, and raised you up as the Commander of the armies of France for the blessing of His Church, the protection of His people, and the glory of His Holy Name. By your merits and prayers may God also endow all military men and women with every military skill and knowledge necessary for his station of duty. May his mission always be righteous, and his actions always be courageous, compassionate, and just. And just as you showed your ardent love for Jesus in offering up your life for Him, so may they fulfill all that their duty requires. St. Joan of Arc

pray for us that we may be made worthy of the promises of Christ. Amen.

298. Prayer of Thanks and Gratitude to St. Joan of Arc

Written by Andrea Rau

Dear Patron Saint,

Thank you for accompnying me throughout the day, and in the work that I did. Thank you also for your guidance and your counsel. Please help me to listen to God and to you, dear Saint, that I may do what I am called to do. Please intercede on my behalf and beg God to take all my faults and turn them into virtues. I thank you for all you have done for me, and all the things you have interceded for on my behalf. Please continue to pray for me and for all the souls who need it.

St. Joan of Arc, Pray for us. Amen.

299. Novena to St. John of the Cross, Patron of Mysticism

Beginning Prayer to be said each day:

O glorious St. John of the Cross, through a pure desire of being like Jesus crucified, you longed for nothing so eagerly as to suffer, to be despised, and to be made little of by all; and your thirst after sufferings was so burning that your noble heart rejoiced in the midst of the cruelest torments and afflictions.

Grant, I beseech you, O dear Saint, by the glory which your many sufferings have gained for you, to intercede for me and obtain from God for me a love of suffering, together with strength and grace to bear with firmness of mind all the trials and adversities which are the sure means to the happy attainment of all that awaits me in heaven.

Dear Saint, from your most happy place in glory, hear, I beseech you, my prayers, so that after your example, full of love for the cross I may deserve to be your companion in glory. Amen.

First Day: Unwavering Faith

My glorious father, Saint John of the Cross; overflowing with love for Mary and for the cross of her divine Son by which you merited to become the protector of afflicted souls, obtain for me from Jesus and Mary, I beseech you, an unwavering faith and a love of the cross so deep and so valiant that no possible misfortune will ever be able to separate me from the love of my God. Obtain for me also the special

grace I ask through your intercession during this novena if it be for the glory of God and for my salvation *(make request)*.
Three Our Fathers *and three* Hail Marys.

Second Day: Spirit of Penitence
Glorious St. John of the Cross, you preserved to death in unspotted brilliancy the radiant whiteness of your baptismal innocence, while nevertheless practicing the most cruel and persevering penance. In honor and imitation of this crucifying love, I entreat you that I may share your mortified and penitential life so that, even in this world, I may receive the grace to atone for my many sins, purify my soul, and acquire merit, that I may also enjoy heaven's glory with you. Obtain for me also the special grace I ask through your intercession during this novena, if it be for the glory of God and for my salvation *(make request)*.
Three Our Fathers *and three* Hail Marys.

Third Day: Holy Enlightenment
O my beloved father St. John of the Cross, your continual prayer merited for you the name of Ecstatic Doctor, favored with special graces in the guidance and direction of souls.

I humbly beg you to enlighten my soul and to give me a relish for holy meditation that, detached from earthly things, I may love God alone and desire heaven only.

Obtain for me also the special grace I ask through your intercession during this novena, if it be for the glory of God and for my salvation *(make request)*.
Three Our Fathers *and three* Hail Marys.

Fourth Day: Holy Patience
Great St. John of the Cross, model of patience and generosity, for the glory of God and for the propagation of the holy reform of Carmel, you endured grievous trials and undertook heavy labors, finding, as did St. Paul, joy in opprobrium.

Obtain from our Lord for me the grace of unalterable patience in adversity that I may thereby glorify God, have cleansed my souls of every stain, advance in the practice of solid virtue, and obtain at last the crown promised to those who suffer for the love of God.

Obtain for me also the special grace I ask through your intercession during this novena, if it be for the glory of God and for my salvation *(make request)*.
Three Our Fathers *and three* Hail Marys.

Fifth Day: Protection from Temptation
Dear Saint John of the Cross, you exercised dominion over the powers of hell, often obliging them to relinquish the souls, as well as the bodies of their victims.

Have compassion on me; ask God to preserve me from the temptations and deceits of these wicked spirits, not only throughout my life, but above all at the hour of my death, that persevering to the end in the grace and love of God, I may possess Him with you forever.

Obtain for me also the special grace I ask through your intercession during this novena, if it be for the glory of God and for my salvation *(make request)*.
Three Our Fathers *and three* Hail Marys.

Sixth Day: Purity of Soul and Body
Great St. John of the Cross, favored by our Lord and the glorious Virgin, his mother, in reward for your angelic life and with the precious gift of chastity, you converted many souls held captive by the most shameful passions.

Obtain for me some share in so priceless a gift that, pure and chaste in soul and body, I may reach heaven where nothing stained may enter and where choirs of virgins follow the Lamb wherever He goes. Obtain for me also the special grace I ask through your intercession during this novena, if it be for the glory of God and for my salvation *(make request)*.
Three Our Fathers *and three* Hail Marys.

Seventh Day: Humility
Blessed father St. John of the Cross, in you was joined the most profound humility to the most sublime knowledge of the ways of God.

Obtain for me real humility of heart, making me love humiliation and contempt that, despairing worldly vanity, I may learn from you to esteem only God and heavenly things.

Obtain for me also the special grace I ask through your intercession during this novena, if it be for the glory of God and for my salvation *(make request)*.
Three Our Fathers *and three* Hail Marys.

Eighth Day: Comfort in Affliction
St. John of the Cross, my glorious protector, in your lifetime you were the father of the poor, the consoler of the afflicted and the assured refuge of the suffering; you worked miracles of charity for all, miracles which you repeat even now by means of your holy images and relics.

Deign also to be my consoler and my father; comfort me in my sorrows and aid me to see in every cross a pledge of divine mercy that, through the cross, I may gain heaven.

Obtain for me, too, the special grace I ask through your intercession during the novena, if it be for the glory of God and for my salvation *(make request)*.
Three Our Fathers *and three* Hail Marys.

Ninth Day: Holy Abandonment
O my loving father St. John of the Cross, to imitate more perfectly our Lord, you generously renounced every consolation, even the spiritual; prayed to suffer and to be despised for God's sake; and finally died suffering, happy to be condemned by men.

Obtain for me the grace of abandonment to the Will of God that, placing all my joy and my hope in the passion of my Savior, I may at last rest eternally with you in His glory. Obtain for me also the special grace I ask through your intercession during this novena, if it be for the glory of God and for my salvation *(make request)*.
Three Our Fathers *and three* Hail Marys.

300. Prayer to St. Jude, Patron of Lost Causes
O most holy apostle, Saint Jude, faithful servant and friend of Jesus, the Church honoureth and invoketh thee universally, as the patron of hopeless cases, and of things almost despaired of.

Pray for me, who am so miserable. Make use, I implore thee, of that particular privilege accorded to thee, to bring visible and speedy help where help was almost despaired of.

Come to mine assistance in this great need, that I may receive the consolation and succor of Heaven in all my necessities, tribulations,

and sufferings, particularly *(here make your request)* and that I may praise God with thee and all the elect throughout eternity.

I promise thee, O blessed Jude, to be ever mindful of this great favour, to always honour thee as my special and powerful patron, and to gratefully encourage devotion to thee. Amen.

301. To St. Jude for Assistance

O Holy St Jude! Apostle and Martyr great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor for all who invoke you, special patron in time of need; to you I have recourse from the depth of my heart, and humbly beg you, to whom God has given such great power, to come to my assistance; help me now in my urgent need and grant my earnest petition.

(Here name it)

I will never forget thy graces and favors you obtain for me and I will do my utmost to spread devotion to you. Amen.

St. Jude, pray for us and all who honor thee and invoke thy aid.

Our Father, Hail Mary, *and* Glory Be, *three times each.*

302. To St. Jude in Desparation

Saint Jude, glorious Apostle, faithful servant and friend of Jesus: The name of the traitor has caused you to be forgotten by many, but the true Church invokes you universally as the Patron of things despaired of. Pray for me, that finally I may receive the consolations and the succor of Heaven in all my necessities, tribulations and sufferings, particularly *(here make your request)*, and that I may bless God with the Elect throughout eternity. Amen.

303. Novena to St. Jude – Shorter Form

First Day:

Most holy St. Jude – apostle, martyr and friend of Jesus, today I ask that you pray for me and my intentions!

(State your intentions here)

You are the patron of the impossible. Pray for me and my intentions! O St. Jude, pray that God's grace and mercy will cover my intentions. Pray for the impossible if it is God's will.

Pray that I may have the grace to accept God's holy will even if it is painful and difficult for me. St. Jude, you loved our Lord, help me to love Him more.

O St. Jude, pray for me that I may grow in faith, hope and love and in the grace of Jesus Christ. Pray for these intentions, but most of all pray that I may join you in heaven with God for all eternity. Amen.

Second Day:

Most holy St. Jude – apostle, martyr and friend of Jesus, today I ask that you pray for me and my intentions!

(State your intentions here)

You are the patron of the impossible. Pray for me and my intentions! O St. Jude, pray that God's grace and mercy will cover my intentions. Pray for the impossible if it is God's will.

Pray that I may have the grace to accept God's holy will even if it is painful and difficult for me. St. Jude, pray that I may have your zeal to preach the Gospel.

O St. Jude, pray for me that I may grow in faith, hope and love and in the grace of Jesus Christ. Pray for these intentions, but most of all pray that I may join you in heaven with God for all eternity. Amen.

Third Day:

Most holy St. Jude – apostle, martyr and friend of Jesus, today I ask that you pray for me and my intentions!

(State your intentions here)

You are the patron of the impossible. Pray for me and my intentions! O St. Jude, pray that God's grace and mercy will cover my intentions. Pray for the impossible if it is God's will.

Pray that I may have the grace to accept God's holy will even if it is painful and difficult for me. St. Jude, you labored for years, pray that I may have patience in my struggles.

O St. Jude, pray for me that I may grow in faith, hope and love and in the grace of Jesus Christ. Pray for these intentions, but most of all pray that I may join you in heaven with God for all eternity. Amen.

Fourth Day:
Most holy St. Jude – apostle, martyr and friend of Jesus, today I ask that you pray for me and my intentions!
(State your intentions here)
You are the patron of the impossible. Pray for me and my intentions! O St. Jude, pray that God's grace and mercy will cover my intentions. Pray for the impossible if it is God's will.

Pray that I may have the grace to accept God's holy will even if it is painful and difficult for me. St. Jude, you are known for answering lost causes, pray for my most impossible needs.
O St. Jude, pray for me that I may grow in faith, hope and love and in the grace of Jesus Christ. Pray for these intentions, but most of all pray that I may join you in heaven with God for all eternity. Amen.

Fifth Day:
Most holy St. Jude – apostle, martyr and friend of Jesus, today I ask that you pray for me and my intentions!
(State your intentions here)
You are the patron of the impossible. Pray for me and my intentions! O St. Jude, pray that God's grace and mercy will cover my intentions. Pray for the impossible if it is God's will.

Pray that I may have the grace to accept God's holy will even if it is painful and difficult for me. St. Jude, you sacrificed for the Kingdom of God, pray that I may sacrifice like you.
O St. Jude, pray for me that I may grow in faith, hope and love and in the grace of Jesus Christ. Pray for these intentions, but most of all pray that I may join you in heaven with God for all eternity. Amen.

Sixth Day:
Most holy St. Jude – apostle, martyr and friend of Jesus, today I ask that you pray for me and my intentions!
(State your intentions here)
You are the patron of the impossible. Pray for me and my intentions! O St. Jude, pray that God's grace and mercy will cover my intentions. Pray for the impossible if it is God's will.

Pray that I may have the grace to accept God's holy will even if it is painful and difficult for me. St. Jude, pray that I may know God's will in my life.

O St. Jude, pray for me that I may grow in faith, hope and love and in the grace of Jesus Christ. Pray for these intentions, but most of all pray that I may join you in heaven with God for all eternity. Amen.

Seventh Day:
Most holy St. Jude – apostle, martyr and friend of Jesus, today I ask that you pray for me and my intentions!

(State your intentions here)

You are the patron of the impossible. Pray for me and my intentions! O St. Jude, pray that God's grace and mercy will cover my intentions. Pray for the impossible if it is God's will.

Pray that I may have the grace to accept God's holy will even if it is painful and difficult for me. St. Jude, pray that I may put my trust in God that He knows my needs even better than I do and that He provides.

O St. Jude, pray for me that I may grow in faith, hope and love and in the grace of Jesus Christ. Pray for these intentions, but most of all pray that I may join you in heaven with God for all eternity. Amen.

Eighth Day:
Most holy St. Jude – apostle, martyr and friend of Jesus, today I ask that you pray for me and my intentions!

(State your intentions here)

You are the patron of the impossible. Pray for me and my intentions! O St. Jude, pray that God's grace and mercy will cover my intentions. Pray for the impossible if it is God's will.

Pray that I may have the grace to accept God's holy will even if it is painful and difficult for me. St. Jude, pray for me that I will not lose hope.

O St. Jude, pray for me that I may grow in faith, hope and love and in the grace of Jesus Christ. Pray for these intentions, but most of all pray that I may join you in heaven with God for all eternity. Amen.

Ninth Day:
Most holy St. Jude – apostle, martyr and friend of Jesus, today I ask that you pray for me and my intentions!

(State your intentions here)

You are the patron of the impossible. Pray for me and my intentions! O St. Jude, pray that God's grace and mercy will cover my intentions. Pray for the impossible if it is God's will.

Pray that I may have the grace to accept God's holy will even if it is painful and difficult for me. St. Jude, pray for me that I will not lose faith.

O St. Jude, pray for me that I may grow in faith, hope and love and in the grace of Jesus Christ. Pray for these intentions, but most of all pray that I may join you in heaven with God for all eternity. Amen.

304. Novena to St. Jude – Longer Form

Every Day when Starting This Novena:
O St. Jude, holy Apostle, faithful servant and friend of Jesus, you are honored and petitioned by the universal Church, as the patron of desperate, hopeless and impossible cases. Pray for me. I am so very helpless and I feel alone.

Intercede for me that Almighty God may bring swift aid where it is needed most. Come to my assistance in my great time of need!

Pray for me that I may be given the comfort and help of Jesus. Most importantly, I ask that you pray that I may one day join you and all of the saints in heaven to praise God in consolation, rest and joy for all eternity.

I will remember your prayers, O Holy St. Jude. I will honor you as my patron as so many have before me because of the graces God deigns to give freely at your request. Amen

Every Day when Concluding This Novena:
May the Most Sacred Heart of Jesus be adored, and loved in all the tabernacles until the end of time. Amen.

May the most Sacred Heart of Jesus be praised and glorified now and forever. Amen.

St. Jude pray for us and hear our prayers. Amen.

Blessed be the Sacred Heart of Jesus
Blessed be the Immaculate Heart of Mary
Blessed be St. Jude Thaddeus, in all the world and for all Eternity.

Our Father. Haily Mary. Amen.

First Day:
O blessed apostle St. Jude, who labored zealously among the Gentiles in many lands, and performed numerous miracles in needy and despairing cases, I ask you to take interest in my needs. I know that you understand me. Please hear my prayers and my petitions. Please beg God for me and my deepest needs.
(State your intentions)
I pray that I will be patient in learning God's holy will for me and then courageously carry it out in my life. Amen.

Second Day:
O blessed Apostle Jude, who answers hopeless causes, grant that I will always serve Jesus Christ with fervor and zeal. Grant that I may give my best efforts in living His will every day. Please pray that I will turn my heart and mind such that God will always be first in my life. May my love of God be first above all things, all desires and even all my intentions today.
(State your intentions)
St. Jude, please grant that I may be enlightened as to what is best for me! Pray for my intentions today and especially pray for me to receive the grace to love God more than what I seek from Him. Amen.

Third Day:
O holy St. Jude, apostle of Jesus Christ, you who have so faithfully spread Jesus' Gospel of Light and Love, I ask and beg you to remember me and my deepest needs. St. Jude, please especially pray for…
(State your intentions)
Grant that I may always pray with fervor and devotion, resigning myself and my needs humbly to my loving God. Grant that I may see God's purpose in all my trials and that I may be open to God's answers to my sincere prayers. Amen.

Fourth Day:
Saint Jude, Jesus called you to be one of His chosen and beloved apostles. With God's calling, you labored to bring men to a knowledge and love of God. Please listen with compassion to my prayers and grant your intercession.

In this broken world I have many trials, difficulties, and temptations. Please pray for me and my petitions in God's presence. St. Jude, beg God that my most urgent prayers may be answered.

(State your intentions)

May God answer my prayers in His way that is best for me. May God give me the grace to see His purpose in all things. Amen.

Fifth Day:
O blessed St. Jude, close companion my Lord Jesus, you have given me a good example of how to lead a life of zeal and devotion to Jesus. I humbly request that today you hear my prayers and petitions and intercede for me. I ask you to pray especially for…

(State your intentions)

As I pray for God's blessings in my life today, please grant that I may never forget all the truth, goodness and beauty that God has given to me out of His pure love for me. May I, like you St. Jude, give thanks and praise to God every day for the blessings that I have asked for and those which God has given freely. I humbly give myself over to God's holy will, knowing that He alone knows what is best for me and my present needs. Amen.

Sixth Day:
Dearest St. Jude, friend and apostle of Christ and expert in despairing cases, hear my prayers. In all my needs and desires may I only seek what is pleasing to God and what is best for my salvation and the salvation of the world. Saint Jude, please beg God for help with my requests…

(State your intentions)

I submit my prayers to you with great confidence in your intercession. I know that you will pray fervently at the feet of God that I may receive His greatest blessings. I know that our good and gracious Lord leaves no sincere prayer unanswered in some way. Help me to see His answers and praise Him even if they are not what I expect. Amen.

Seventh Day:
Holy apostle Saint Jude, may I never forget that our blessed Lord Jesus Christ called you to be one of His holy apostles. May I never forget the martyr's death you suffered out of love for Jesus. May I never forget how close a friend of God you are now for all eternity. Therefore, I do not hesitate to ask you to pray to Him for my needs…

(State your intentions)

I ask with great humility that you beg God to bring me as close to Him as you are in heaven. I desire to submit fully to the will of God, as you did, trusting fully when I suffer, doubt or don't understand. Pray that I will receive and accept such a great grace from God! Amen.

Eighth Day:
O gracious Saint Jude, apostle of my Lord, pray that I may always be open to God's love and live according to His holy will. May I never fail to cooperate with the grace of God, especially when I am in such great need. St. Jude, please intercede with great intensity on my behalf for these intentions…

(State your intentions)

May I forever be deeply and truly thankful to God for the blessings I have received in the past. Help me to understand that I am totally dependent on God and His love and mercy. When I feel alone, as you surely did when you suffered a martyr's death, pray that I will take it as an opportunity to rely on God's grace and love. Amen.

Ninth Day:
O righteous Saint Jude, apostle, martyr and companion of Christ, grant that I may grow constantly in a loving relationship with God. In working out my salvation in this life I have infinite needs and desires that God placed within me. Today I turn to you, asking you to intercede for me.

(mention your request)

Saint Jude, I have specific requests of God that may only partially fill the infinite needs and desires that are in my heart. I ask that you pray not only for those requests but also for a greater reliance on God to satisfy the needs and desires that I have. May I seek God with a sincere heart knowing that it will profit me nothing if I gain the

whole world yet suffer the loss of my soul. So, help me to see God's good and gracious purpose in all my trials. Amen.

305. Prayer to St. Margaret Mary Alacoque, Patroness of Devotees to the Sacred Heart and Those Suffering from Polio

Saint Margaret Mary, thou who wast made a partaker of the divine treasures of the Sacred Heart of Jesus, obtain for us, we beseech thee, from this adorable Heart, the graces we need so sorely. We ask these favors of thee with unbounded confidence. May the divine Heart of Jesus be pleased to bestow them upon us through thy intercession, so that once again He may be loved and glorified through thee. Amen.

V. Pray for us, O blessed Margaret.
R. That we may be made worthy of the promises of Christ.

Let us pray. O Lord Jesus Christ, who didst wondrously open the unsearchable riches of Thy Heart to blessed Margaret Mary, the virgin: grant unto us, by her merits and our imitation of her, that we may love Thee in all things and above all things, and may be worthy to have our everlasting dwelling in the same Sacred Heart: who livest and reignest, world without end. Amen.

306. To St. Margaret Mary Alacoque

O St Margaret Mary, permitted by the Sacred Heart of Jesus to become partaker of Its divine treasures, obtain for us, we beseech thee, from that adorable Heart, the graces that we need.

(Here name your request.)

We ask for them with boundless confidence; may the divine Heart be willing to grant them to us through thy intercession, so that once again It may, through thee, be glorified and loved. Amen.

307. To St. Martin of Tours (Caballero), Patron against Poverty and Alcoholism

Saint Martin Caballero, you are the patron saint of good luck, work, and money. Bring luck to my home, may I never be in need of a job.

Please bless me, Saint Martin. Bring luck to my business, may I always have a steady flow of customers.

I ask this by your intercession, Saint Martin. Bring money to my pockets, bring good luck to my purse, bring success to my wallet, bring riches to my home.

Hear my prayers, Saint Martin, and intercede for me before the judgment-seat of our Lord Jesus Christ.
Protect me from those who would see me fail. I ask this in the name of our mutual Lord Jesus Christ, who with the Father liveth and reigneth in the unity of the Holy Ghost, one God, world without end. Amen.
Pray the Our Father *and* Hail Mary*, seven times each.*

308. Novena to St. Martin of Tours

From the side of a Novena Candle

In the name of Our Father, Oh, Saint Martin Caballero, bless my home, give me health, work and money. Oh, blessed saint, raise your voice in this dungeon where I am and protect me from all the afflictions of evil. I pledge this day in the memory of your priesthood. Amen. *(State your petition)*

309. To Martin of Tours for Assistance

O blessed Saint Martin Caballero, who in mercy and love, clothed a poor freezing beggar by dividing your own cloak in two, look upon me so poor and alone with the eyes of your mercy and intercede for me before the throne of Christ that I may find help for all my needs, both spiritual and material *(here name your petition)*. Amen.

310. The Litany of St. Mary Magdalen, Penitent and Patroness of Hairdressers, Converts, the Contemplative Life, and Those Struggling with Sexual Temptation

Lord, have mercy on us,
Christ, have mercy on us.
Lord, have mercy on us. Christ, hear us,
Christ, graciously hear us.

Holy Mary, Mother of God, Pray for us.
St. Mary Magdalen, Pray for us.
Sister of Martha and Lazarus, Pray for us.
Thou who didst enter the Pharisee's house to anoint the feet of Jesus, Pray for us.
Who didst wash His feet with thy tears, Pray for us.
Who didst dry them with thy hair, Pray for us.
Who didst cover them with kisses, Pray for us.
Who wast vindicated by Jesus before the proud Pharisee, Pray for us.

Who from Jesus received the pardon of thy sins, Pray for us.
Who before darkness wast restored to light, Pray for us.
Mirror of penance, Pray for us.
Disciple of Our Lord, Pray for us.
Wounded with the love of Christ, Pray for us.
Most dear to the Heart of Jesus, Pray for us.
Constant woman, Pray for us.
Last at the Cross of Jesus, first at His tomb, Pray for us.
Thou who wast the first to see Jesus risen, Pray for us.
Whose forehead was sanctified by the touch of thy risen Master, Pray for us.
Apostle of apostles, Pray for us.
Who didst choose the "better part," Pray for us.
Who lived for many years in solitude being miraculously fed, Pray for us.
Who wast visited by Angels seven times a day, Pray for us.
Sweet advocate of sinners, Pray for us.
Spouse of the King of Glory, Pray for us.

V. Saint Mary Magdalen, earnestly intercede for us with thy Divine Master.
R. That we may share thy happiness in Heaven.

Let Us Pray. May the glorious merits of blessed Mary Magdalen, we beseech Thee, O Lord, make our offerings acceptable to Thee, for Thine only-begotten Son vouchsafed graciously to accept the humble service she rendered. We ask this through Him Who liveth and reigneth with Thee and the Holy Ghost, God forever and ever. Amen.

May the prayers of blessed Mary Magdalen help us, O Lord, for it was in answer to them that Thou didst call her brother Lazarus, four days after death, back from the grave to life, Who livest and reignest with the Father and the Holy Ghost, Unity in Trinity, world without end. Amen.

311. To St. Mary Magdalene

Saint Mary Magdalene, woman of many sins, who by conversion became the beloved of Jesus, thank you for your witness that Jesus forgives through the miracle of love. You, who already possess

eternal happiness in His glorious presence, please intercede for me, so that some day I may share in the same everlasting joy. Amen.

312. Efficacious Prayer to St. Mary Magdalene

O St Mary Magdalene, you were pardoned by Jesus and delivered from seven demons that obstructed your path towards sanctity and perfect holiness. Pray for us now, our entire family tree, our community and this nation; to be delivered and protected from all demonic bondages that separate us from God and His Abundant Life. O beloved saint of Jesus and the Greater Mary – the mother of God, chase away all evil spirits by the power of God, to the foot of the Cross in Calvary. Destroy and completely eliminate the power of sin in our lives. Deliver us in the name of Jesus Christ, from all sinful tendencies and sensual pleasures, which is deeply implanted in us. In particular we offer the spirit of lust, self love, pride, envy, anger, sloth, gluttony and greed. O St Mary Magdalene, Apostle of the Apostles, you who witnessed the power of God manifested in Jesus' gentle forgiving love, His painful death and Glorious Resurrection intercede for us for a complete conversion of our hearts. Lead us into a deep contemplation of the mysteries of God, as you were lead by the power of the Holy Spirit into the divinity of Jesus Christ. Plead for us dear St Mary Magdalene, that the blood of Jesus which was sprinkled on you, Mother Mary and St John, at the feet of that Cross in Calvary may deliver us from every power of sin and death. Bring us closer to that open side of Jesus, from which you witnessed the blood and water gush out. O St Mary Mary Magdalene, pray that the sins and iniquities of the whole world be cleansed in that Divine Mercy you witnessed in Calvary. May the blood and water that gushed out from the Sacred Heart of Jesus, seep deep into our conscious, subconscious and unconscious mind, purging every element of sin and death. And may our hearts forever be united like yours, to the hearts of Jesus and Mother Mary, which still bleeds for the salvation of souls. Intercede and fill us dear St Mary Magdalene, with the spirit and gifts of love, joy, peace, patience, kindness, faithfulness, goodness, gentleness, humility, self control. Come Holy Spirit, living in Mother Mary and St Mary Magdalene, come and fill us with wisdom, knowledge, understanding, deep contemplation, courage, boldness, stability and self-control. Amen.

313. To St. Peregrine Laziosi, Patron of Cancer Patients

O great St. Peregrine, you have been called "The Mighty," "The Wonder-Worker," because of the numerous miracles which you have obtained from God for those who have had recourse to you. For so many years you bore in your own flesh this cancerous disease that destroys the very fiber of our being, and who had recourse to the source of all grace when the power of man could do no more. You were favored with the vision of Jesus coming down from His Cross to heal your affliction. Ask of God and Our Lady, the cure of the sick whom we entrust to you. *(Pause here and silently recall the names of the sick for whom you are praying)*

Aided in this way by your powerful intercession, we shall sing to God, now and for all eternity, a song of gratitude for His great goodness and mercy. Amen.

314. To St. Peregrine, for Those Suffering from Cancer

St. Peregrine, whom Holy Mother Church has declared Patron of those suffering from Cancer, I confidently turn to you for help in my present sickness. I beg your kind intercession. Ask God to relieve me of this sickness, if it be his Holy Will. Plead with the Blessed Virgin Mary, the Mother of Sorrows, whom you loved so tenderly and in union with whom you have suffered the pains of Cancer, that she may help me with her powerful prayers and loving consolation.

But if it should be God's Holy Will that I bear this sickness, obtain for me courage and strength to accept these trails from the loving hand of God with patience and resignation, because he knows what is best for the salvation of my soul. St. Peregrine, be my friend and patron. Help me to imitate you in accepting suffering, and to unite myself with Jesus Crucified and the Mother of Sorrows, as you did. I offer my pains to God with all the love of my heart, for his glory and the salvation of souls, especially my own. Amen.

315. Another Prayer to St. Peregrine, for Consolation

Dear St. Peregrine, I need your help. I feel so uncertain of my life right now. This serious illness makes me long for a sign of God's love. Help me to imitate your enduring faith when you faced the challenge of cancer. Allow me to trust the Lord the way you did in this moment of distress. I want to be cured, but right now I ask God for the strength to bear the cross in my life. I seek the power to proclaim God's presence in my life despite hardship, anguish, and

fear I now experience. O glorious St. Peregrine, be an inspiration to me and petitioner of these needed graces from our loving father. Amen.

316. Novena to St. Philomena, Patroness of Martyrs, Children, Lost Causes, and the Traditional Roman Catholic Movement

We beseech Thee, O Lord, to grant us the pardon of our sins by the intercession of Saint, virgin and martyr, who was always pleasing in Thy sight by her eminent chastity and by the profession of every virtue. Amen.

Illustrious virgin and martyr, Saint Philomena, behold me prostrate before the throne whereupon it has pleased the Most Holy Trinity to place thee. Full of confidence in thy protection, I entreat thee to intercede for me with God, from the heights of Heaven deign to cast a glance upon thy humble client! Spouse of Christ, sustain me in suffering, fortify me in temptation, protect me in the dangers surrounding me, obtain for me the graces necessary to me, and in particular *(Here specify your petition)*.

Above all, assist me at the hour of my death. Saint Philomena, powerful with God, pray for us. Amen.

O God, Most Holy Trinity, we thank Thee for the graces Thou didst bestow upon the Blessed Virgin Mary, and upon Thy handmaid Philomena, through whose intercession we implore Thy Mercy. Amen.

317. To St. Philomena, for Assistance

O faithful Virgin and glorious Martyr, St. Philomena, who works so many miracles on behalf of the poor and sorrowing, have pity on me. Thou knowest the multitude and diversity of my needs. Behold me at thy feet, full of misery, but full of hope.

I entreat thy charity, O great Saint! Graciously hear me and obtain from God a favorable answer to the request which now humbly lay before thee. *(Here specify your petition)*.

I am firmly convinced that through thy merits, through the scorn, the sufferings and the death thou didst endure, united to the Passion and Death of Jesus, thy Spouse, I shall obtain what I ask of thee, and in the joy of my heart I will bless God, Who is admirable in His saints. Amen.

318. Novena to Pope St. Pius X, Patron of First Communicants and Patron against the Modernist Heresy

Begin on August 26 and end on September 3, his traditional feast-day.

Glorious Pontiff, Saint Pius the X, devoted servant of Our Lord and loving child of Mary, I invoke you as a saint in Heaven. I give myself to you that you may always be my father, my protector and my guide in the way of holiness and salvation.

Aid me in observing the duties of my state in life. Obtain for me great purity of heart and a fervent love of the interior life after your own example.

Pope of the Blessed Sacrament, teach me to love Holy Mass and Holy Communion as the source of all grace and holiness and to receive this Sacrament as often as I can.

Gentle father of the poor, help me to imitate your charity toward my fellowmen in word and deed.

Consoler of the suffering, help me to bear my daily cross patiently and with perfect resignation to the will of God. Loving Shepherd of the flock of Christ obtain for me the grace of being a true child of Holy Mother Church.

Saint Pius the X beloved Holy Father, I humbly implore your powerful intercession in obtaining from the Divine Heart of Jesus all the graces necessary for my spiritual and temporal welfare.

I recommend to you in particular this favor: *(mention your request)*

Great Pontiff, whom Holy Mother Church has raised to the honor of our altars and urged me to invoke and imitate as a Saint, I have great confidence in your prayers. I earnestly trust that if it is God's Holy Will, my petition will be granted through your intercession for me at the throne of God.

St. Pius the X pray for me and for those I love. I beg of you, by your love for Jesus and Mary, do not abandon us in our needs. May we experience the peace and joy of your holy death. Amen

Say the Our Father, *the* Hail Mary *and the* Glory be, *three times each.*

319. Devotion to St. Rita of Cascia, Patroness of Mothers, Wounds, and Victims of Domestic Violence

Antiphon. Come, O Spouse of Christ, receive the crown, which the Lord hath prepared for thee forever. Thou hast loves justice and hated iniquity; therefore God, thy God, hath anointed thee with the oil of gladness above thy companions.

V. Pray for us, blessed Rita.

R. That we may be made worthy of the promises of Christ.

Let us pray. O God, Who didst vouchsafe to confer on St. Rita so great grace that she loved her enemies and bore in her heart and on her brow the stigmata of Thy love and passion, grant us, we beseech Thee, by her intercession and merits, so to spare our enemies and to meditate on the pains of Thy passion that we may obtain the rewards promised to the meek and to them that mourn. Who livest and reignest with God the Father in the unity of the Holy Ghost, God, world without end. Amen.

320. To St. Rita, in Impossible Times

Holy Patroness of those in need, Saint Rita, so humble, pure and patient, whose pleadings with thy Divine Spouse are irresistible, obtain for me from thy Crucified Christ my request *(mention it here)*. Be kind to me, for the greater glory of God, and I promise to honor thee and to sing thy praises forever.

Oh glorious St. Rita, who didst miraculously participate in the sorrowful Passion of our Lord Jesus Christ, obtain for me the grace to suffer with resignation the troubles of this life, and protect me in all my needs. Amen

321. To Santiago Matamoros (St. James the Moor Slayer), Patron Against Jihadists and Radical Islamic Terrorism

Translated from the Spanish by Brother Armatus Divino Auxilio

Saint James the Great Apostle, close relative of our Lord and yet closer to God in your spiritual ties! To be called by God amongst the first disciples and favored with His special intimiacy, you respond with great generosity, leaving everything behind to follow after your first calling.

You also saw the privilege of being the first of the Apostles to die for God, sealing your preaching with your blood.

"Thunderous" in your enthusiasm from heaven onto the earth, time and again you have shown yourself Defender of His Church, appearing on the battlefield that the Christians may rout and vanquish the enemies of the Cross, and to bring those discouraged Believer onward to Victory. Strength of the Christians, safe refuge for those who pray to you with confidence, O protect us and in all the dangers that encircle us!

For by your intercession, our Lord grants us His Holy Love, filial fear, justice, peace, and victory over our adversaries, those visible even as those invisible, that one day He may grant us the happiness of seeing and holding Him with us in heaven, in your company alongside the Angels and Saints forever. Amen.

322. To St. Seraphim of Sarov, Starets and Wonder-Worker

O great Saint of God, our venerable and God-bearing Father, Seraphim! Look down from the glory that is above, upon us who are humble and weak, burdened with our many sins, and ask thy help and consolation.

Bend down to us in thy loving kindness, and help us to carry out God's commandments without stain, firmly to keep the Orthodox Faith, to approach God in heartfelt contrition for all our sins, to make progress in Christian devotion and to be worthy of thy prayers before God.

Yea, O Saint of God, hearken unto us, who pray to thee in faith and love, and despise us not who seek thee as our defender: now, and at the hour of our departure, help us and defend us by thy prayers from the wicked assaults of the devil, lest evil powers should have dominion over us; but let us be granted, by thy help, to inherit the bliss of heavenly mansions.

For we place our hope in thee, O kind-hearted father: be thou indeed our guide to salvation, and bring us to the unwaning light of eternal life, by thy good intercession before the throne of the Most Holy Trinity, so that we may glorify and hymn with all the Saints, the name worthy of adoration, of the Father, and of the Son, and of the Holy Spirit, for ages of ages. Amen.

323. Troparion of St. Seraphim of Sarov

Thou didst love Christ from thy youth, O blessed one, and longing to work for Him alone thou didst struggle in the wilderness with constant prayer and labor. With penitent heart and great love for Christ thou wast favored by the Mother of God. Wherefore we cry to thee: Save us by thy prayers, O Seraphim our righteous Father.

324. To St. Teresa of Avila, Patroness of Spain, of Bodily Ills, Religious, Lacemakers, Headaches, and Chess

O Saint Teresa, seraphic Virgin, beloved spouse of thy crucified Lord, thou who on earth didst burn with a love so intense toward thy

God and my God, and now dost glow with a brighter and purer flame in paradise: obtain for me also, I beseech thee, a spark of that same holy fire which shall cause me to forget the world, all things created, and even myself; for thou didst ever avidly desire to see Him loved by all men. Grant that my every thought and desire and affection may be continually directed to doing the will of God, the supreme Good, wheter I am in joy or in pain, for He is worthy to be loved and obeyed forever. Obtain for me this grace, thou who art so powerful with God; may I be all on fire, like thee, with the holy love of God. Amen.

325. Novena to St. Teresa of Avila

(From the spiritual diary St. Alphonsus Liguori:)

First Day:

O most amiable Lord Jesus Christ! We thank Thee for the great gift of faith and of devotion to the Holy Sacrament, which Thou didst grant to Thy beloved Teresa; we pray Thee, by Thy merits and by those of Thy faithful spouse, to grant us the gift of a lively faith, and of a fervent devotion toward the most Holy Sacrament of the altar; where Thou, O infinite Majesty! hast obliged Thyself to abide with us even to the end of the world, and wherein Thou didst so lovingly give Thy whole Self to us.

Say one Our Father, *one* Hail Mary *and one* Glory be.

V. St. Teresa, pray for us:

R. That we may become worthy of the promises of Jesus Christ.

Let us pray: Graciously hear us, O God of our salvation! that as we rejoice in the commemoration of the blessed virgin Teresa, so we may be nourished by her heavenly doctrine, and draw from thence the fervour of a tender devotion; through our Lord Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Spirit, God for ever and ever. Amen.

Second Day:

O most merciful Lord Jesus Christ! we thank Thee for the great gift of hope which Thou didst grant to Thy beloved Teresa; we pray Thee, by Thy merits, and by those of Thy holy spouse, to give us a great confidence in Thy goodness, by reason of Thy Precious Blood, which Thou hast shed to its last drop for our salvation.

Say one Our Father, *one* Hail Mary *and one* Glory be.

V. St. Teresa, pray for us:
R. That we may become worthy of the promises of Jesus Christ.
Let us pray: Graciously hear us, O God of our salvation! that as we rejoice in the commemoration of the blessed virgin Teresa, so we may be nourished by her heavenly doctrine, and draw from thence the fervour of a tender devotion; through our Lord Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Spirit, God for ever and ever. Amen.

Third Day:
O most loving Lord Jesus Christ! we thank Thee for the great gift of love which Thou didst grant to Thy beloved Teresa; we pray Thee, by Thy merits, and by those of Thy most loving spouse, to give us the great, the crowning gift of Thy perfect love.
Say one Our Father, *one* Hail Mary *and one* Glory be.

V. St. Teresa, pray for us:
R. That we may become worthy of the promises of Jesus Christ.
Let us pray: Graciously hear us, O God of our salvation! that as we rejoice in the commemoration of the blessed virgin Teresa, so we may be nourished by her heavenly doctrine, and draw from thence the fervour of a tender devotion; through our Lord Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Spirit, God for ever and ever. Amen.

Fourth Day:
O most sweet Lord Jesus Christ! we thank Thee for the gift of great desire and resolution which Thou didst grant to Thy beloved Teresa, that she might love Thee perfectly; we pray Thee, by Thy merits, and by those of Thy most generous spouse, to give us a true desire, and a true resolution of pleasing Thee the utmost of our power. Amen.
Say one Our Father, *one* Hail Mary *and one* Glory be.

V. St. Teresa, pray for us:
R. That we may become worthy of the promises of Jesus Christ.
Let us pray: Graciously hear us, O God of our salvation! that as we rejoice in the commemoration of the blessed virgin Teresa, so we may be nourished by her heavenly doctrine, and draw from thence the fervour of a tender devotion; through our Lord Jesus Christ, Thy

Son, Who liveth and reigneth with Thee in the unity of the Holy Spirit, God for ever and ever. Amen.

Fifth Day:
O most kind Lord Jesus Christ! we thank Thee for the great gift of humility which Thou didst grant to Thy beloved Teresa; we pray Thee, by Thy merits, and by those of Thy most humble spouse, to grant us the grace of a true humility, which may make us ever find our joy in humiliation, and prefer contempt before every honor. *Say one* Our Father, *one* Hail Mary *and one* Glory be.

V. St. Teresa, pray for us:

R. That we may become worthy of the promises of Jesus Christ.

Let us pray: Graciously hear us, O God of our salvation! that as we rejoice in the commemoration of the blessed virgin Teresa, so we may be nourished by her heavenly doctrine, and draw from thence the fervour of a tender devotion; through our Lord Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Spirit, God for ever and ever. Amen.

Sixth Day:
O most bountiful Lord Jesus Christ! we thank Thee for the gift of devotion towards Thy sweet mother, Mary and her holy spouse, Joseph, which Thou didst grant to Thy beloved Teresa; we pray Thee, by Thy merits, and by those of Thy most dear spouse, to give us the grace of a special and tender devotion towards Thy most holy mother, Mary, and towards Thy beloved foster-father, Joseph. Amen. *Say one* Our Father, *one* Hail Mary *and one* Glory be.

V. St. Teresa, pray for us:

R. That we may become worthy of the promises of Jesus Christ.

Let us pray: Graciously hear us, O God of our salvation! that as we rejoice in the commemoration of the blessed virgin Teresa, so we may be nourished by her heavenly doctrine, and draw from thence the fervour of a tender devotion; through our Lord Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Spirit, God for ever and ever. Amen.

Seventh Day:
O most loving Lord Jesus Christ! we thank Thee for the wonderful gift of the wound in the heart which Thou didst grant to Thy beloved

Teresa; we pray Thee, by Thy merits, and by those of Thy seraphic spouse, to grant us also a like wound of love, that, henceforth, we may love Thee and give our mind to the love of nothing but Thee. Amen.
Say one Our Father, *one* Hail Mary *and one* Glory be.

V. St. Teresa, pray for us:
R. That we may become worthy of the promises of Jesus Christ.
Let us pray: Graciously hear us, O God of our salvation! that as we rejoice in the commemoration of the blessed virgin Teresa, so we may be nourished by her heavenly doctrine, and draw from thence the fervour of a tender devotion; through our Lord Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Spirit, God for ever and ever. Amen.

Eighth Day
O most beloved Lord Jesus Christ! we thank Thee for the eminent gift of the desire for death which Thou didst grant to Thy beloved Teresa; we pray Thee, by Thy merits, and by those of Thy most constant spouse, to grant us the grace of desiring death, in order to go and possess Thee eternally in the country of the blessed. Amen.
Say one Our Father, *one* Hail Mary *and one* Glory be.

V. St. Teresa, pray for us:
R. That we may become worthy of the promises of Jesus Christ.
Let us pray: Graciously hear us, O God of our salvation! that as we rejoice in the commemoration of the blessed virgin Teresa, so we may be nourished by her heavenly doctrine, and draw from thence the fervour of a tender devotion; through our Lord Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Spirit, God for ever and ever. Amen.

Ninth Day:
Lastly, O dearest Lord Jesus Christ! we thank Thee for the gift of the precious death which Thou didst grant to Thy beloved Teresa, making her sweetly to die of love; we pray Thee, by Thy merits, and by those of Thy most affectionate spouse, to grant us a good death; and if we do not die of love, yet, that we may at least die burning of love for Thee, that so dying, we may be able to go and love Thee for evermore with a more perfect love in heaven. Amen.

Say one Our Father, *one* Hail Mary *and one* Glory be.

V. St. Teresa, pray for us:
R. That we may become worthy of the promises of Jesus Christ.
Let us pray: Graciously hear us, O God of our salvation! that as we rejoice in the commemoration of the blessed virgin Teresa, so we may be nourished by her heavenly doctrine, and draw from thence the fervour of a tender devotion; through our Lord Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Spirit, God for ever and ever. Amen.

326. Novena to St. Thérèse of Lisieux, Patroness of France, of Gardens at Vatican City, of HIV/AIDS Sufferers, and Alaska

St. Therese, Flower of fervor and love, please intercede for us.
Fill our hearts with your pure love of God.
As we approach and celebrate your feast day, make us more aware of the goodness of God and how well He tends His garden.
Instill in us your little way of doing ordinary things with extra-ordinary love.
Give us the heart of a child who wonders at life and embraces everything with loving enthusiasm.
Teach us your delight in God's ways so that divine charity may blossom in our hearts.
Little Flower of Jesus, bring our petitions *(mention in silence here)* before God, our Father.
With your confidence, we come before Jesus as God's children, because you are our heavenly friend.
As we celebrate the Feast Day of your homecoming in heaven,continue to shower roses and grace upon us. Amen

327. St. Thérèse Rose Prayer

O Little Therese of the Child Jesus, please pick for me a rose from the heavenly gardens and send it to me as a message of love.

O Little Flower of Jesus, ask God to grant the favors I now place with confidence in your hands . .

(mention in silence here)

St. Therese, help me to always believe as you did in God's great love for me, so that I might imitate your "Little Way" each day. Amen.

328. Miraculous Invocation to St. Thérèse

O Glorious St. Therese, whom Almighty God has raised up to aid and inspire the human family, I implore your Miraculous Intercession.

You are so powerful in obtaining every need of body and spirit from the Heart of God. Holy Mother Church proclaims you "Prodigy of Miracles, the greatest saint of Modern Times."

Now I fervently beseech you to answer my petition *(mention in silence here)*, and to carry out your promises of spending heaven doing good on earth, of letting fall from Heaven a Shower of Roses.

Little Flower, give me your childlike faith, to see the Face of God in the people and experiences of my life, and to love God with full confidence.

St. Therese, my Carmelite Sister, I will fulfill your plea "to be made known everywhere," and I will continue to lead others to Jesus through you. Amen.

329. Prayer to St. Thérèse, the Little Flower of the Child Jesus

Thou servant of God, Saint Therese of the Child Jesus, who in thy dying moments didst say: I will spend my heaven in doing good upon earth," hasten to let fall upon me a Shower of Roses that I too may be inflamed with that fire of love which burned so briliantly in thy breast and which brought thee so gloriously to the arms of Jesus, my Lord and my God. Amen

330. To St. Thomas Aquinas, Patron of Schools, Academics, and Catholic Apologists

O Angelic Doctor St. Thomas, prince of theologians and model of philosophers, bright ornament of the Christian world and light of the Church; O heavenly patron of all Catholic schools, who didst learn wisdom without guile and dost communicate it without envy, intercede for us with the Son of God, Wisdom itself, that the spirit of wisdom may descend upon us, and enable us to understand clearly that which thou hast taught, and fulfill it by imitating thy deeds; to become partakers of that doctrine and virtue which caused thee to shine like the sun on earth; and at last to rejoice with thee forever in their most sweet fruits in heaven, together praising the Divine Wisdom for all eternity. Amen.

331. To St. Vincent Ferrer, Patron of Builders, Plumbers, and Construction Workers

O Glorious Apostle and worker of miracles, St. Vincent Ferrer, a new angel of the Apocalypse and our kind protector, recieve our humble prayers and obtain from us a copious shower of Divine favors. By that love with which thy heart was inflamed, obtain for us from the Father of mercies the pardon of all our sins, confirmation in the faith, and perseverance in good works; so that living as good and fervent Christians we may become worthy of thy powerful patronage. Extend thy patronage also to our bodies, and free is from our infirmities. Protect our lands from the violence of tempest and hail, and keep misfortune far from us. Thus, blessed by thee in the goods of soul and body, we shall be ever devout to thee, and one day see thee in heaven, there with thee to praise God forever and ever. Amen.

IX. Prayers for the Living

332. Prayer for the Church to the Holy Ghost

O Holy Spirit, Creator, propitiously help the Catholic Church, and by thy supernal power strengthen and confirm it against the assaults of the enemy, by thy charity and grace renew the spirit of thy servants whom thou hast anointed, that in Thee they may glorify the Father and his only begotten Son Jesus Christ our Lord. Amen.

333. Prayer to St. Joseph for the Church

To thee, O blessed Joseph, we have recourse in our affliction, and having implored the help of thy thrice holy Spouse, we now, with hearts filled with confidence, earnestly beg thee also to take us under thy protection. By that charity, wherewith thou were united to the Immaculate Virgin, Mother of God, and by that fatherly love, with which thou didst cherish the Child Jesus, we beseech thee and we humbly pray that thou wilt look down with gracious eyes upon that inheritance which Jesus Christ purchased by His Blood, and wilt succor us in our need by thy power and strength.

Defend, O most watchful guardian of the Holy family, the chosen offspring of Jesus Christ. Keep from us, O most loving Father, all blight of error and corruption. Aid us from on high, most valiant defender, in this conflict with the powers of darkness, and even as of old, thou didst rescue the Child Jesus from the peril of His life, so no defend God's Holy Church from the snares of the enemy and from all adversity. Shield us ever under thy patronage, that, imitating thy example and strengthened by thy help, we may live a holy life, die a happy death, and attain everlasting bliss in Heaven. Amen.

334. For All Degrees of People in the Church

Almighty and everlasting God, by whose Spirit the whole body of the Church is governed and sanctified: Receive our supplications and prayers, which we offer before thee for all grades of citizens in thy holy Church, that every member of the same, in their vocation and ministry, may truly and godly serve thee; through our Lord and Saviour Jesus Christ. Amen.

335. For Relatives

Defend, we beseech thee, O Lord, by the intercession of the blessed Mary, ever Virgin, this thy family from all adversity; and mercifully protect us, now prostrate before thee with our whole hearts, from all the snares of our enemies. Through Christ our Lord. Amen.

336. For Friends

O God, who, by the grace of the Holy Spirit, hast poured into the hearts of Thy faithful the gifts of charity: grant to Thy servants and handmaids, for whom we implore Thy mercy, health both of body and soul; that they may love Thee with all their strength, and cheerfully perform those things which are pleasing unto Thee. Through Christ our Lord. Amen.

337. Prayer for Civil Rulers

O God, by whom rulers reign, and the princes of the earth exercise their power; O God, who art the strength and support of those kingdoms that serve thee; mercifully hear our prayers, and defend thy servant *(name)* our President *(or:* King, Queen, *etc.)* from all dangers; and grant that his/her safety may conduce to the peace and welfare of thy people. Through Christ our Lord. Amen.

338. For Enemies

O God, the lover and preserver of peace and charity: grant unto all our enemies peace and true charity; give them remission of all their sins, and by Thy power deliver us from their snares. Amen.

339. For the Tempted and Afflicted

O God, who justifiest the ungodly, and willest not the death of a sinner: we humbly entrust Thy Majesty to protect Thy servants, who trust in Thy mercy, with Thy heavenly assistance, and preserve them by Thy continual protection; that they may constantly serve Thee, and by no temptation be separated from Thee. Amen.

340. For Those in Any Danger

O God, the singular protector of human weakness, hear, we beseech Thee, the prayers we humbly offer for those who are in peril, that Thou mayest save them from sin, and bring them into safety. Through Christ our Lord. Amen.

341. For Heretics and Unbelievers

Lord Jesus, most merciful Savior of the world, we humbly beseech Thee, by Thy most Sacred Heart, that all the sheep who stray out of Thy fold, as well as those who are held by the darkness of error, may be converted to Thee, the Shepherd and Bishop of their souls. Who livest and reignest with God the Father in the unity of the Holy Ghost, forever and ever. Amen.

342. Prayer for the Conversion of Unbelievers

O Holy Spirit of truth, we beseech Thee to enlighten the minds of unbelievers in the midst of us; to incline their hearts to love Thy word, and to believe the teachings of Thy Church; give them courage to accept the faith and openly profess it; that they may come into union with Thee and the Father, through Christ our Lord, Who liveth and reigneth forever and ever.

343. Prayer for Sinners

Almighty and eternal God, Who sleekest not the death but the life of sinners, Who wouldst save all and have none to perish, mercifully hear our prayers on behalf of those who are dead in sin and grant that they may repent and live again in Thy grace. Through Christ our Lord. Amen.

Saint Joseph, Protector of the Universal Church and Patron of the Dying, Pray for us.

X. Prayers for the Sick and Dying

344. Prayer for the Sick

Almighty and eternal God, you are the everlasting health of those who believe in you. Hear us for your sick servant, *(Name)*, for whom we implore the aid of your tender mercy, that being restored to bodily health, he/she may give thanks to you in your Church. Through Christ our Lord. Amen.

345. Another Prayer for the Sick

Dear Jesus, Divine Physician and Healer of the sick, we turn to You in this time of illness. O dearest Comforter of the Troubled, alleviate our worry and sorrow with Your gentle love, and grant us the grace and strength to accept this burden.

Dear God, we place our worries in Your hands. We ask that You restore Your servant to health again.

Above all, grant us the grace to acknowledge Your holy will and know that whatsoever You do, You do for the love of us. Amen.

346. For Healing

Father, your love is as wide as the oceans, as deep as the sea, and as tall as the heavens.
May your spirit rise like a mightly wave and come and restore those who are ill.
You are the water of life, you are a fresh spring.
You are healing rain to all those who are in need.
Come Lord!

347. Prayer for Those On Medication

Gracious God, You have given us many healing remedies that are a benefit to us when we are sick. Through the miraculous intercession of St. Anthony, we ask Your blessing upon the medication prescribed for *(mention name)* so that he/she may experience healing, and be restored to full health in mind and body. Amen.

348. Prayer Before Surgery

Loving Father, I entrust myself to your care this day; guide with wisdom and skill the minds and hands of the medical people who

minister in your Name, and grant that every cause of illness be removed, I may be restored to soundness of health and learn to live in more perfect harmony with you and with those around me. Through Jesus Christ. Amen.

Into your hands, I commend my body and my soul. Amen.

349. Prayer After Surgery

Blessed Savior, I thank you that this operation is safely past, and now I rest in your abiding presence, relaxing every tension, releasing every care and anxiety, receiving more and more of your healing life into every part of my being. In moments of pain I turn to you for strength, in times of loneliness I feel your loving nearness. Grant that your life and love and joy may flow through me for the healing of others in your name. Amen.

350. Prayer for Doctors and Nurses

O merciful Father, who have wonderfully fashioned man in your own image, and have made his body to be a temple of the Holy Spirit, sanctify, we pray you, our doctors and nurses and all those whom you have called to study and practice the arts of healing the sick and the prevention of disease and pain. Strengthen them in body and soul, and bless their work, that they may give comfort to those for whose salvation your Son became Man, lived on this earth, healed the sick, and suffered and died on the Cross. Amen.

351. A Nurse's Prayer #1

Dear Lord, please give me strength, To face the day ahead.
Dear Lord, please give me courage, As I approach each hurting bed.
Dear Lord, please give me wisdom With every word I speak.
Dear Lord, please give me patience, As I comfort the sick and weak.
Dear Lord, Please give me assurance, As the day slips into night.
That I have done the best I can, That I have done what's right.

352. A Nurse's Prayer #2

Be my voice to the deaf. Be my faith where there is doubt. Be my hope where there is despair. Be my light where there is darkness. Be my joy where there is sadness. Be me in the world.
Be my eyes to the blind. Be my consolation to those who need to be consoled. Be my understanding to those who need to be understood.

Be my healing to those who need to healed. Be my love to those who need love. Be my forgiveness to those who need to be forgiven. Be my death to those who need me. Be me in the world.

353. A Nurse's Prayer #3

When I falter, give me courage. When I tire, renew my strength. When I weaken because I'm human, inspire me on to greater length. If doctors and patients become demanding, and days are too short for all my duty: help me remember I chose to serve, to do so with grace, and spiritual beauty. In humility, Lord, I labor long hours, and though I sometimes may fret; my mission is mercy. Abide with me, that I may never forget.

354. Prayer for a Sick Person Near Death

Almighty and Everlasting God, preserver of souls, who dost correct those whom Thou dost love, and for their betterment dost tenderly chastise those whom Thou dost receive, we call upon Thee, O Lord, to grant Thy healing, that the soul of Thy servant, *(Name)*, at the hour of its departure from the body, may by the hands of Thy holy Angels be presented without spot unto Thee. Amen.

355. Offering for the Dying

O My God, I offer Thee all the holy Masses which will be said this day throughout the whole world for poor sinners who are now in their death agony and who will die this day. May the Precious Blood of our Savior Jesus Christ obtain for them mercy. Amen.

356. To Be Said by the Dying Person, or by Another for Him or Her

V. We adore Thee, O Christ, and we bless Thee.
R. For by Thy holy Cross Thou hast redeemed the world.

O GOD, Who for the redemption of the world didst vouchsafe to be born, to be circumcised, to be rejected by the Jews, to be betrayed with a kiss by the traitor Judas, to be bound with cords, to be led as an innocent Iamb to the slaughter, and in the sight of Annas, Caiphas, Pilate, and Herod, to be treated with indignity, to be accused by false witnesses, to be afflicted with scourges and reproaches, to be spit upon, to be crowned with thorns, to be beaten with blows, to be struck with a reed, to have Thy face veiled, to be stripped of Thy

garments, to be nailed to the Cross and raised high thereon, to be ranked among thieves, to be offered gall and vinegar to drink, and to be pierced with a lance: Do Thou, O Lord, by these Thy most holy pains, which I, though unworthy, now call to mind, and by Thy holy Cross and death, deliver me *(or* this Thy servant, *Name)* from the pains of Hell, and vouchsafe to lead me *(or name the person)* whither Thou didst lead the good thief who was crucified with Thee. Who, with the Father and the Holy Ghost, livest and reignest forever and ever. Amen.

357. Prayer for the Dying

Most merciful Jesus, lover of souls, I pray you by the agony of your most sacred heart, and by the sorrows of your Immaculate mother, to wash in your most Precious Blood the sinners of the world who are now in their agony, and who will die today.

Heart of Jesus, once in agony, have mercy on the dying.
Jesus, Mary and Joseph, I give you my heart and my soul. Assist me in my last agony, and grant that I may breath forth my soul in peace with you. Amen.

358. Three Pious Prayers for the Dying

From the Rituale Romanum*, taken from the Rite of Commendation.*

These prayers are to be said during the dying person's last agony, either by the person or another in the person's place.

First Prayer:

Lord, have mercy. Christ, have mercy. Lord, have mercy.
Our Father. Hail Mary.

Lord Jesus Christ, by your sacred agony and by the prayer you offered for us on Mt. Olivet, when your sweat became like drops of blood trickling to the ground, I humbly implore you to offer up the flow of that bloody sweat which poured from you in frightful anguish. Present it to God, your almighty Father, in atonement for the many sins committed by your servant, *(Name)*, Deliver him/her in the hour of his/her death from all the penalties and sufferings which he/she fears his/her sins have deserved. We ask this of you who live and reign with the Father and the Holy Spirit, God, forever and ever. Amen.

Second Prayer:
Lord, have mercy. Christ, have mercy. Lord, have mercy.
Our Father. Hail Mary.

Lord, Jesus Christ, who for our sake submitted to a shameful death on the cross, I humbly implore you to offer up all the bitter pain and suffering you endured on the cross for us wretched sinners, especially in the hour when your sacred soul left your sacred body. Present them to God, your almighty Father, for the soul of your servant *(Name)*. Deliver him/her in the hour of his/her death from all the penalties and sufferings which he/she fears his/her sins have deserved. We ask this of you who live and reign with the Father and the Holy Spirit, God, forever and ever. Amen.

Third Prayer:
Lord, have mercy. Christ, have mercy. Lord, have mercy.
Our Father. Hail Mary.

Lord Jesus Christ, who spoke by the mouth of the prophet: "I love you with undying love; therefore I have pity on you and have drawn you to myself;" I humbly implore you to offer up for the soul of your servant, *(Name)*, the very same charity which brought you down from heaven to earth, to endure all those bitter sufferings of yours. Present them to God, your almighty Father. Deliver him/her from all the penalties and sufferings which he/she fears his/her sins have deserved, and save his/her soul in this hour of his/her departure. Open wide for him/her the gate of life, and let him/her rejoice with your saints in everlasting glory. Lord Jesus Christ, font of all mercy, who ransomed us with your precious blood, take pity on the soul of your servant, and graciously lead him/her to the ever verdant beauty of Paradise. There may he/she live united with you in inseparable love, never to be parted from you and your elect. We ask this of you who live and reign with the Father and the Holy Spirit, God, forever and ever. Amen.

"Thou shalt worship the Lord thy God, and Him alone shalt thou serve."

– Matthew 4:10

"May Michael, the holy standard-bearer, bring them into the holy light: Which you once promised to Abraham and to his seed."

– From the Mass for the Departed

XI. Prayers for the Dead

"It is therefore a holy and wholesome thought to pray for the dead, that they may be loosed from sins." – 2 Maccabees 12:46

"Let us help and commemorate [the dead]. If Job's sons were purified by their father's sacrifice, why would we doubt that our offerings for the dead bring them some consolation? Let us not hesitate to help those who have died and to offer our prayers for them." – St. John of the Cross

"Prayers for the dead, that they may be liberated from the fire of purgatory, are derived from Apostolic teaching." – Catechism of the Council of Trent

"From the beginning the Church has honored the memory of the dead and offered prayers in suffrage for them, above all the Eucharistic sacrifice, so that, thus purified, they may attain the beatific vision of God. The Church also commends almsgiving, indulgences, and works of penance undertaken on behalf of the dead." – Catechism of the Catholic Church

359. Antiphon and Collect for the Dead

Taken from the Mass of All Souls' Day

Antiphon. Eternal rest grant unto them, O Lord: and let perpetual light shine upon them. To you we owe our hymn of praise, O God, in Sion; to you must vows be fulfilled in Jerusalem. Hear my prayer; to you all flesh must come. Eternal rest grant unto them, O Lord: and let perpetual light shine upon them.

V. Eternal rest grant unto them, O Lord.
R. And let perpetual light shine upon them.

Let us pray. O God, creator and redeemer of all the faithful, grant the souls of your departed servants forgiveness of all their sins. May our devout prayers obtain for them the pardon that they have always desired: You who live and reign with the Father in the unity of the Holy Spirit, God, forever and ever. Amen.

V. Eternal rest grant unto them, O Lord.
R. And let perpetual light shine upon them.
V. May they rest in peace.
R. Amen.

360. Offertory from the Mass for the Dead

Lord Jesus Christ, King of glory, deliver the souls of all the faithful departed from the pains of hell and the deep pit; deliver them from the lion's mouth, may hell not swallow them up, nor may they fall into darkness, but may Michael, the holy standard-bearer, bring them into the holy light: Which you once promised to Abraham and to his seed. Amen.

361. Novena for One Recently Deceased

First Day:

O God, to whom it belongs always to have mercy and to spare, we humbly beseech thee for the soul of thy servant, *(Name)*, which thou has commanded to depart out of this world: that thou deliver it not into the hands of the enemy, nor forget it unto the end; but command it to be received by thy holy angels, and conducted into Paradise, its true country; that, as in thee it hath hoped and believed, it may not suffer the pains of hell, but may take possession of eternal joys. Through Christ our Lord. Amen.

Second Day:

To thee, O Lord, do we commend the soul of thy servant, *(Name)*, that, being dead to the world he/she may live unto thee; and whatsoever sins he/she has committed through the frailty of mortal nature, do thou, by the pardon of thy most merciful love, wash away. Through Christ our Lord. Amen.

Third Day:

We beseech thee, O Lord, that thou wouldst vouchsafe to grant fellowhip with thy saints and elect to the soul of thy servant, *(Name)*, whose departure we commemorate, and mayest thou pour upon it the everlasting dew of thy mercy. Through Christ our Lord. Amen.

Fourth Day:

Incline thine ear, O Lord, unto the prayers in which we suppliantly entreat thy mercy; and do thou establish, in a place of peace and rest, the soul of thy servant, *(Name)*, whom thou hast bidden to pass out of this world, and unite him/her to the fellowship of thy saints. Through Christ our Lord. Amen.

Fifth Day:
Absolve, we beseech thee, O Lord, the soul of thy servant, *(Name)*, from every bond of sin, that, being raised in the glory of the Resurrection, he/she may be refreshed among thy saints and elect. Through Christ our Lord. Amen.

Sixth Day:
We beseech thee, O Lord, by thy loving kindness, to have mercy on the soul of thy servant, *(Name)*, and now, that he/she is released from the frailty of this mortal flesh, to give him/her part in thine eternal salvation. Through Christ our Lord. Amen.

Seventh Day:
We implore thee, O Lord, mercifully to grant companionship with the blessed in heaven to the soul of thy servant, *(Name)*, whose death we commemorate. Through Christ our Lord. Amen.

Eighth Day:
Receive, O Lord, our prayers on behalf of the soul of thy servant, *(Name)*, that, if it is still soiled by any earthly stains, it may be purified by thy merciful forgiveness. Through Christ our Lord. Amen.

Ninth Day:
Grant, O Lord, we beseech thee, this mercy unto thy servant deceased, *(Name)*, that, having in desire kept thy will, he/she may not suffer in requital of his/her deeds: and as a true faith joined him/her unto the company of thy faithful here below, so may they tender mercy give him/her place above, among the angel choirs. Through Christ our Lord. Amen.

V. Eternal rest grant unto him/her, O Lord.
R. And let perpetual light shine upon him/her.
V. May he/she rest in peace.
R. Amen.

362. Daily Prayers for the Souls in Purgatory

Sunday:
O Lord God Almighty, I pray Thee, by the Precious Blood which thy Divine Son Jesus shed in the Garden, deliver the souls in Purgatory,

and especially that soul amongst them all which is most destitute of spiritual aid; and vouchsafe to bring it to Thy glory, there to praise and bless Thee forever. Amen.
– *Pater, Ave, De Profundis (Psalm 130)*

Monday:
O Lord God Almighty, I pray Thee, by the Precious Blood which thy Divine Son Jesus shed in His cruel Scourging, deliver the souls in Purgatory, and that soul especially amongst them all which is nearest to its entrance into Thy glory; that so it may forthwith begin to praise and bless Thee forever. Amen
– *Pater, Ave, De Profundis (Psalm 130)*

Tuesday:
O Lord God Almighty, I pray Thee, by the Precious Blood which thy Divine Son Jesus shed in His bitter Crowning with Thorns, deliver the souls in Purgatory, and in particular that one amongst them all which would be the last to depart out of those pains, that it may not tarry so long a time before it come to praise Thee in thy glory and bless Thee forever. Amen
– *Pater, Ave, De Profundis (Psalm 130)*

Wednesday:
O Lord God Almighty, I pray Thee, by the precious Blood which thy Divine Son Jesus shed in the streets of Jerusalem, when He carried the Cross upon His Sacred Shoulders, deliver the souls in Purgatory, and especially that soul which is richest in merits before Thee; that so, in that throne of glory which awaits it, it may magnify Thee and bless Thee forever. Amen
– *Pater, Ave, De Profundis (Psalm 130)*

Thursday:
O Lord God Almighty, I pray Thee, by the Precious Body and Blood of thy Divine Son Jesus, which He gave with His own hands upon the eve of His Passion to His beloved Apostles to be their Meat and Drink, and which He left to His whole Church to be a Perpetual Sacrifice and the Life-giving Food of His own faithful people, deliver the souls in Purgatory, and especially that one which was most devoted to this Mystery of Infinite Love, that it may with the same

Thy Divine Son and with thy Holy Spirit, ever praise Thee for Thy love therein in eternal glory. Amen
– *Pater, Ave, De Profundis (Psalm 130)*

Friday:
O Lord God Almighty, I pray Thee, by the Precious Blood which thy Divine Son shed on this day upon the wood of the Cross, especially from His most Sacred Hands and Feet, deliver the souls in Purgatory, and in particular that soul for which I am most bound to pray; that no neglect of mine may hinder it from praising Thee in Thy glory and blessing Thee forever. Amen
– *Pater, Ave, De Profundis (Psalm 130)*

Saturday:
O Lord God Almighty, I beseech Thee, by the Precious Blood which gushed forth from the Side of thy Divine Son Jesus, in the sight of, and to the extreme pain of His most holy Mother, deliver the souls in Purgatory, and especially that one amongst them all which was the most devout to her; that it may soon attain unto Thy glory, there to praise Thee in her, and her in Thee, world without end. Amen
– *Pater, Ave, De Profundis (Psalm 130)*

363. A Rosary Chaplet for the Souls in Purgatory

This chaplet uses a regular Dominican Rosary. On the Our Father beads, pray:
By the seven beatings that our Lord suffered, by the twisted nails, Holy Souls: be cooled.
Holy Souls, Holy Souls, I am one, you are many.
By our prayer, take away from me this confusion.
When you ascend to heaven, pray for us sinners.
Soul in heaven and body in earth, eternal peace.

On the Hail Mary beads, pray:
Holy Souls and true saints, merciful Holy Souls, and Mary by her goodness, Holy Souls: be cooled.

364. Versicles for the Dead

V. Eternal rest grant unto them, O Lord.
R. And let perpetual light shine upon them.
V. May they rest in peace.
R. Amen.

365. Prayer for a Deceased Pope

God, Who, in Thine ineffable providence, didst will that Thy servant, Pope *(Name)*, should be numbered among the Sovereign Pontiffs, grant, we beseech Thee, that he, who reigned as the vicar of Thy Son on earth, may be joined to the fellowship of Thy holy Pontiffs forevermore. Through the same Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, world without end. Amen.

366. Prayer for a Deceased Bishop

Grant, we beseech Thee, O Lord, that the soul of Thy servant Bishop *(Name)*, which Thou hast taken from the toilsome onflict of this world, may have fellowship among thy Saints. Amen.

367. Prayer for a Deceased Priest #1

Incline Thine ear, O Lord, unto our prayers wherein we humbly pray Thee to show Thy mercy upon the soul of Thy servant *(Name)*, whom Thou hast commanded to pass out of this world, that Thou wouldst place him in the region of peace and light, and bid him be a partaker of Thy Saints. Through Christ Our Lord. Amen.

368. Prayer for a Deceased Priest #2

O God, Thou didst raise Thy servant, *(Name)*, to the sacred priesthood of Jesus Christ, according to the Order of Melchisedech, giving him the sublime power to offer the Eternal Sacrifice, to bring the Body and Blood of Thy Son Jesus Christ down upon the altar, and to absolve the sins of men in Thine own Holy Name.

We beseech Thee to reward his faithfulness and to forget his faults, admitting him speedily into Thy Holy Presence, there to enjoy forever the recompense of his labors. This we ask through Jesus Christ Thy Son, our Lord. Amen.

369. Prayer for Priests in Purgatory

My Jesus, by the sorrows Thou didst suffer in Thine Agony in the Garden, in Thy Scourging and Crowning with thorns, in the Way to Calvary, in Thy Crucifixion and Death, have mercy on the souls of priests in Purgatory, especially those most forgotten and who have no one else to pray for them. I wish to remember all those priests who ministered to me, the priests my heart has never forgotten, and for those that I no longer recall due to my frailty of memory.

Do Thou deliver them from the dire torments they endure; call them and admit them to Thy most sweet embrace in Paradise.

Say one Our Father *and one* Hail Mary, *then*:

V. Eternal rest grant unto them, O Lord.
R. And let perpetual light shine upon them.
V. May they rest in peace.
R. Amen.

370. A Prayer for Deceased Parents

O God, Who has commanded us to honour our father and mother, have compassion in Thy mercy, on the souls of my father and mother; forgive them their sins, and grant that I may see them in the joy of eternal brightness. Through Christ our Lord. Amen.

371. Deceased Brethren, Relatives, and Benefactors

O God, the bestower of forgiveness and the lover of human salvation, we beseech Thee, of Thy tender love, to grant that the brethren and sistren of our congregation, with their relatives and benefactors, who have passed out of this life, may, by the intercession of Blessed Mary, ever Virgin, and all thy saints, come to the fellowship of eternal bliss. Through Christ our Lord. Amen

372. Prayer for Deceased Veterans

O God, by whose mercy the faithful departed find rest, look kindly on your departed veterans who gave their lives in the service of their country. Grant that through the passion, death, and resurrection of your Son they may share in the joy of your heavenly kingdom and rejoice in you with your saints forever. We ask this through Christ our Lord. Amen.

373. On the Anniversary of a Person's Death or Burial

O Lord, the God of mercies, grant unto the souls of Thy servants the anniversary day of whose burial we are keeping, a place of solace, of peaceful rest, of glorious light. Through Christ our Lord. Amen.

374. Prayer for the Forgotten Dead

O merciful God, take pity on those souls who have no particular friends and intercessors to recommend them to Thee, who, either through the negligence of those who are alive, or through length of time are forgotten by their friends and by all. Spare them, O Lord, and remember Thine own mercy, when others forget to appeal to it. Let not the souls which Thou hast created be parted from thee, their Creator. Amen.

375. Prayer for the Most Forgotten Soul in Purgatory

O Lord God Almighty, I beseech Thee by the Precious Body and Blood of Thy Divine Son Jesus, which He Himself on the night before His Passion gave as meat and drink to His beloved Apostles and bequeathed to His Holy Church to be the perpetual Sacrifice and life-giving nourishment of His faithful people, deliver the souls in purgatory, but most of all, that soul which was most devoted to this Mystery of infinite love, in order that it may praise Thee therefore, together with Thy Divine Son and the Holy Spirit in Thy glory for ever. Amen.

376. For Those for Whom We are Bound to Pray:

Grant, O Lord our God, that the souls of thy servants, the memory of whom I keep with special reverence, and for whom I am bidden and bound to pray, and the souls of all my friends, and all the faithful, may rest in the bosom of thy Saints; and hereafter, in the Resurrection from the dead, may please thee in the land of the living. Through Jesus Christ our Lord. Amen.

XII. Prayers for Protection

The Prayers in the next few chapters are excerpted from The Magic of Effective Prayer *and* Christian Spiritual and Magical Rituals. *The numbers in parentheses reflect the numbering found in the latter volume.*

For the complete sets of prayers, both of these books can be found at: *http://thavmapub.com*.

377 (142). Hear Us, Holy Lord

Hear us, Holy Lord, Almighty Father, Eternal God: and send your holy angel from heaven to guard, watch over, protect, and remain with all who dwell in this house. Through Christ our Lord. Amen.

378 (144). The Cross of Christ

The cross of Christ open unto me future bliss;
The cross of Christ be with me, above me, before me,
Behind me, beneath me, aside of me and
Everywhere, and before all my enemies,
Visible and invisible; these all flee from me
As soon as they but know or hear.
Enoch and Elijah, the two prophets, were never
Imprisoned, nor bound, nor beaten and came
Never out of their power; thus no one of my enemies
Must be able to injure or attack me in my body
Or my life,
(Here make the Sign of the Cross.)
In the name of God the Father, the Son, and the Holy Ghost. Amen!

379 (145). Guard Me

Like unto the cup and the wine, and the holy supper which our dear Lord Jesus Christ gave unto his dear disciples.
On each day, may the Lord Jesus guard me in daytime, and at night, that:
No dog may bite me,
No wild beast tear me to pieces,
No tree fall upon me,
No water rise against me,
No firearms injure me,
No weapons, no steel, no iron cut me,

No fire burn me, No false sentence fall upon me,
No false tongue injure me,
No rogue enrage me, and that no fiends,
No witchcraft or enchantment can harm me.
Amen.

380 (146). Protect my Day

Blessed be my protection when I go out during day or night,
That thou mayest not let any of my enemies, or thieves, approach me, if they do not intend to bring me what was intended from your Holy Altar.
Because God the Lord Jesus Christ is ascended into Heaven in his living Body,
And so shall my body and wellbeing be protected on this journey.
O Lord, bless me and watch over me day and night.
In the name of the Father, the Son and the Holy Spirit. Amen.

381 (148). Guard over Me

Jesus, I will arise; Jesus do thou accompany me;
Jesus, do thou lock my heart into thine,
And let my body and my soul
Be commended unto thee.
The Lord is crucified.
May God guard and protect my senses
So that misfortunes may not overcome me.
(Here make the Sign of the Cross.)
In the name of God the Father, Son, and the Holy Ghost.
Amen!

382 (149). Let No Evil Befall Us (before Traveling)

O God, you are the preserver of all humanity and the keeper of our lives. We commit ourselves to your perfect care on the journey that awaits us. We pray for a safe and auspicious journey.

Give your angels charge over us to keep us in all our ways. Let no evil befall us, nor any harm come to our dwelling that we leave behind. Although we are uncertain of what the days may bring, may we be prepared for any event or delay, and greet such with patience and understanding.

Bless us O Lord, that we may complete our journey safely and successfully under your ever watchful care. In Jesus' name we pray. Amen.

383 (152). For Protection for Those in the Military

O God, I beseech you, watch over those exposed to the horror of war, and the spiritual dangers of a soldier's or sailor's life. Give them such a strong faith that no human respect may ever lead them to deny it, nor fear ever to practice it. By your grace, O God, fortify them against the contagion of bad example, that being preserved from vice, and serving you faithfully, they may be ready to meet you face to face when they are so called: through Christ our Lord. Amen.

384 (153). The Light of God

The light of God surrounds us,
The love of God enfolds us,
The power of God protects us,
The presence of God watches over us,
Wherever we are, God is, and where God is, all is well.
St. Matthew, St. Mark, St. Luke, St. John,
Like unto the prophet Jonah, as a type of Christ,
Who was guarded for three days and
Three nights in the belly of a whale,
Thus shall the Almighty God,
As a Father, guard and protect me from all evil.

385 (154). Grant me Protection

Grant, O Lord, Thy protection
And in protection, strength
And in strength, understanding
And in understanding, knowledge
And in knowledge, the knowledge of justice
And in the knowledge of justice, the love of it
And in the love of it, the love of all existences
And in that love, the love of spirit and all creation.

XIII. Prayers for Love

386 (96). Prayer to Find love

Lord of Hosts: you have searched me, and you know me. You hear my thoughts, you know my needs and breathe your life into my dreams.

I know that you understand my longing to find love, and I know you will lead me to meet someone special. You are a loving Parent, and I can share with you my every hope, feeling and dream.

I pray that I would meet someone soon whom I can love and who will love me, with whom I can have a close relationship, marry, and share my life.

Through Christ our Lord. Amen.

387 (99). Finding a Life Partner

Heavenly Father, you created this world and all its inhabitants. You found it is not good for a person to be alone. I therefore pray this to you, O Lord, because I seek a partner for my life.

In the Bible you show us that finding the right partner brought numerous couples to live a happy life. Bless me, Father, that I may build a family like theirs. I believe, Lord, that you do not deny joy and happiness to your children.

I pray that the loneliness in my heart will be gone soon. I pray this to You, O Lord. Amen.

388 (100). Prayer for love to return

O Lord, each moment of everyday I trust my loved one to you. May you cover them with protection, carry them through the hard times, and lead them to return in love and happiness. I ask that you rekindle the fire of our love. Come inspire my mind and show me if there is anything I can do to care for my loved one.

I can not always be there for them, but you are forever besides them. Each moment of everyday I trust my loved one to you. Through Christ our Lord. Amen.

389 (102). Rekindling a Relationship

Lord, help us to remember when we first met, and remember the strong love that grew between us. Help us to work that love into practical things so nothing can divide us. We ask for words both kind

and loving, and for hearts always ready to ask forgiveness as well as forgive. We ask this through Jesus the Lord. Amen.

390 (103). Miscommunication in a Marriage

Dear Lord, you know what path I am on right now, and you know the disharmony in my married life. You once instituted marriage because you found it is not good for a person to be alone.

I deeply believe that you have given me this person to love and to hold for the rest of our days. Come and be with us, Lord, for only you can make two broken hearts understand each other. You are the King of Peace, and I know you are able to change any sad situation in my life.

Father, I know it is your will that we should lead a loving and peaceful life together. Fill us both with more love and help us better to understand each other, bringing unity to our relationship. Help me become more understanding to my partner's needs and feelings.

Grant me wisdom that I may know how to deal with this situation and build a house in your glory. In Jesus' name I pray, O Lord. Amen.

XIV. Prayers for Healing

391 (104). Prayer for Healing

Dear Lord of Mercy and Father of Comfort: to you I turn for help in times of weakness and need. I ask you to be with your servant during this illness, because I know you send out your Word and heal. I thus ask you to send your healing Word to your servant, and in the name of Jesus to drive out all infirmity and sickness from this body.

I ask you to turn this weakness into strength, suffering into compassion, sorrow into joy, and pain into comfort for others. May your servant trust in your goodness and hope in your faithfulness, even in the middle of this suffering. Let him (her) be filled with patience and joy in your presence as he (she) waits for your healing touch.

Restore your servant to full health, dear Lord. Remove all fear and doubt from his (her) heart by the power of your Holy Spirit, and may you, O Lord, be glorified through his (her) life.

As you heal and renew your servant, Lord, may he (she) bless and praise you. I pray for this in the name of Jesus Christ. Amen.

392 (105). For Healing

Lord, you invite all who are burdened to come to you. Allow your healing hand to heal me. Touch my soul with your compassion for others. Touch my heart with your courage and infinite love for all. Touch my mind with your wisdom, that my mouth may always proclaim your praise. Teach me to reach out to you in my need, and help me to lead others to you by my example. Most loving Heart of Jesus, bring me health in body and spirit that I may serve you with all my strength. Touch gently this life which you have created, now and forever. Amen.

393 (109). Prayer for Healing

Lord, look upon me with eyes of mercy, may your healing hand rest upon me, may your life-giving powers flow into every cell of my body and into the depths of my soul, cleansing, purifying, restoring me to wholeness and strength for service in your Kingdom. Amen.

394 (111). Renew My Mind, Body and Soul

Lord, I come before you today in need of your healing hand. In you all things are possible. Hold my heart within yours, and renew my mind, body, and soul

I am lost, but I am singing. You gave us life, and you also give us the gift of infinite joy. Give me the strength to move forward on the path you've laid out for me. Guide me towards better health, and give me the wisdom to identify those you've placed around me to help me get better.

In your name I pray, Amen.

395 (114). A Prayer against Disease

Lord, your scripture says that you heal all diseases and whoever believes in you will not perish but have eternal life. Strengthen your servant, Lord, in this time of illness. Sustain him (her) as he (she) lays sick in his (her) bed. When you were on earth, you did all things good and healed all kinds of sickness.

You healed those who had diseases. You died and rose for our sins that we may have eternal life. I believe in my heart that you are here with us today and that with your most holy power will remove all sicknesses and evils that roam the earth. Let it be done in your glory, Lord.

We praise and glorify your name, O Lord, for you live and reign forever and ever. Amen.

XV. Prayers for Prosperity

396 (115). Prosperity Prayer

Dear God, thank you so much for all you have given me; I am happy and grateful for the abundance I already have. You amaze me with the love, blessings and rewards we receive everyday without even asking or realizing what we receive.

God of Abundance, I give you my life and today surrender all my financial concerns to you. You've told me I needn't worry fear for anything. Your Scriptures have told us you take care of everything, and we need only to trust and have faith.

I completely trust that my finances and debts will be paid, and that I'll have a constant flow of money in my life starting today.

I only think of the positive now, never looking at the past. I believe my prosperity is here and I thank you for it now. I also want to thank you for showing me how to handle my finances carefully and for teaching me how my prosperity can be of help to your kingdom.

Father, thank you for all your great rewards! I will continue to work diligently and strive to do my best in all that I do. In Jesus' name. Amen.

397 (117). Debt Removal Prayer

Lord, I confess I've made mistakes. I have accumulated too much debt, and now I can not imagine overcoming it without your help.

Please Lord, I beg of you to intercede on my behalf. Provide me with the financial means to be able to breathe again.

Please forgive my sins, Lord. Walk with me and help me to make the right decisions throughout my life. In Jesus' name I pray, Amen.

398 (120). Supply All My Needs

I give thanks to God for this day, in which my dream will flourish, my plans will succeed, my destiny will be assured, and the desire of my heart will be granted in Jesus' name. The money I need will know my name and address before the end of this month.

As I awake this morning, may my life be clean, calm, and clear as the early morning dew. May the grace of the Almighty support, sustain and supply all my needs according to his riches in glory. Through Christ our Lord. Amen!

399 (122). Prosper in School and Work

Dear God, I praise and glorify you. I pray that you help me in my studies. I know that you want me, your child, to prosper in all my endeavors.

Give me your knowledge and wisdom as I study for my lessons and exams. Let me learn my lessons properly and understand them completely. I pray that I overcome all my academic weaknesses.

Bless me with this, O Lord, for your greater glory. Let me be a blessing to my family that I love so much, and I thank you in advance for answering my prayer.

In Jesus' name I pray. Amen.

XVI. Prayers for Knowledge

400 (123). Prayer for the Gift of Knowledge

Absolute and all-knowing God, nothing is hidden from your sight. In your prescience since the beginning, all knowledge has existed within you.

Kindly share your knowledge with me, making me aware of what is meant to be, permitting my soul to understand it, and wisdom to agree with its outcome.

Provide me with the gift of discretion to prudently apply received knowledge and ensure the fulfillment of Your Will. In Jesus' name, your knowledge shines forth forever!

401 (124). Prayer for Students

God of Light and Wisdom, thank you for giving me a mind that can know and a heart that can love.

Help me to keep learning every day of my life – no matter what the subject may be. Let me be convinced that all knowledge leads to you and let me know how to find you and love you in all the things you have made.

Encourage me when the studies are difficult and when I am tempted to give up, enlighten me when my brain is slow, and help me to grasp the truth held out to me.

Grant me the grace to put my knowledge to use in building the kingdom of God on earth so that I may enter your kingdom in heaven. In Jesus' name. Amen.

402 (126). Prayer for wisdom and knowledge

Lord of heaven and earth, I pray that as I search for knowledge in study that I would discover divine treasure.

May I be able to sift through all I read to find the gems of your kingdom.

Lord, I long not for the wisdom that leads to power or fortune but the wisdom that leads to faith and love.

Guide my pathway as I thirst for your truths. May I drink from your word and pour out this heavenly water on others – your water of life, faith, hope, truth and love – into the hearts and lives of all I meet. In Jesus' name I pray. Amen.

403 (128). Prayer before Studies

Holy Spirit, Giver of all good gifts, enter into my mind and heart. Give me the gift of knowledge and the grace to use it wisely. Help me in all my endeavors. Give me perseverance and fortitude. Help my memory, that I may remember what I learn and recall it when necessary. Guide me in the classroom. You who are the Way, the Truth, and the Life, let me not be deceived by false teaching. Our Lady of Good Studies, pray for me. Amen.

404 (131). Prayer for Hidden Knowledge

Taken from the Keys of Solomon

O Lord God, Holy Father, Almighty and Merciful One, you have created all things, you know all things and can do all things. Nothing is hidden from you, and to you nothing is impossible. We ask, by your sacred Mercy, that you will give us the ability to penetrate into the knowledge of hidden things, and permit that we may arrive at this understanding of secret things by your aid, of whatever nature they may be. Through Jesus Christ your Son, our Lord, who lives and reigns with you and the Holy Spirit, one God, and to whose kingdom and power shall have no end unto the ages of the ages. Amen.

XVII. Sunday Collects, Epistles, and Gospels

¶ These are the Collects, Epistles, and Gospels read during Sunday services at the Church of Esoteric Christianity. The readings are from the World English Bible.

405. First Sunday of Advent

Collect:

O Lord, stir up your might and come! Be our protector and liberator; rescue us from the dangers that threaten us because of our sins, and lead us to our salvation: You who live and reign with God the Father in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Romans.

Romans 13:11-14a

Brothers and sisters: 11 This, knowing the time, that it is already time for you to
awake out of sleep, for salvation is now nearer to us than when we first believed. 12
The night is far gone, and the day is near. Let's therefore throw off the works of
darkness, and let's put on the armor of light. 13 Let us walk properly, as in the day;
not in reveling and drunkenness, not in sexual promiscuity and lustful acts, and not
in strife and jealousy. 14a But put on the Lord Jesus Christ.

✠ A Reading from the Holy Gospel according to Luke.

Luke 21:25-33

At that time Jesus said to his disciples: 25 "There will be signs in the sun, moon, and
stars; and on the earth anxiety of nations, in perplexity for the roaring of the sea
and the waves; 26 men fainting for fear, and for expectation of the things which are
coming on the world: for the powers of the heavens will be shaken. 27 Then they
will see the Son of Man coming in a cloud with power and great glory. 28 But when
these things begin to happen, look up, and lift up your heads, because your
redemption is near." 29 He told them a parable. "See the fig tree, and all the trees. 30
When they are already budding, you see it and know by your own selves that the
summer is already near. 31 Even so you also, when you see these things happening,
know that the kingdom of God is near. 32 Most assuredly I tell you, this generation
will not pass away until all things are accomplished. 33 Heaven and earth will pass
away, but my words will by no means pass away."

406. Second Sunday of Advent

Collect:

O Lord, stir up our hearts to prepare the way of your only-begotten Son, so that, through his coming on earth, we may serve you always with a pure intention: You who live and reign with God the Father in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Romans.

Romans 15:4-13

Brothers and sisters: 4 Whatever things were written before were written for our
learning, that through patience and through comfort of the Scriptures we might
have hope. 5 Now the God of patience and of comfort grant you to be of the same
mind one with another according to Christ Jesus, 6 that with one accord you may
with one mouth glorify the God and Father of our Lord Jesus Christ. 7 Therefore
receive one another, even as Christ also received you, to the glory of God. 8 Now I
say that Christ has been made a minister of the circumcision for the truth of God,
that he might confirm the promises given to the fathers, 9 and that the Gentiles
might glorify God for his mercy. As it is written, "Therefore will I give praise to
you among the Gentiles, and sing to your name." 10 Again he says, "Rejoice, you
Gentiles, with his people." 11 Again, "Praise the Lord, all you Gentiles! Let all the
peoples praise him." 12 Again, Isaiah says, "There will be the root of Jesse, He who
arises to rule over the Gentiles; On him will the Gentiles hope." 13 Now may the
God of hope fill you with all joy and peace in believing, that you may abound in
hope, in the power of the Holy Spirit.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 11:2-10

At that time: 2 John heard in the prison the works of Christ, he sent two of his
disciples 3 and said to him, "Are you he who comes, or should we look for
another?" 4 Jesus answered them, "Go and tell John the things which you hear and
see: 5 the blind receive their sight, the lame walk, the lepers are cleansed, the deaf
hear, the dead are raised up, and the poor have good news preached to them. 6
Blessed is he, whoever finds no occasion for stumbling in me." 7 As these went
their way, Jesus began to say to the multitudes concerning John, "What did you go
out into the wilderness to see? A reed shaken with the wind? 8 But what did you go
out to see? A man in soft clothing? Behold, those who wear soft clothing are in
king's houses. 9 But why did you go out? To see a prophet? Yes, I tell you, and
much more than a prophet. 10 For this is he, of whom it is written, 'Behold, I send
my messenger before your face, who will prepare your way before you.'"

407. Third Sunday of Advent

Collect:

Hear our prayers, O Lord, and enlighten the darkness of our minds by your coming on earth: You who live and reign with God the Father in the unity of the Holy Spirit, God, forever and ever.

R. Amen.

A Reading from the Epistle of Paul to the Philippians.

Philippians 4:4-7

Brothers and sisters: 4 Rejoice in the Lord always. Again I will say, Rejoice! 5 Let
your mildness be known to all men. The Lord is at hand. 6 In nothing be anxious,
but in everything, by prayer and petition with thanksgiving, let your requests be

made known to God. 7 The peace of God, which passes all understanding, will guard your hearts and your thoughts in Christ Jesus.

✠ A Reading from the Holy Gospel according to John.

John 1:19b-28

At that time: 19b When the Jews sent priests and Levites from Jerusalem to ask him, "Who are you?" 20 He confessed, and didn't deny, but he confessed, "I am not the Christ." 21 They asked him, "What then? Are you Elijah?" He said, "I am not." "Are you the prophet?" He answered, "No." 22 They said therefore to him, "Who are you? Give us an answer to take back to those who sent us. What do you say about yourself?" 23 He said, "I am the voice of one crying in the wilderness, 'Make straight the way of the Lord,' as Isaiah the prophet said." 24 The ones who had been sent were from the Pharisees. 25 They asked him, "Why then do you baptize, if you are not the Christ, nor Elijah, nor the Prophet?" 26 John answered them, "I baptize in water, but among you stands one whom you don't know, 27 he who comes after me, whose sandal strap I'm not worthy to untie." 28 These things were done in Bethany beyond the Jordan, where John was baptizing.

408. Fourth Sunday of Advent

Collect:

O Lord, stir up your might and come. Aid us with your powerful assistance so that, through your grace and merciful forgiveness, we may attain salvation, which now is hindered by our sins: You who live and reign with God the Father in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the First Epistle of Paul to the Corinthians.

1 Corinthians 4:1-5

Brothers and sisters: 1 So let a man think of us as Christ's servants, and stewards of God's mysteries. 2 Here, moreover, it is required of stewards, that they be found faithful. 3 But with me it is a very small thing that I should be judged by you, or by man's judgment. Yes, I don't judge my own self. 4 For I know nothing against myself. Yet I am not justified by this, but he who judges me is the Lord. 5 Therefore judge nothing before the time, until the Lord comes, who will both bring to light the hidden things of darkness, and reveal the counsels of the hearts. Then each man will get his praise from God.

✠ A Reading from the Holy Gospel according to Luke.

Luke 3:1-6

1 In the fifteenth year of the reign of Tiberius Caesar, Pontius Pilate being governor of Judea, and Herod being tetrarch of Galilee, and his brother Philip tetrarch of the region of Ituraea and Trachonitis, and Lysanias tetrarch of Abilene, 2 in the high priesthood of Annas and Caiaphas, the word of God came to John, the son of Zacharias, in the wilderness. 3 He came into all the region around the Jordan, preaching the baptism of repentance to remission of sins. 4 As it is written in the book of the words of Isaiah the prophet, "The voice of one crying in the wilderness, 'Make ready the way of the Lord. Make his paths straight. 5 Every valley

will be filled. Every mountain and hill will be brought low. The crooked will become straight, And the rough ways smooth. 6 All flesh will see God's salvation.'"

409. Christmas. First Mass at Midnight

Collect:

O God, you have made this most holy night radiant with your own true brightness. Grant that we who have known the mystery of Christ's light on earth may also enjoy his happiness in heaven: Who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to Titus.

Titus 2:11-15

Beloved: 11 For the grace of God has appeared, bringing salvation to all men, 12 instructing us to the intent that, denying ungodliness and worldly lusts, we would live soberly, righteously, and godly in this present world; 13 looking for the blessed hope and appearing of the glory of the great God and our Savior, Jesus Christ; 14 who gave himself for us, that he might redeem us from all iniquity, and purify to himself a people for his own possession, zealous for good works. 15 Say these things and exhort and reprove with all authority, in Christ Jesus, our Lord.

✠ A Reading from the Holy Gospel according to Luke.

Luke 2:1-14

1 Now it happened in those days, that a decree went out from Caesar Augustus that all the world should be enrolled. 2 This was the first enrollment made when Quirinius was governor of Syria. 3 All went to enroll themselves, everyone to his own city. 4 Joseph also went up from Galilee, out of the city of Nazareth, into Judea, to the city of David, which is called Bethlehem, because he was of the house and family of David; 5 to enroll himself with Mary, who was pledged to be married to him as wife, being great with child. 6 It happened, while they were there, that the day had come that she should give birth. 7 She brought forth her firstborn son, and she wrapped him in bands of cloth, and laid him in a feeding trough, because there was no room for them in the inn. 8 There were shepherds in the same country staying in the field, and keeping watch by night over their flock. 9 Behold, an angel of the Lord stood by them, and the glory of the Lord shone around them, and they were terrified. 10 The angel said to them, "Don't be afraid, for behold, I bring you good news of great joy which will be to all the people. 11 For there is born to you, this day, in the city of David, a Savior, who is Christ the Lord. 12 This is the sign to you: you will find a baby wrapped in strips of cloth, lying in a feeding trough." 13 Suddenly, there was with the angel a multitude of the heavenly host praising God, and saying, 14 "Glory to God in the highest, On earth peace, good will toward men."

410. Christmas. Second Mass at Dawn

Collect:

Almighty God, now that we have been newly enlightened by the Word made flesh, grant that our deeds may reveal the light of faith that shines in our hearts. Through

Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to Titus.

Titus 3:4-7

Brothers and sisters: 4 When the kindness of God, our Savior, and his love toward man, appeared, 5 not by works of righteousness, which we did ourselves, but according to his mercy, he saved us, through the washing of regeneration and renewing by the Holy Spirit, 6 which he poured out on us richly, through Jesus Christ, our Savior; 7 that, being justified by his grace, we might be made heirs according to the hope of eternal life.

✠ A Reading from the Holy Gospel according to Luke.

Luke 2:15-20

15 It happened, when the angels went away from them into the sky, that the shepherds said one to another, "Let's go to Bethlehem, now, and see this thing that has happened, which the Lord has made known to us." 16 They came with haste, and found both Mary and Joseph, and the baby lying in the feeding trough. 17 When they saw it, they publicized widely the saying which was spoken to them about this child. 18 All who heard it wondered at the things which were spoken to them by the shepherds. 19 But Mary kept all these sayings, pondering them in her heart. 20 The shepherds returned, glorifying and praising God for all the things that they had heard and seen, even as it was spoken to them.

411. Christmas. Third Mass During the Day

Collect:

O almighty God, free us from the old bondage and yoke of sin by your only-begotten Son's new birth as man. Through Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Hebrews.

Hebrews 1:1-12

1 God, having in the past spoken to the fathers through the prophets at many times and in various ways, 2 has at the end of these days spoken to us by his Son, whom he appointed heir of all things, through whom also he made the worlds. 3 His Son is the radiance of his glory, the very image of his substance, and upholding all things by the word of his power, when he had by himself made purification for our sins, sat down on the right hand of the Majesty on high; 4having become so much better than the angels, as he has inherited a more excellent name than they have. 5 For to which of the angels did he say at any time, "You are my Son, Today have I become your father?" and again, "I will be to him a Father, And he will be to me a Son?" 6 When he again brings in the firstborn into the world he says, "Let all the angels of God worship him." 7Of the angels he says, "Who makes his angels winds, And his servants a flame of fire." 8 but of the Son he says, "Your throne, God, is forever and ever; The scepter of uprightness is the scepter of your kingdom. 9 You

have loved righteousness, and hated iniquity; Therefore God, your God, has anointed you With the oil of gladness above your fellows." 10 And, "You, Lord, in the beginning, laid the foundation of the earth. The heavens are the works of your hands. 11 They will perish, but you continue. They all will grow old like a garment does. 12 As a mantle you will roll them up. And they will be changed. But you are the same. Your years will not fail."

✠ A Reading from the Holy Gospel according to John.

John 1:1-14

1 In the beginning was the Word, and the Word was with God, and the Word was God. 2 The same was in the beginning with God. 3 All things were made through him. Without him was not anything made that has been made. 4 In him was life, and the life was the light of men. 5 The light shines in the darkness, and the darkness hasn't overcome it. 6 There came a man, sent from God, whose name was John. 7 The same came as a witness, that he might testify about the light, that all might believe through him. 8 He was not the light, but was sent that he might testify about the light. 9 The true light that enlightens everyone was coming into the world. 10 He was in the world, and the world was made through him, and the world didn't recognize him. 11 He came to his own, and those who were his own didn't receive him. 12 But as many as received him, to them he gave the right to become God's children, to those who believe in his name: 13 who were born not of blood, nor of the will of the flesh, nor of the will of man, but of God. 14 The Word became flesh, and lived among us. We saw his glory, such glory as of the only Son of the Father, full of grace and truth.

412. Sunday in the Octave of Christmas

Collect:

O almighty and eternal God, direct our actions according to your holy will, so that, in the name of your beloved Son, we may lead lives that are marked by good deeds: Who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Galatians.

Galatians 4:1-7

Brothers and sisters: 1 I say that so long as the heir is a child, he is no different from a bondservant, though he is lord of all; 2 but is under guardians and stewards until the day appointed by the father. 3 So we also, when we were children, were held in bondage under the elements of the world. 4 But when the fullness of the time came, God sent forth his Son, born to a woman, born under the law, 5 that he might redeem those who were under the law, that we might receive the adoption of sons. 6 And because you are sons, God sent forth the Spirit of his Son into your hearts, crying, "Abba, Father!" 7 So you are no longer a bondservant, but a son; and if a son, then an heir.

✠ A Reading from the Holy Gospel according to Luke.

Luke 2:33-40

At that time: 33 Joseph and his mother were marveling at the things which were spoken concerning him, 34 and Simeon blessed them, and said to Mary, his mother, "Behold, this child is set for the falling and the rising of many in Israel, and for a sign which is spoken against. 35 Yes, a sword will pierce through your own soul, that thoughts out of many hearts may be revealed." 36 There was one Anna, a prophetess, the daughter of Phanuel, of the tribe of Asher (she was of a great age, having lived with a husband seven years from her virginity, 37 and she had been a widow for about eighty-four years), who didn't depart from the temple, worshipping with fastings and petitions night and day. 38 Coming up at that very hour, she gave thanks to the Lord, and spoke of him to all those who were looking for redemption in Jerusalem. 39 When they had accomplished all things that were according to the law of the Lord, they returned into Galilee, to their own city, Nazareth. 40 The child grew, and grew strong in spirit, filled with wisdom, and the grace of God was on him.

413. Octave of Christmas. Feast of the Circumcision

Collect:

O God, it was through the motherhood of the blessed virgin Mary that you bestowed the gift of eternal life upon mankind. Grant that we may feel the powerful intercession of Mary, through whom we were privileged to receive the giver of life, Jesus Christ, your Son, our Lord: Who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to Titus.

Titus 2:11-15

Beloved: 11 For the grace of God has appeared, bringing salvation to all men, 12 instructing us to the intent that, denying ungodliness and worldly lusts, we would live soberly, righteously, and godly in this present world; 13 looking for the blessed hope and appearing of the glory of the great God and our Savior, Jesus Christ; 14 who gave himself for us, that he might redeem us from all iniquity, and purify to himself a people for his own possession, zealous for good works. 15 Say these things and exhort and reprove with all authority, in Christ Jesus, our Lord.

✠ A Reading from the Holy Gospel according to Luke.

Luke 2:21

At that time: When eight days were fulfilled for the circumcision of the child, his name was called Jesus, which was given by the angel before he was conceived in the womb.

414. Holy Name. Sunday before Epiphany

Collect:

O God, it was you who conferred the name of Jesus upon your only-begotten Son, the Savior of the world. Grant that by venerating his holy name on earth we may enjoy his presence in heaven. Through Jesus Christ, your Son, our Lord, who lives

and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Acts of the Apostles.

Acts 4:8-12

In those days: 8 Peter, filled with the Holy Spirit, said to them, "You rulers of the people, and elders of Israel, 9 if we are examined today concerning a good deed done to a crippled man, by what means this man has been healed, 10 be it known to you all, and to all the people of Israel, that in the name of Jesus Christ of Nazareth, whom you crucified, whom God raised from the dead, in him does this man stand here before you whole. 11 He is 'the stone which was regarded as worthless by you, the builders, which was made the head of the corner.' 12 There is salvation in none other, for neither is there any other name under heaven, that is given among men, in which we must be saved!"

✠ A Reading from the Holy Gospel according to Luke.

Luke 2:21

At that time: When eight days were fulfilled for the circumcision of the child, his name was called Jesus, which was given by the angel before he was conceived in the womb.

415. Feast of the Epiphany

Collect:

O God, who by the star this day revealed your only-begotten Son to all nations, grant that we, who know you now by faith, may be brought one day before the vision of your majesty. Through Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Lesson from the Prophecy of Isaiah.

Isaiah 60:1-6

1 Arise, shine; for your light is come, and the glory of the Lord is risen on you. 2 For, behold, darkness shall cover the earth, and gross darkness the peoples; but the Lord will arise on you, and his glory shall be seen on you. 3 Nations shall come to your light, and kings to the brightness of your rising. 4 Lift up your eyes round about, and see: they all gather themselves together, they come to you; your sons shall come from far, and your daughters shall be carried in the arms. 5Then you shall see and be radiant, and your heart shall thrill and be enlarged; because the abundance of the sea shall be turned to you, the wealth of the nations shall come to you. 6 The multitude of camels shall cover you, the dromedaries of Midian and Ephah; all they from Sheba shall come; they shall bring gold and frankincense, and shall proclaim the praises of the Lord.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 2:1-12

1 Now when Jesus was born in Bethlehem of Judea in the days of Herod, the king, behold, wise men from the east came to Jerusalem, saying, 2 "Where is he who is

born King of the Jews? For we saw his star in the east, and have come to worship
him." 3 When Herod the king heard it, he was troubled, and all Jerusalem with him.
4 Gathering together all the chief priests and scribes of the people, he asked them
where the Christ would be born. 5 They said to him, "In Bethlehem of Judea, for
thus it is written through the prophet, 6 'You Bethlehem, land of Judah, Are in no
way least among the princes of Judah: For out of you shall come forth a governor,
Who shall shepherd my people, Israel.'" 7 Then Herod secretly called the wise men,
and learned from them exactly what time the star appeared. 8 He sent them to
Bethlehem, and said, "Go and search diligently for the young child. When you have
found him, bring me word, so that I also may come and worship him." 9 They,
having heard the king, went their way; and behold, the star, which they saw in the
east, went before them, until it came and stood over where the young child was. 10
When they saw the star, they rejoiced with exceedingly great joy. 11 They came into
the house and saw the young child with Mary, his mother, and they fell down and
worshiped him. Opening their treasures, they offered to him gifts: gold,
frankincense, and myrrh. 12 Being warned in a dream that they shouldn't return to
Herod, they went back to their own country another way.

416. Holy Family. First Sunday after Epiphany

Collect:

O Lord Jesus Christ, you sanctified home life with untold virtues by being subject to Mary and Joseph. May they assist us to imitate the example of your holy family, so that we may share with them their eternal happiness: You who live and reign, with God the Father in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Colossians.

Colossians 3:12-17

Brothers and sisters: 12 Put on therefore, as God's elect, holy and beloved, a heart
of compassion, kindness, lowliness, humility, and perseverance; 13 bearing with one
another, and forgiving each other, if any man has a complaint against any; even as
Christ forgave you, so you also do. 14Above all these things, walk in love, which is
the bond of perfection. 15 And let the peace of Christ rule in your hearts, to which
also you were called in one body; and be thankful. 16 Let the word of Christ dwell
in you richly; in all wisdom teaching and admonishing one another with psalms,
hymns, and spiritual songs, singing with grace in your heart to God. 17 Whatever
you do, in word or in deed, do all in the name of the Lord Jesus, giving thanks to
God, the Father, through him.

✠ A Reading from the Holy Gospel according to Luke.

Luke 2:42-52

42 When *Jesus* was twelve years old, they went up to Jerusalem according to the
custom of the feast, 43 and when they had fulfilled the days, as they were returning,
the boy, Jesus, stayed behind in Jerusalem. Joseph and his mother didn't know it, 44
but supposing him to be in the company, they went a day's journey, and they
looked for him among their relatives and acquaintances. 45 When they didn't find
him, they returned to Jerusalem, looking for him. 46 It happened after three days

they found him in the temple, sitting in the midst of the teachers, both listening to them, and asking them questions. 47 All who heard him were amazed at his understanding and his answers. 48 When they saw him, they were astonished, and his mother said to him, "Son, why have you treated us this way? Behold, your father and I were anxiously looking for you." 49 He said to them, "Why were you looking for me? Didn't you know that I must be in my Father's house?" 50 They didn't understand the saying which he spoke to them. 51He went down with them, and came to Nazareth. He was subject to them, and his mother kept all these sayings in her heart. 52 Jesus advanced in wisdom and stature, and in favor with God and men.

417. Second Sunday after Epiphany

Collect:

Almighty and eternal God, who govern all things in heaven and on earth, mercifully hear the prayers of your people and grant us your peace in our days. Through Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Romans.

Romans 12:6-16a

Brothers and sisters: 6 Having gifts differing according to the grace that was given to us, if prophecy, let us prophesy according to the proportion of our faith; 7 or service, let us give ourselves to service; or he who teaches, to his teaching; 8 or he who exhorts, to his exhorting: he who gives, let him do it with liberality; he who rules, with diligence; he who shows mercy, with cheerfulness. 9 Let love be without hypocrisy. Abhor that which is evil. Cling to that which is good. 10 In love of the brothers be tenderly affectionate one to another; in honor preferring one another; 11 not lagging in diligence; fervent in spirit; serving the Lord; 12 rejoicing in hope; enduring in oppression; continuing steadfastly in prayer; 13 contributing to the needs of the saints; given to hospitality. 14 Bless those who persecute you; bless, and don't curse. 15 Rejoice with those who rejoice. Weep with those who weep. 16ab Be of the same mind one toward another. Don't set your mind on high things, but associate with the humble.

✠ A Reading from the Holy Gospel according to John.

John 2:1-11

At that time: 1 There was a marriage in Cana of Galilee. Jesus' mother was there. 2 Jesus also was invited, with his disciples, to the marriage. 3 When the wine ran out, Jesus' Mother said to him, "They have no wine." 4 Jesus said to her, "Woman, what does that have to do with you and me? My hour has not yet come." 5 His mother said to the servants, "Whatever he says to you, do it." 6Now there were six water pots of stone set there after the Jews' manner of purifying, containing two or three metretes apiece. 7 Jesus said to them, "Fill the water pots with water." They filled them up to the brim. 8 He said to them, "Now draw some out, and take it to the ruler of the feast." They took it. 9 When the ruler of the feast tasted the water now become wine, and didn't know where it came from (but the servants who had drawn the water knew), the ruler of the feast called the bridegroom, 10 and said to

him, "Everyone serves the good wine first, and when the guests have drunk freely, then that which is worse. You have kept the good wine until now!" 11 This beginning of his signs Jesus did in Cana of Galilee, and revealed his glory; and his disciples believed in him.

418. Third Sunday after Epiphany

Collect:

Almighty and eternal God, look mercifully upon our weakness, and stretch forth the right hand of your power to protect us. Through Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Romans.

Romans 12:16c-21

Brothers and sisters: 16c Don't be wise in your own conceits. 17 Repay no one evil for evil. Respect what is honorable in the sight of all men. 18 If it is possible, as much as it is up to you, be at peace with all men. 19 Don't seek revenge yourselves, beloved, but give place to God's wrath. For it is written, "Vengeance belongs to me; I will repay, says the Lord." 20 Therefore "If your enemy is hungry, feed him. If he is thirsty, give him a drink. For in doing so, you will heap coals of fire on his head." 21 Don't be overcome by evil, but overcome evil with good.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 8:1-13

At that time: 1 When *Jesus* came down from the mountain, great multitudes followed him. 2Behold, a leper came to him and worshiped him, saying, "Lord, if you want to, you can make me clean." 3 Jesus stretched out his hand, and touched him, saying, "I want to. Be made clean." Immediately his leprosy was cleansed. 4 Jesus said to him, "See that you tell nobody, but go, show yourself to the priest, and offer the gift that Moses commanded, as a testimony to them." 5When he came into Capernaum, a centurion came to him, asking him, 6 and saying, "Lord, my servant lies in the house paralyzed, grievously tormented." 7 Jesus said to him, "I will come and heal him." 8 The centurion answered, "Lord, I'm not worthy for you to come under my roof. Just say the word, and my servant will be healed. 9 For I am also a man under authority, having under myself soldiers. I tell this one, 'Go,' and he goes; and to another, 'Come,' and he comes; and to my servant, 'Do this,' and he does it." 10 When Jesus heard it, he marveled, and said to those who followed, "Most assuredly I tell you, I haven't found so great a faith, not even in Israel. 11 I tell you that many will come from the east and the west, and will sit down with Abraham, and Isaac, and Jacob, in the Kingdom of Heaven, 12 but the sons of the kingdom will be thrown out into the outer darkness. There will be weeping and the gnashing of teeth." 13 Jesus said to the centurion, "Go your way. Let it be done for you as you as you have believed." His servant was healed in that hour.

419. Fourth Sunday after Epiphany

Collect:

O God, you know that our weakened nature cannot withstand the dangers that surround us. Make us strong in mind and body, so that with your help we may be able to overcome the afflictions that our own sins have brought upon us. Through Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Romans.

Romans 13:8-10

Brothers and sisters: 8 Owe no one anything, except to love one another; for he who loves his neighbor has fulfilled the law. 9 For the commandments, "You shall not commit adultery," "You shall not murder," "You shall not steal," "You shall not give false testimony," "You shall not covet," and whatever other commandments there are, are all summed up in this saying, namely, "You shall love your neighbor as yourself." 10 Love doesn't harm his neighbor. Love therefore is the fulfillment of the law.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 8:23-27

At that time: 23 When Jesus got into a boat, his disciples followed him. 24 Behold, a great tempest arose in the sea, so much that the boat was covered with the waves, but he was asleep. 25 They came to him, and woke him up, saying, "Save us, Lord! We are dying!" 26 He said to them, "Why are you fearful, oh you of little faith?" Then he got up, rebuked the wind and the sea, and there was a great calm. 27 The men marveled, saying, "What kind of man is this, that even the wind and the sea obey him?"

420. Fifth Sunday after Epiphany

Collect:

O Lord, watch over your household with constant loving care. Let your protection forever shield those who rely solely on the hope of your heavenly grace. Through Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Colossians.

Colossians 3:12-17

Brothers and sisters: 12 Put on therefore, as God's elect, holy and beloved, a heart of compassion, kindness, lowliness, humility, and perseverance; 13 bearing with one another, and forgiving each other, if any man has a complaint against any; even as Christ forgave you, so you also do. 14Above all these things, walk in love, which is the bond of perfection. 15 And let the peace of Christ rule in your hearts, to which also you were called in one body; and be thankful. 16 Let the word of Christ dwell in you richly; in all wisdom teaching and admonishing one another with psalms, hymns, and spiritual songs, singing with grace in your heart to God. 17 Whatever

you do, in word or in deed, do all in the name of the Lord Jesus, giving thanks to God, the Father, through him.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 13:24-30

At that time: 24 Jesus set another parable before them, saying, "The Kingdom of Heaven is like a man who sowed good seed in his field, 25 but while people slept, his enemy came and sowed darnel also among the wheat, and went away. 26 But when the blade sprang up and brought forth fruit, then the darnel appeared also. 27 The servants of the householder came and said to him, 'Sir, didn't you sow good seed in your field? Where did this darnel come from?' 28 He said to them, 'An enemy has done this.' The servants asked him, 'Do you want us to go and gather them up?' 29But he said, 'No, lest perhaps while you gather up the darnel, you root up the wheat with them. 30 Let both grow together until the harvest, and in the harvest time I will tell the reapers, "First, gather up the darnel, and bind them in bundles to burn them; but gather the wheat into my barn."'"

421. Sixth Sunday after Epiphany

Collect:

Almighty God, let our minds always be fixed on your truths, so that, in every word and deed, we may do what is pleasing to you. Through Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the First Epistle of Paul to the Thessalonians.

1 Thessalonians 1:2-10

Brothers and sisters: 2 We always give thanks to God for all of you, mentioning you in our prayers, 3 remembering without ceasing your work of faith and labor of love and patience of hope in our Lord Jesus Christ, before our God and Father. 4 We know, brothers loved by God, that you are chosen, 5 and that our gospel came to you not in word only, but also in power, and in the Holy Spirit, and with much assurance. You know what kind of men we shown ourselves to be among you for your sake. 6 You became imitators of us, and of the Lord, having received the word in much affliction, with joy of the Holy Spirit, 7 so that you became an example to all who believe in Macedonia and in Achaia. 8 For from you has sounded forth the word of the Lord, not only in Macedonia and Achaia, but also in every place your faith toward God has gone forth; so that we need not to say anything. 9 For they themselves report concerning us what kind of a reception we had from you; and how you turned to God from idols, to serve a living and true God, 10 and to wait for his Son from heaven, whom he raised from the dead -- Jesus, who delivers us from the wrath to come.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 13:31-35

At that time: 31 *Jesus* set another parable before them, saying, "The Kingdom of Heaven is like a grain of mustard seed, which a man took, and sowed in his field; 32

which indeed is smaller than all seeds. But when it is grown, it is greater than the herbs, and becomes a tree, so that the birds of the air come and lodge in its branches." 33 He spoke another parable to them. "The Kingdom of Heaven is like yeast, which a woman took, and hid in three measures of meal, until it was all leavened." 34 Jesus spoke all these things in parables to the multitudes; and without a parable, he didn't speak to them, 35 that it might be fulfilled which was spoken through the prophet, saying, "I will open my mouth in parables; I will utter things hidden from the foundation of the world."

422. Transfiguration Sunday. Optional Mass for the Last Sunday after Epiphany

Collect:

O God, in the glorious transfiguration of your only-begotten Son you confirmed the mysteries of faith by the testimony of the prophets, and you wondrously foreshadowed our adoption as your sons by the voice speaking through the resplendent cloud. Grant us in your mercy that we may be co-heirs with the King of glory and sharers in that very glory that is his. Through Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Second Epistle of Peter.

2 Peter 1:16-19

Beloved: 16 We did not follow cunningly devised fables, when we made known to you the power and coming of our Lord, Jesus Christ, but we were eyewitnesses of his majesty. 17 For he received from God the Father honor and glory, when the voice came to him from the Majestic Glory, "This is my beloved Son, in whom I am well pleased." 18 This voice we heard come out of heaven, when we were with him in the holy mountain. 19 We have the more sure word of prophecy; whereunto you do well that you take heed, as to a lamp shining in a dark place, until the day dawns, and the day star arises in your hearts.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 17:1-9

At that time: 1 Jesus took with him Peter, James, and John, his brother, and brought them up into a high mountain by themselves. 2 He was transfigured before them. His face shone like the sun, and his garments became white as the light. 3 Behold, there appeared to them Moses and Elijah talking with him. 4 Peter answered, and said to Jesus, "Lord, it is good for us to be here. If you want, let's make three tents here: one for you, one for Moses, and one for Elijah." 5 While he was still speaking, behold, a bright cloud overshadowed them. Behold, a voice out of the cloud, saying, "This is my beloved Son, in whom I am well pleased. Listen to him." 6 When the disciples heard it, they fell on their faces, and were very afraid. 7 Jesus came and touched them and said, "Get up, and don't be afraid." 8 Lifting up their eyes, they saw no one, except Jesus alone. 9 As they were coming down from the mountain, Jesus commanded them, saying, "Don't tell anyone what you saw, until the Son of Man has risen from the dead."

423. Septuagesima Sunday

Collect:

O Lord, in your kindness hear the prayers of your people. We are being justly punished for our sins, but be merciful and free us for the glory of your name. Through Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the First Epistle of Paul to the Corinthians.

1 Corinthians 9:24-10:5a

Brothers and sisters: 24 Don't you know that those who run in a race all run, but one receives the prize? Run like that, that you may win. 25 Every man who strives in the games exercises self-control in all things. Now they do it to receive a corruptible crown, but we an incorruptible. 26 I therefore run like that, as not uncertainly. I fight like that, as not beating the air, 27 but I beat my body and bring it into submission, for fear that by any means, that after I have preached to others, I myself should be rejected. 10:1 Now I would not have you ignorant, brothers, that our fathers were all under the cloud, and all passed through the sea; 2 and were all baptized to Moses in the cloud and in the sea; 3 and all ate the same spiritual food; 4 and all drank the same spiritual drink. For they drank of a spiritual rock that followed them, and the rock was Christ. 5a However with most of them, God was not well pleased.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 20:1-16a

At that time, Jesus told his disciples this parable: 1 "For the Kingdom of Heaven is like a man who was the master of a household, who went out early in the morning to hire laborers for his vineyard. 2 When he had agreed with the laborers for a denarius a day, he sent them into his vineyard. 3 He went out about the third hour, and saw others standing idle in the marketplace. 4 To them he said, 'You also go into the vineyard, and whatever is right I will give you.' So they went their way. 5 Again he went out about the sixth and the ninth hour, and did likewise. 6 About the eleventh hour he went out, and found others standing idle. He said to them, 'Why do you stand here all day idle?' 7 They said to him, 'Because no one has hired us.' He said to them, 'You also go into the vineyard, and you will receive whatever is right.' 8 When evening had come, the lord of the vineyard said to his steward, 'Call the laborers and pay them their hire, beginning from the last to the first.' 9 When they who were hired at about the eleventh hour came, they each received a denarius. 10 When the first came, they supposed that they would receive more; and they likewise each received a denarius. 11 When they received it, they murmured against the master of the household, 12 saying, 'These last have spent one hour, and you have made them equal to us, who have borne the burden of the day and the scorching heat!' 13 But he answered one of them, 'Friend, I am doing you no wrong. Didn't you agree with me for a denarius? 14 Take that which is yours, and go your way. It is my will to give to this last just as much as to you. 15 Isn't it lawful for me to do what I want to with what I own? Or is your eye evil, because I am good?' 16 So the last will be first, and the first last. For many are called, but few are chosen."

424. Sexagesima Sunday

Collect:

O God, you see that we place no trust in our own actions. We ask you, by your power, to defend us against all adversity. Through Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Second Epistle of Paul to the Corinthians.

2 Corinthians 11:19-12:9

Brothers and sisters: 19 You bear with the foolish gladly, being wise. 20 For you bear
with a man, if he brings you into bondage, if he devours you, if he takes you
captive, if he exalts himself, if he strikes you on the face. 21 I speak by way of
disparagement, as though we had been weak. Yet however any is bold (I speak in
foolishness), I am bold also. 22 Are they Hebrews? So am I. Are they Israelites? So
am I. Are they the seed of Abraham? So am I. 23 Are they servants of Christ? (I
speak as one beside himself) I am more so; in labors more abundantly, in prisons
more abundantly, in stripes above measure, in deaths often. 24 Five times from the
Jews I received forty stripes minus one. 25 Three times I was beaten with rods.
Once I was stoned. Three times I suffered shipwreck. I have been a night and a day
in the deep. 26 I have been in travels often, perils of rivers, perils of robbers, perils
from my countrymen, perils from the Gentiles, perils in the city, perils in the
wilderness, perils in the sea, perils among false brothers; 27 in labor and travail, in
watchings often, in hunger and thirst, in fastings often, and in cold and nakedness.
28Besides those things that are outside, there is that which presses on me daily,
anxiety for all the assemblies. 29 Who is weak, and I am not weak? Who is caused to
stumble, and I don't burn? 30 If I must boast, I will boast of the things that concern
my weakness. 31 The God and Father of the Lord Jesus Christ, he who is blessed
forevermore, knows that I don't lie. 32 In Damascus the governor under Aretas the
king guarded the city of the Damascenes desiring to arrest me. 33Through a window
I was let down in a basket by the wall, and escaped his hands. 12:1 It is doubtless not
profitable for me to boast. For I will come to visions and revelations of the Lord.
2know a man in Christ, fourteen years ago (whether in the body, I don't know, or
whether out of the body, I don't know; God knows), such a one caught up into the
third heaven. 3 I know such a man (whether in the body, or outside of the body, I
don't know; God knows), 4 how he was caught up into Paradise, and heard
unspeakable words, which it is not lawful for a man to utter. 5On behalf of such a
one I will boast, but on my own behalf I will not boast, except in my weaknesses. 6
For if I would desire to boast, I will not be foolish; for I will speak the truth. But I
forbear, so that no man may account of me above that which he sees in me, or
hears from me. 7By reason of the exceeding greatness of the revelations, that I
should not be exalted excessively, there was given to me a thorn in the flesh, a
messenger of Satan to buffet me, that I should not be exalted excessively. 8
Concerning this thing, I begged the Lord three times that it might depart from me.
9 He has said to me, "My grace is sufficient for you, for my power is made perfect
in weakness." Most gladly therefore will I rather glory in my weaknesses, that the
power of Christ may rest on me.

✠ A Reading from the Holy Gospel according to Luke.

Luke 8:4b-15

At that time: 4 A great multitude came together, and people from every city were
coming to him, he spoke by a parable. 5 "The farmer went out to sow his seed. As
he sowed, some fell by the road, and it was trampled under foot, and the birds of
the sky devoured it. 6 Other seed fell on the rock, and as soon as it grew, it
withered away, because it had no moisture. 7 Other fell amid the thorns, and the
thorns grew with it, and choked it. 8 Other fell into the good ground, and grew, and
brought forth fruit one hundred times." As he said these things, he called out, "He
who has ears to hear, let him hear!" 9 Then his disciples asked him, "What does this
parable mean?" 10 He said, "To you it is given to know the mysteries of the
kingdom of God, but to the rest in parables; that 'seeing they may not see, and
hearing they may not understand.' 11 Now the parable is this: The seed is the word
of God. 12 Those by the road are those who hear, then the devil comes, and takes
away the word from their heart, that they may not believe and be saved. 13 Those
on the rock are they who, when they hear, receive the word with joy; but these have
no root, who believe for a while, and fall away in time of temptation. 14 That which
fell among the thorns, these are those who have heard, and as they go on their way
they are choked with cares, riches, and pleasures of life, and bring no fruit to
maturity. 15 That in the good ground, these are such as in an honest and good heart,
having heard the word, hold it tightly, and bring forth fruit with patience."

425. Quinquagesima Sunday

Collect:

Hear our prayers, we beg you, O Lord. Free us from the slavery of our sins, and protect us against all adversity. Through Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever.
R. Amen.

A Reading from the First Epistle of Paul to the Corinthians.

1 Corinthians 13:1-13

Brothers and sisters: 1 If I speak with the languages of men and of angels, but don't
have love, I have become sounding brass, or a clanging cymbal. 2 If I have the gift
of prophecy, and know all mysteries and all knowledge; and if I have all faith, so as
to remove mountains, but don't have love, I am nothing. 3 If I bestow all my goods
to feed the poor, and if I give my body to be burned, but don't have love, it profits
me nothing. 4 Love is patient and is kind; love doesn't envy. Love doesn't brag, is
not proud, 5 doesn't behave itself inappropriately, doesn't seek its own way, is not
provoked, takes no account of evil; 6 doesn't rejoice in unrighteousness, but rejoices
with the truth; 7 bears all things, believes all things, hopes all things, endures all
things. 8 Love never fails. But where there are prophecies, they will be done away
with. Where there are various languages, they will cease. Where there is knowledge,
it will be done away with. 9 For we know in part, and we prophesy in part; 10 but
when that which is complete has come, then that which is partial will be done away
with. 11 When I was a child, I spoke as a child, I felt as a child, I thought as a child.
Now that I have become a man, I have put away childish things. 12 For now we see
in a mirror, dimly, but then face to face. Now I know in part, but then I will know

fully, even as I was also fully known. 13 But now remain faith, hope, and love: these three. The greatest of these is love.

✠ A Reading from the Holy Gospel according to Luke.

Luke 18:31-43

At that time: 31 *Jesus* took the twelve aside, and said to them, "Behold, we are going up to Jerusalem, and all the things that are written through the prophets concerning the Son of Man will be completed. 32 For he will be delivered up to the Gentiles, will be mocked, treated shamefully, and spit on. 33 They will scourge and kill him. On the third day, he will rise again." 34 They understood none of these things. This saying was hidden from them, and they didn't understand the things that were said. 35 It happened, as he came near Jericho, a certain blind man sat by the road, begging. 36 Hearing a multitude going by, he asked what this meant. 37 They told him that Jesus of Nazareth was passing by. 38 He cried out, "Jesus, you son of David, have mercy on me!" 39 Those who led the way rebuked him, that he should be quiet; but he cried out all the more, "You son of David, have mercy on me!" 40 Jesus, standing, commanded him to be brought to him. When he had come near, he asked him, 41 "What do you want me to do?" He said, "Lord, that I may see again." 42 Jesus said to him, "Receive your sight. Your faith has healed you." 43Immediately he received his sight, and followed him, glorifying God. All the people, when they saw it, praised God.

426. Ash Wednesday

Collect:

O Lord, may the faithful begin the solemn season of fast with fitting piety, and may they continue through to its end with unwavering devotion. Through Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Lesson from the Prophecy of Joel.

Joel 2:12b-19

Thus says the Lord: 12b "Turn to me with all your heart, And with fasting, and with weeping, and with mourning." 13 Tear your heart, and not your garments, And turn to the Lord, your God; For he is gracious and merciful, Slow to anger, and abundant in lovingkindness, And relents from sending calamity. 14 Who knows? He may turn and relent, And leave a blessing behind him, Even a meal offering and a drink offering to the Lord, your God. 15 Blow the trumpet in Zion! Sanctify a fast. Call a solemn assembly. 16 Gather the people. Sanctify the assembly. Assemble the elders. Gather the children, and those who suck the breasts. Let the bridegroom go forth from his room, And the bride out of her chamber. 17 Let the priests, the ministers of the Lord, weep between the porch and the altar, And let them say, "Spare your people, Lord, And don't give your heritage to reproach, That the nations should rule over them. Why should they say among the peoples, 'Where is their God?'" 18 Then the Lord was jealous for his land, And had pity on his people. 19 The Lord answered his people, "Behold, I will send you grain, new wine, and oil, And you will be satisfied with them; And I will no more make you a reproach among the nations," says the Lord almighty.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 6:16-21

At that time, Jesus said to his disciples: 16 "When you fast, don't be, as the hypocrites, with sad faces. For they disfigure their faces, that they may be seen by men to be fasting. Most assuredly I tell you, they have received their reward. 17 But you, when you fast, anoint your head, and wash your face; 18 that you are not seen by men to be fasting, but by your Father who is in secret, and your Father, who sees in secret, will reward you. 19 Don't lay up treasures for yourselves on the earth, where moth and rust consume, and where thieves break through and steal; 20 but lay up for yourselves treasures in heaven, where neither moth nor rust consume, and where thieves don't break through and steal; 21 for where your treasure is, your heart will be there also."

427. First Sunday in Lent

Collect:

O God, each year you purify the Church through the Lenten observance. May the good works of your Church obtain for us the grace we ask for through our self-denial. Through Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Second Epistle of Paul to the Corinthians.

2 Corinthians 6:1-10

Brothers and sisters: 1 Working together, we entreat also that you not receive the grace of God in vain, 2 for he says, "At an acceptable time I listened to you, In a day of salvation I helped you." Behold, now is the acceptable time. Behold, now is the day of salvation. 3 We give no occasion of stumbling in anything, that our service may not be blamed, 4 but in everything commending ourselves, as servants of God, in great endurance, in afflictions, in hardships, in distresses, 5 in beatings, in imprisonments, in riots, in labors, in watchings, in fastings; 6 in pureness, in knowledge, in patience, in kindness, in the Holy Spirit, in sincere love, 7 in the word of truth, in the power of God; by the armor of righteousness on the right hand and on the left, 8 by glory and dishonor, by evil report and good report; as deceivers, and yet true; 9 as unknown, and yet well known; as dying, and behold, we live; as punished, and not killed; 10 as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing all things.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 4:1-11

At that time: 1 Jesus was led up by the Spirit into the wilderness to be tempted by the devil. 2When he had fasted forty days and forty nights, he was hungry afterward. 3 The tempter came and said to him, "If you are the Son of God, command that these stones become bread." 4 But he answered, "It is written, 'Man shall not live by bread alone, but by every word that proceeds out of the mouth of God.'" 5 Then the devil took him into the holy city. He set him on the pinnacle of the temple, 6 and said to him, "If you are the Son of God, throw yourself down, for it is written, 'He will give his angels charge concerning you.' and, 'On their hands

they will bear you up, So that you don't dash your foot against a stone.'" 7 Jesus said
to him, "Again, it is written, 'You shall not test the Lord, your God.'" 8 Again, the
devil took him to an exceedingly high mountain, and showed him all the kingdoms
of the world, and their glory. 9 He said to him, "I will give you all of these things, if
you will fall down and worship me." 10 Then Jesus said to him, "Get behind me,
Satan! For it is written, 'You shall worship the Lord your God, and him only shall
you serve.'" 11 Then the devil left him, and behold, angels came and ministered to
him.

428. Second Sunday in Lent

Collect:

O God, you see that we are completely powerless of ourselves. Protect us from bodily and spiritual dangers, so that we may not be harmed by physical misfortunes and evil thoughts. Through Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the First Epistle of Paul to the Thessalonians.

1 Thessalonians 4:1-7

1 Brothers and sisters, we beg and exhort you in the Lord Jesus, that, as you
received from us how you ought to walk and to please God, -- that you abound
more and more. 2 For you know what charge we gave you through the Lord Jesus. 3
For this is the will of God: your sanctification, that you abstain from sexual
immorality, 4 that each one of you know how to possess himself of his own vessel
in sanctification and honor, 5 not in the passion of lust, even as the Gentiles who
don't know God; 6 that no one should take advantage of and wrong a brother or
sister in this matter; because the Lord is an avenger in all these things, as also we
forewarned you and testified. 7 For God called us not for uncleanness, but in
sanctification in Christ Jesus, our Lord.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 17:1-9

At that time: 1 Jesus took with him Peter, James, and John, his brother, and brought
them up into a high mountain by themselves. 2 He was transfigured before them.
His face shone like the sun, and his garments became white as the light. 3 Behold,
there appeared to them Moses and Elijah talking with him. 4 Peter answered, and
said to Jesus, "Lord, it is good for us to be here. If you want, let's make three tents
here: one for you, one for Moses, and one for Elijah." 5 While he was still speaking,
behold, a bright cloud overshadowed them. Behold, a voice out of the cloud,
saying, "This is my beloved Son, in whom I am well pleased. Listen to him." 6
When the disciples heard it, they fell on their faces, and were very afraid. 7 Jesus
came and touched them and said, "Get up, and don't be afraid." 8 Lifting up their
eyes, they saw no one, except Jesus alone. 9 As they were coming down from the
mountain, Jesus commanded them, saying, "Don't tell anyone what you saw, until
the Son of Man has risen from the dead."

429. Alternate Second Sunday in Lent

¶ *Said when Transfiguration is observed on the Last Sunday after Epiphany.*

Collect:

O God, you see that we are completely powerless of ourselves. Protect us from bodily and spiritual dangers, so that we may not be harmed by physical misfortunes and evil thoughts. Through Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the First Epistle of Paul to the Thessalonians.

1 Thessalonians 4:1-7

1 Brothers and sisters, we beg and exhort you in the Lord Jesus, that, as you
received from us how you ought to walk and to please God, -- that you abound
more and more. 2 For you know what charge we gave you through the Lord Jesus. 3
For this is the will of God: your sanctification, that you abstain from sexual
immorality, 4 that each one of you know how to possess himself of his own vessel
in sanctification and honor, 5 not in the passion of lust, even as the Gentiles who
don't know God; 6 that no one should take advantage of and wrong a brother or
sister in this matter; because the Lord is an avenger in all these things, as also we
forewarned you and testified. 7 For God called us not for uncleanness, but in
sanctification in Christ Jesus, our Lord.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 15:21-28

21 Jesus went out from there, and withdrew into the parts of Tyre and Sidon. 22
Behold, a Canaanite woman came out from those borders, and cried, saying, "Have
mercy on me, Lord, you son of David. My daughter is grievously vexed with a
demon." 23 But he answered her not a word. His disciples came and begged him,
saying, "Send her away; for she cries after us." 24 But he answered, "I wasn't sent to
anyone but the lost sheep of the house of Israel." 25 But she came and worshiped
him, saying, "Lord, help me." 26 But he answered, "It is not appropriate to take the
children's bread and throw it to the dogs." 27 But she said, "Yes, Lord, but even the
dogs eat the crumbs which fall from their masters' table." 28 Then Jesus answered
her, "Woman, great is your faith! Be it done to you even as you desire." And her
daughter was healed from that hour.

430. Third Sunday in Lent

Collect:

O almighty God, fulfill the petitions of the humble; and stretch forth the right hand of your power to defend us. Through Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever.
R. Amen.

A Reading from the Epistle of Paul to the Ephesians.

Ephesians 5:1-9

Brothers and sisters: [1] Be therefore imitators of God, as beloved children. [2] Walk in love, even as Christ also loved you, and gave himself up for us, an offering and a sacrifice to God for a sweet-smelling fragrance. [3] But sexual immorality, and all uncleanness, or covetousness, let it not even be mentioned among you, as becomes saints; [4] nor filthiness, nor foolish talking, or jesting, which are not appropriate; but rather giving of thanks. [5] Know this for sure, that no sexually immoral person, nor unclean person, nor covetous man, who is an idolater, has any inheritance in the kingdom of Christ and God. [6] Let no man deceive you with empty words. For because of these things, the wrath of God comes on the sons of disobedience. [7] Don't be therefore partakers with them. [8] For you were once darkness, but are now light in the Lord. Walk as children of light, [9] for the fruit of the Spirit is in all goodness and righteousness and truth.

☩ A Reading from the Holy Gospel according to Luke.

Luke 11:14-28

At that time: [14] Jesus was casting out a demon, and it was mute. It happened, when the demon had gone out, the mute man spoke; and the multitudes marveled. [15] But some of them said, "He casts out demons by Beelzebul, the prince of the demons." [16] Others, testing him, sought from him a sign from heaven. [17] But he, knowing their thoughts, said to them, "Every kingdom divided against itself is brought to desolation. A house divided against itself falls. [18] If Satan also is divided against himself, how will his kingdom stand? Because you say that I cast out demons by Beelzebul. [19] But if I cast out demons by Beelzebul, by whom do your sons cast them out? Therefore will they be your judges. [20] But if I by the finger of God cast out demons, then the kingdom of God has come to you. [21] When the strong man, fully armed, guards his own dwelling, his goods are safe. [22] But when someone stronger comes on him, and overcomes him, he takes from him his whole armor in which he trusted, and divides his spoils. [23] He that is not with me is against me. He who doesn't gather with me scatters. [24] The unclean spirit, when he has gone out of the man, passes through dry places, seeking rest, and finding none, he says, 'I will turn back to my house whence I came out.' [25] When he returns, he finds it swept and put in order. [26] Then he goes, and takes seven other spirits more evil than himself, and they enter in and dwell there. The last state of that man becomes worse than the first." [27] It came to pass, as he said these things, a certain woman out of the multitude lifted up her voice, and said to him, "Blessed is the womb that bore you, and the breasts which nursed you!" [28] But he said, "On the contrary, blessed are those who hear the word of God, and keep it."

431. Fourth Sunday in Lent

Collect:

O almighty God, we are being justly punished for our sins, but comfort us with your grace, that we may live. Through Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever.
R. Amen.

A Reading from the Epistle of Paul to the Galatians.

Galatians 4:22-31

Brothers and sisters: 22 For it is written that Abraham had two sons, one by the
handmaid, and one by the free woman. 23 However, the son by the handmaid was
born according to the flesh, but the son by the free woman was born through
promise. 24 These things contain an allegory, for these are two covenants. One is
from Mount Sinai, bearing children to bondage, which is Hagar. 25 For this Hagar is
Mount Sinai in Arabia, and answers to the Jerusalem that exists now, for she is in
bondage with her children. 26 But the Jerusalem that is above is free, which is the
mother of us all. 27 For it is written, "Rejoice, you barren who don't bear. Break
forth and shout, you that don't travail. For more are the children of the desolate
than of her who has a husband." 28 Now we, brothers, as Isaac was, are children of
promise. 29 But as then, he who was born according to the flesh persecuted him
who was born according to the Spirit, so also it is now. 30 However what does the
Scripture say? "Throw out the handmaid and her son, for the son of the handmaid
will not inherit with the son of the free woman." 31 So then, brothers, we are not
children of a handmaid, but of the free woman; by the freedom wherewith Christ
has made us free.

✠ A Reading from the Holy Gospel according to John.

John 6:1-15

At that time: 1 Jesus went away to the other side of the sea of Galilee, which is also
called the Sea of Tiberias. 2 A great multitude followed him, because they saw the
signs which he did on those who were sick. 3 Jesus went up into the mountain, and
he sat there with his disciples. 4Now the Passover, the feast of the Jews, was at
hand. 5 Jesus therefore lifting up his eyes, and seeing that a great multitude was
coming to him, said to Philip, "Where are we to buy bread, that these may eat?" 6
This he said to test him, for he himself knew what he would do. 7 Philip answered
him, "Two hundred denarii worth of bread is not sufficient for them, that everyone
of them may receive a little." 8 One of his disciples, Andrew, Simon Peter's brother,
said to him, 9 "There is a boy here who has five barley loaves and two fish, but
what are these among so many?" 10 Jesus said, "Have the people sit down." Now
there was much grass in that place. So the men sat down, in number about five
thousand. 11 Jesus took the loaves; and having given thanks, he distributed to the
disciples, and the disciples to those who were sitting down; likewise also of the fish
as much as they desired. 12 When they were filled, he said to his disciples, "Gather
up the broken pieces which are left over, that nothing be lost." 13 So they gathered
them up, and filled twelve baskets with broken pieces from the five barley loaves,
which were left over by those who had eaten. 14 When therefore the people saw the
sign which Jesus did, they said, "This is truly the prophet who comes into the
world." 15 Jesus therefore, perceiving that they were about to come and take him by
force, to make him king, withdrew again into the mountain by himself.

432. Passion Sunday

Collect:

O almighty God, look with mercy upon your family. Guide and guard us in body and soul by your bounteous grace and protection. Through Jesus Christ, your Son,

our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Hebrews.

Hebrews 9:11-15a

Brothers and sisters: 11 But Christ having come as a high priest of the coming good things, through the greater and more perfect tent, not made with hands, that is to say, not of this creation, 12 nor yet through the blood of goats and calves, but through his own blood, entered in once for all into the Holy Place, having obtained eternal redemption. 13 For if the blood of goats and bulls, and the ashes of a heifer sprinkling those who have been defiled, sanctify to the cleanness of the flesh: 14 how much more will the blood of Christ, who through the eternal Spirit offered himself without blemish to God, cleanse your conscience from dead works to serve the living God? 15For this cause he is the mediator of a new covenant, that a death having taken place for the redemption of the transgressions that were under the first covenant, those who have been called may receive the promise of the eternal inheritance, in Christ Jesus, our Lord.

✠ A Reading from the Holy Gospel according to John.

John 8:46-59a

At that time, Jesus said to the crowds of the Jews: 46 "Which of you convicts me of sin? If I tell the truth, why do you not believe me? 47 He who is of God hears the words of God. For this cause you don't hear, because you are not of God." 48 Then the Jews answered him, "Don't we say well that you are a Samaritan, and have a demon?" 49 Jesus answered, "I don't have a demon, but I honor my Father, and you dishonor me. 50 But I don't seek my own glory. There is one who seeks and judges. 51 Most assuredly, I tell you, if a person keeps my word, he will never see death." 52 Then the Jews said to him, "Now we know that you have a demon. Abraham died, and the prophets; and you say, 'If a man keeps my word, he will never taste of death.' 53 Are you greater than our father, Abraham, who died? The prophets died. Who do you make yourself out to be?" 54 Jesus answered, "If I glorify myself, my glory is nothing. It is my Father who glorifies me, of whom you say that he is our God. 55 You have not known him, but I know him. If I said, 'I don't know him,' I would be like you, a liar. But I know him, and keep his word. 56 Your father Abraham rejoiced to see my day. He saw it, and was glad." 57 The Jews therefore said to him, "You are not yet fifty years old, and have you seen Abraham?" 58 Jesus said to them, "Most assuredly, I tell you, before Abraham was born, I AM." 59a They took up stones therefore to throw at him, but Jesus hid himself, and went out of the temple.

433. Palm Sunday

Collect:

O almighty and eternal God, it was your will that our Savior should become man and suffer upon the cross as a model of humility for all mankind. Grant that we may follow the example of his patience and share in his resurrection. Through Jesus Christ, your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Philippians.

Philippians 2:5-11

Brothers and sisters: 5 Have this in your mind, which was also in Christ Jesus, 6
who, existing in the form of God, didn't consider it robbery to be equal with God, 7
but emptied himself, taking the form of a servant, being made in the likeness of
men. 8 And being found in human form, he humbled himself, becoming obedient
to death, yes, the death of the cross. 9 Therefore God also highly exalted him, and
gave to him the name which is above every name; 10 that at the name of Jesus every
knee would bow, of those in heaven, those on earth, and those under the earth, 11
and that every tongue would confess that Jesus Christ is Lord, to the glory of God,
the Father.

✠ The Passion of Our Lord Jesus Christ according to Matthew.

Matthew 26:36-27:66 or Matthew 27:11-54 (short version in italics)

At that time: 36 Then Jesus came with his disciples to a place called Gethsemane,
and said to them, "Sit here, while I go there and pray." 37 He took with him Peter
and the two sons of Zebedee, and began to be sorrowful and severely troubled. 38
Then he said to them, "My soul is exceedingly sorrowful, even to death. Stay here,
and watch with me." 39 He went forward a little, fell on his face, and prayed, saying,
"My Father, if it is possible, let this cup pass away from me; nevertheless, not what
I want, but what you want." 40 He came to the disciples, and found them sleeping,
and said to Peter, "What, couldn't you watch with me for one hour? 41 Watch and
pray, that you don't enter into temptation. The spirit indeed is willing, but the flesh
is weak." 42 Again, a second time he went away, and prayed, saying, "My Father, if
this cup can't pass away from me, unless I drink it, your will be done." 43 He came
again and found them sleeping, for their eyes were heavy. 44 He left them again,
went away, and prayed a third time, saying the same words. 45 Then he came to his
disciples, and said to them, "Sleep on now, and take your rest. Behold, the hour is
at hand, and the Son of Man is betrayed into the hands of sinners. 46 Arise, let us be
going. Behold, he who betrays me is at hand." 47 While he was still speaking,
behold, Judas, one of the twelve, came, and with him a great multitude with swords
and clubs, from the chief priest and elders of the people. 48 Now he who betrayed
him gave them a sign, saying, "Whoever I will kiss, that is he. Take him." 49
Immediately he came to Jesus, and said, "Hail, Rabbi!" and kissed him. 50 Jesus said
to him, "Friend, why are you here?" Then they came and laid hands on Jesus, and
took him. 51 Behold, one of those who were with Jesus stretched out his hand, and
drew his sword, and struck the servant of the high priest, and struck off his ear. 52
Then Jesus said to him, "Put your sword back into its place, for all those who take
the sword will die by the sword. 53 Or do you think that I can't ask my Father, and
he would even now send me more than twelve legions of angels? 54 How then
would the Scriptures be fulfilled that it must be so?" 55 In that hour Jesus said to
the multitudes, "Have you come out as against a robber with swords and clubs to
seize me? I sat daily in the temple teaching, and you didn't arrest me. 56 But all this
has happened, that the Scriptures of the prophets might be fulfilled." Then all the
disciples left him, and fled. 57 Those who had taken Jesus led him away to Caiaphas,
the high priest, where the scribes and the elders were gathered together. 58 But
Peter followed him from a distance, to the court of the high priest, and entered in,

and sat with the officers, to see the end. [59]Now the chief priests, the elders, and the
whole council sought false testimony against Jesus, that they might put him to
death; [60] and they found none. Even though many false witnesses came forward,
they found none. But at last two false witnesses came forward, [61] and said, "This
man said, 'I am able to destroy the temple of God, and to build it in three days.'" [62]
The high priest stood up, and answered him, "Have you no answer? What is this
that these testify against you?" [63] But Jesus held his peace. The high priest answered
him, "I adjure you by the living God, that you tell us whether you are the Christ,
the Son of God." [64] Jesus said to him, "You have said it. Nevertheless, I tell you,
henceforth you will see the Son of Man sitting at the right hand of Power, and
coming on the clouds of the sky." [65] Then the high priest tore his clothing, saying,
"He has spoken blasphemy! Why do we need any more witnesses? Behold, now
you have heard his blasphemy. [66] What do you think?" They answered, "He is
worthy of death!" [67] Then they spit in his face and beat him with their fists, and
some slapped him, [68] saying, "Prophesy to us, you Christ! Who hit you?" [69] Now
Peter was sitting outside in the court, and a maid came to him, saying, "You were
also with Jesus, the Galilean." [70] But he denied before them all, saying, "I don't
know what you are talking about." [71] When he had gone out onto the porch,
someone else saw him, and said to those who were there, "This man also was with
Jesus of Nazareth." [72] Again he denied with an oath, "I don't know the man." [73]
After a little while those who stood by came and said to Peter, "Surely you are also
one of them, for your speech makes you known." [74] Then began he to curse and to
swear, "I don't know the man!" Immediately the cock crowed. [75] Peter remembered
the word which Jesus had said to him, "Before the cock crows, you will deny me
three times." He went out and wept bitterly. [27:1] Now when morning had come, all
the chief priests and the elders of the people took counsel against Jesus to put him
to death: [2] and they bound him, and led him away, and delivered him up to Pontius
Pilate, the governor. [3] Then Judas, who betrayed him, when he saw that he was
condemned, felt remorse, and brought back the thirty pieces of silver to the chief
priests and elders, [4] saying, "I have sinned in that I betrayed innocent blood." But
they said, "What is that to us? You see to it." [5] He threw down the pieces of silver
in the sanctuary, and departed. He went away and hanged himself. [6] The chief
priests took the pieces of silver, and said, "It is not lawful to put them into the
treasury, since it is the price of blood." [7] They took counsel, and bought with them
the potter's field, to bury strangers in. [8]Therefore that field was called "The Field of
Blood" to this day. [9] Then that which was spoken through Jeremiah the prophet
was fulfilled, saying, "They took the thirty pieces of silver, the price on him upon
whom a price had been set, whom some of the children of Israel did price, [10]and
they gave them for the potter's field, as the Lord commanded me." {*[11] Now Jesus
stood before the governor: and the governor asked him, saying, "Are you the King of the Jews?"
Jesus said to him, "So you say." [12] When he was accused by the chief priests and elders, he
answered nothing. [13] Then Pilate said to him, "Don't you hear how many things they testify
against you?" [14] He gave him no answer, not even one word, so that the governor marveled greatly.
[15] Now at the feast the governor used to release to the multitude one prisoner, whom they wanted.
[16] They had then a notable prisoner, called Barabbas. [17] When therefore they were gathered
together, Pilate said to them, "Whom do you want me to release to you? Barabbas, or Jesus, who
is called Christ?" [18] For he knew that because of envy they had delivered him up. [19] While he was
sitting on the judgment seat, his wife sent to him, saying, "Have nothing to do with that righteous*

man, for I have suffered many things this day in a dream because of him." [20] Now the chief priests and the elders persuaded the multitudes that they should ask for Barabbas, and destroy Jesus. [21] But the governor answered them, "Which of the two do you want me to release to you?" They said, "Barabbas!" [22] Pilate said to them, "What then will I do to Jesus, who is called Christ?" They all said to him, "Let him be crucified!" [23] But the governor said, "Why? What evil has he done?" But they cried out exceedingly, saying, "Let him be crucified!" [24] So when Pilate saw that nothing was gained, but rather that a disturbance was starting, he took water, and washed his hands before the multitude, saying, "I am innocent of the blood of this righteous person. You see to it." [25] All the people answered, "May his blood be on us, and on our children!" [26] Then he released to them Barabbas, but Jesus he flogged and delivered to be crucified. [27] Then the governor's soldiers took Jesus into the Praetorium, and gathered to him the whole cohort. [28] They stripped him, and put a scarlet robe on him. [29] They braided a crown of thorns and put it on his head, and a reed in his right hand; and they kneeled down before him, and mocked him, saying, "Hail, King of the Jews!" [30] They spat on him, and took the reed and struck him on the head. [31]When they had mocked him, they took the robe off from him, and put his clothes on him, and led him away to crucify him. [32] As they came out, they found a man of Cyrene, Simon by name, and they compelled him to go with them, that he might carry his cross. [33] They came to a place called "Golgotha," that is to say, "The place of a skull." [34] They gave him sour wine to drink mixed with gall. When he had tasted it, he would not drink. [35] When they had crucified him, they divided his clothing among them, casting lots, [36] and they sat and watched him there. [37] They set up over his head his accusation written, "THIS IS JESUS, THE KING OF THE JEWS." [38] Then there were two robbers crucified with him, one on his right hand and one on the left. [39] Those who passed by blasphemed him, wagging their heads, [40] and saying, "You who destroy the temple, and build it in three days, save yourself! If you are the Son of God, come down from the cross!" [41] Likewise the chief priests also mocking, with the scribes, the Pharisees, and the elders, said, [42] "He saved others, but he can't save himself. If he is the King of Israel, let him come down from the cross now, and we will believe in him. [43] He trusts in God. Let him deliver him now, if he wants him; for he said, 'I am the Son of God.'" [44] The robbers also who were crucified with him cast on him the same reproach. [45] Now from the sixth hour there was darkness over all the land until the ninth hour. [46] About the ninth hour Jesus cried with a loud voice, saying, "Eli, Eli, lama sabachthani?" That is, "My God, my God, why have you forsaken me?" [47] Some of them who stood there, when they heard it, said, "This man calls Elijah." [48] Immediately one of them ran, and took a sponge, and filled it with vinegar, and put it on a reed, and gave him a drink. [49]The rest said, "Let him be. Let's see whether Elijah comes to save him." [50] Jesus cried again with a loud voice, and yielded up his spirit. [51] Behold, the veil of the temple was torn in two from the top to the bottom. The earth quaked and the rocks were split. [52] The tombs were opened, and many bodies of the saints who had fallen asleep were raised; [53] and coming forth out of the tombs after his resurrection, they entered into the holy city and appeared to many. [54] Now the centurion, and those who were with him watching Jesus, when they saw the earthquake, and the things that were done, feared exceedingly, saying, "Truly this was the Son of God."} [55] Many women were there watching from afar, who had followed Jesus from Galilee, serving him, [56]among whom was Mary Magdalene, Mary the mother of James and Joses, and the mother of the sons of Zebedee. [57]When evening had come, there came a rich man from Arimathaea, named Joseph, who also himself was Jesus' disciple. [58] This man went to Pilate, and asked for the body of Jesus. Then Pilate commanded the body to be given up. [59] Joseph took the body, and wrapped it in a clean linen cloth, [60] and laid it in his own new tomb, which he had hewn out in the rock, and he rolled a great stone to the door of the tomb, and departed. [61] Mary Magdalene was there, and the

other Mary, sitting opposite the tomb. 62 Now on the next day, which is the day
after the Preparation, the chief priests and the Pharisees were gathered together to
Pilate, 63 saying, "Sir, we remember what that deceiver said while he was still alive:
'After three days I will rise again.' 64 Command therefore that the tomb be made
secure until the third day, lest perhaps his disciples come at night and steal him
away, and tell the people, 'He is risen from the dead;' and the last deception will be
worse than the first." 65 Pilate said to them, "You have a guard. Go, make it as
secure as you can." 66 So they went, and made the tomb secure, sealing the stone,
the guard being with them, and went away.

434. Easter Sunday

Collect:

On this day, O God, you overcame death through your only-begotten Son, and opened to us the gate of everlasting life. Help us continually to carry out by our actions the desires that you put into our hearts. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the First Epistle of Paul to the Corinthians.

1 Corinthians 5:7-8

Brothers and sisters: 7 Purge out the old yeast, that you may be a new lump, even as
you are unleavened. For indeed Christ, our Passover, has been sacrificed in our
place. 8 Therefore let us keep the feast, not with old yeast, neither with the yeast of
malice and wickedness, but with the unleavened bread of sincerity and truth.

✠ A Reading from the Holy Gospel according to Mark.

Mark 16:1-7

At that time: 1 Mary Magdalene, and Mary the mother of James, and Salome,
bought spices, that they might come and anoint him. 2 Very early on the first day of
the week, they came to the tomb when the sun had risen. 3 They were saying
among themselves, "Who will roll away the stone from the door of the tomb for
us?" 4 for it was very big. Looking up, they saw that the stone was rolled back. 5
Entering into the tomb, they saw a young man sitting on the right side, dressed in a
white robe, and they were amazed. 6 He said to them, "Don't be amazed. You seek
Jesus, the Nazarene, who has been crucified. He has risen. He is not here. Behold,
the place where they laid him! 7 But go, tell his disciples and Peter, 'He goes before
you into Galilee. There you will see him, as he said to you.'"

435. Low Sunday. First Sunday after Easter

Collect:

O almighty God, let our conduct and our lives always be guided by the Easter feast we have just celebrated. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the First Epistle of John.

1 John 5:4-10a

Beloved: 4 Whatever is born of God overcomes the world. This is the victory that
has overcome the world: your faith. 5 Who is he who overcomes the world, but he
who believes that Jesus is the Son of God? 6 This is he who came by water and
blood, Jesus Christ; not with the water only, but with the water and the blood. 7 It
is the Spirit who bears witness, because the Spirit is the truth. 8For there are three
who bear witness, the Spirit, and the water, and the blood; and the three agree as
one. 9 If we receive the witness of men, the witness of God is greater; for this is
God's testimony which he has testified concerning his Son. 10a He who believes in
the Son of God has the witness in him.

✠ A Reading from the Holy Gospel according to John.

John 20:19-31

At that time, 19 When therefore it was evening, on that day, the first day of the
week, and when the doors were locked where the disciples were assembled, for fear
of the Jews, Jesus came and stood in the midst, and said to them, "Peace be to
you." 20 When he had said this, he showed them his hands and his side. The
disciples therefore were glad when they saw the Lord. 21 Jesus therefore said to
them again, "Peace be to you. As the Father has sent me, even so I send you."
22When he had said this, he breathed on them, and said to them, "Receive the Holy
Spirit! 23Whoever's sins you forgive, they are forgiven to them. Whoever's sins you
retain, they are retained." 24 But Thomas, one of the twelve, called Didymus, wasn't
with them when Jesus came. 25 The other disciples therefore said to him, "We have
seen the Lord!" But he said to them, "Unless I see in his hands the print of the
nails, and put my hand into his side, I will not believe." 26 After eight days again his
disciples were within, and Thomas with them. Jesus came, the doors being locked,
and stood in the midst, and said, "Peace be to you." 27 Then he said to Thomas,
"Reach here your finger, and see my hands. Reach here your hand, and put it into
my side. Don't be faithless, but believing." 28 Thomas answered him, "My Lord and
my God!" 29 Jesus said to him, "Because you have seen me, you have believed.
Blessed are those who have not seen, and have believed." 30 Therefore Jesus did
many other signs in the presence of his disciples, which are not written in this
book; 31 but these are written, that you may believe that Jesus is the Christ, the Son
of God, and that believing you may have life in his name.

436. Second Sunday after Easter

Collect:

You raised up our fallen world, O God, by the humiliation of your own Son. May we, your faithful people, whom you have rescued from the danger of eternal death, be always joyful on earth and come to everlasting happiness in heaven. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the First Epistle of Peter.

1 Peter 2:21b-25

Beloved: 21b Christ also suffered for us, leaving us an example, that you should
follow his steps, 22 who did not sin, "neither was deceit found in his mouth." 23
Who, when he was reviled, didn't revile back. When he suffered, didn't threaten,
but committed himself to him who judges righteously; 24 who his own self bore our
sins in his body on the tree, that we, having died to sins, might live to
righteousness; by whose stripes you were healed. 25 For you were going astray like
sheep; but are now returned to the Shepherd and Overseer of your souls.

✠ A Reading from the Holy Gospel according to John.

John 10:11-16

At that time Jesus said to the Pharisees: 11 "I am the good shepherd. The good
shepherd lays down his life for the sheep. 12 He who is a hired hand, and not a
shepherd, who doesn't own the sheep, sees the wolf coming, leaves the sheep, and
flees. The wolf snatches the sheep, and scatters them. 13 The hired hand flees
because he is a hired hand, and doesn't care for the sheep. 14 I am the good
shepherd. I know my own, and I'm known by my own; 15 even as the Father knows
me, and I know the Father. I lay down my life for the sheep. 16 I have other sheep,
which are not of this fold. I must bring them also, and they will hear my voice.
They will become one flock with one shepherd."

437. Third Sunday after Easter

Collect:

Show us the light of your truth, O God, which guides the sinner back to the path of justice. Let those who profess to be Christians avoid whatever will endanger their profession, and follow those things which will help it. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the First Epistle of Peter.

1 Peter 2:11-19a

11 Beloved, I beg you as sojourners and pilgrims, to abstain from fleshly lust, which
war against the soul; 12 having good behavior among the nations, so in that which
they speak against you as evil-doers, they may by your good works, which they see,
glorify God in the day of visitation. 13Therefore subject yourselves to every
ordinance of man for the Lord's sake: whether to the king, as supreme; 14 or to
governors, as sent by him for vengeance on evil-doers and for praise to those who
do well. 15 For so is the will of God, that by well-doing you should put to silence
the ignorance of foolish men: 16 as free, and not using your freedom for a cloak of
wickedness, but as bondservants of God. 17 Honor all men. Love the brotherhood.
Fear God. Honor the king. 18Servants, be in subjection to your masters with all
fear; not only to the good and gentle, but also to the wicked. 19a For this is a gift
from God: in Christ Jesus, our Lord.

✠ A Reading from the Holy Gospel according to John.

John 16:16-22

At that time Jesus said to his disciples: 16 "A little while, and you will not see me.
Again a little while, and you will see me." 17 Some of his disciples therefore said to
one another, "What is this that he says to us, 'A little while, and you won't see me,
and again a little while, and you will see me;' and, 'Because I go to the Father?'" 18
They said therefore, "What is this that he says, 'A little while?' We don't know what
he is saying." 19 Therefore Jesus perceived that they wanted to ask him, and he said
to them, "Do you inquire among yourselves concerning this, that I said, 'A little
while, and you won't see me, and again a little while, and you will see me?' 20 Most
assuredly I tell you, that you will weep and lament, but the world will rejoice. You
will be sorrowful, but your sorrow will be turned into joy. 21 A woman, when she is
in travail, has sorrow, because her time has come. But when she has delivered the
child, she doesn't remember the anguish any more, for the joy that a child is born
into the world. 22 You therefore now have sorrow, but I will see you again, and
your heart will rejoice, and no one will take your joy away from you."

438. Fourth Sunday after Easter

Collect:

O God, in whom all the faithful are united in one mind, let your people everywhere love your commandments and yearn for what you promise, so that, even amid the changes of this world, their hearts may always be fixed upon true happiness. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of James. *James 1:17-21*

Beloved: 17 Every good gift and every perfect gift is from above, coming down
from the Father of lights, with whom can be no variation, nor turning shadow. 18
Of his own will he brought us forth by the word of truth, that we should be a kind
of first fruits of his creatures. 19 So, then, my beloved brothers, let every man be
swift to hear, slow to speak, and slow to anger; 20 for the anger of man doesn't
produce the righteousness of God. 21 Therefore, putting away all filthiness and
overflowing of wickedness, receive with humility the implanted word, which is able
to save your souls.

✠ A Reading from the Holy Gospel according to John.

John 16:5-14

At that time Jesus said to his disciples: 5 "But now I am going to him who sent me,
and none of you asks me, 'Where are you going?' 6 But because I have told you
these things, sorrow has filled your heart. 7 Nevertheless I tell you the truth: It is to
your advantage that I go away, for if I don't go away, the Counselor won't come to
you. But if I go, I will send him to you. 8 When he has come, he will convict the
world in respect to sin, and righteousness, and judgment; 9 of sin, because they
don't believe in me; 10 of righteousness, because I am going to my Father, and you
see me no more; 11 of judgment, because the prince of this world has been judged.
12 "I have yet many things to tell you, but you can't bear them now. 13 However

when he, the Spirit of truth, has come, he will guide you into all the truth, for he will not speak from himself; but whatever things he hears, he will speak. He will declare to you the things that are to come. 14 He will glorify me, for he will take from what is mine, and will declare it to you."

439. Fifth Sunday after Easter

Collect:

O God, the source of all good, grant us your inspiration that we may have proper thoughts, and your guidance that we may carry them into practice. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of James.

James 1:22-27

Beloved: 22 Be doers of the word, and not only hearers, deluding your own selves. 23 For if anyone is a hearer of the word and not a doer, he is like a man beholding his natural face in a mirror; 24 for he sees himself, and goes away, and immediately forgets what kind of man he was. 25 But he who looks into the perfect law, the law of freedom, and continues, not being a hearer who forgets but a doer of the work, this man will be blessed in what he does. 26 If anyone among you thinks himself to be religious, while he doesn't bridle his tongue, but deceives his heart, this man's religion is worthless. 27 Pure religion and undefiled before our God and Father is this: to visit the fatherless and widows in their affliction, and to keep oneself unstained by the world.

☩ A Reading from the Holy Gospel according to John.

John 16:23b-30

At that time Jesus said to his disciples: 23b "Most assuredly I tell you, whatever you may ask of the Father in my name, he will give it to you. 24 Until now, you have asked nothing in my name. Ask, and you will receive, that your joy may be made full. 25 I have spoken these things to you in figures of speech. But the time comes when I will no more speak to you in figures of speech, but will tell you plainly about the Father. 26 In that day you will ask in my name; and I don't say to you, that I will pray to the Father for you, 27 for the Father himself loves you, because you have loved me, and have believed that I came forth from God. 28 I came out from the Father, and have come into the world. Again, I leave the world, and go to the Father." 29 His disciples said to him, "Behold, now you speak plainly, and speak no figures of speech. 30 Now we know that you know all things, and don't need for anyone to question you. By this we believe that you came forth from God."

440. Ascension Thursday

Collect:

O almighty God, we firmly believe that your only-begotten Son, our Redeemer, ascended this day into heaven. May our minds dwell always on this heavenly home. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Acts of the Apostles.

Acts 1:1-11

1 The first book I wrote, Theophilus, concerned all that Jesus began both to do and
to teach, 2until the day in which he was received up, after he had given
commandment through the Holy Spirit to the apostles whom he had chosen. 3 To
these he also shown himself alive after his suffering by many proofs, appearing to
them over a period of forty days, and spoke about God's kingdom. 4 Being
assembled together with them, he charged them, "Don't depart from Jerusalem, but
wait for the promise of the Father, which you heard from me. 5 For John indeed
baptized in water, but you will be baptized in the Holy Spirit not many days from
now." 6 Therefore, when they had come together, they asked him, "Lord, are you
now restoring the kingdom to Israel?" 7He said to them, "It isn't for you to know
times or seasons which the Father has set within His own authority. 8 But you will
receive power when the Holy Spirit has come on you. You will be witnesses to me
in Jerusalem, in all Judea and Samaria, and to the uttermost parts of the earth."
9When he had said these things, as they were looking, he was taken up, and a cloud
received him out of their sight. 10 While they were looking steadfastly into the sky
as he went, behold, two men stood by them in white clothing, 11 who also said,
"You men of Galilee, why do you stand looking into the sky? This Jesus, who was
received up from you into the sky will come back in the same way as you saw him
going into the sky."

✠ A Reading from the Holy Gospel according to Mark.

Mark 16:14-20

At that time: 14 Jesus was revealed to the eleven themselves as they sat at the table,
and he rebuked them for their unbelief and hardness of heart, because they didn't
believe those who had seen him after he had risen. 15 He said to them, "Go into all
the world, and preach the gospel to the whole creation. 16 He who believes and is
baptized will be saved; but he who disbelieves will be condemned. 17 These signs
will accompany those who believe: in my name they will cast out demons; they will
speak with new languages; 18 they will take up serpents, and if they drink any deadly
thing, it will in no way hurt them; they will lay hands on the sick, and they will
recover." 19 So then the Lord Jesus, after he had spoken to them, was received up
into heaven, and sat down at the right hand of God. 20 They went forth, and
preached everywhere, the Lord working with them, and confirming the word by the
signs that followed.

441. Sunday in the Octave of the Ascension

Collect:

O almighty and eternal God, make our wills devoted to you so that our hearts may sincerely serve your majesty. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever.

R. Amen.

A Reading from the First Epistle of Peter. *1 Peter 4:7b-11*

Beloved: 7 Be of sound mind, self-controlled, and sober in prayer. 8 And above all things be earnest in your love among yourselves, for love covers a multitude of sins. 9 Be hospitable one to another without grumbling. 10 According as each has received a gift, be ministering it among yourselves, as good stewards of the grace of God in its various forms. 11 If any man speaks, let it be as it were oracles of God. If any man serves, let it be as of the strength which God supplies, that in all things God may be glorified through Jesus Christ our Lord.

✠ A Reading from the Holy Gospel according to John.

John 15:26-16:4

At that time, Jesus said to his disciples: 26 "When the Counselor has come, whom I will send to you from the Father, the Spirit of truth, who proceeds from the Father, he will testify about me. 27You will also testify, because you have been with me from the beginning. 16:1 These things have I spoken to you, so that you wouldn't be caused to stumble. 2 They will put you out of the synagogues. Yes, the time comes that whoever kills you will think that he offers service to God. 3They will do these things because they have not known the Father, nor me. 4a But I have told you these things, so that when the time comes, you may remember that I told you."

442. Pentecost Sunday

Collect:

O God, on this day by the light of the Holy Spirit you taught the hearts of the faithful; grant us by the same Spirit to relish what is right, and always to rejoice in his comfort. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Acts of the Apostles. *Acts 2:1-11*

1 Now when the day of Pentecost had come, they were all with one accord in one place. 2Suddenly there came from the sky a sound like the rushing of a mighty wind, and it filled all the house where they were sitting. 3 Tongues like fire appeared and were distributed to them, and it sat on each one of them. 4 They were all filled with the Holy Spirit, and began to speak with other languages, as the Spirit gave them the ability to speak. 5 Now there were dwelling at Jerusalem Jews, devout men, from every nation under the sky. 6 When this sound was heard, the multitude came together, and were bewildered, because everyone heard them speaking in his own language. 7 They were all amazed and marveled, saying to one another, "Behold, aren't all these who speak Galileans? 8 How do we hear, everyone in our own native language? 9 Parthians, Medes, Elamites, and people from Mesopotamia, Judea, Cappadocia, Pontus, Asia, 10 Phrygia, Pamphylia, Egypt, the parts of Libya around Cyrene, visitors from Rome, both Jews and proselytes, 11 Cretans and Arabians: we hear them speaking in our languages the mighty works of God!"

✠ A Reading from the Holy Gospel according to John.

John 14:23-31

At that time, Jesus said to his disciples: 23 "If a man loves me, he will keep my word. My Father will love him, and we will come to him, and make our home with him. 24 He who doesn't love me doesn't keep my words. The word which you hear isn't mine, but the Father's who sent me. 25I have said these things to you, while still living with you. 26 But the Counselor, the Holy Spirit, whom the Father will send in my name, he will teach you all things, and bring to your memory all that I said to you. 27 Peace I leave with you. My peace I give to you; not as the world gives, give I to you. Don't let your heart be troubled, neither let it be fearful. 28 You heard how I told you, 'I go away, and I come to you.' If you loved me, you would have rejoiced, because I said 'I am going to my Father;' for the Father is greater than I. 29 Now I have told you before it happens so that, when it happens, you may believe. 30 I will no more speak much with you, for the prince of the world comes, and he has nothing in me. 31 But that the world may know that I love the Father, and as the Father commanded me, even so I do."

443. Trinity Sunday. First Sunday after Pentecost

Collect:

Almighty and everlasting God, you have given your servants, in the confession of the true faith, to acknowledge the glory of the Eternal Trinity, and to adore the unity in the power of your majesty; grant that by steadfastness in this faith we may ever be defended from all adversities. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Romans.

Romans 11:33-36

33 Oh the depth of the riches both of the wisdom and the knowledge of God! How unsearchable are his judgments, and his ways past tracing out! 34 "For who has known the mind of the Lord? Or who has been his counselor? 35 Or who has first given to him, And it will be repaid to him again?" 36 For of him, and through him, and to him, are all things. To him be the glory for ever! Amen.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 28:18-20

At that time: 18 Jesus came to *his disciples* and spoke to them, saying, "All authority has been given to me in heaven and on earth. 19 Go, and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, 20 teaching them to observe all things which I commanded you. Behold, I am with you always, even to the end of the age."

444. Corpus Christi. Thursday after Trinity Sunday

Collect:

O God, we possess a lasting memorial of your passion in this wondrous sacrament. Grant that we may so venerate the mysteries of your body and blood that we may

always feel within ourselves the effects of your redemption. You who live and reign with the Father in the unity of the Holy Spirit, one God, forever and ever.
R. Amen.

A Reading from the First Epistle of Paul to the Corinthians.

1 Corinthians 11:23-29

Brothers and sisters: 23 I received from the Lord that which also I delivered to you, that the Lord Jesus on the night in which he was betrayed took bread. 24 When he had given thanks, he broke it, and said, "Take, eat. This is my body, which is broken for you. Do this in memory of me." 25 In the same way he also took the cup, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink, in memory of me." 26 For as often as you eat this bread, and drink this cup, you proclaim the Lord's death until he comes. 27 Therefore whoever eats this bread or drinks the Lord's cup in an unworthy manner, will be guilty of the body and the blood of the Lord. 28 But let a man examine himself, and so let him eat of the bread, and drink of the cup. 29 For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, if he doesn't discern the Lord's body.

✠ A Reading from the Holy Gospel according to John.

John 6:55-58

At that time, Jesus said unto the multitude of the Jews: 55 "My flesh is food indeed, and my blood is drink indeed. 56 He who eats my flesh and drinks my blood lives in me, and I in him. 57 As the living Father sent me, and I live because of the Father; so he who feeds on me, he will also live because of me. 58 This is the bread which came down out of heaven -- not as our fathers ate the manna, and died. He who eats this bread will live forever."

445. Second Sunday after Pentecost

Collect:

O Lord, grant that we may always have a reverential fear and love of your holy name, for those who are firmly grounded in your love will ever be guided and governed by your grace. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the First Epistle of John.

1 John 3:13-18

Beloved: 13 Don't be surprised, my brothers, if the world hates you. 14 We know that we have passed out of death into life, because we love the brothers. He who doesn't love his brother remains in death. 15 Whoever hates his brother is a murderer, and you know that no murderer has eternal life remaining in him. 16 By this we know love, because he laid down his life for us. We ought to lay down our lives for the brothers. 17 But whoever has the world's goods, and sees his brother in need, and shuts up his compassion from him, how does the love of God remain in him? 18 My little children, let's not love in word only, neither with the tongue only, but in deed and truth.

✠ A Reading from the Holy Gospel according to Luke.

Luke 14:16-24

At that time, Jesus spoke to the Pharisees this parable: 16 "A certain man made a great supper, and he invited many people. 17 He sent out his servant at supper time to tell those who were invited, 'Come, for everything is ready now.' 18 They all as one began to make excuses. The first said to him, 'I have bought a field, and I must go and see it. Please have me excused.' 19 Another said, 'I have bought five yoke of oxen, and I must go try them out. Please have me excused.' 20Another said, 'I have married a wife, and therefore I can't come.' 21 That servant came, and told his lord these things. Then the master of the house, being angry, said to his servant, 'Go out quickly into the streets and lanes of the city, and bring in here the poor, maimed, blind, and lame.' 22 The servant said, 'Lord, it is done as you commanded, and there is still room.' 23 The lord said to the servant, 'Go out into the highways and hedges, and compel them to come in, that my house may be filled. 24 For I tell you that none of those men who were invited will taste of my supper.'"

446. Sacred Heart. Friday after 2nd Sunday after Pentecost

Collect:

O God, through your mercy we posses the treasures of your love in the heart of your Son, the same heart we wounded by our sins. Grant that we may make reparation to him for our faults by offering him the worship of our devotion. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Ephesians.

Ephesians 3:8-12, 14-19

Brothers and sisters: 8 To me, the very least of all saints, was this grace given, to preach to the Gentiles the unsearchable riches of Christ, 9 and to make all men see what is the administration of the mystery which for ages has been hidden in God, who created all things through Jesus Christ; 10 to the intent that now through the assembly the manifold wisdom of God might be made known to the principalities and the powers in the heavenly places, 11 according to the eternal purpose which he purposed in Christ Jesus, our Lord; 12 in whom we have boldness and access in confidence through our faith in him. 14 For this cause, I bow my knees to the Father of our Lord, Jesus Christ, 15 from whom every family in heaven and on earth is named, 16 that he would grant you, according to the riches of his glory, that you may be strengthened with power through his Spirit in the inward man; 17 that Christ may dwell in your hearts through faith; to the end that you, being rooted and grounded in love, 18 may be strengthened to comprehend with all the saints what is the breadth and length and height and depth, 19 and to know Christ's love which surpasses knowledge, that you may be filled to all the fullness of God.

✠ A Reading from the Holy Gospel according to John.

John 19:31-37

At that time, the Jews: 31 Because it was the Preparation, so that the bodies wouldn't remain on the cross on the Sabbath (for that Sabbath was a special one), asked of Pilate that their legs might be broken, and that they might be taken away. 32 Therefore the soldiers came, and broke the legs of the first, and of the other who was crucified with him; 33 but when they came to Jesus, and saw that he was already dead, they didn't break his legs. 34 However one of the soldiers pierced his side with a spear, and immediately blood and water came out. 35 He who has seen has testified, and his testimony is true. He knows that he tells the truth, that you may believe. 36 For these things happened, that the Scripture might be fulfilled, "A bone of him will not be broken." 37Again another Scripture says, "They will look on him whom they pierced."

447. Third Sunday after Pentecost

Collect:

O God, you are the protector of all who trust in you, and without you nothing is strong, nothing is holy. Be even more merciful towards us, and rule and guide us that we may use the good things of this life in such a way as not to lose the blessings of eternal life. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the First Epistle of Peter.

1 Peter 5:6-11

Beloved: 6 Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time; 7 casting all your worries on him, because he cares for you. 8 Be sober and self-controlled. Be watchful. Your adversary the devil, walks about like a roaring lion, seeking whom he may devour. 9 Withstand him steadfast in your faith, knowing that your brothers who are in the world are undergoing the same sufferings. 10 But may the God of all grace (who called you to his eternal glory by Christ Jesus), after you have suffered a while, perfect, establish, strengthen, and settle you. 11 To him be the glory and the power forever and ever. Amen.

✠ A Reading from the Holy Gospel according to Luke.

Luke 15:1-10

At that time: 1 Now all the tax collectors and sinners were coming close to him to hear him. 2 The Pharisees and the scribes murmured, saying, "This man welcomes sinners, and eats with them." 3 He told them this parable. 4 "Which of you men, if you had one hundred sheep, and lost one of them, wouldn't leave the ninety-nine in the wilderness, and go after the one that was lost, until he found it? 5 When he has found it, he carries it on his shoulders, rejoicing. 6 When he comes home, he calls together his friends and his neighbors, saying to them, 'Rejoice with me, for I have found my sheep which was lost!' 7 I tell you that even so there will be more joy in heaven over one sinner who repents, than over ninety-nine righteous people who need no repentance. 8 Or what woman, if she had ten drachma coins, if she lost one drachma, wouldn't light a lamp, sweep the house, and seek diligently until she

found it? 9 When she has found it, she calls together her friends and neighbors, saying, 'Rejoice with me, for I have found the drachma which I had lost.' 10 Even so, I tell you, there is joy in the presence of the angels of God over one sinner repenting."

448. Fourth Sunday after Pentecost

Collect:

O Lord, let peace guide the course of world events, that your Church may serve you in joy and security. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Romans.

Romans 8:18-23

Brothers and sisters: 18 For I consider that the sufferings of this present time are not worthy to be compared with the glory which will be revealed toward us. 19 For the creation waits with eager expectation for the sons of God to be revealed. 20 For the creation was subjected to vanity, not of its own will, but by reason of him who subjected it, in hope 21 that the creation itself also will be delivered from the bondage of decay into the liberty of the glory of the children of God. 22 For we know that the whole creation groans and travails in pain together until now. 23 Not only so, but ourselves also, who have the first fruits of the Spirit, even we ourselves groan within ourselves, waiting for adoption, the redemption of our body, in Christ Jesus, our Lord.

✠ A Reading from the Holy Gospel according to Luke.

Luke 5:1-11

At that time: 1 While the multitude pressed on him and heard the word of God, that he was standing by the lake of Gennesaret. 2 He saw two boats standing by the lake, but the fishermen had gone out of them, and were washing their nets. 3 He entered into one of the boats, which was Simon's, and asked him to put out a little from the land. He sat down and taught the multitudes out of the boat. 4 When he had finished speaking, he said to Simon, "Put out into the deep, and let down your nets for a catch." 5 Simon answered him, "Master, we worked all night, and took nothing; but at your word I will let down the net." 6 When they had done this, they caught a great multitude of fish, and their net was breaking. 7 They beckoned to their partners in the other boat, that they should come and help them. They came, and filled both boats, so that they began to sink. 8 But Simon Peter, when he saw it, fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, Lord." 9 For he was amazed, and all who were with him, at the catch of fish which they had caught; 10 and so also were James and John, sons of Zebedee, who were partners with Simon. Jesus said to Simon, "Don't be afraid. From now on you will catch men alive." 11When they had brought their boats to land, they left everything, and followed him.

449. Fifth Sunday after Pentecost

Collect:

For those that love you, O God, joys beyond understanding are waiting. Fill our hearts with such a live that our desire for you in all things, and above all things, may lead us to what you have promised, which is far superior to anything we can desire. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the First Epistle of Peter.

1 Peter 3:8-15a

Beloved: 8 Finally, be all like-minded, compassionate, loving as brothers, tenderhearted, courteous, 9 not rendering evil for evil, or reviling for reviling; but instead blessing; knowing that to this were you called, that you may inherit a blessing. 10 For, "He who would love life, And see good days, Let him keep his tongue from evil, And his lips from speaking deceit. 11 Let him turn away from evil, and do good. Let him seek peace, and pursue it. 12 For the eyes of the Lord are on the righteous, And his ears open to their prayer; But the face of the Lord is against those who do evil." 13 Now who is he who will harm you, if you become imitators of that which is good? 14 But even if you should suffer for righteousness' sake, you are blessed. "Don't fear what they fear, neither be troubled." 15a But sanctify the Lord God in your hearts.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 5:20-24

At that time, Jesus said to his disciples: 20 "For I tell you, that unless your righteousness exceeds that of the scribes and Pharisees, there is no way you shall enter into the Kingdom of Heaven. 21You have heard that it was said to them of old time, 'You shall not murder;' and 'Whoever shall murder shall be in danger of the judgment.' 22 But I tell you, that everyone who is angry with his brother without a cause shall be in danger of the judgment; and whoever shall say to his brother, 'Raca,' shall be in danger of the council; and whoever shall say, 'You fool,' shall be in danger of the fire of Gehenna. 23 If therefore you are offering your gift at the altar, and there remember that your brother has anything against you, 24 leave your gift there before the altar, and go your way. First be reconciled to your brother, and then come and offer your gift."

450. Sixth Sunday after Pentecost

Collect:

O mighty God, author of every good thing, implant in our hearts a deep love of your name. Support and protect us with your loving care so that we may be filled with a true spirit of devotion and sincere virtue. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Romans.

Romans 6:3-11

Brothers and sisters: 3b All we who were baptized into Christ Jesus were baptized into his death. 4We were buried therefore with him through baptism to death, that just like Christ was raised from the dead through the glory of the Father, so we also might walk in newness of life. 5 For if we have become united with him in the likeness of his death, we will also be part of his resurrection; 6 knowing this, that our old man was crucified with him, that the body of sin might be done away with, so that we would no longer be in bondage to sin. 7 For he who has died has been freed from sin. 8 But if we died with Christ, we believe that we will also live with him; 9knowing that Christ, being raised from the dead, dies no more. Death no more has dominion over him! 10 For the death that he died, he died to sin one time; but the life that he lives, he lives to God. 11 Thus also consider yourselves also to be dead to sin, but alive to God in Christ Jesus our Lord.

✠ A Reading from the Holy Gospel according to Mark.

Mark 8:1-9

1 In those days, when there was a very great multitude, and they had nothing to eat, Jesus called his disciples to himself, and said to them, 2 "I have compassion on the multitude, because they continue with me now three days, and have nothing to eat. 3 If I send them away fasting to their home, they will faint on the way, for some of them have come a long way." 4 His disciples answered him, "From where will one be able to fill these men with bread here in a desert place?" 5 He asked them, "How many loaves do you have?" They said, "Seven." 6 He commanded the multitude to sit down on the ground, and he took the seven loaves. Having given thanks, he broke them, and gave them to his disciples to serve, and they served the multitude. 7 They had a few small fish. Having blessed them, he said to serve these also. 8 They ate, and were filled. They took up seven baskets of broken pieces that were left over. 9 Those who had eaten were about four thousand. Then he sent them away.

451. Seventh Sunday after Pentecost

Collect:

O God, whose ever-watchful providence rules all things, we humbly implore you to remove from us whatever is harmful, and to bestow on us only that which will be helpful. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Romans.

Romans 6:19-23

Brothers and sisters: 19 I speak in human terms because of the weakness of your flesh, for as you presented your members as servants to uncleanness and to wickedness upon wickedness, even so now present your members as servants to righteousness for sanctification. 20 For when you were servants of sin, you were free in regard to righteousness. 21 What fruit then did you have at that time in the things of which you are now ashamed? For the end of those things is death. 22 But

now, being made free from sin, and having become servants of God, you have your fruit of sanctification, and the result of eternal life. 23 For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 7:15-21

At that time, Jesus said to his disciples: 15 "Beware of false prophets, who come to you in sheep's clothing, but inwardly are ravening wolves. 16 By their fruits you will know them. Do you gather grapes from thorns, or figs from thistles? 17 Even so, every good tree brings forth good fruit; but the corrupt tree brings forth evil fruit. 18 A good tree can't bring forth evil fruit, neither can a corrupt tree bring forth good fruit. 19 Every tree that doesn't grow good fruit is cut down, and thrown into the fire. 20 Therefore, by their fruits you will know them. 21 Not everyone who says to me, 'Lord, Lord,' will enter into the Kingdom of Heaven; but he who does the will of my Father who is in heaven."

452. Eighth Sunday after Pentecost

Collect:

O Lord, we cannot exist without you. Inspire us to think and act rightly, that we may always live as you would have us live. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Romans.

Romans 8:12-17a

Brothers and sisters: 12 we are debtors, not to the flesh, to live after the flesh. 13 For if you live after the flesh, you must die; but if by the Spirit you put to death the deeds of the body, you will live. 14 For as many as are led by the Spirit of God, these are children of God. 15 For you didn't receive the spirit of bondage again to fear, but you received the spirit of adoption, whereby we cry, "Abba! Father!" 16 The Spirit himself testifies with our spirit that we are children of God; 17a and if children, then heirs; heirs of God, and joint-heirs with Christ.

✠ A Reading from the Holy Gospel according to Luke.

Luke 16:1-9

At that time, Jesus spoke this parable to his disciples: 1 "There was a certain rich man, who had a manager. The same was accused to him of wasting his possessions. 2 He called him, and said to him, 'What is this that I hear about you? Give an accounting of your management, for you can no longer be manager.' 3 "'The steward said within himself, 'What will I do, seeing that my lord is taking away the management position from me? I don't have strength to dig. I am ashamed to beg. 4 I know what I will do, so that when I am removed from management, they may receive me into their houses.' 5 Calling each one of his lord's debtors to him, he said to the first, 'How much do you owe to my lord?' 6 He said, 'A hundred batos of oil.' He said to him, 'Take your bill, and sit down quickly and write fifty.' 7 Then said he to another, 'How much do you owe?' He said, 'A hundred cors of wheat.' He said

to him, 'Take your bill, and write eighty.' [8] His lord commended the unrighteous steward because he had done wisely, for the sons of this world are, in their own generation, wiser than the sons of the light. [9] I tell you, make for yourselves friends by means of unrighteous mammon, so that when you fail, they may receive you into the eternal tents."

453. Ninth Sunday after Pentecost

Collect:

O Lord, in your mercy hear the prayers of those who call upon you. May they ask only what is pleasing to you, so that their requests may always be heard. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the First Epistle of Paul to the Corinthians.

1 Corinthians 10:6b-13

Brothers and sisters: [6b] We should not lust after evil things, as *our fathers and mothers* also lusted. [7] Neither be idolaters, as some of them were. As it is written, "The people sat down to eat and drink, and rose up to play." [8] Neither let us commit sexual immorality, as some of them committed, and in one day twenty-three thousand fell. [9] Neither let us test the Lord, as some of them tested, and perished by the serpents. [10] Neither grumble, as some of them also grumbled, and perished by the destroyer. [11] Now all these things happened to them by way of example, and they were written for our admonition, on whom the ends of the ages have come. [12] Therefore let him who thinks he stands be careful that he doesn't fall. [13] No temptation has taken you but such as man can bear. God is faithful, who will not allow you to be tempted above what you are able, but will with the temptation make also the way of escape, that you may be able to endure it.

✠ A Reading from the Holy Gospel according to Luke.

Luke 19:41-47a

At that time, when Jesus drew near to Jerusalem [41] he saw the city and wept over it, [42] saying, "If you, even you, had known today the things which belong to your peace! But now, they are hidden from your eyes. [43] For the days will come on you, when your enemies will throw up a barricade against you, surround you, hem you in on every side, [44] and will dash you and your children within you to the ground. They will not leave in you one stone on another, because you didn't know the time of your visitation." [45] He entered into the temple, and began to drive out those who bought and sold in it, [46] saying to them, "It is written, 'My house is a house of prayer,' but you have made it a 'den of robbers!'" [47a] He was teaching daily in the temple.

454. Tenth Sunday after Pentecost

Collect:

O God, your almighty power is made most evident in your mercy and pity. Be even more merciful toward us, that we may seek the rewards you have promised and

come to share in them. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the First Epistle of Paul to the Corinthians.

1 Corinthians 12:2-11

Brothers and sisters: 2 You know that when you were heathen, you were led away to those mute idols, however you might be led. 3 Therefore I make known to you that no one speaking by God's Spirit says, "Jesus is accursed." No one can say, "Jesus is Lord," but by the Holy Spirit. 4Now there are various kinds of gifts, but the same Spirit. 5 There are various kinds of service, and the same Lord. 6 There are various kinds of workings, but the same God, who works all things in all. 7 But to each one is given the manifestation of the Spirit for the profit of all. 8 For to one is given through the Spirit the word of wisdom, and to another the word of knowledge, according to the same Spirit; 9 to another faith, by the same Spirit; and to another gifts of healings, by the same Spirit; 10 and to another workings of miracles; and to another prophecy; and to another discerning of spirits; to another different kinds of languages; and to another the interpretation of languages. 11 But the one and the same Spirit works all of these, distributing to each one separately as he desires.

✠ A Reading from the Holy Gospel according to Luke.

Luke 18:9-14

At that time, Jesus 9 spoke also this parable to certain people who were convinced of their own righteousness, and who despised all others. 10 "Two men went up into the temple to pray; one was a Pharisee, and the other was a tax collector. 11 The Pharisee stood and prayed to himself like this: 'God, I thank you, that I am not like the rest of men, extortioners, unrighteous, adulterers, or even like this tax collector. 12 I fast twice in the week. I give tithes of all that I get.' 13 But the tax collector, standing far away, wouldn't even lift up his eyes to heaven, but beat his breast, saying, 'God, be merciful to me, a sinner!' 14 I tell you, this man went down to his house justified rather than the other; for everyone who exalts himself will be humbled, but he who humbles himself will be exalted."

455. Eleventh Sunday after Pentecost

Collect:

Almighty and eternal God, your bounteous kindness exceeds the merits and fondest hope of our prayers. Shower your mercy upon us, forgive us the sins that strike fear in our consciences, and grant us the blessings we dare not presume to ask for. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the First Epistle of Paul to the Corinthians.

1 Corinthians 15:1-10a

Brothers and sisters: 1 Now I declare to you, brothers, the gospel which I preached to you, which also you received, in which you also stand, 2 by which also you are saved, if you hold firmly the word which I preached to you -- unless you believed in

vain. 3 For I delivered to you first of all that which also I received: that Christ died
for our sins according to the Scriptures, 4 that he was buried, that he was raised on
the third day according to the Scriptures, 5 and that he appeared to Cephas, then to
the twelve. 6 Then he appeared to over five hundred brothers at once, most of
whom remain until now, but some have also fallen asleep. 7 Then he appeared to
James, then to all the apostles, 8 and last of all, as to the child born at the wrong
time, he appeared to me also. 9For I am the least of the apostles, who is not worthy
to be called an apostle, because I persecuted the assembly of God. 10a But by the
grace of God I am what I am. His grace which was bestowed on me was not found
vain.

☩ A Reading from the Holy Gospel according to Mark.

Mark 7:31-37

At that time, Jesus 31 departed from the borders of Tyre and Sidon, and came to the
sea of Galilee, through the midst of the borders of Decapolis. 32 They brought to
him one who was deaf and had an impediment in his speech. They begged him to
lay his hand on him. 33 He took him aside from the multitude, privately, and put his
fingers into his ears, and he spat, and touched his tongue. 34 Looking up to heaven,
he sighed, and said to him, "Ephphatha!" that is, "Be opened!" 35 Immediately his
ears were opened, and the impediment of his tongue was loosed, and he spoke
clearly. 36 He charged them that they should tell no one, but the more he charged
them, so much the more widely they proclaimed it. 37 They were astonished beyond
measure, saying, "He has done all things well. He makes even the deaf hear, and the
mute speak!"

456. Twelfth Sunday after Pentecost

Collect:

Almighty and merciful God, it is through your grace that the faithful are able to serve you fittingly and laudably. Grant that we may hurry, without faltering, toward the rewards you have promised to us. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Second Epistle of Paul to the Corinthians.

2 Corinthians 3:4-9

Brothers and sisters: 4 Such confidence we have through Christ toward God; 5 not
that we are sufficient of ourselves, to account anything as from ourselves; but our
sufficiency is from God; 6who also made us sufficient as servants of a new
covenant; not of the letter, but of the Spirit. For the letter kills, but the Spirit gives
life. 7 But if the service of death, written engraved on stones, came with glory, so
that the children of Israel could not look steadfastly on the face of Moses for the
glory of his face; which was passing away: 8 won't service of the Spirit be with
much more glory? 9 For if the service of condemnation has glory, the service of
righteousness exceeds much more in glory.

✠ A Reading from the Holy Gospel according to Luke.

Luke 10:23-37

At that time Jesus said to his disciples: 23 "Blessed are the eyes which see the things
that you see, 24 for I tell you that many prophets and kings desired to see the things
which you see, and didn't see them, and to hear the things which you hear, and
didn't hear them." 25 Behold, a certain lawyer stood up and tested him, saying,
"Teacher, what will I do to inherit eternal life?" 26 He said to him, "What is written
in the law? How do you read it?" 27 He answered, "You shall love the Lord your
God with all your heart, with all your soul, with all your strength, and with all your
mind; and your neighbor as yourself." 28 He said to him, "You have answered
correctly. Do this, and you will live." 29 But he, desiring to justify himself, asked
Jesus, "Who is my neighbor?" 30Jesus answered, "A certain man was going down
from Jerusalem to Jericho, and he fell among robbers, who both stripped him and
beat him, and departed, leaving him half dead. 31 By chance a certain priest was
going down that way. When he saw him, he passed by on the other side. 32 In the
same way a Levite also, when he came to the place, and saw him, passed by on the
other side. 33 But a certain Samaritan, as he journeyed, came where he was. When
he saw him, he was moved with compassion, 34 came to him, and bound up his
wounds, pouring on oil and wine. He set him on his own animal, and brought him
to an inn, and took care of him. 35 On the next day, when he departed, he took out
two denarii, and gave them to the host, and said to him, 'Take care of him.
Whatever you spend beyond that, I will repay you when I return.' 36 Now which of
these three do you think seemed to be a neighbor to him who fell among the
robbers?" 37 He said, "He who shown mercy on him." Then Jesus said to him, "Go
and do likewise."

457. Tirteenth Sunday after Pentecost

Collect:

Almighty and eternal God, deepen our faith, our hope and our charity. Make us love what you have commanded so that we may attain what you have promised. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Galatians.

Galatians 3:16-22

Brothers and sisters: 16 Now the promises were spoken to Abraham and to his
seed. He doesn't say, "To seeds," as of many, but as of one, "To your seed," which
is Christ. 17 Now I say this. A covenant confirmed beforehand by God in Christ,
the law, which came four hundred and thirty years after, does not annul, so as to
make the promise of no effect. 18 For if the inheritance is of the law, it is no more
of promise; but God has granted it to Abraham by promise. 19 What then is the
law? It was added because of transgressions, until the seed should come to whom
the promise has been made. It was ordained through angels by the hand of a
mediator. 20 Now a mediator is not between one, but God is one. 21 Is the law then
against the promises of God? Certainly not! For if there had been a law given
which could make alive, most assuredly righteousness would have been of the law.

22 But the Scriptures shut up all things under sin, that the promise by faith in Jesus Christ might be given to those who believe.

✠ A Reading from the Holy Gospel according to Luke.

Luke 17:11-19

At that time, as Jesus was 11 on his way to Jerusalem, that he was passing along the borders of Samaria and Galilee. 12 As he entered into a certain village, ten men who were lepers met him, who stood far away. 13 They lifted up their voices, saying, "Jesus, Master, have mercy on us!" 14When he saw them, he said to them, "Go and show yourselves to the priests." It happened, as they went, they were cleansed. 15 One of them, when he saw that he was healed, turned back, glorifying God with a loud voice. 16 He fell on his face at his feet, giving him thanks. He was a Samaritan. 17 Jesus answered, "Weren't the ten cleansed? But where are the nine? 18 Were there none found who returned to give glory to God, except this stranger?" 19 He said to him, "Get up, and go your way. Your faith has healed you."

458. Fourteenth Sunday after Pentecost

Collect:

Keep your Church, O Lord, in your everlasting mercy. Without your assistance our human nature is bound to fail, so help us to shun whatever is harmful and guide us toward those things that will aid our salvation. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Galatians.

Galatians 5:16-24

Brothers and sisters: 16 Walk by the Spirit, and you won't fulfill the lust of the flesh. 17 For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary the one to the other, that you may not do the things that you desire. 18 But if you are led by the Spirit, you are not under the law. 19 Now the works of the flesh are obvious, which are: adultery, sexual immorality, uncleanness, lustfulness, 20 idolatry, sorcery, hatred, strife, jealousies, outbursts of anger, rivalries, divisions, heresies, 21 envyings, murders, drunkenness, orgies, and things like these; of which I forewarn you, even as I also forewarned you, that those who practice such things will not inherit the kingdom of God. 22 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, and self-control. Against such things there is no law. 24 Those who belong to Christ have crucified the flesh with its passions and lusts.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 6:24-33

At that time, Jesus said to his disciples: 24 "No one can serve two masters, for either he will hate the one, and love the other; or else he will hold to one, and despise the other. You can't serve both God and Mammon. 25 Therefore, I tell you, don't be anxious for your life, what you will eat, or what you will drink; nor yet for your body, what you will put on. Isn't life more than food, and the body more than

clothing? 26 See the birds of the sky, that they don't sow, neither do they reap, nor gather into barns. Your heavenly Father feeds them. Aren't you of much more value than they? 27 Which of you, by being anxious, can add one cubit to the measure of his life? 28Why are you anxious about clothing? Consider the lilies of the field, how they grow. They don't toil, neither do they spin, 29 yet I tell you that even Solomon in all his glory was not dressed like one of these. 30 But if God so clothes the grass of the field, which today exists, and tomorrow is cast into the oven, won't he much more clothe you, you of little faith? 31 Therefore don't be anxious, saying, 'What will we eat?', 'What will we drink?' or, 'With what will we be clothed?' 32For the Gentiles seek after all these things, for your heavenly Father knows that you need all these things. 33 But seek first God's Kingdom, and his righteousness; and all these things will be added to you."

459. Fifteenth Sunday after Pentecost

Collect:

O Lord, let your abiding mercy purify and defend the Church. Graciously govern her always, for without your assistance she cannot remain safe. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Galatians.

Galatians 5:25-6:10

Brothers and sisters: 25 If we live by the Spirit, let's also walk by the Spirit. 26 Let's not become conceited, provoking one another, and envying one another. 6:1 Brothers and sisters, even if a man is caught in some fault, you who are spiritual must restore such a one in a spirit of gentleness; looking to yourself so that you also aren't tempted. 2 Bear one another's burdens, and so fulfill the law of Christ. 3 For if a man thinks himself to be something when he is nothing, he deceives himself. 4 But let each man test his own work, and then he will take pride in himself and not in his neighbor. 5 For each man will bear his own burden. 6 But let him who is taught in the word share all good things with him who teaches. 7 Don't be deceived. God is not mocked, for whatever a man sows, that will he also reap. 8 For he who sows to his own flesh will from the flesh reap corruption. But he who sows to the Spirit will from the Spirit reap eternal life. 9 Let us not be weary in doing good, for we will reap in due season, if we don't give up. 10 So then, as we have opportunity, let us work that which is good toward all men, and especially toward those who are of the household of the faith.

✠ A Reading from the Holy Gospel according to Luke.

Luke 7:11-16

At that time: 11 *Jesus* went to a city called Nain. Many of his disciples went with him, along with a great multitude. 12 Now when he drew near to the gate of the city, behold, one who was dead was carried out, the only son of his mother, and she was a widow. Many people of the city were with her. 13 When the Lord saw her, he had compassion on her, and said to her, "Don't cry." 14 He came near and touched the coffin, and the bearers stood still. He said, "Young man, I tell you, arise!" 15 He who was dead sat up, and began to speak. He gave him to his mother. 16 Fear took

hold on all, and they glorified God, saying, "A great prophet has arisen among us!" and, "God has visited his people!"

460. Sixteenth Sunday after Pentecost

Collect:

O Lord, may your grace always be with us, to make us diligent in performing good deeds. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Ephesians.

Ephesians 3:13-21

Brothers and sisters: 13 Therefore I ask that you may not lose heart at my troubles
for you, which are your glory. 14 For this cause, I bow my knees to the Father of
our Lord, Jesus Christ, 15 from whom every family in heaven and on earth is
named, 16 that he would grant you, according to the riches of his glory, that you
may be strengthened with power through his Spirit in the inward man; 17 that
Christ may dwell in your hearts through faith; to the end that you, being rooted and
grounded in love, 18 may be strengthened to comprehend with all the saints what is
the breadth and length and height and depth, 19 and to know Christ's love which
surpasses knowledge, that you may be filled to all the fullness of God. 20 Now to
him who is able to do exceedingly abundantly above all that we ask or think,
according to the power that works in us, 21 to him be the glory in the assembly and
in Christ Jesus to all generations forever and ever. Amen.

✠ A Reading from the Holy Gospel according to Luke.

Luke 14:1-11

At that time: 1 when Jesus went into the house of one of the rulers of the Pharisees
on a Sabbath to eat bread, that they were watching him. 2 Behold, a certain man
who had dropsy was in front of him. 3 Jesus, answering, spoke to the lawyers and
Pharisees, saying, "Is it lawful to heal on the Sabbath?" 4 But they were silent. He
took him, and healed him, and let him go. 5 He answered them, "Which of you, if
your son or an ox fell into a well, wouldn't immediately pull him out on a Sabbath
day?" 6 They couldn't answer him regarding these things. 7 He spoke a parable to
those who were invited, when he noticed how they chose the best seats, and said to
them, 8 "When you are invited by anyone to a marriage feast, don't sit in the best
seat, since perhaps a more honorable man than you might be invited by him, 9 and
he who invited both of you would come and tell you, 'Make room for this man.'
Then you would begin, with shame, to take the lowest place. 10 But when you are
invited, go and sit in the lowest place, so that when he who invited you comes, he
may tell you, 'Friend, move up higher.' Then you will have glory in the presence of
all who sit at the table with you. 11 For everyone who exalts himself will be
humbled, and whoever humbles himself will be exalted."

461. Seventeenth Sunday after Pentecost

Collect:

O Lord, keep your people from falling under the influence of the devil and let them sincerely seek the only God. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever.
R. Amen.

A Reading from the Epistle of Paul to the Ephesians.

Ephesians 4:1-6

Brothers and sisters: 1 I therefore, the prisoner in the Lord, beg you to walk
worthily of the calling with which you were called, 2 with all lowliness and humility,
with longsuffering, bearing with one another in love; 3 being eager to keep the unity
of the Spirit in the bond of peace. 4 There is one body, and one Spirit, even as you
also were called in one hope of your calling; 5 one Lord, one faith, one baptism, 6
one God and Father of all, who is over all, and through all, and in us all, who is
blessed forever. Amen.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 22:34-46

At that time: 34 The Pharisees, when they heard that he had put the Sadducees to
silence, gathered themselves together. 35 One of them, a lawyer, asked him a
question, testing him. 36 "Teacher, which is the greatest commandment in the law?"
37 Jesus said to him, "'You shall love the Lord your God with all your heart, and
with all your soul, and with all your mind.' 38 This is the first and great
commandment. 39 A second likewise is this, 'You shall love your neighbor as
yourself.' 40 The whole law and the prophets depend on these two
commandments." 41 Now while the Pharisees were gathered together, Jesus asked
them a question, 42 saying, "What do you think of the Christ? Whose son is he?"
They said to him, "Of David." 43 He said to them, "How then does David in the
Spirit call him Lord, saying, 44 'The Lord said to my Lord, Sit on my right hand,
Until I make your enemies a footstool for your feet?' 45 If then David calls him
Lord, how is he his son?" 46 No one was able to answer him a word, neither dared
any man from that day forth ask him any more questions.

462. Eighteenth Sunday after Pentecost

Collect:

O Lord, let your mercy direct our hearts, for without you we can do nothing to please you. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the First Epistle of Paul to the Corinthians.

1 Corinthians 1:4-8

Brothers and sisters: 4 I always thank my God concerning you, for the grace of God
which was given you in Christ Jesus; 5 that in everything you were enriched in him,
in all speech and all knowledge; 6 even as the testimony of Christ was confirmed in
you: 7 so that you come behind in no gift; waiting for the revelation of our Lord

Jesus Christ; 8 who will also confirm you until the end, blameless in the day of our Lord Jesus Christ.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 9:1-8

At that time, 1 *Jesus* entered into a boat, and crossed over, and came into his own city. 2 Behold, they brought to him a man who was paralyzed, lying on a bed. Jesus, seeing their faith, said to the paralytic, "Son, cheer up! Your sins are forgiven you." 3 Behold, some of the scribes said to themselves, "This man blasphemes." 4 Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? 5 For which is easier, to say, 'Your sins are forgiven;' or to say, 'Get up, and walk?' 6 But that you may know that the Son of Man has authority on earth to forgive sins..." (then he said to the paralytic), "Get up, and take up your mat, and go up to your house." 7 He arose and departed to his house. 8 But when the multitudes saw it, they marveled and glorified God, who had given such authority to men.

463. Nineteenth Sunday after Pentecost

Collect:

Almighty and merciful God, graciously shield us from all that is harmful, so that both in body and soul we may be free to do your will. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Ephesians.

Ephesians 4:23-28

Brothers and sisters: 23 be renewed in the spirit of your mind, 24 and put on the new man, that like God has been created in righteousness and holiness of truth. 25 Therefore, putting away falsehood, speak truth each one with his neighbor. For we are members one of another. 26 "Be angry, and don't sin." Don't let the sun go down on your wrath, 27 neither give place to the devil. 28 Let him who stole steal no more; but rather let him labor, working with his hands the thing that is good, that he may have something to give to him who has need.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 22:1-14

At that time, 1 Jesus answered and spoke again in parables to *the chief priests and the Pharisees*, saying, 2 "The Kingdom of Heaven is like a certain king, who made a marriage feast for his son, 3and sent forth his servants to call those who were invited to the marriage feast, but they would not come. 4 Again he sent forth other servants, saying, 'Tell those who are invited, "Behold, I have made ready my dinner. My oxen and my fatlings are killed, and all things are ready. Come to the marriage feast."' 5 But they made light of it, and went their ways, one to his own farm, another to his merchandise, 6 and the rest grabbed his servants, and treated them shamefully, and killed them. 7 But the king was angry, and he sent his armies, destroyed those murderers, and burned their city. 8 Then he said to his servants, 'The wedding is ready, but they who were invited were not worthy. 9 Go therefore

to the intersections of the highways, and as many as you may find, invite to the marriage feast.' [10] Those servants went out into the highways, and gathered together as many as they found, both bad and good. The wedding was filled with guests. [11] But when the king came in to see the guests, he saw there a man who didn't have on wedding-clothing, [12] and he said to him, 'Friend, how did you come in here not having wedding-clothing?' He was speechless. [13] Then the king said to the servants, 'Bind him hand and foot, take him away, and throw him into the outer darkness; there is where the weeping and grinding of teeth will be.' [14] For many are called, but few chosen."

464. Twentieth Sunday after Pentecost

Collect:

O Lord, grant your faithful pardon and peace, that they may be cleansed from their sins and serve you without fear. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever.
R. Amen.

A Reading from the Epistle of Paul to the Ephesians.

Ephesians 5:15-21

Brothers and sisters: [15] Watch carefully how you walk, not as unwise, but as wise; [16] redeeming the time, because the days are evil. [17] Therefore don't be foolish, but understand what the will of the Lord is. [18] Don't be drunken with wine, in which is an abandoned life, but be filled with the Spirit, [19] speaking to one another in psalms, hymns, and spiritual songs; singing, and singing praises in your heart to the Lord; [20] giving thanks always for all things in the name of our Lord, Jesus Christ, to God, even the Father; [21] subjecting yourselves one to another in the fear of Christ.

✠ A Reading from the Holy Gospel according to John.

John 4:46b-53

At that time: [46b] There was a certain nobleman whose son was sick at Capernaum. [47] When he heard that Jesus had come out of Judea into Galilee, he went to him, and begged him that he would come down and heal his son, for he was at the point of death. [48] Jesus therefore said to him, "Unless you see signs and wonders, you will in no way believe." [49] The nobleman said to him, "Sir, come down before my child dies." [50] Jesus said to him, "Go your way. Your son lives." The man believed the word that Jesus spoke to him, and he went his way. [51] As he was now going down, his servants met him and reported, saying "Your child lives!" [52] So he inquired of them the hour when he began to get better. They said therefore to him, "Yesterday at the seventh hour, the fever left him." [53] So the father knew that it was at that hour in which Jesus said to him, "Your son lives." He believed, as did his whole house.

465. Twenty-First Sunday after Pentecost

Collect:

Keep your family under your continual care, O Lord. Shelter it with your protection from all adversity, that it may be zealous in doing good for the honor of

your name. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Ephesians.

Ephesians 6:10-17

Brothers and sisters: 10 Be strong in the Lord, and in the strength of his might. 11 Put on the whole armor of God, that you may be able to stand against the wiles of the devil. 12 For our wrestling is not against flesh and blood, but against the principalities, against the powers, against the world's rulers of the darkness of this age, and against the spiritual hosts of wickedness in the heavenly places. 13 Therefore, put on the whole armor of God, that you may be able to withstand in the evil day, and, having done all, to stand. 14 Stand therefore, having the utility belt of truth buckled around your waist, and having put on the breastplate of righteousness, 15 and having fitted your feet with the preparation of the gospel of peace; 16 above all, taking up the shield of faith, with which you will be able to quench all the fiery darts of the evil one. 17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 18:23-35

At that time Jesus told his disciples this parable: 23 "Therefore the Kingdom of Heaven is like a certain king, who wanted to reconcile accounts with his servants. 24 When he had begun to reconcile, one was brought to him who owed him ten thousand talents. 25 But because he couldn't pay, his lord commanded him to be sold, with his wife, his children, and all that he had, and payment to be made. 26 The servant therefore fell down and kneeled before him, saying, 'Lord, have patience with me, and I will repay you all.' 27 The lord of that servant, being moved with compassion, released him, and forgave him the debt. 28 But that servant went out, and found one of his fellow-servants, who owed him one hundred denarii, and he laid hold on him, and took him by the throat, saying, 'Pay me what you owe!' 29 So his fellow-servant fell down at his feet and begged him, saying, 'Have patience with me, and I will repay you.' 30 He would not, but went and cast him into prison, until he should pay back that which was due. 31 So when his fellow-servants saw what was done, they were exceedingly sorry, and came and told to their lord all that was done. 32 Then his lord called him in, and said to him, 'You wicked servant! I forgave you all that debt, because you begged me. 33 Shouldn't you also have had mercy on your fellow-servant, even as I had mercy on you?' 34 His lord was angry, and delivered him to the tormentors, until he should pay all that was due to him. 35 So will my heavenly Father also do to you, if you don't each forgive his brother from your hearts for his misdeeds."

466. Twenty-Second Sunday after Pentecost

Collect:

O God, our refuge and out strength, source of all good, hear the earnest prayers of your Church, and grant us the requests we confidently make of you. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Philippians.

Philippians 1:6-11

Brothers and sisters: 6 I am sure of this in the Lord Jesus, that he who began a good
work in you will complete it until the day of Jesus Christ. 7 It is even right for me to
think this way on behalf of all of you, because I have you in my heart, inasmuch as,
both in my bonds and in the defense and confirmation of the gospel, you all are
partakers with me of grace. 8 For God is my witness, how I long after all of you in
the tender mercies of Christ Jesus. 9 This I pray, that your love may abound yet
more and more in knowledge and all discernment; 10 so that you may approve the
things that are excellent; that you may be sincere and without offense to the day of
Christ; 11being filled with the fruits of righteousness, which are through Jesus
Christ, to the glory and praise of God.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 22:15-21

At that time: 15 The Pharisees went and took counsel how they might entrap him in
his talk. 16They sent their disciples to him, along with the Herodians, saying,
"Teacher, we know that you are honest, and teach the way of God in truth, no
matter who you teach, for you aren't partial to anyone. 17 Tell us therefore, what do
you think? Is it lawful to pay taxes to Caesar, or not?" 18But Jesus perceived their
wickedness, and said, "Why do you test me, you hypocrites? 19 Show me the tax
money." They brought to him a denarius. 20 He asked them, "Whose is this image
and inscription?" 21 They said to him, "Caesar's." Then he said to them, "Give
therefore to Caesar the things that are Caesar's, and to God the things that are
God's."

467. Twenty-Third Sunday after Pentecost

Collect:

Forgive the offenses of your people, O Lord, so that through your merciful goodness we may be freed from the bondage of sin into which we were led by our own weakness. Through Jesus Christ your Son, our Lord, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Philippians.

Philippians 3:17-4: 3

Brothers and sisters: 17 Be imitators together of me, and note those who walk this
way, even as you have us for an example. 18 For many walk, of whom I told you
often, and now tell you even weeping, as the enemies of the cross of Christ, 19
whose end is destruction, whose god is the belly, and whose glory is in their shame,
who think about earthly things. 20 For our citizenship is in heaven, from where we
also wait for a Savior, the Lord, Jesus Christ; 21 who will change the body of our
humiliation to be conformed to the body of his glory, according to the working
whereby he is able even to subject all things to himself. 4:1 Therefore, my brothers
and sisters, beloved and longed for, my joy and crown, so stand firm in the Lord,
my beloved. 2 I exhort Euodia, and I exhort Syntyche, to think the same way in the
Lord. 3 Yes, I beg you also, true yoke-fellow, help these women, for they labored

with me in the gospel, with Clement also, and the rest of my fellow workers, whose names are in the book of life.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 9:18-26

At that time: 18 While *Jesus* told these things to them, behold, a ruler came and worshiped him, saying, "My daughter has just died, but come and lay your hand on her, and she will live." 19Jesus got up and followed him, as did his disciples. 20 Behold, a woman, who had an issue of blood for twelve years, came behind him, and touched the tassels of his garment; 21 for she said within herself, "If I just touch his garment, I will be made well." 22 But Jesus, turning around and seeing her, said, "Daughter, cheer up! Your faith has made you well." And the woman was made well from that hour. 23 When Jesus came into the ruler's house, and saw the flute players, and the crowd in noisy disorder, 24 he said to them, "Make room, because the young lady isn't dead, but sleeping." They were ridiculing him. 25 But when the crowd was put out, he entered in, took her by the hand, and the young lady arose. 26 The report of this went forth into all that land.

¶ *On a year with more than twenty-four Sundays after Pentecost, the remaining Sundays after Epiphany are used after the twenty-third Sunday, with the last Sunday being either the readings for:*

a. the Twenty-Fourth Sunday (traditional usage)
b. the Feast of the Coronation of Mary (our church's usage)

468. Twenty-Fourth and Last Sunday after Pentecost

Collect:

O Lord, stir up the wills of the faithful that they may be more eager to seek the fruits of divine grace, and to discover in your mercy greater healing for their sinfulness. Through Jesus Christ, our Lord, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, forever and ever. R. Amen.

A Reading from the Epistle of Paul to the Colossians.

Colossians 1:9-14

Brothers and sisters: 9 For this cause, we also, since the day we heard this, don't cease praying and making requests for you, that you may be filled with the knowledge of his will in all spiritual wisdom and understanding, 10 that you may walk worthily of the Lord, to please him in all respects, bearing fruit in every good work, and increasing in the knowledge of God; 11strengthened with all power, according to the might of his glory, to all patience and perseverance with joy; 12 giving thanks to the Father, who made us fit to be partakers of the inheritance of the saints in light; 13 who delivered us out of the power of darkness, and translated us into the kingdom of the Son of his love; 14 in whom we have our redemption through his blood, the forgiveness of our sins.

✠ A Reading from the Holy Gospel according to Matthew.

Matthew 24:15-35

At that time Jesus said to his disciples: 15 "When, therefore, you see the abomination of desolation, which was spoken of through Daniel the prophet, standing in the holy place (let the reader understand), 16 then let those who are in Judea flee to the mountains. 17 Let him who is on the housetop not go down to take out things that are in his house. 18 Let him who is in the field not return back to take his cloak. 19 But woe to those who are with child and to nursing mothers in those days! 20 Pray that your flight will not be in the winter, nor on a Sabbath, 21 for then will be great oppression, such as has not been from the beginning of the world until now, no, nor ever will be. 22 Except those days had been shortened, no flesh would have been saved. But for the elect's sake, those days will be shortened. 23 Then if any man will tell you, 'Behold, here is the Christ,' or, 'There,' don't believe it. 24 For there will arise false Christs, and false prophets, and they will show great signs and wonders, so as to lead astray, if possible, even the elect. 25Behold, I have told you beforehand. 26 If therefore they tell you, 'Behold, he is in the wilderness!' don't go out; 'Behold, he is in the inner chambers,' don't believe it. 27 For as the lightning comes forth from the east, and is seen even to the west, so will be the coming of the Son of Man. 28 For wherever the carcass is, there will the vultures be gathered together. 29 But immediately after the oppression of those days, the sun will be darkened, the moon will not give her light, the stars will fall from the sky, and the powers of the heavens will be shaken; 30 and then the sign of the Son of Man will appear in the sky. Then all the tribes of the earth will mourn, and they will see the Son of Man coming on the clouds of the sky with power and great glory. 31 He will send forth his angels with a great sound of a trumpet, and they will gather together his elect from the four winds, from one end of the sky to the other. 32 Now from the fig tree learn her parable. When its branch has now become tender, and puts forth its leaves, you know that the summer is near. 33Even so you also, when you see all these things, know that it is near, even at the doors. 34 Most assuredly I tell you, this generation will not pass away, until all these things are accomplished. 35Heaven and earth will pass away, but my words will not pass away."

469. Feast of the Coronation of Mary

Collect:

O Lord, today we celebrate the coronation of the Blessed Virgin Mary as Empress of Heaven and Queen of the Universe. Grant that under her protection we may obtain peace in this life and glory in the life to come. Through Jesus Christ, our Lord, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, forever and ever. R. Amen.

A Reading from the Book of Judith.

Judith 16:6-8a, 15-16 (5-7a, 13-14 in some versions)

6 *The enemy* told himself that he would set fire to my borders, and kill my young men with the sword, to give my children into plunder and my virgins into captivity. 7 But the almighty Lord has harmed him, and he has delivered him into the hands of a

woman, and he has pierced him through. [8a] For their powerful one did not fall by young men, nor did the sons of Titan strike him.
[15] Let us sing a canticle to the Lord; let us sing a new hymn to our God. [16] O Adonai, O Lord, you are great, and splendor is in your virtue, and no one is able to overcome you.

✠ A Reading from the Holy Gospel according to Luke.

Luke 1:26b-33

At that time: [26b] The angel Gabriel was sent from God to a city of Galilee, named Nazareth, [27] to a virgin pledged to be married to a man whose name was Joseph, of the house of David. The virgin's name was Mary. [28] Having come in to her, the angel said, "Hail, full of grace! The Lord is with you. Blessed are you among women!" [29] But when she saw him, she was greatly troubled at the saying, and considered what kind of salutation this might be. [30] The angel said to her, "Don't be afraid, Mary, for you have found favor with God. [31] Behold, you will conceive in your womb, and bring forth a son, and will call his name 'Jesus.' [32] He will be great, and will be called the Son of the Most High. The Lord God will give to him the throne of his father, David, [33] and he will reign over the house of Jacob forever. There will be no end of his kingdom."

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